



# NEWSLETTER



## Merry Christmas and Happy New Year to you all!

### CLUB NEWS & DELIVERY

A Massive well done to **Prospex** who held their Annual Showcase Event and had over 70 people attend! Congratulations **Abberton and Langenhoe YC** for receiving £500 from Variety for new club equipment.

Well done to the 26 young people from **Newport YC** and **Triptree YC** for completing the Emergency First Aid for Young People! Funded by the Big Lottery.

Welcome to the new **Bergholt YC** Committee.

Thankyou to the **Volunteer Police Cadets** for inviting us to talk about EBGC and what we can offer at their recent county meeting. Watch out for the club member and leaders questionnaire coming your way! By completing this questionnaire you are supporting us to apply for further funding enabling us to expand the work we do.

### YOUTH INVESTMENT FUND UPDATE

Earlier this year we were awarded a £600,000 grant from the Youth Investment Fund to provide Redbridge, Barking and Dagenham and Havering with three new inclusive youth clubs. These clubs will be set up for young people aged 10-25 yrs with an emphasis for young people with disabilities. An inclusive youth work curriculum will include

promotion of healthy lifestyles through sport and activities as well as alternative activities such as music and drama. EBGC staff members **Natasha Woodruff, Katie Churchill** and **Callum Alexander** are currently looking at venues to host the club and will shortly be recruiting volunteers to help support the clubs. If you would like any more information please contact [jennys@essexboysandgirlsclubs.org](mailto:jennys@essexboysandgirlsclubs.org)

### VTEAM & CLUB VOLUNTEERS

Since January, the EBGC VTEAM have given up over **10,958 hours of their own time on various events, projects and programmes** and this doesn't even include the endless hours the Club Volunteers have contributed. 50 young people have spent a total of 679 hours taking part in training opportunities.

The VTEAM have helped some of EBGCs community partners by assisting them with their annual events to help raise money for their charities.

With funding from Awards for All, 12 dedicated VTEAM volunteers are being rewarded with a trip to the Lake District in January for recognition of their hard work this year!!

**To all the club volunteers who have committed hours and hours to their club, Thankyou! You're amazing and**

**the work you do really does make a difference.**

We've had a few enquiries in about Young Leader Training, for those young people in Clubs who want to stay on as helpers. They may need advice on how to deliver sessions, run team games, or deliver a sports activity. Whilst we haven't currently got funding to run specific accredited Young Leader Training across the county, we do have pockets of funding than can be used. We are happy to visit your club, or better still to get a few clubs together in an area, to help train your dedicated young volunteers to deliver sessions, run games sessions or sporting activities and help them with the transition from young person in your club to volunteer young leader! That's one of the reasons why we are here! Contact Rebecca for more information.

If you would like to get involved with the VTEAM or as a club volunteer please contact [katiep@essexboysandgirlsclubs.org](mailto:katiep@essexboysandgirlsclubs.org)



If you want to get involved and receive these benefits for your club or feel you could offer something to our clubs please contact Rebecca on T: 01245 264783 E: [rebeccas@essexboysandgirlsclubs.org](mailto:rebeccas@essexboysandgirlsclubs.org) for more information on affiliating to EBGC

# TRAINING

Anyone working with children and young people directly need to have a Level 2 Safeguarding Children and Young People qualification. We can deliver this and regularly put on these courses across the county. The Course is approved by the ESCB and England Boxing. Since we started delivering this course in June 2014 nearly **400 people have gained this qualification** which lasts for three years – so some will need to do it again!

We aim to bring together clubs with different experiences so we can learn from each other, as well as making sure we know the latest SET Procedures as they affect our practice. The latest event saw 18 people attend the evening with boxing clubs, youth clubs and sports clubs represented. This made for a lively interactive evening, with everyone successfully completing the course! If you'd like to hold a safeguarding session for your Club and other local clubs, then get in touch. We need a minimum of 12 people to deliver the training. For more information contact [suep@essexboysandgirlsclubs.org](mailto:suep@essexboysandgirlsclubs.org)

EBGC staff members have also been busy attending training and putting sessions together that could support clubs face current issues. **The Dark Web Training** focused on the dangers of social games and apps that young people are using, the consequences of using them, and how we can access help if something does go wrong.

**YGAM Social Gaming and Gambling Training** looks at some of the statistics of how young people are accessing social gaming and gambling. This training provided ASDAN accredited work booklets and lesson plans that we can use in clubs.

On a fun note staff from EBGC, **North Avenue Youth Centre** and **Frenford Clubs** have been trained by **Essex Cricket** to deliver Table Cricket! Thankyou **NAYC** for letting us use your youth centre.



We are currently building a Team Games session which could include the Football Cage, Archery, Team Challenges and more! Watch this space for more information in the New year!

If you would like any of the above sessions in your clubs please call the office on 012454 264783.

## EVENTS AND ACTIVITIES REPRESENTATIVE SQUADS PUMPKIN CARVING COMPETITION

Thankyou to all the clubs that entered the first ever EBGC Pumpkin carving competition! We had over 33 entries from 10 different clubs! A massive well done to Lilly Mears from **St.Joesphs YC** for winning 1st place and 5 FREE Adventure Weekend tickets for her club! In 2nd place: **Ingatstone Boys Own Club** & 3rd place **North Avenue Youth Centre**. The competition will be back next year!

## EVENTS

**Rep Football Trials** - On the 7th October 20 young people from 4 clubs attended the trials held at Billericay School. After the trials and various visits the squad has now been selected! Well done to everyone

who attended trials and made the squad. Clubs: **Wickford Town, Epping Forest Falcons, Thaxted YC and Rayne BC**

**South Essex Dodgeball** Took place at **Frenford Clubs** on the 14th November. Clubs battled it out for the winning title, 1st place went to **Bancroft Lion CC**. 2nd place went to **Frenford Clubs** with **Reece Pain** from **Purfleet YC** winning Player of the Tournament. Thank you to all clubs that attended.

**Night Exercise** took place at Spaynes Hall Farm on 25th November. It was a chilly evening with 9 teams made up of 41 young people navigating and solving challenges in the hope of being this years champions. A huge thankyou to Jill and Martin from Sampfords YC for cooking the BBQ! 1st place: Rayne BC 2nd Place: Bancroft Lions CC Thankyou for attending: **Great Sampfords YC, Great Tey YC, Rayne BC, Colne Engaine YC, Prospex and Bancroft Lions CC**.

## NEWS FROM MAES Y LADE



Thanks to all the clubs that have been to visit our centre in Wales this year! We have had a fantastic time Climbing, Paddling, Mountaineering, Caving and generally getting out there with Club groups in 2017.



# NATIONAL BOXING CHAMPIONSHIPS



From the Easter Cup, individual club visits, Team Nepal preparation, club Weekends, Training Camp for the 100 Mile Canoe Test and Duke of Edinburgh expeditions, it has been great to have you all with us! If you are interested in bringing your club to Maes y Lade in 2018 please contact [davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org) On behalf everyone from the EBGC Wales branch we would like to wish you a very Happy Christmas and look forward to seeing as many of you as possible in the New Year!

## NATIONAL BOXING CHAMPIONSHIPS

Throughout November Essex Boys and Girls Clubs hosted three rounds of the NABC Boxing Championships in association with England Boxing, London Boxing and Essex ABA. The County Rounds, Regional Finals and National Quarter Finals all took place at Live at the Roundhouse, Dagenham. As a new venue for this year, we were grateful to have the support of Live at the Roundhouse and their fantastic staff team across the three weekends.

After 4 days full of many competitive bouts, 47 successful male and female boxers progressed onto the National Semi Finals in Bristol, which took place on Sunday 3rd December. In total, affiliated clubs from Essex and London accounted for 33 national semi-finalists and 27 national finalists, showing the wealth of young talent that exists in our affiliated network, whilst also highlighting the commitment and skill of all the club coaches and volunteers.

### **NABC Boxing – London and Anglia Rounds (11/12th November)**

43 bouts across the weekend  
73 Champions (inc. walkovers)

### **NABC Boxing – Regional Finals (Anglia, Surrey, Sussex & Kent) (19th November)**

13 bouts  
53 champions (inc. walkovers)

### **NABC Boxing – National Quarter Finals (26th November)**

26 bouts  
47 champions (inc. walkovers)

*“The NABGCs this year was run with expertise by all involved, the staff were friendly and helpful, details and communication was spot on. The whole experience was a pleasure to be part of once again. Roll on next year”.*  
Boxing Coach

Clubs attended: **5 Star, Attleborough ABC, Billericay and Wickford ABC, Centurions ABC, Chadwell St Mary ABC, Essex Uni ABC, Harwich BC, March ABC, Southend ABC, Sudbury ABC, Holland Shore ABC, BodyShots ABC, Dagenham P&C BC, Fairbairn BC, Harrow ABC, Hooks ABC, Lansbury BC, Northolt BC, Repton BC, Chelmsford ABC, St Ives ABC, White Hart Lane BC, Norwich City ABC, East London BA, Westside BC, IQ Neasden BC, St Osyth ABC, Danson ABC, Hockley BC, Peterborough Police BC, Islington BC, Chalvedon ABC, Fenland Sparta ABC, West Ham BC**

## **RESPECT**

2018 will mark the 18th year of the Respect Project with our 100th project taking place next spring. In this time the programme has reached approximately 1000 young

people helping them build on their achievements and create positive outcomes.

This Autumn 6 projects have taken place (Chelmsford, Uttlesford, Colchester, Braintree, Thurrock and Basildon). After 7 life skills evenings each group got the chance to attend a residential at either Maes Y Lade in South Wales or High Row in the Lake District where the young people are pushed out of their comfort zones. Notable achievements included walking up Pen Y Fan despite the high winds and rain, and the groups spending a night in the hills in a bivi bag. We are grateful to all the funders who have made the projects possible over the years. Thankyou! We are keen to talk with any trust, business or organisation who would like to know more or support the projects in 2018.

## **AMERICA CHALLENGE**

America Challenge is still taking club nominations! To find out more information or to nominate a young person please contact Amiee on [amiee@essexboysandgirlsclubs.org](mailto:amiee@essexboysandgirlsclubs.org)

## **AGM**

Next year's AGM will take place on 11th May 2018 at Gosfield Golf Club. To book your place please contact [natashaw@essexboysandgirlsclubs.org](mailto:natashaw@essexboysandgirlsclubs.org)

## **EBGC SUMMER GOLF CLASSIC**

Next year's Summer Golf Classic will take place on 27th June at Gosfield Golf Club. To enter a team or to find out more information contact [natashaw@essexboysandgirlsclubs.org](mailto:natashaw@essexboysandgirlsclubs.org)

# UPCOMING EVENTS FOR AFFILIATED CLUBS

**Chelmsford Interclub Dodgeball:** 13th December @North Avenue Youth Centre. 6:00 - 8:00pm FREE TO ENTER Teams of 6. contact: [wills@essexboysandgirlsclubs.org](mailto:wills@essexboysandgirlsclubs.org)

**County 5aside Football Championship:** TBC. To express interest contact: [tomp@essexboysandgirlsclubs.org](mailto:tomp@essexboysandgirlsclubs.org)

**Cross Country:** 10th February @Stubbers Adventure Centre. Runner registration between 10:45 – 11:30 am. Cost: only £1 per runner. Contact: [wills@essexboysandgirlsclubs.org](mailto:wills@essexboysandgirlsclubs.org)

**Lee Valley Cycle Day:** Tuesday 13th February @Lee Valley VeloPark. 9:30 am till 2:00 pm. Cost: £5 per person (Maximum 5 spaces per club). All equipment provided. Contact: [wills@essexboysandgirlsclubs.org](mailto:wills@essexboysandgirlsclubs.org)

**EBGC Activity Day:** Saturday 17th February @Stubbers Adventure Centre. 8:45 - 4:45pm. Cost: £5 per person (Maximum 8 spaces per club). Contact: [tomp@essexboysandgirlsclubs.org](mailto:tomp@essexboysandgirlsclubs.org)

**County Dodgeball:** Saturday 24th March @Anglia Ruskin University. 6:00 - 8:00pm. Cost: £2 per person. Contact: [wills@essexboysandgirlsclubs.org](mailto:wills@essexboysandgirlsclubs.org)

**Winter Skills Training Course:** 24th February – 2nd March @Glencoe Hotel Scotland. Cost: £330 for over 18 & £140 for 16-18 yr olds. Contact: [steveh@essexboysandgirlsclubs.org](mailto:steveh@essexboysandgirlsclubs.org)

**Easter Cup:** 3rd - 6th April @Maes Y Lade Centre. Cost: £65 Per person (all travel, food, accommodation, activities and equipment provided). Contact: [jamiet@essexboysandgirlsclubs.org](mailto:jamiet@essexboysandgirlsclubs.org)

**EBGC Cricket Camp:** 6th - 8th April @Felsted School. Cost: £120 pp (3 days residential). Day rate also available. Contact: [wills@essexboysandgirlsclubs.org](mailto:wills@essexboysandgirlsclubs.org)

**Essex Jailbreak:** Saturday 14th April starting from HM Prison Chelmsford at 8:00am. Cost: FREE Entry for affiliated clubs & you can keep 100% of the fund raised. Contact: [natashaw@essexboysandgirlsclubs.org](mailto:natashaw@essexboysandgirlsclubs.org)

**EBGC Wet Day:** Saturday 28th April @Stubbers Adventure Centre. 8:45 - 4:45pm. Cost: £5 per person (Maximum 8 spaces per club). Contact: [tomp@essexboysandgirlsclubs.org](mailto:tomp@essexboysandgirlsclubs.org)

**Table Tennis County Championships:** Saturday 19th May @Frenford Clubs. 9:30 - 1:00pm (Boys Only Event) cost: £2 per entry. Closing Date for entries: 12th May Contact: [calluma@essexboysandgirlsclubs.org](mailto:calluma@essexboysandgirlsclubs.org)

**Adventure Weekend:** 15 - 17th June @Stubbers Adventure Weekend. Cost: Day tickets starting from £15 and weekend tickets starting from £28. Don't miss the Early Bird ticket prices! contact: [rebeccas@essexboysandgirlsclubs.org](mailto:rebeccas@essexboysandgirlsclubs.org)

## RESIDENTIAL CENTRES

Interested in running a club trip to one of our residential centres?

Maes Y Lade contact David Hassard: [davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org)

High Row contact Sue Pell: 01245 264783 or [suep@essexboysandgirlsclubs.org](mailto:suep@essexboysandgirlsclubs.org)

If your club would like financial support to visit either centre, bursaries are available please write to [martins@essexboysandgirlsclubs.org](mailto:martins@essexboysandgirlsclubs.org)

**Please note you need to be affiliated to take part in all EBGC activities!**



## FUNDING FOR CLUBS

**Essex Community Foundation:** ECF always notify us when funds are available. Sometimes these are in specific areas and we will email these details out. They also offer Phone-in Funding Surgeries for specific areas and these details will be emailed out to clubs in the relevant areas. They are always helpful if you need funds – contact them on 01245 356018 or email [grants@essexcf.org](mailto:grants@essexcf.org)

**Variety:** The Childrens Charity Youth Club Grants Committee – Funding through this source is very limited at present but contact [suep@essexboysandgirlsclubs.org](mailto:suep@essexboysandgirlsclubs.org) if you require a small amount of funding for equipment for your club and she can advise you of their current situation.

**CSRT:** The Central Social and Recreational Trust support Amateur Boxing Clubs, Amateur Martial Arts clubs and Youth Services providing a social and community service. Check out their website for a very simple online application. You can also see the other clubs they have supported. They like Boxing Clubs! [www.csrt.info](http://www.csrt.info) Do ring the office if you require help with filling in application forms for funding, we will give you as much help as we can.

**Santander:** Any registered charity can apply for Santander Foundation Discovery grant which supports applications that follow their 3 priorities of Explore, Transformer and Changemaker. Application forms can be picked up from any Santander branch.

**THANKYOU TO ALL CLUBS, VOLUNTEERS, SUPPORTERS & FUNDERS FOR ALL YOUR ONGOING SUPPORT!**