

Spring 2019

# NEWSLETTER



ESSEX BOYS & GIRLS CLUBS : SUPPORTING YOUNG PEOPLE SINCE 1939

*“better to build boys & girls than to mend men & women”*



St Josephs at the National Cross Country

## YOUTH CLUB NEWS AND DELIVERY

We have been awarded funding from **The National Lottery Community Fund** that will allow us to provide countywide support to existing and emerging youth clubs focusing on: ensuring good, effective and appropriate management and control; upskilling club leaders and volunteers and providing a range of activities, training and opportunities to develop club members so they play an active role in their communities, contributing to a more inclusive society, and developing them into well rounded adults. This funding has allowed us to employ a new Arts Officer, Lynsey Roper, and a new Activities Officer, Callum Alexander. They will both be working their way around clubs to find out what art or sport projects, activities, competitions and training your club currently do or are interested in. If you have any ideas please email Lynsey on [lynseyr@essexboysandgirlsclubs.org](mailto:lynseyr@essexboysandgirlsclubs.org) or Callum on [calluma@essexboysandgirlsclubs.org](mailto:calluma@essexboysandgirlsclubs.org)

## YOUTH INVESTMENT FUND [YIF] UPDATE

2018/19 has seen our Youth Investment Fund project grow rapidly. We successfully opened 3 inclusive clubs in Barking and Dagenham, Havering, and Redbridge. In January 2019 we opened a 4th club in partnership with Royals Youth Centre in Rainham. On 7th March Wanstead Youth Club in Redbridge hosted a one year celebration event which was well attended by local councillors, parents, and young people. It was fantastic to see the level of support that the club has gained in such a short space of time. A special thanks to all our volunteers who have helped us create 4 fantastic new clubs. *“What I have witnessed over at Wanstead Youth Club is that although the children were very reserved and shy, they have really learnt from each other and have now become friends... I have seen their confidence grow.”* Nylesh Vaghela, Volunteer.

## RESPECT

We are thankful to the Jack Petchey Foundation, Essex Community Foundation, Charles French Trust, Sanctuary Housing and various other funders for supporting our Respect Projects. We ran our spring project in the Rochford and Canvey area, and our Intensive Respect Project has recently returned from their third residential week. Layer Marney Outdoors has hosted outdoor activity days, and High Row in the Lake District hosted the week long residential where young people are challenged and stretched beyond their comfort zone, achieving outstanding results. This year has seen over 460 students attend activity selection days, with 120 of these students completing the Respect Project. We are very appreciative of all the funders who have made the projects possible over the years, and are keen to talk with any trust, business or organisation who would like to support our projects in the future.

**20 Second questions with our new Arts Officer!**



**Name:** Lynsey Roper

**Where are you from?**  
Suffolk

**What is your favourite 'artsy' activity?**  
Tie Dying!

**What are you most excited about working here?**

I am most excited about forming an arts programme which enables everyone to get involved and hopefully engages every young person at some point. The arts has so much to offer to young people and I'm so looking forward to being the person who has the opportunity to deliver that through EBGC.

**Want to know more? Get in contact and call her on 01245 264783!**

**If you want to get involved and receive these benefits for your club or feel you could offer something to our clubs please contact Rebecca on T: 01245 264783 E: [rebeccas@essexboysandgirlsclubs.org](mailto:rebeccas@essexboysandgirlsclubs.org) for more information on affiliating to EBGC**

# EVENTS AND ACTIVITIES

## Cross Country

On Saturday 9th February 2019 EBGC held the 2019 National & County Cross Country Championships, including the Boxing Club Challenge Trophy, at Stubbers. Centurions ABC won the Boxing Club Challenge Trophy for the rest of the county results please see below:

Cross Country Championships 2019

U11 Boys Team: **Westminster House**

U11 Boys 1st - Bobby Martin (**Westminster House**)

U11 Boys 2nd - Reece Townson (**Centurions ABC**)

U11 Boys 3rd - George Getty (**Centurions ABC**)

U11 Girls Team: **Westminster House**

U11 Girls 1st - Ruby Getty (**Centurions ABC**)

U11 Girls 2nd - Lara Walcott (**Bancroft Lions**)

U11 Girls 3rd - Ciarnabe (**Westminster House**)

U13 Boys Team: **St Josephs YC**

U13 Boys 1st - Daniel Lanmas (**St Josephs YC**)

U13 Boys 2nd - Stanley Hobbs (**Centurions ABC**)

U13 Boys 3rd - Charlie Byrne (**St Josephs YC**)

U13 Girls Team: **St Josephs YC**

U13 Girls 1st - Bronte Young (**St Josephs YC**)

U13 Girls 2nd - Amelia Lee (**St Josephs YC**)

U13 Girls 3rd - Eve Tucker (**St Josephs YC**)

U15 Boys Team: **Centurions ABC**

U15 Boys 1st - Cameron McKenzie (**Centurions ABC**)

U15 Boys 2nd - Tom Dixon (**Centurions ABC**)

U15 Boys 3rd - Connor Murphy (**Centurions ABC**)

U15 Girls 1st - Emma Pinnock (**Centurions ABC**)

U15 Girls 2nd - Lauren Van Rayon (**Centurions ABC**)

U15 Girls 3rd - China (**Westminster House**)

U17 Boys 1st - Henri Willett (**Linford Wanderers**)

U17 Boys 2nd - Liam Kemp (**Centurions ABC**)

## Winter Skills

In February a group consisting of volunteers, VTEAM members, and staff headed to Scotland for a week to learn new mountain skills in Glencoe and Lochaber. Activities included an introduction to crampons, ice axe arrests, and other mountain techniques.

## Stubbers Activity Day

Many of our young people went to Stubbers Adventure Centre in February to take part in a variety of activities including an assault course, team challenge, high ropes and tunnels. All of the clubs got to take part in something new.

**Clubs: St Josephs, Bancroft Lions CC, AbPhab, Rainham Royals Club, and Brightlingsea Scouts**

## Young Leaders Training

11 Volunteers from 3 youth clubs and the EBGC VTEAM travelled to our Maes Y Lade Centre for a few days of training and adventure. The volunteers were offered the opportunity to take part in the training to develop their understanding about the role of volunteers at their clubs and with the VTEAM. They also completed the ASDAN Leadership and Volunteering Short Course Awards and were part of the first UK pilot for the Global Citizenship Education Programme run in partnership with the YMCA

George Williams College.

The Volunteers also participated in adventurous activities including: gorge walking, mountain hiking, camp fire & laser tag.

A lovely quote from one of the volunteers about the training "Feeling like we are a big family".

A BIG well done to all the volunteers who took part.

**Callum & Juliet – VTEAM, Kieran, Harry, Elise & Aaron – St Anne's Youth Centre, Katie & Jack – Halsted ABC and Alec, Emma & Ross – Gt Tey Youth Activity Club**

## EBGC Representative Cricket

Players from affiliated clubs have been part of our Representative Cricket teams this season in the U12 and U14 age groups. So far the teams have played Chigwell School and Tonbridge School, with matches against Eton College, Winchester College, Orwell Park School and Kimbolton School, and a potential game against Singapore United as part of their international tour, coming soon. Clubs involved: **Bancroft Lions CC, Belhus CC, Billericay CC, Frenford, and Upminster CC**

## EBGC Representative Football

This season the Rep Squad have been busy with matches against Southend United FC, Peterborough United FC, Norwich City FC, and secured a spectacular win against West Ham United FC coming from behind to beat a strong team. They still have one match to play against Colchester United FC and are hoping to finish the season with another win!

Clubs involved: **Linford Wanderers, Wickford Town, Island Boys FC, and Frenford**

## America Challenge Selection Weekend

The America Challenge is happening again in August 2019! In April the group travelled to High Row in the Lake District for a weekend of training that included hiking, bivvying outside overnight, learning about the trip and what happens next! Watch this space!

## 100 Mile Canoe Test Training

In April a group of young people spent 3 days at Maes Y Lade training for the 100 Mile Canoe Test. 6 young people participated in 3 days of training, learning about and practicing steering, paddling, gliding and rescues.

We are now all ready for the 100 mile challenge in May!

**Clubs: Sampfords Youth Club and PROSPEX**

## Great EBGC Bake Off

On the 6th April we held the Great EBGC Bake Off. The showstoppers this year were exceptional. Well done to all of our participants! The clubs were involved in many activities including making rocky road, freak shakes, decorating biscuits, craft, and cupcake decorating. Results:

Bake Off Winner - **Lara Walcott (Bancroft Lions)**

Bake Off Runner-Up - **Millie Saville (Newport)**

Star Baker - **Sampfords Youth Club**

Star Baker Runner-Up - **Abigail Mangon (St. Josephs)**

Best Club Effort - **St Anne's Youth Club**

Best Iced Biscuit - **Mohammed (St Annes Youth Club)**

## Easter Cup

Clubs competed in a range of challenging outdoor activities at our centre Maes Y Lade, to win The Susan Hughes Memorial Cup. Activities included caving, gorge walking, climbing and abseiling, a mountain race, orienteering and team games. This year was a very close competition with only 1 point difference. Well done to this years winners **Bancroft Lions!**

**Clubs: Bancroft Lions CC, and Chelmsford Ice Hockey Academy.**

## Jailbreak

This year's Jailbreak was fantastic, with our teams breaking out from Chelmsford prison once again! One of our teams made it to North Wales and visited the smallest house in the UK, a burial ground in Bryn Celli Ddu, an abandoned ship in Anglesey, Snowdon Base Camp and the longest named train station Llanfairpwllgwyngyllgogerychwyrndrobwilllantysiliogogoch. Another team made it all the way to Geneva in Switzerland and visited The United Nations Office. Well done to all of our participants! If you want to get involved next year don't forget to save the date— Saturday 24th October 2020!



## EBGC Summer Golf Classic

This year's Summer Golf Classic will take place on 3rd July 2019 at Gosfield Golf Club. To enter a team or to find out more information contact Jenny Squibb on [jennys@essexboysandgirlsclubs.org](mailto:jennys@essexboysandgirlsclubs.org)

## 3 Peaks Challenge!

Are you up for the challenge of climbing the 3 highest peaks in the UK on the 9th-10th June 2019? Starting in Scotland with Ben Nevis, then working your way down to the Lake District climbing Scafell Pike, then across to Wales to climb Snowdon—all within 24 hours! We are also looking for volunteers to help as part of the backup team, so please get in touch! For all enquires and bookings please email Jamie Drummond on [jamied@essexboysandgirlsclubs.org](mailto:jamied@essexboysandgirlsclubs.org)



## VTEAM

Our volunteers have been busy taking part in training and helping at events. If you fancy taking part in the next training which will be held on the Thursday 30th May – Sunday 2nd June 2019 or to find out more about the upcoming VTEAM opportunities contact Katie Pullen on 01245 264783 or [katiep@essexboysandgirlsclubs.org](mailto:katiep@essexboysandgirlsclubs.org)

## 80th Birthday Celebrations - You are invited!

This year is EBGC's 80th Birthday, as part of our celebrations we are organising a weekend residential to Maes Y Lade from Friday 29th November to Sunday 1st December. This fully catered weekend will consist of planting saplings in the meadow, a day of Maes Y Lade activities, and time to enjoy the beauty of the Brecon Beacons. Transport will be leaving Essex on Friday night and returning on Sunday evening. To find out more information, or to book your place, contact David Hassard on [davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org) or Rebecca Stanley on [rebeccas@essexboysandgirlsclubs.org](mailto:rebeccas@essexboysandgirlsclubs.org) or on 01245 264783

## Want to work with us?

### Read Luke's story to find out more

Luke was a member of the Out There Club in Colchester and after representing the club in a range of EBGC events from Cross Country to Easter Cup as well as completing NCS and volunteering we offered him the chance to take part in our 2 year Trainee Programme at Maes y Lade Centre. It was a big step for him moving from Essex to Wales but once he arrived Luke got stuck in with all aspects of Outdoor Centre life! Through his Traineeship with EBGC Luke has been able to complete his Mountain Leader, Rock Climbing Instructor (formerly SPA), Local Cave Leader, White Water Safety Technician, Minibus Driver qualifications and will complete his Paddle Sports Instructor qualification in the next month. These qualifications have set Luke up with a great foundation for working in the outdoor industry. Following his Traineeship Luke has decided to settle in the area and has now become a full time instructor at Maes y Lade. At the end of 2019 we will be taking applications for two new trainees so if you would like to be considered then please contact David Hassard on [davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org)



# COME ALONG AND VISIT ONE OF OUR OUTDOOR CENTRES

### **Layer Marney Outdoors**

For more information or to book please contact: [bookings@essexboysandgirlsclubs.org](mailto:bookings@essexboysandgirlsclubs.org) or call 01245 264783

### **Maes Y Lade**

Get in touch with David Hassard [davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org) for more information of how you can get involved.

### **High Row**

For more information about High Row please contact Sue Pell on 01245 264783 or email [suep@essexboysandgirlsclubs.org](mailto:suep@essexboysandgirlsclubs.org)

### **Stubbers Adventure Centre**

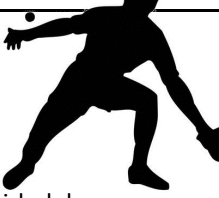


For more information or to book please contact: [info@stubbers.co.uk](mailto:info@stubbers.co.uk) or call them on 01708 224753.



**Want to come but don't have the funding? Or not sure what's involved?**  
Talk to us!

We can talk you through how it works and may be able to help you with a bursary or put you in touch with funders that can help.

# UPCOMING EVENTS FOR AFFILIATED CLUBS

<p><b>EBGC 5-A-Side Football Championships</b>  <b>Saturday 11 May 2019</b>                  Location: Frenford Clubs, Jack Carter Centre                  Who for: Ages U12, U14 and U16                  Cost: £15 per team (max 8 per team)                  How to Enter: Email: keithc@essexboysandgirlsclubs.org                  Organiser: Keith Cranmer</p>	<p><b>EBGC Table Tennis Championships 2019</b>  <b>Saturday 18 May 2019 9:30am– 1pm</b>                  Location: Frenford Clubs                  Who for: U12, U14, U16, U19                  Cost: £2 per person                  How to Enter: Email: calluma@essexboysandgirlsclubs.org                  Organiser: Callum Alexander</p> 
<p><b>100 Mile Canoe Test</b>  <b>Friday 24th May– Tuesday 28th May 2019</b>                  Location: River Wye, Wales                  Who for: All club members aged 14+                  Cost: £80 per person                  How to Enter: Email: keithc@essexboysandgirlsclubs.org                  Organiser: Keith Cranmer</p> 	<p><b>Essex Adventure Weekend</b>  <b>Friday 14th June– Sunday 16th June</b>                  Location: Stubbers Adventure Centre, Upminster, RM14 2TY                  Who for: All club members aged 11-17                  Cost: Tickets Available: Day, Weekend Self Catered &amp; Weekend Catered. Tickets starting from £16                  How to Enter: Email: reccas@essexboysandgirlsclubs.org                  Organiser: Rebecca Stanley</p> 
<p><b>Angling Championships</b>  <b>Saturday 22nd June &amp; Saturday 13th July</b>                  Location: Little Walden                  Who for: All club members aged 11-17                  Cost: £4 per person per match                  How to Enter: Email: keithc@essexboysandgirlsclubs.org                  Organiser: Keith Cranmer</p>	<p><b>Soft Ball Competition</b>  <b>Wednesday 26th June</b>                  Location: Seymour Field, Ingatestone, CM4 9ED                  Who for: All club members aged 11-16                  Cost: £5 per team of 9 people                  How to Enter: Email: calluma@essexboysandgirlsclubs.org                  Organiser: Callum Alexander</p>
<p><b>Braintree and Uttlesford Activity Day</b>  <b>Sunday 30th June 10am– 2pm</b>                  Location: Sampfords Youth Club                  Who for: All club members aged 11-17                  Cost: FREE                  How to Enter: Email: keithc@essexboysandgirlsclubs.org                  Organiser: Keith Cranmer</p>	<p><b>EBGC Clubs Triathlon</b>  <b>Saturday 6th July</b>                  Location: Hadleigh Park                  Who for: All club members aged 14– 18                  Cost: £20 per person                  How to Enter: Email: keithc@essexboysandgirlsclubs.org                  Organiser: Keith Cranmer</p>

## SAVE THE DATE Jailbreak 24th October 2020



### FUNDING FOR CLUBS

**Essex Community Foundation:** ECF always notify us when funds are available. Sometimes these are in specific areas and we will email details out. They also offer Phone-in Funding Surgeries for specific areas and these details will be emailed out to clubs in the relevant areas. They are always helpful if you need funds for specific projects – contact them on 01245 356018 or email [grants@essexcf.org](mailto:grants@essexcf.org)

**If you require funding for any project then speak to us! Contact the EBGC office and we will be able to help you.**

**THANK YOU TO ALL CLUBS, VOLUNTEERS, SUPPORTERS & FUNDERS FOR YOUR ONGOING SUPPORT!**

Essex Boys & Girls Clubs, Harway House, Rectory Lane, Chelmsford, Essex CM1 1RQ. Registered Charity Number: 1163658 Tel: 01245 264783

[www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)

