# ESSEX BOYS AND GIRLS CLUBS

## ACTIVITY PROGRAMME 2022/23

ESSEX

KEY:

- Rep Sports
- National Days
- Boxing Events
- Arts Events
- Fundraising Events
- NABGC Events
- EBGC Events
- Projects
- Sports Competitions
- LMO Events
- Training and Development
- School Holidays

### September

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri |
| | 5-50-5 Challenge | | | | | | | | | Safeguarding Training | | | | | Lands End to John O'Groats Fundraising Cycle Ride | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | Erasmus Bushcraft Training Romania | | | | | | Respect Starts | | | | Football Trials | LM Charity Day | | | | | |

### October

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th | 31st |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon |
| Pumpkin Competition Opens | | | | | | | 24 Hour Survival Challenge | | Halloween Art Pack Released | | | | Rep Football Match | | NABGC Conference | | | | | | Youth Voice Conference | | Young leaders training at High Row | | | | | | Halloween |
| | | | | | | | | | | | | | | | | | | | | JPF Activity Break | | | | | JPF Activity Break | | | | |

### November

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th |
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| Tue | Wed | Thus | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed |
| | Weigh in and draw (London) | | Pumpkin Competition Closes | County Rounds–Roundhouse | County Rounds–Roundhouse | Xmas Card Competition opens | | | Safeguarding Training | Regional Rounds/ London Final | Regional Rounds/ London Final | Regional Rounds/ London Final | | | | | First Aid Training | Quarter Finals—Roundhouse | Quarter Finals—Roundhouse | | | | | Boxing Finals Begin-TBC | The Night Exercise | | Xmas Art Pack Released | | |
| | | | | | | Rep Football Match | | | | | Respect Thurrock Residential | | | | | | | Respect Braintree Residential | | | | | | | Respect Rochford Residential | | | | |

### December

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th | 31st |
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| | | | | | | Xmas Card Competition closes | | | | | | | | | | | | | Respect Ends | HAF Starts | | | Christmas Eve | Christmas Day | Boxing Day | | | | | New Years Eve |
| | | Respect Uttlesford Residential | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

### January

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th | 31st |
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| New Years Day | | | | | Photography Competition Opens | | | Arts Ambassador Search Opens | | | | | | | | | | | | Cross Country | | | | | | | Essex Canoe Day | | | |
| | | | | | HAF Ends | | | | | | | | | | | | | | | | | | | | | | | | | |

### February

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Mon | Tue |
| | | | 5 a side-Female | Photography Competition Closes | | | | | Arts Ambassador Search Closes | | | V Team Training & 100 Canoe Training | | | | | 5 a side-Male | | | | | | | Winter Skills | | |
| | | | | | | | | | | | | Football Tour Wales | | | | | | | | | | | | | | | |

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### February

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| | | | | | | | | | | | | Football Tour Wales | | | | | | | | | | | | | | | |

### March

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th | 31st |
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| Winter Skills | | | | | | | | | | Table Tennis | | | | | | | Arts Day Colchester | | Easter Art Pack Released | | | | | Cricket Trials | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

### April

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th |
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| | | | | | | Good Friday | | | Easter Monday | | | | | | | | | | | | Laser Tag LMO | | | | | | Essex Canoe Day | EBGC Bake Off | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

### May

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th | 31st |
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| | | | | | Shooting Day | | | | | | | Arts Day London | | | | | | AGM and Dinner | | | | | | | 100 mile Canoe Test– River Wye | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

### June

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th |
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| | | National 5-a-side Tournament | 3 peaks challenge | | | | | | Dodgeball | | | | | | Adventure weekend | | | | | | | | | | | | | | |
| Hay on Wye Arts Residential | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

### July

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th | 13th | 14th | 15th | 16th | 17th | 18th | 19th | 20th | 21st | 22nd | 23rd | 24th | 25th | 26th | 27th | 28th | 29th | 30th | 31st |
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| | Fishing- Little Waldon | | | Golf Day | | | National Table Tennis | | | | | | | Layer Marney Arts | | | | | | | Fishing– Redhouse | | | | | | | | | |