

# ESSEX BOYS AND GIRLS CLUBS

WORKING WITH VOLUNTARY YOUTH CLUBS TO SUPPORT YOUNG PEOPLE TO REALISE THEIR POTENTIAL



ANNUAL REVIEW 2018/19





# CHAIRMAN'S REPORT

-Jonathan Douglas-Hughes OBE DL

2018 was another solid year for EBGC. Since we did not deliver the NCS programme this year our staff had significantly more time over the summer months and our international exchanges with Nepal and USA benefited as a result.

The development of Layer Marney Outdoors as a day visit outdoor venue primarily aimed at clubs was a great success and this added to Stubbers, High Row and the Maes Y Lade centres means that our clubs and young people are well catered for with regard to outdoor pursuits. Maes Y Lade especially is going from strength to strength with more clubs using the centre and greater use by schools midweek through the summer months, thanks to the hard work by David Hassard and his team. Its model of operation is such that once again David has been able to generate a surplus in the process.

Our Youth Investment Fund inclusive clubs moved into their second year of funding and the clubs in Redbridge, Barking and Dagenham and Havering became fully operational and are doing tremendous work in their localities.

Our Big Lottery club support programme came to the end of its 5 year funding cycle in 2018. However we were really pleased to receive further funding from the National Lottery Community Fund for our support programme for the next 3 years. This funding will start around the middle of 2019 and ensures that we continue to develop opportunities for new and existing clubs.

At the start of 2018 it looked as though it was going to be a tough year for EBGC. However we have been able to expand services and opportunities for our clubs and members despite this outlook and we look forward to 2019 with vigour and enthusiasm to continue doing all that we can to improve the life opportunities for the young people of Essex through our programme and Club network.

My thanks to everyone involved with the Association who has made this possible.



# DIRECTORS REPORT

## -Martin Solder

2018 was certainly an interesting year for EBGC. As usual the programme was in full swing with 9 Respect programmes taking place through the year thanks to support from the 4 Acre Trust and the Jack Petchey Foundation. Our international exchange programme saw bumper numbers of young people go to Barpak in Nepal and Tennessee Valley Boys and Girls Clubs. Our sports programme supported by the Jack Petchey Foundation saw record numbers of young people taking part in it. We are always looking at new trends so if there is anything that your club would like to see included in the programme then just get in touch.

Our Big Lottery funded club support programme for North Essex came to the end of its life. It was a marvellous fillip for the entire staff team that we were successful in our new bid to the Big Lottery, now the National Lottery Community Fund to run our club support programme out across the whole of the county under their new grant making arrangements. Congratulations to Rebecca Stanley and her team for achieving this.

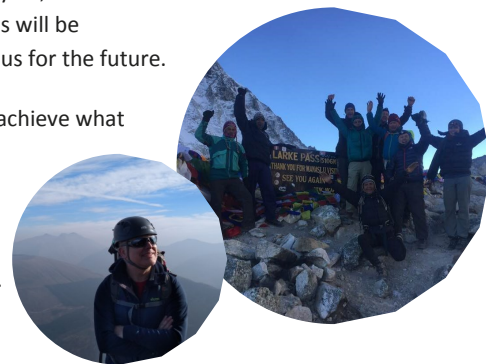
During 2018 we were successful in setting up Layer Marney Outdoors. A big thanks to Nick and Sheila Charrington for allowing us to use their wonderful site at Layer Marney Tower, and to Steve Hutson and his team for getting everything in place for Layer Marney Outdoors to operate.

Maes Y Lade in South Wales and High Row in the Lake District have both continued to be well supported by clubs, schools and individuals. Both are marvellous facilities for the young people of Essex and enable us to take our young people into the great outdoors in some of the most iconic scenery that the UK has to offer. Our winter skills courses in Glen Coe in Scotland complement the centres and enable us to take young people from having no experience of the outdoors all the way through to Winter Mountaineering.

Stubbers Adventure Centre continues to be the country's leading outdoor centre of its kind with nearly 50,000 visits to the site in 2018. We hope that we will be able to continue to run the centre in the future, although this will be dependent on the London Borough of Havering and their view of awarding a new lease or freehold to us for the future.

In essence EBGC's aim is to support young people through their Clubs, to enable the young people to achieve what they are capable of and for the clubs to be the very best they can be. This is a never ending cycle and we at EBGC will do our very best to provide the best opportunities that we can for the young people of Essex and East London.

Thank you for your support over the last year, we hope we can count on it again for 2019 and beyond.



# A TO Z OF AFFILIATED CLUBS

2nd Upminster Scouts  
4 Youth Brightlingsea  
4th Brightlingsea Scouts  
Ab Phab  
Abberton & Langenhoe Community Youth Club  
Ashingdon YFC  
Attleborough Boxing Club  
Bancroft Lions Cricket Club  
Basildon Boys' & Girls' Club  
Basildon Volunteer Police Cadets  
Belhus CC  
Berechurch Youth Club  
Bergholt YG  
Billericay and Wickford Boxing Club  
Billericay Cricket Club  
Blackmore Youth Groups  
Blackwater Judo Club (Maldon)  
Braintree & Uttlesford Volunteer Police Cadets  
Braintree Youth Project Charity  
Brentwood Youth Boxing Club  
C.B.K. Boxing Academy  
Canvey Boys Club  
Canvey Island Youth Project (Yellow Door)  
Castlepoint & Rochford Volunteer Police Cadets  
Centurions ABC  
Chadwell St Mary ABC  
Chalvedon ABC  
Chelmer Village YC  
Chelmsford ABC  
Chelmsford Boys' Club  
Chelmsford Ice Hockey Academy  
Chelmsford Inline Hockey Club  
Chelmsford Volunteer Police Cadets  
Chesterford YC  
Colchester ABC  
Colchester Volunteer Police Cadets  
Colin McMillan Boxing Training Academy  
College of St Mark's Audley End  
Colne Engaine YC  
Crown and Manor Club  
CYC (Chrishall Youth Club)  
Dagenham P&C Boxing Club  
Dale Youth

East London Boxing Club  
Eastern Rhinos Rugby League Club  
Epping / Debden Volunteer Police Cadets  
Epping Forest Falcons FC  
Essex University ABC  
Fairbairn ABC  
Fenland Sparta ABC  
Fight For Peace  
Five Star ABC  
Flich Green Youth Club  
Fourth Feathers Youth Club  
Frenford Clubs  
Gateway ABC  
Great Yeldham Youth Club  
Gt Bentley Youth Club  
Gt Tey Youth Activity Club  
Halstead Amateur Boxing Club  
Halstead CC (Colts)  
Haringey Police & Community Boxing Club  
Harlow ABC  
Harlow Volunteer Police Cadets  
Harrow & District ABC  
Harwich ABC  
Hedingham Youth Club  
Hockley Boxing Club  
Holland Shore Amateur Boxing Club  
Hooks Boxing ABC  
Ingatestone Boys' Own Club  
Island Boys & Girls FC  
Islington Boxing Club  
Lifstan Boys' Club  
Limehouse Boxing Academy  
Linford Wanderers Football & Sports Club  
Loughton Cricket Club  
Loughton Youth Project  
Maldon Boxing Academy  
Maldon CC  
March Boxing Club  
Mersea Island Judo Club  
Newham Boys  
Newport Youth Club  
North Avenue YC  
Northolt ABC

Norwich City ABC  
Old Skool Youth Club  
OUT THERE  
Peterborough Police Boxing Club  
Poplar Boys' and Girls' Club  
Pound Lane Boxing Club  
PROSPEX  
Purfleet Youth Club  
Rayne Boxing Club  
Repton Boys Club  
Restore Youth  
Rivenhall Youth Club  
Romford Drum & Trumpet Corps  
Roxwell Youth Group  
Royals Youth Centre  
Sampfords YC  
SNAC YC  
Southend ABC  
Southend Volunteer Police Cadets  
St Annes Youth Club  
St Cedds YC  
St Ives Boxing Academy  
St Josephs YC  
St. Osyth Boxing Club  
Stanford le Hope CC  
Sudbury ABC  
Tendring Volunteer Police Cadets  
Thaxted YG  
The Lion Club for Young People  
Theydon Youth  
Thurrock Volunteer Police Cadets  
Tiptree Community Youth Group  
Topyard School of Boxing  
Torchlight Youth Club  
Trinity Family Centre  
Trumpington Boxing Club  
Wanstead Rugby Club  
WAY2000  
West Ham Boys & ABC  
Westminster House Youth Club  
Westside ABC  
White Hart Lane Boxing Academy  
Wickford Town FC  
Witham Hang Out  
Wix Youth Club



# TOGETHER WE CAN DO GREAT THINGS

Essex Boys and Girls Clubs was established in 1939 as the Essex Association of Boys' Clubs as part of the Boys Club Movement. We were formed to provide young boys with opportunities to improve their chances in life. We continue to stay true to our roots 80 years on as Essex Boys and Girls Clubs supporting the clubs, volunteers and young people of Essex and East London by providing a range of opportunities.

*Thankyou to our affiliated clubs - We are here and do what we do because of you!*



## YOUTH INVESTMENT FUND

2018 has seen our Youth Investment Fund project grow rapidly. We successfully opened 3 inclusive clubs in Barking and Dagenham, Havering, and Redbridge. Despite some staff changes, attendance has risen steadily throughout the year. In January 2019 we opened a 4th club in partnership with Royals Youth Centre in Rainham. The clubs cater for over 30 types of additional needs, and have seen over 1,300 visits in their first year. We have developed an interesting and varied activity programme outside of club nights which has seen us run a holiday activity programme at Frenford, visits to Thames Chase Forest Centre, swimming lessons, an outdoor activity day at Layer Marney Outdoors, a visit to Thorpe Park, as well as trips to see Motown the Musical, and Beauty and the Beast. We will continue working in partnership with Ab Phab, Frenford and Royals Youth Centre, local councils, schools, colleges and young people to ensure that the clubs grow what they offer and continue to benefit the communities around them for years to come.

*I come to the youth club to socialise; I have made lots of friends coming to the youth club."* Daisy, 14, Club Member

## CANVEYS BIG LOCAL £1 MILLION

Since the award of £1m to Canvey's Big Local (CIBL) in 2015 the committee and other volunteers have been careful and diligent in planning for the long term sustainability of projects. It is not yet half way through its 10 year life but there is a determination that its projects will continue long after the end of the scheme – managed and further developed by local people. The objective of the Big Local Scheme is to empower communities to help themselves, separately from the traditional local and central government bodies and others that frequently fail to deliver on their real needs. In so doing they not only gain valuable long term transferable skills, but as importantly, they raise their overall aspirations to own and make changes, and better their area. The partners and volunteers are growing in number and contribute helpful input which bodes well for the long term – but there is always room for more to help with ideas planning and delivery.

## NATIONAL LOTTERY COMMUNITY FUND

We have been awarded funding from the The National Lottery Community Fund that will allow us to provide county wide support to existing and emerging youth clubs focusing on: ensuring good, effective and appropriate management and control; upskilling club leaders and volunteers; and providing a range of activities, training and opportunities to develop club members so they play an active role in their communities, contributing to a more inclusive society, and developing them into well rounded adults.

2018 Keystone Awards for Voluntary Service		
Patron's Award for 60 years' service	Nicholas Hurst	Frenford Clubs
	Terry Dainty	Canvey Boys Club
Platinum Award for 40 year service	Lin Dainty	Canvey Boys Club
	David Patient	Linford Wanderers
Silver Award for 20 year service	Paul Binder	Romford Drum and Trumpet Corps
	Kathy Saunders	Linford Wanderers
Bronze Award for 10 year service	Dave Cargill	EBGC
	Jan Davis	EBGC
	Dean Coventry	Crown and Manor





2018 Matchroom Trophy winners Sampfords YC celebrating their award with the Lord Lieutenant of Essex Jennifer Tolhurst and High Sherriff of Essex Brian Burrough.





# EVENT RESULTS

## Matchroom Trophy

Awarded to the Club that helped itself the most in 2018:

**Sampfords Youth Club**

## Kaylance Trophy

Awarded to the Club with highest attendance at EBGC events in

2018: **Bancroft Lions CC**

## Air Rifle Shooting Championships 2018

U14 Winner: Sampfords YC

U14 R-up: Chelmsford Hylanders

U16 Winner: Dagenham BC

U16 R-up: Sampfords YC

U14 Top Gun: Charlotte Arnold (Sampfords YC)

U16 Top Gun: Mack Kempton (Dagenham BC)

## Easter Cup

Clubs in attendance: Bancroft Lions CC, Centurions ABC,

Chelmsford Inline Hockey Club

## Football 5-a-side Championships 2018

U12 Winner: Frenford Clubs

U12 R-up: St Joesphs YC

U14 Winner: Loughton CC

U14 R-up: Wickford Town FC

U16 Winner: Wickford Town FC

U16 R-up: Crown and Manor

## National Football 5-a-side Championships 2018

U12 Winner: Island Boys and Girls FC

U12 Girls R-up: St Josephs YC

## County Dodgeball Championships 2018

U12 Winners: Westminster House YC

U14 Winners: Bancroft Lions CC

U16 Winners: Westminster House YC

## Table Tennis Championships 2018:

U12 Winner: Nirushan Thuraisingam (Frenford)

U12 R-up: Kaarthikan Siuapalan (Bancroft CC)

U14 Winner: Aidan Noguchi (Ingatestone Boys Own Club)

U14 R-up: Daniel Clark (Bancroft CC)

U16 Winner: Farhaan Ahmed (Frenford)

U16 R-up: Joe Bailey(Ingatestone Boys Own Club)

U19 Winner: Ignituous Kalule

## EBGC Angling Competition 2018

Winner: Josh Shane (Sampfords YC)

R-up: Josh Cole (Sampfords YC)

## Night Exercise 2018

Winner: Gt. Tey YC

R-Up: 4thBrightlingsea Scouts

## Cross Country Championships 2019

**U11 Boys** Team: Westminster House

U11 Boys 1st - Bobby Martin (Westminster House)

U11 Boys 2nd - Reece Townson (Centurions ABC)

U11 Boys 3rd - George Getty (Centurions ABC)

**U11 Girls** Team: Westminster House

U11 Girls 1st - Ruby Getty (Centurions ABC)

U11 Girls 2nd - Lara Walcott (Bancroft Lions)

U11 Girls 3rd - Ciarnabe (Westminster House)

**U13 Boys** Team: St Joesphs YC

U13 Boys 1st - Daniel Lanmas (St Joesphs YC)

U13 Boys 2nd - Stanley Hobbs (Centurions ABC)

U13 Boys 3rd - Charlie Byrne (St Joesphs YC)

**U13 Girls** Team: St Joesph YC

U13 Girls 1st - Bronte Young (St Joesphs YC)

U13 Girls 2nd - Amelia Lee (St Joesphs YC)

U13 Girls 3rd - Eve Tucker (St Joesphs YC)

**U15 Boys** Team: Centurions ABC

U15 Boys 1st - Cameron McKenzie (Centurions ABC)

U15 Boys 2nd - Tom Dixon (Centurions ABC)

U15 Boys 3rd - Connor Murphy (Centurions ABC)

**U15 Girls** 1st - Emma Pinnock (Centurions ABC)

U15 Girls 2nd - Lauren Van Rayon (Centurions ABC)

U15 Girls 3rd - China (Westminster House)

**U17 Boys** 1st - Henri Willett (Linford Wanderers)

U17 Boys 2nd - Liam Kemp (Centurions ABC)

## Boxing Club Challenge 2019

Winners: Centurions ABC

## Football Representative Squad

**Wickford Town FC:** Benjamin Bevan, Taylor Messer, Jake

Fathing, Connor Dobson-Amos, Jack Fealy, James Powell,

**Linford Wanderers FC:** Max Clissold, Cavan Goodley, Michael Adebayo, Matthew Blowes, Liam Reed, **Island Boys FC:** Harry Metson, Freddy Sims, Lewis Blatcher, Brad Gibbs, Ben Phillipson and Luke Jones

# ACTIVITY DAYS

## 100 Mile Canoe Trip 2018 participants

St Joseph's YC: Russell Mears (Club Leader), Rose Mears, James

Mears, Steve McGovern, Sean McGovern

Wanstead RFC: Dan Loyal, Ryan Loyal

Bancroft Lions: Lewis Walcott

St Marks College: Jonah Palmer, Megan Porter, George

Rogers, Alice Shickell, Tamara Bakry

Centurions BC: Richard Boyd, Josh Boyd, Liam Kemp

2nd Upminster Scouts: Ian Burton (Club Leader), Matthew

Ingleson, William Talwar, Alexandre Poignant

Rayne BC: Jack Deer (Club Leader), Jason Dooley, Matthew

Price, Daniel Collins, Miley Delaney

Prospex: Beef (Richard Frankland)(Club Leader), Amy Crouch,

Lauren Hopson, Symion Bourne

Vteam: Peter Coltman (Colchester Canoe Club), Paul Clark

(Maes Y Lade), Blaize Green (Vteam), Ian Douglas.

**Adventure Weekend, Hadleigh Park Cycle Day, White Water Rafting Day, Layer Marney Outdoors Activity Day and EBGC Activity Day**

4th Brightlingsea Scouts, 4 Youth Brightlingsea, Ab Phab, Bancroft Lions CC, Chelmsford Hylanders, Colne Engaine YC, Crown and Manor, Chelmsford Hylanders, Cheesey Waffle Youth Project & Young Bristol, Chesterton YC, Dagenham BC, Eastern Rhinos RFC, Gateway ABC, Gt.Tey YC, Ingatestone Boys Own Club, North Avenue YC, Nottinghamshire Clubs for Young People, Prospex, Rainham Royals YC, Royals YC, Sampfords YC, SNAC, St.Joesphs YC, St. Cedds YC, St.Johns ABC, Thames Phab YC, Thaxted YC, Theydon Youth, UMC Phab YC,Wanstead YC & Westminster House YC





# BOXING CHAMPIONSHIPS



2018 saw the return of the NABGC Boxing Championships to the Dagenham Roundhouse for the opening rounds. EBGC hosted 3 shows including the London Championships before passing on the mantle to Surrey CYP. The championships progressed to the finals which were held in Manchester and Bridlington. EBGC had a fantastic 30 boxers taking part in the 4 finals from a range of our affiliated clubs. Out of these 30 boxers we had 14 boxers crowned as National Champions!

*We would like to congratulate all clubs and boxers on their efforts throughout the championships.*





**NABC London and Anglian  
Regional Champions 2018**

**MALE Champions - Anglia  
Class A**

U42kg Titan Klinsrisuk (Chadwell St Mary)  
U44kg Alby Hill (Chadwell St Mary)  
U46kg Richard Smith (Fenland Sparta)  
U52kg Dylan Kennedy (Hockley)  
U57kg Francis Cooper (Pound Lane)  
U60kg George Plumb (Gateway)  
U63kg Oliver Bolton (Canvey)  
U75kg Isaac Okoh (Gateway)

**Class B**

U44kg Arnie Dawson (Holland Shore)  
U50kg Devon Lockwood (Attleborough)  
U52kg Frankie Bacon (Attleborough)  
U60kg Owen Bollingbroke (Attleborough)  
U66kg George Liddard (Billericay and Wickford)  
U75kg Oliver Dragisie (Holland Shore)  
U80kg Liam Beton (Centurians)

**Class C**

U49kg Eryk Ciureja (Fenland Sparta)  
U52kg Mark Smith (Chadwell St Mary)  
U60kg Fazan Khalid (Top Yard)  
U64kg Jimmy Croxson (Chadwell St Mary)  
U69kg Rio Gordon (Harwich)  
U81kg Kieron Riley (Attleborough)

**Class D**

U52kg Scott Miller (Chadwell St Mary)  
U60kg Kieran Desmond (Chadwell St Mary)  
U69kg Morgan Towner (Chelmsford)  
U81kg Jacob Sumner (Sudbury)  
U86kg Patrick Allen-Cripps (Harwich)

**Female Champions - Anglia**

**Class B**

U50kg Courtney Partridge (Chadwell St Mary)  
U52kg Lyndsey Porter (Canvey)

**Class C**

U54kg Phoebe Davies (Colchester)  
U60kg Billie Jai (Essex Uni)  
U64kg Harli Whitwell (St Ives)

**Class D**

U54kg Lily Devlin (Attleborough)

**MALE Champions - London**

**Class A**

U42kg Kerem Stretten (Repton)  
U44kg Ram Singh (Repton)  
U46kg Henry Powell (Nemesis)  
U48kg Hamza Patel (Repton)  
U52kg James Fernley (Lansbury)  
U54kg Finlay James (West Ham)  
U57kg Taylor Rooney (Earlsfield)  
U60kg Tyler Sharpe (Five Star)  
U70kg Gabriel Wilozynski (Haringey)  
U75kg David Brzezinski (Repton)

**Class B**

U42kg Harry Mullins (Churchills)  
U44kg Omar Jamal (West Ham)  
U46kg Uzair Maqbool (ELBA)  
U50kg Tariq Agius (Dagenham)  
U52kg Roberto Lacourt (Repton)  
U54kg Luke Bellfield (Repton)  
U57kg Aaron Hickey (Fisher)  
U60kg Simon Tidy O'Donnell (Powerday Hooks)  
U63kg Patrice Mughalzai (Powerday Hooks)  
U66kg Marty Corcoran (Dale Youth)  
U70kg Shea Kappes (Five Star)  
U80kg Tino Bellott (Dale Youth)

**Class C**

U49kg Amo Singh (Repton)  
U52kg Dennis McCann (Repton)  
U56kg Adan Mohammed (Repton)  
U60kg Bill Oliphant (Bodyshots)  
U64kg Michael Burke (Repton)  
U69kg Jimmy Sains (Repton)  
U75kg Tyrieq Campbell (Repton)  
91 kg+ Uthman Nawaz (ELBA)

**Class D**

U56kg Nathan Brown (Powerday Hooks)  
U60kg John O'Meara (Dale Youth)  
U64kg Ewan Jenkins (Islington)  
U69kg Georgie Brown (Harrow)  
U75kg Joshua Gustave (Fairbairn)  
U81kg Omar Augustine (Earlsfield)  
U91kg Arnold Obodai (Repton)  
91+kg Mehran Khan (Repton)

**Female Champions - London**

**Class A**

U40kg Rosie Boyton (Danson)  
U50kg Roxanne Fraser (Haringey)  
U57kg Cheshire Barone (Islington)

**Class B**

U54kg Maisie Callaghan (Lansbury)

**Class C**

U54kg Maisey Rose Courtney (Repton)

**NABC National Finalists 2017**

**Class A**

U42kg Titan Klinsrisuk (Chadwell St Mary)  
U57kg Francis Cooper (Pound Lane)  
U75kg Isaac Okoh (Gateway)

**Class B**

U44kg Omar Jamal (West Ham)  
U46kg Uzair Maqbool (ELBA)  
U50kg Tariq Agius (Dagenham)  
U63kg Patrice Mughalzai (Powerday Hooks)

U80kg Tino Bellott (Dale Youth)

**Class C**

U49kg Amo Singh (Repton)  
U69kg Jimmy Sains (Repton)

**Class D**

U52kg Scott Miller (Chadwell St Mary)  
U60kg John O'Meara (Dale Youth)  
U75kg Joshua Gustave (Fairbairn)  
U86kg Patrick Allen-Cripps (Harwich)  
91+kg Mehran Khan (Repton)

**Class C Girls**

U60kg Billie Jai (Essex Uni)

**NABC National Champions 2018**

**Class A Boys**

U44kg Alby Hill (Chadwell St Mary)  
U52kg James Fernley (Lansbury)  
U54kg Patrick Doherty (Chadwell St Mary)

**Class B Boys**

U46kg Uzair Maqbool (ELBA)  
U52kg Roberto Lacourt (Repton)  
U60kg Simony Tidy O'Donnell  
U66kg George Liddard (Billericay & Wickford)

**Class C Boys**

U52kg Dennis McCann (Repton)  
U56kg Adan Mohammed (Repton)  
U64kg Michael Burke (Repton)  
91+kg Uthman Nawaz (ELBA)

**Class C Girls**

U54kg Maisey Rose Courtney (Repton)  
U64kg Harli Whitwell (St Ives)

**Class D Girls**

Under 54kg Lily Devlin (Attleborough)

# GOOD PLAYERS INSPIRE THEMSELVES GREAT PLAYERS INSPIRE OTHERS



The Summer of 2018 was perfect for our U12 and U14 Representative Cricket squads, with fixtures against Chigwell School, New Hall School, Eton College, Tonbridge School, Winchester College, Kimbolton School and a fixture against Singapore United who were on tour and plan to return this year. The team got the opportunity to train with ECB Level 4 Master Coach Luke Humphrey on the Cricket Camp.

**Under 12 Cricket Rep Squad 17/18: Belhus CC:** Sammy Fairweather, Robert Healey, Henry Overy, Tyler Robertson, Charlotte Waters, Owen Williams, Alexander Winder **Bancroft Lions CC:** Kamran Akhtar, Hayden Barrett, Ethan Bennett, Scott Cobbold, Harry Pigram, Dhruv Verma, Noah Vintner **Frenford Clubs:** Arjun Bhardwaj, Ayaan Malik, Amaan Qaisar, Adnaan Kothia, Ashwin Sharma, Aayush Aiyar **Louhton CC:** Wiliam Anthony, Ossie Elliott **Upminster CC:** Callum Berry, Nathan French, George King, Harry King, Callum Constantine **Billericay CC:** George Gunyon, Liam O Connor, Callum Porter

**Under 14 Cricket Rep Squad 17/18: Belhus CC:** Thomas Anderson, Billy Baker, Ethan Barnett, Billy Kilduff, Thomas Anderson **Bancroft Lions CC:** Zakariah Awan, Ehsan Azhar, Owen Bennett, Nathan Campbell Miller, Henry Edmunds, Josh Mackwell, Ben Walcott, Joe Walton, Daniel Clarke, Charlie Dobinson, Ibrahim Malik, Zac Awan **Frenford Clubs:** Pushkar Bhattacharya, Akshat Choudhary, Umar Khalid, Abdullah Mir, Mitkumar Patel, Dhruv Talati, Dakri Raees, Abdul-Rehman Ismail, Ashr Rollins, Yazaan Khursheed, Omar Akran, Pushkal, Harjeet Singh **Loughton CC:** Zachary Chauhan, Ben Copsey, Teddy Gibson, Isaac Jacobs, Joe Smith, Andrei Tomkinson **Upminster CC:** Nathan Brown, Harvey Daniels, Jai Major, Josh Mason **Billericay CC:** William Dale, Ted Hogg

# EBGC AROUND THE WORLD

In August 2018, 9 young people and 2 staff members made the 4,524 mile journey to Nepal where they trekked 8 days to the remote village of Barpak. The group were welcomed into the village by the school and the Mothers Group and spent time with the young people in the village, reading, colouring, playing games, visiting them in school and learning what life is like there. On the way back to Kathmandu the group enjoyed 2 days white water rafting on the River Trishuli.

**Participants:** Abigail Milsom, April Page, Ava Murray, Celestia John-Baptiste, Charlotte Purkiss, Christopher Chadwick, Keana Dippenaar, Oliver Norris & TJ Bailey **Staff:** Jay Solder & Rebecca Stanley

*"I had an unbelievable time and, even now, am still in awe of all the things we did and saw! It's been great coming home and looking through all the photos with my family and sharing our stories and jokes with them and I'm really grateful for being able to have had this experience".*

In summer 2018 the America Challenge started with 1 week at the Tennessee Boys and Girls Clubs which included attending their annual conference. It was brilliant to experience how their clubs work compared to ours back in the UK. During this week the participants got the chance to have a look around, go wild swimming in a river and get ready for their hike.

The second week was the hike that took us through the breathtaking smoky mountains. Breathtaking because of how steep it was but also because of the stunning views along the way. We followed along the Smoky Mountain section of the Appalachian trail, a long distance hiking trail that runs through 14 states in the eastern US and stretches 2200 miles.

The third week consisted of trail maintenance, with the rocky top crew. We took on the role of fixing the section of track that they walked down. This involved breaking rocks, making steps and clearing drainage ditches.

**Participants:** Shireen Bakry (St.Marks College) , Jon Whippy, Bethan Alexander (VTEAM) **Staff:** Amy Harris & Luke Doell





# THE RESPECT PROJECT



The Project's continued success has seen our Respect Project evolve to fit the needs of the young people across Essex with our team delivering both a Junior Respect Project and an Intensive Respect Project. The Intensive Respect Project is aimed at young people at risk of being drawn into county lines, gangs or being permanently excluded from school.

# HOW IT WORKS



After initial nominations from the school, young people are invited to attend an activity day where they take part in various challenges. 60 students are given this opportunity and 20 are invited back for a second activity day.



15 students are then selected to continue on to the life skills evening sessions, which take place over 8 weeks, each focusing on a different topic such as teamwork, communication, personal challenges, peer pressure, drug awareness and self respect.



The programme continues with a week long residential at either High Row or Maes Y Lade Centre where the young people take part in adventurous activities in the great outdoors challenging themselves and pushing them out of their comfort zones.



The young people's achievements are a pivotal part of this project, so the project ends with a celebration evening. Parents, guardians and local dignities are invited to attend to celebrate and recognised what has been achieved.

This year we have seen over 460 students attend activity selection days. 120 of these students have then continued through to complete the Respect Project. Each year students, teachers and parents provide testimonials telling us how the projects have impacted on emotional resilience, coping strategies, and well-being of those involved. Across our 3 Jack Petchey Foundation funded projects 71% of participants reported an improvement to their mental well-being. The average mental well-being score of somebody who participates in a Respect Project begins in the lowest 40% of responses nationally, by the end of the project 51% of young people were reporting a mental well-being score in the top 20% nationally.

\*these statistics and scoring are based on the Short Warwick-Edinburgh Mental Wellbeing Scale (SWEMWBS)

*Thank you to all our funders, supporters and volunteers that make this programme what it is!*



four acre trust



To Essex Boys and Girls club,

Thank you for letting be a part of the 2018 respect project. I really enjoyed it and I was able to do things that I didn't think I was able to do.

During the project I have learnt lots about myself and what I can do is I believe in myself.

I never thought I would ever be able to climb a mountain and tackle my fear of heights but I proved myself wrong and I did.

At the start of the course I was quite a shy person and I was nervous about everything that I was thrown at me but now I am a more confident person and I am more willing to take on a challenge.

Thank you for helping me to find the confidence in myself to do and take on any challenge and be who I want to be.



# A MESSAGE FROM LAYER MARNEY

We opened our new outdoor centre, Layer Marney Outdoors (LMO), based in the grounds of Layer Marney Tower, centrally located in Essex in May 2018. The Centre offers a range of 12 outdoor activities set in beautifully landscaped surroundings which include a purpose built lake for paddle sports and improvised raft building, six acres of woodland ideal for Bushcraft and Laser Tag as well as a vast grass field.

In July LMO was awarded the Learning Outside the Classroom Quality Badge, and has engaged in an ongoing process to sustain high quality learning outside the classroom and met all of the Learning Outside the Classroom Quality Badge indicators.

In our first short season we welcomed seventeen affiliated clubs participating in individual activity days, our Night Exercise and an EBGC activity day held at LMO. Additionally we welcomed a number of other schools and youth organisations on multi activity days.

The Night Exercise was a great event with eighty participants from eight clubs competing under the floodlit Tudor Tower to be crowned champions.

New for 2019, we will be moving into our new HQ in the Old Dear Barn with new toilets which will be a great improvement on the temporary conveniences of 2018.

We are here for you! Please use your centre! Favourable Club rates available!

To find out more information or to book please contact Steve on [Steveh@essexboysandgirlsclubs.org](mailto:Steveh@essexboysandgirlsclubs.org)

*"Theydon Youth had a great day. The activity leaders were great. We all thoroughly enjoyed the day"*

Theydon Youth Club Leader

*"A great time which was enjoyed by all the young people. Cant wait to come back later in the year to see the new indoor space"*

Braintree Youth Project

*"Fantastic day, we enjoyed every minute of it! Great instructors, lovely location and good fun"*

The Children's society

## OUR OUTDOOR CENTRES



Layer Marney Outdoors, Located near Colchester, Essex



Stubbers Adventure Centre Located in Upminster, Essex





# A MESSAGE FROM MAES Y LADE

It has been great once again to welcome so many Clubs and Club Members to Maes y Lade over the past 12 months! This past year we have had a diverse range of programmes and projects all focused on young people having the opportunity to experience challenge and learn about themselves, set in the back drop of the stunning Brecon Beacons National Park. Whether you completed Nepal Expedition preparation here, trekked and camped for days to complete your D of E Gold Assessment, paddled on our training course to prepare for the 100 Mile Canoe Test, took part in a Club Weekends/ Club Trips, or completed Young Leader Training with us, we hope you enjoyed the challenge and adventure that Wales and Maes y Lade has to offer. At the core of what we do at Maes y Lade will always be to create opportunity for experiencing and adventuring into the Mountains, Gorges, Rivers, Caves and Trails that surround the centre and we look forward to doing more of the same with you all in 2019! If you are interested in bringing your club to Wales then please get in touch [davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org) 01497 847236

## FROM CLUB MEMBER TO INSTRUCTOR



Luke Doell was a member of the Out There Club in Colchester and after representing the club in a range of EBGC events from Cross Country to Easter Cup as well as completing NCS and Volunteering we offered him the chance to take part in our 2 year Trainee Programme at Maes y Lade Centre. It was a big step for him moving from Essex to Wales but once he arrived Luke got stuck in with all aspects of Outdoor Centre life! Through his Traineeship with EBGC Luke has been able to complete his Mountain Leader, Rock Climbing Instructor (formally SPA), Local Cave Leader, White Water Safety Technician, Minibus Driver qualifications and will complete his Paddlesports Instructor in the next month. These qualifications have set Luke up with a great foundation for working in the outdoor industry. Following his Traineeship Luke has decided to settle in the area and has now become a full time Instructor at Maes y Lade. At the end of 2019 we will be taking applications for two new Trainees so if you would like to be considered then please contact [davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org)

## HIGH ROW

Since 2003 High Row has been providing a residential facility for young people to explore, enjoy and learn in the outdoors. Nestled at the bottom of Carrock Fell and the Northern Lakes at the doorstep it's a haven for adventurers. Many groups take up this opportunity and spend time exploring the local area. If you are interested in visiting High Row with a group please contact the office on 01245 264783

## OUR ADVENTURE CENTRES



Maes Y Lade Centre located in the Beautiful Brecon Beacons.

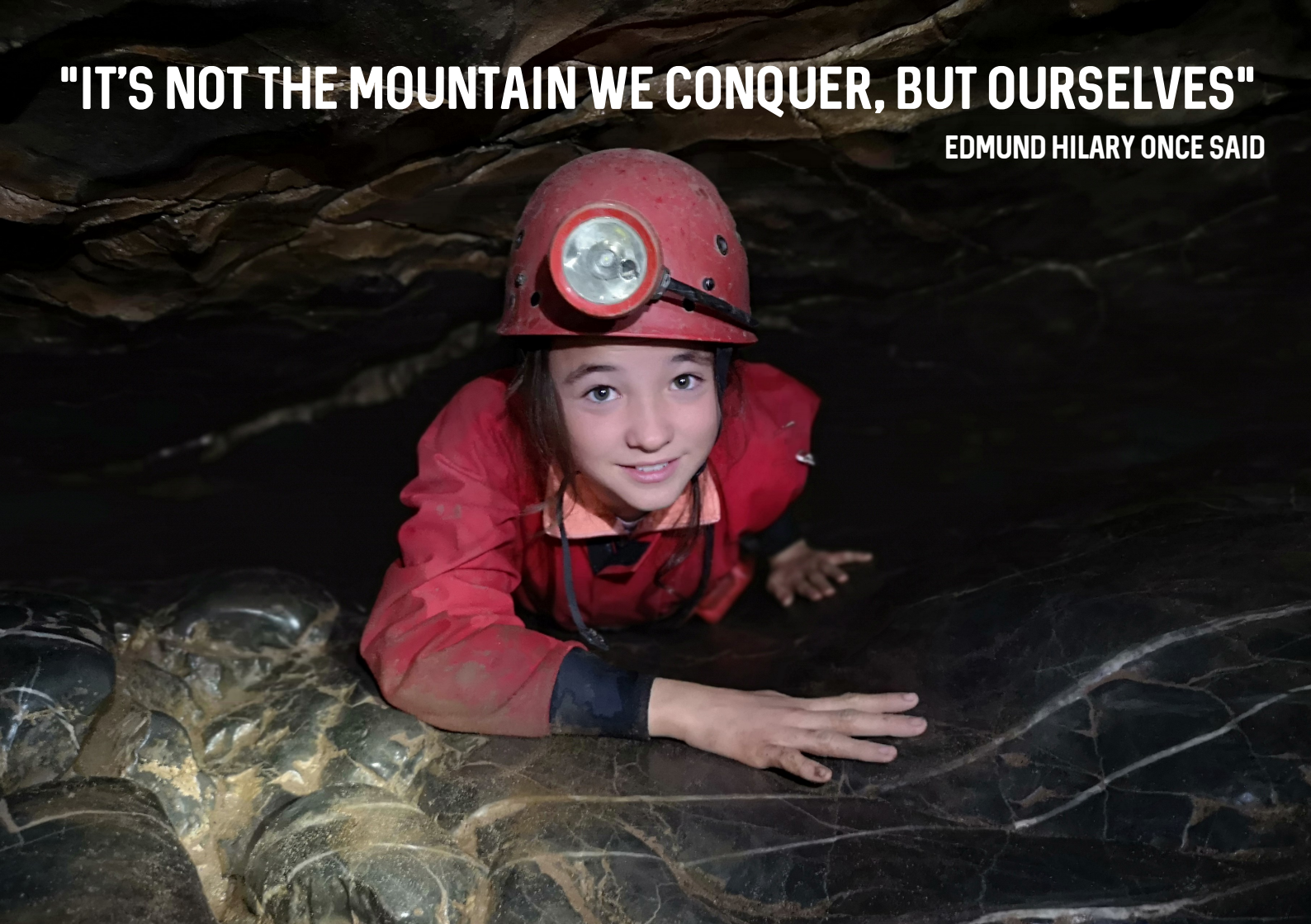


High Row located at the foot of Carrock Fell, The Lake District



**"IT'S NOT THE MOUNTAIN WE CONQUER, BUT OURSELVES"**

**EDMUND HILARY ONCE SAID**



# TREASURER'S REPORT – Graham Middleton

The full impact of withdrawing from the delivery of the National Citizens Service is evident in the 2018 Accounts. Last year saw the wind down begin but it still produced income of £800,000; this year produced nothing. However, thanks to the success of alternative income sources, allowing us to refocus our efforts into targeted areas of youth work, our voluntary income fell by only £460,000, replacing almost half of the lost NCS revenue.

The refocus was primarily on creating new youth groups in Wanstead, Upminster and Dagenham with money from the Youth Investment Fund, and beefing up our Respect projects helping young people re-evaluate their values and lifestyles. We are indebted to the Big Lottery, Four Acre Trust, Jack Petchey Foundation, Charles French Trust and numerous other donors for their support. These have been very successful projects.

Other recent initiatives have also served us well. The new adventure site at Layer Marney has boomed and Maes-y-Lade and High Row have made significant financial contributions as well as providing superb venues for all sorts of activities. The refocus away from NCS produced savings in costs with some NCS staff seconded to Essex County Council and others pursuing their careers elsewhere.

Overall, Income fell from £1,663,031 to £1,257,668 and expenditure fell from £1,387,662 to £1,117,097. The net effect was to produce a surplus in 2018 of £139,361 just over half of 2017's surplus of £275,369, albeit that £100,000 was received at the end of the year for 2019 projects. This result was significantly better than we had anticipated in our budget for the year.

As a consequence, our balance sheet remains strong with excellent returns coming from our property investments and our cash reserves remain robust and able to fund future developments and opportunities with the help, of course, from many committed and loyal funders.

As for the future, we have set a break-even budget for 2019 with every chance of improving on this. Already we have succeeded with a further National Lottery Community Fund bid to develop clubs across Essex and bids to Erasmus for European based inter club projects are gaining momentum. We are also in talks with NCS regarding 2020 delivery, an area in which we have some great experience to offer.

With the need for youth work coming more and more into the public spotlight, we stand ready, willing and financially able to engage with all agencies to make our experience and achievements count.





Statement of Financial Activities (including Income & Expenditure Account) for the Year ended 31st December 2018

	Unrestricted Fund £	Designated Fund £	Restricted Fund £	Total 2018 £	Total 2017 £
<b>Incoming Resources</b>					
<b>Income and endowments from:</b>					
<i>Voluntary income:</i>					
Donations and grants received	46,069	354,949	537,975	938,993	1,395,843
<b>Incoming resources from charitable activities:</b>					
Activities and course fees	50,625	2,756	-	53,381	61,456
Camping, accommodation and catering	243,651	-	-	243,651	185,620
<b>Other Trading Activities</b>					
Fundraising events	14,426	-	-	14,426	15,762
<b>Investment income</b>	5,637	-	-	5,637	2,770
Other income	1,580	-	-	1,580	1,580
<b>Total</b>	<b>361,988</b>	<b>357,705</b>	<b>537,975</b>	<b>1,257,668</b>	<b>1,663,031</b>
<b>Expenditure on:</b>					
<b>Costs of generating voluntary income:</b>					
Staff employment costs	22,435	-	-	22,435	42,781
Cost of staging fundraising events	3,643	-	-	3,643	3,533
<b>Charitable activities:</b>					
Grants in furtherance of objectives	-	-	1,479	1,479	1,750
Costs of activities in furtherance of objectives	277,415	300,394	374,706	952,515	1,239,405
<b>Other costs:</b>					
Expenditure on managment and administration	38,144	-	100,091	138,235	100,193
<b>Total</b>	<b>341,637</b>	<b>300,394</b>	<b>476,276</b>	<b>1,118,307</b>	<b>1,387,662</b>
<b>Net Incoming Resources before     other recognised movements</b>	<b>20,351</b>	<b>57,311</b>	<b>61,699</b>	<b>139,361</b>	<b>275,369</b>
<b>Other recognised movements</b>					
Project servicing costs and depreciation transferred between funds	13,442	12,220	(25,662)	-	-
Robert Laurie Memorial Fund				-	-
<b>Net Movement of Funds</b>	<b>33,793</b>	<b>69,531</b>	<b>36,037</b>	<b>139,361</b>	<b>275,369</b>
<b>Reconciliation of funds</b>					
Total funds brought forward	760,385	1,217,657	685,518	2,663,560	2,388,191
<b>Total funds carried forward</b>	<b>794,178</b>	<b>1,287,188</b>	<b>721,555</b>	<b>2,802,921</b>	<b>2,663,560</b>

# FUNDRAISING

With a brilliant turn out to our 2018 Golf Day we continue to raise funds and awareness about EBGC and the work that we do.

We continue to receive generous donations for our new and existing projects from charitable donors, individuals and organisation. Each donation is a key part in sustaining the work that we do.

Thankyou for your continued support.

# PARTNERSHIPS

As a membership organisation we work with our affiliated clubs every day, we are also lucky to be able to work with some other brilliant organisations.

In 2018 we worked with the following external organisations: National Association of Boys & Girls Clubs, Essex County Council, Jack Petchey Foundation, Essex Youth Trust, The Rank Foundation, NCS Trust, England Boxing, Essex County Cricket, Four Acre Trust, Essex Council for Voluntary Youth Services, Royal Society for Blind

Children, Police Crime Commissioner, Big Lottery Community Fund, Layer Marney Tower, Charles French Trust to name just a few.

We have also built up strong international partnerships over the years with organisations such as the Boys and Girls Clubs of America and Boys and Girls Clubs of Tennessee Valley but also communities such as the people of Barpak especially the Mothers Group.

Our partners are key to EBGC successfully offering a range of opportunities for our club members to take part in.

# VOLUNTEERING

We have an amazing group of volunteers that support us throughout the year with different events and programmes from throwing brownies into the river for our 100 mile canoe test participants to attending life skill sessions on our Respect Programme to helping cook dinner at our Essex Adventure Weekend! Without the support from our fantastic volunteers our work simply wouldn't be the same.

This year the volunteers have also got involved in

other opportunities such as supporting the London Marathon with the Teenage Cancer Trust and taken advantage of various training opportunities such as attending Winter Skills in Scotland, volunteer training at Maes Y Lade and being part of the first UK Pilot with the YMCA George Williams College for the Global Citizenship Education Programme.

*"First of all my confidence has increased 100000x more! I've had so many amazing opportunities to go and be a part of things I would never have dreamt about, respect projects, America challenge, adventure weekends and so much more! I've gained more qualifications to put on my cv, John Muir, NCS, and volunteer youth work level qualifications!"*

Thankyou to each and everyone one of our volunteers, you really do make a difference.





# PASSIONATE PEOPLE WORK HERE

## PATRONS

The Lord Lieutenant of Essex, Jennifer Tolhurst,  
The Lord Petre, KCVO, KstJ

## VICE-PRESIDENTS

Mrs June Owen,  
Sir J. Petchey CBE, R.M. Williams FITE, R. Smith,  
J. McAlonan, The Lord Dixon-Smith DL.

## VOLUNTARY EXECUTIVE COMMITTEE

CHAIRMAN: The Vice Lord Lieutenant of Essex,  
Jonathan Douglas-Hughes OBE DL  
VICE-CHAIRMAN: Michael Dyer MBE, HON.  
TREASURER: Graham Middleton FCA,  
COMMITTEE MEMBERS: Michael O'Brien,  
Peter Drummond, Darren Goodey, David Springett,  
Chief Constable Stephen Kavanagh, Julie Fosh.

**BANKERS** C.A.F. Bank Ltd.

**AUDITORS** Ashings Chartered Accountants

**ACCOUNTANTANTS** Spencer Fellows & Co

## ACTIVITY CENTRES

### Stubbers Adventure Centre

Ockendon Road, Upminster, Essex, RM14 2TY  
T: 01708 224753 [www.stubbers.co.uk](http://www.stubbers.co.uk)

### High Row Centre

Hesket Newmarket, Wigton, Cumbria CA7 8JT

### Layer Marney Outdoors

Layer Marney, Essex, CO5 9US

### Maes Y Lade Centre

Tregoyd, Brecon, Powys, Wales LD3 0SS  
T: 01497 847236 [www.maesylade.org](http://www.maesylade.org)

## STAFF IN 2018/19

**Director:** Martin Solder

### Assistant Directors:

David Hassard  
Kevin Bowers

## CLUB DEVELOPMENT TEAM

### Club Development Officers:

Rebecca Stanley, Sue Pell

### Club Servicing Officers:

Richard Bonnington

### BIG CANVEY PROJECT:

Gerry Smith

## YOUTH INVESTMENT TEAM:

**Project Lead:** Jay Solder

**Outreach Officers:** Callum Alexander, Katie  
Churchill (to Nov 18), Natasha Woodruff (to Jan  
19), Jamie Drummond (from Nov 18) Katie Pullen  
(From March 19)

**Administrator:** Jenny Squibb

## PROJECTS TEAM

**Projects Lead:** Steve Hutson

**Projects Workers:** Keith Cranmer,

Clive Edwards, Bruce Page,  
Amy Harris (to Sept 18)

## VOLUNTEER COORDINATOR:

Katie Pullen

## BOXING DEVELOPMENT OFFICER:

Tom Paget

## Rank ASPIRE Trainee:

Jessica Plumbley (from Sept 18)

## ADMINISTRATION TEAM

### Finance Officer:

Malcolm Cummings

**Volunteer Administrator:** Val Hoines

## MAES Y LADE:

**Maes Y Lade Centre Manager:**

David Hassard

### Maes Y Lade Staff:

Paul Clarke, Luke Doell,  
Sean Randall

**Registered Charity No: 1163658**

**HEAD OFFICE:** Harway House, Rectory Lane,  
Chelmsford, Essex, CM1 1RQ

**T: 01245 264783**

[www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)





# ESSEX BOYS AND GIRLS CLUBS

The Charity's object is to further the development and education of boys and young men and girls and young women, primarily but not exclusively in a single gender setting so as to help them achieve their physical, mental and spiritual potential, enabling them to grow to full maturity as individuals and members of society.



[www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)