



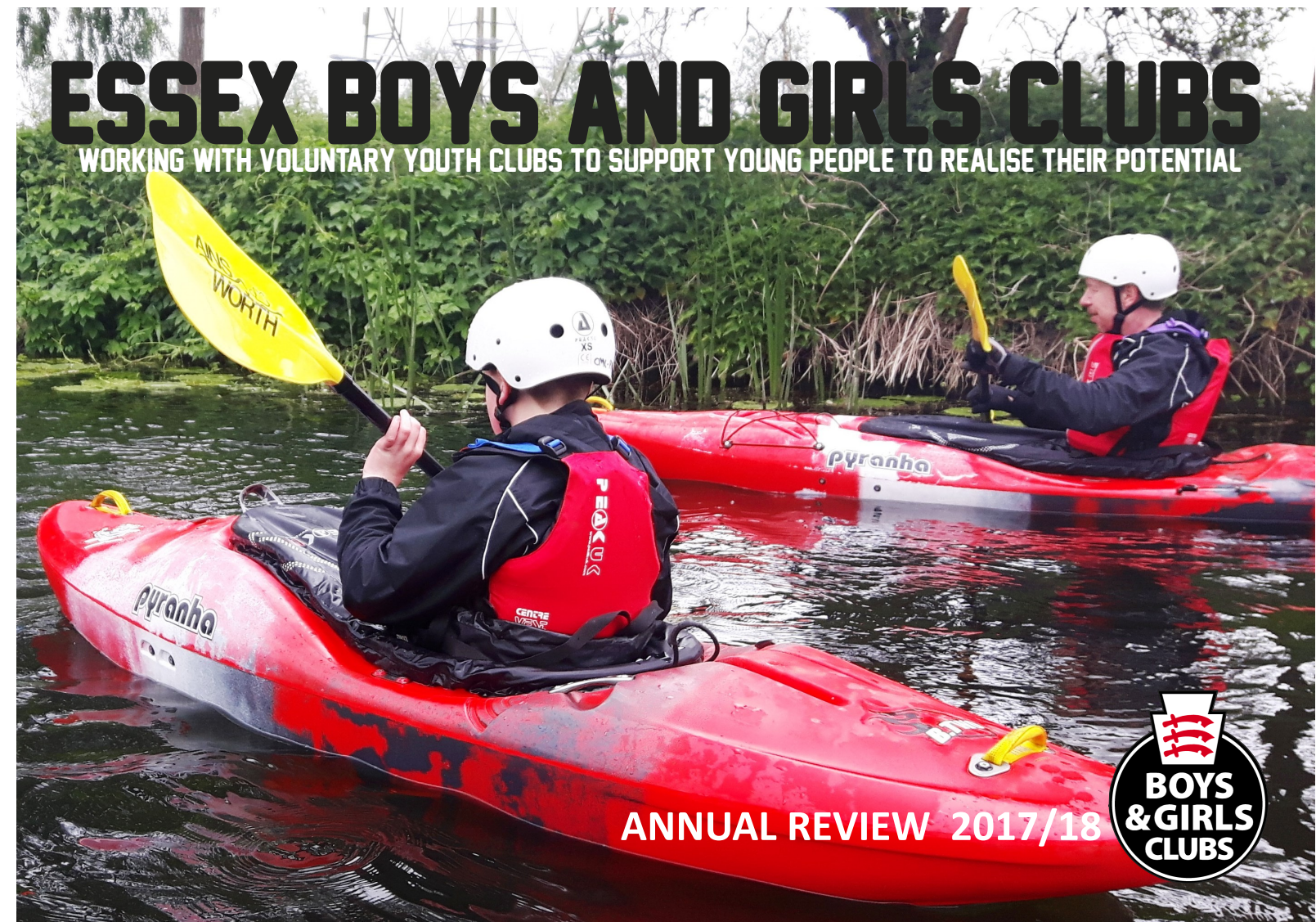
# ESSEX BOYS AND GIRLS CLUBS

The Charity's object is to further the development and education of boys and young men and girls and young women, primarily but not exclusively in a single gender setting so as to help them achieve their physical, mental and spiritual potential, enabling them to grow to full maturity as individuals and members of society.



[www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)

Essex Boys and Girls Clubs Harway House, Rectory Lane, Chelmsford, Essex CM1 1RQ. T: 01245 264783. Registered Charity No:1163658





# CHAIRMANS REPORT

-Jonathan Douglas-Hughes OBE DL

2017 was a satisfactory year for EBGC and its clubs. The programme of activities was well supported especially events such as the Adventure Weekend at Stubbers, which saw over 200 young people from Essex clubs taking part with an additional 100 participants from the National Association of Boys and Girls Clubs network from all over the country joining us.

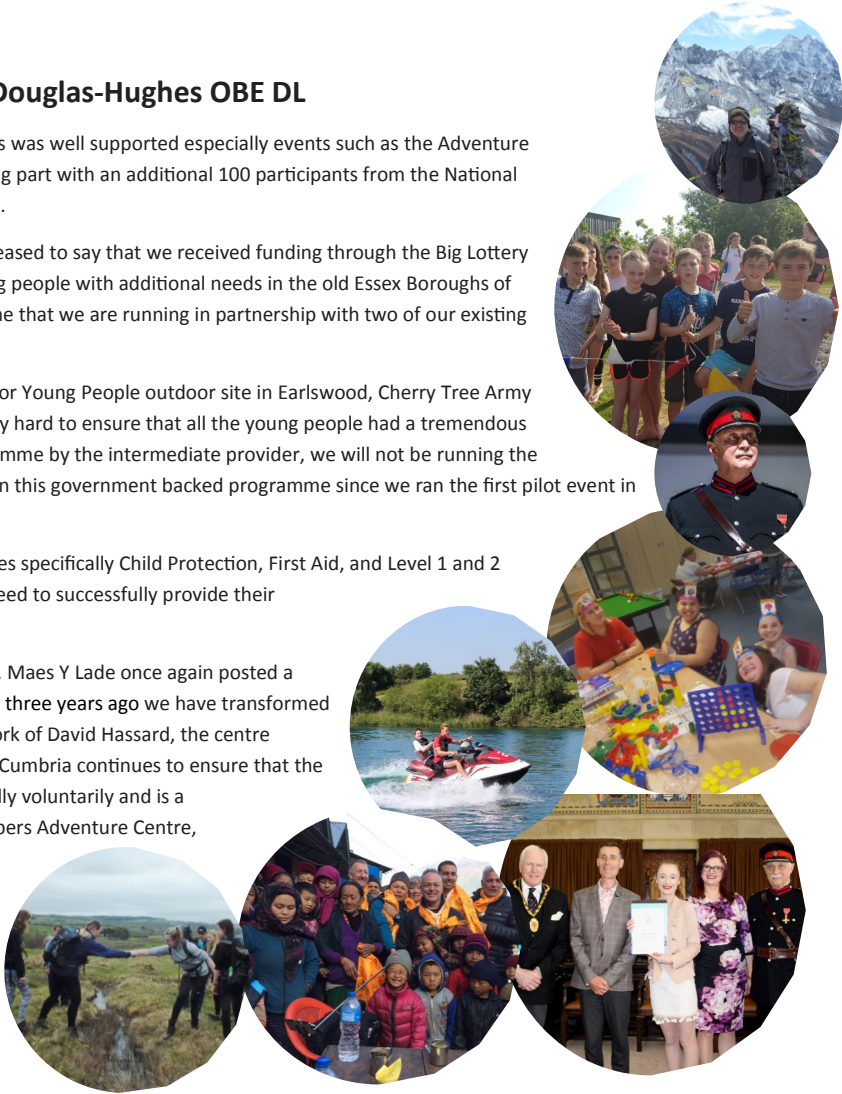
Our support for clubs continues to be the top priority for us and we are very pleased to say that we received funding through the Big Lottery Youth Investment Fund to establish new inclusive youth clubs focused on young people with additional needs in the old Essex Boroughs of Barking and Dagenham, Redbridge and Havering. This is a three year programme that we are running in partnership with two of our existing clubs Ab Phab and Frenford Clubs.

We delivered over 800 NCS places in the summer using the Birmingham Clubs for Young People outdoor site in Earlswood, Cherry Tree Army Centre in Colchester and the Olympic Park Hadleigh. The staff worked extremely hard to ensure that all the young people had a tremendous experience which they did. Due to a most unsatisfactory handling of the programme by the intermediate provider, we will not be running the programme in 2018, which will be the first time we have not delivered places on this government backed programme since we ran the first pilot event in Essex some 8 or so years ago.

We continue to provide training needed by club leaders to run their programmes specifically Child Protection, First Aid, and Level 1 and 2 youth work courses but we are happy to organise any course that a club may need to successfully provide their activities.

Our Outdoor centres continue to be well used by clubs and other youth groups. Maes Y Lade once again posted a profit at the year end. Since we acquired the centre from Essex County Council, three years ago we have transformed the centre into a highly successful operation. This is a testament to the hard work of David Hassard, the centre manager and his team. Brian Thompson from Maryport Boys and Girls Clubs in Cumbria continues to ensure that the High Row Centre is in tip top condition to welcome groups. Brian does this totally voluntarily and is a tremendous supporter of young people from all areas. Of course we have Stubbers Adventure Centre, which is as busy and as popular as ever. If your club would like to use any of the centres then make contact with the EBGC office and our staff will make your trip a reality, together with financial support.

Thank you to everyone that has supported our Association in whatever way, whether that is with your time or financially. Without both we would not be able to do what we do and the young people of Essex would be much the poorer.



# PASSIONATE PEOPLE WORK HERE

**PATRONS**  
The Lord Lieutenant of Essex, Jenny Toleshurst,  
The Lord Petre, KCVO, KstJ

**VICE-PRESIDENTS**  
Mrs June Owen,  
Sir J. Petchey CBE, R.M. Williams FITE, Hughbert  
Ashton, R. Smith, J. McAlonan,  
The Lord Dixon-Smith DL.

**VOLUNTARY EXECUTIVE COMMITTEE**  
CHAIRMAN: The Vice Lord Lieutenant of Essex,  
Jonathan Douglas-Hughes OBE DL  
VICE-CHAIRMAN: Michael Dyer MBE, HON.  
TREASURER: Graham Middleton FCA,  
COMMITTEE MEMBERS: Michael O'Brien,  
Peter Drummond, Darren Goodey, David Springett,  
Chief Constable Stephen Kavanagh, Julie Fosh.

**BANKERS** C.A.F. Bank Ltd.  
**AUDITORS** Spencer Fellows & Co.

**ACTIVITY CENTRES**  
**Stubbers Adventure Centre**  
Ockendon Road, Upminster, Essex, RM14 2TY  
T: 01708 224753 [www.stubbers.co.uk](http://www.stubbers.co.uk)

**The High Row Centre**  
Hesket Newmarket, Wigton, Cumbria CA7 8JT

**Layer Marney Outdoors**  
Layer Marney, Essex, CO5 9US

**The Maes Y Lade Centre**  
Tregoyd, Brecon, Powys, Wales LD3 0SS  
T: 01497 847236 [www.maesylade.org](http://www.maesylade.org)

**STAFF IN 2017/18**  
**Director:** Martin Solder  
**Assistant Directors:**  
David Hassard  
Kevin Bowers  
  
**CLUB DEVELOPMENT TEAM**  
**Club Development Officers:**  
Rebecca Stanley, Amiee-Mae Egerton (to Feb 18)  
**Club Servicing Officers:**  
Richard Bonnington  
**BIG CANVEY PROJECT:**  
Gerry Smith

**YOUTH INVESTMENT TEAM:**  
**Project Lead:** Jay Solder  
**Outreach Officers:** Callum Alexander, Katie  
Churchill, Natasha Woodruff  
**Administrator:** Jenny Squibb (From Sept 17)

**PROJECTS TEAM**  
**Projects Lead:** Steve Hutson  
**Projects Workers:** Keith Cranmer,  
Clive Edwards, Charlotte Keyworth (to Oct 17),  
Bruce Page, Amy Harris (trainee)

**VOLUNTEER COORDINATOR:**  
Katie Pullen (trainee)

**NCS TEAM**  
**NCS Recruitment/Retention Officers:**  
Charlie Douglas-Hughes (to May 17)

**ACTIVITIES TEAM**  
**Sports & Activities Officers:**  
Tom Paget,  
Will Slemmings (to March 18), Jamie Townsend  
(to March18)

**ADMINISTRATION TEAM**  
**Fundraising Officer:** Sue Pell  
**Finance Officer:**  
Malcolm Cummings  
**Volunteer Administrator:** Val Hoynes

**MAES Y LADE:**  
**Maes Y Lade Centre Manager:**  
David Hassard

**Maes Y Lade Staff:**  
Paul Clarke, Luke Doell,  
Sean Randell

**NORTH AVENUE YOUTH CENTRE:**  
Paul Iseghohi (to Jan 18)

**ST ANNE'S YOUTH CENTRE:**  
Dan Troy (to Dec 17)

**Registered Charity No: 1163658**  
**HEAD OFFICE:** Harway House, Rectory Lane,  
Chelmsford, Essex, CM1 1RQ  
**T: 01245 264783**  
[www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)

# NO ACT OF KINDNESS, NO MATTER HOW SMALL IS WASTED

## FUNDRAISING

We continued to receive generous donations in 2017 from charitable trusts, individual donors and organisations to whom we are incredibly grateful.

Each year we run a number of fundraising events such as our Summer Golf Classic to not only raise money but also raise awareness of our work with young people in the county– to local business people.

**Did you know?** We can offer our clubs support with their fundraising! Whether its to plan an event or point out local funds available.

**The simplest way to support us is to spread the news about what we do!**

**The more communities that know what we offer the more young people can benefit.**

## PARTNERSHIPS

Working together enables us to achieve our goal of delivering activities to young people all across the county. We are grateful to all the partners that have supported our programme over the years. Moving forward, expanding and strengthening our relationships will enable us to grow stronger as an organisation.

In 2017 we worked with the following external organisations: National Association of Boys & Girls Clubs, Essex County Council, Jack Petchey Foundation, Essex Youth Trust, The Rank Foundation, NCS Trust, England Boxing, Essex County Cricket, Table Tennis England, Active Essex, Sport England, Four Acre Trust, Essex Council for Voluntary Youth Services, Police Crime Commissioner, Big Lottery, Layer Marney Tower, Essex Fire and Rescue to name just a few.



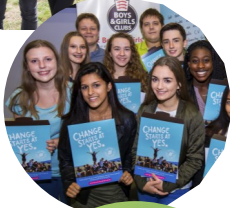
## NATIONAL CITIZEN SERVICE

**2017 saw another successful NCS Summer programme with 704 graduates!**

The programme encourages young people to move outside their comfort zone, take part in adventurous activity, learn about their local community and plan and deliver a social Action Project of their choice. Social action projects included awareness campaigns, curry nights, random acts of kindness, visiting elderly care homes, wishing trees and many more. We were privileged to have a visit from our NCS ambassador Mark Noble - West Ham Captain to our Hadleigh camp to chat to the young people about their experience.

**Young People raised a total of £12880.30 for local charities!**

*“I just wanted to say a huge thank you to EBGC for making Abbie's NCS experience a fantastic one! She has made some new friends and learned new skills, she was eased out of her comfort zone and felt comfortable to challenge herself from the outset. EBGC have provided Abbie with a summer to remember and many more aspirations”*



## DIRECTORS REPORT -Martin Solder

What an interesting and productive year 2017 has been. We have had some great successes. Our Youth Investment Fund grant means our association will be able to support and set up groups with additional needs. Whilst we have always had a number of clubs that have worked with young people with additional needs we have never specifically embarked on developing new clubs for them. The next few years will be interesting and rewarding and I am sure that our strength of providing purposeful activities will be successful.

If you have never visited Maes Y Lade or High Row then you really need to. We can make this happen for your club and your young people. They are two wonderful residential centres based in remote parts of Cumbria and South Wales both nestled at the foot of mountains with unparalleled views. The activities we can provide are varied and exciting. If you cannot get a club group together then why not join in one of our get into programmes that encompass caving, climbing and canoeing. Individuals can sign up as well as larger club groups. Alongside these centres we have Stubbers Adventure Centre, which we have now run for the last 25 years. We have the Adventure weekend and the usual Wet and Dry activity days that clubs can sign up to. Stubbers goes from strength to strength.

You will have read in our Chairman’s report and throughout this review about the successes, events and opportunities that we have given to young people over the last year. We have been doing this for nearly 80 years for young people all over Essex. I was lucky enough to represent Frenford in the 1974 under 14’s table tennis Championships winning both the singles and the doubles and one of the medals has a footballer on it, I have never been sure why! I still have the medals in a drawer at home and for a young lad who lived in Newham who had limited opportunities in life I think it spurred me on to bigger and better things.

Two years later I went to America with the London Federation of Boys Clubs and spoke at the 1976 Essex Boys Club AGM at the County Hotel, which was probably the scariest thing that I ever had to do in my life and it was not until years later that I understood the enormity of the experience of meeting senator John Glen (former astronaut) at the Pentagon and Walter Mondale vice president elect of America in the Capital Building along with a host of other incredibly important people at fantastic venues all over Washington. We even stayed opposite the Watergate building for a couple of days. Why mention this in the annual report, well today we aim to do exactly the same as we did in 1974. We provide similar character building and life changing experiences for young people. Young people still speak at AGM’s. We still go to foreign countries and we still run table tennis championships along with hundreds of other events, activities and opportunities. You just need to sign up to something and take part. You never know when you start where it might lead.

Was I unusual and a one off? Well one of the other participants on the America trip in 1976 is now the Chairman of Chelmsford Boys Club and an EBGC Trustee and the young person who won the U12’s Table Tennis Championships in 1974 went on to become an ETTA National Senior Champion and a full international and in later life became a millionaire football agent. The U16’s Champion also became a millionaire through his own printing business. So was I unusual.....? The opportunities are there for all our young people to be successful. You just need to get involved

I thank everyone for all their support over the 28 years that I have been at EBGC especially those that have supported our work during 2017. We are all looking forward to 2018 and relishing the challenge that it will bring and looking to provide an even bigger and better range of activities and support for clubs and their young people.

A TO Z OF AFFILIATED CLUBS

2nd Upminster Scouts	Chesterford YC
4 Youth Brightlingsea	Colchester ABC
Ab Phab	Colin McMillan Boxing Training Academy
Abberton & Langenhoe Community Youth Club	College of St Mark's Audley End
Ashingdon YFC	Colne Engaine YC
Attleborough Boxing Club	Crown and Manor Club
Bancroft Lions Cricket Club	CYC (Chrishall Youth Club)
Basildon Volunteer Police Cadets	Dagenham P&C Boxing Club
Belhus Cricket Club	Danson ABC
Bergholt YG	East London Boxing Club
Billericay and Wickford Boxing Club	Eastern Rhinos Rugby League Club
Billericay Cricket Club	Epping Forest Falcons FC
Blackmore Youth Groups	Essex University ABC
Blackwater Judo Club (Maldon)	Fairbairn ABC
Bodyshots BC	Fenland Sparta ABC
Braintree & Uttlesford Volunteer Police Cadets	Fight For Peace
Braintree Youth Project Charity	Five Star ABC
Brentwood Youth Boxing Club	Flitch Green Youth Club
Canvey Boys Club	Fourth Feathers Youth Club
Castlepoint & Rochford Volunteer Police Cadets	Frenford Clubs
Centurions ABC	Gateway ABC
Chadwell St Mary ABC	Great Yeldham YC
Chalvedon ABC	Gt Bardfield YC
Chelmer Village YC	Gt Bentley YC
Chelmsford ABC	Gt Tey Youth Activity Club
Chelmsford Boys Club	Halstead CC (Colts)
Chelmsford Inline Hockey Club	Harlow ABC
	Harlow Volunteer Police Cadets
	Harrow & District ABC

Harwich ABC
Hockley Boxing Club
Holland Shore Amateur Boxing Club
Hooks Boxing ABC
Ingatestone Boys Own Club
IQ Neasden Boxing Club
Island Boys & Girls FC
Islington Boxing Club
Lifstan Boys' Club
Linford Wanderers Football & Sports Club
Loughton Youth Project
Maldon Boxing Academy
Maldon Cricket Club
March Boxing Club
Mersea Island Judo Club
Nemesis
Newport Youth Club
North Avenue YC
Northolt ABC
Norwich City ABC
Old Skool Youth Club
OUT THERE
Peterborough Police Boxing Club
Poplar Boys'and Girls Club
Pound Lane Boxing Club
Purfleet Youth Club
Rayne Boxing Club
Repton Boys Club
Restore Youth
Rivenhall YC
Romford Drum & Trumpet Corps
Roxwell Youth Group
Royals Youth Centre

Statement of Financial Activities ( including Income & Expenditure Account ) for the Year ended 31 December 2017	Unrestricted	Designated	Restricted	Total	Total
	Fund £	Fund £	Fund £	2017 £	2016 £
Incoming Resources					
Income and endowments from:					
Voluntary income:					
Donations and grants received	63,378	977,675	354,790	1,395,843	1,653,528
Incomeing resources from charitable activities:					
Activities and course fees	57,880	3,576	-	61,456	39,984
Camping, accommodation and catering	185,620	-	-	185,620	212,938
Other Trading Activities					
Fundraising events	15,762	-	-	15,762	14,595
Investment income	2,770	-	-	2,770	4,043
Other income	1,580	-	-	1,580	1,580
Total	326,990	981,251	354,790	1,663,031	1,926,668
Expenditure on:					
Costs of generating voluntary income:					
Staff employment costs	42,781	-	-	42,781	69,653
Cost of staging fundraising events	3,533	-	-	3,533	2,652
Charitable activities:					
Grants in furtherance of objectives	-	-	1,750	1,750	6,499
Costs of activities in furtherance of objectives	287,475	667,704	284,226	1,239,405	1,438,100
Other costs:					
Expenditure on managment and administration	100,193	-	-	100,193	147,681
Total	433,982	667,704	285,976	1,387,662	1,664,585
Net Incoming Resources before other recognised movements	(106,992)	313,547	68,814	275,369	262,083
Other recognised movements					
Project servicing costs and depreciation transferred between funds	(153,067)	(100,511)	253,578	-	-
Net Movement of Funds	(260,059)	213,036	322,392	275,369	262,083
Reconciliation of funds					
Total funds brought forward	1,020,444	1,004,621	363,126	2,388,191	2,126,108
Total funds carried forward	760,385	1,217,657	685,518	2,663,560	2,388,191



# TREASURER’S REPORT – Graham Middleton

As with most if not all Charity’s relying on donations as their principle source of income, fortunes will wax and wane over time. Projects, no matter how successful they may have been, run their course and make room for other opportunities to become the focus of tomorrow’s objectives. Those Charities that have carefully husbanded their resources will have invested their cash carefully, protecting themselves against the challenges of potentially less lucrative times and arming themselves to take full advantage of future initiatives to expand their charitable activities.

So it is for us. We have substantially withdrawn from delivering the National Citizens Service and as a consequence seen our income fall some 14% overall in 2017. We also saved the delivery costs of this project and a considerable amount of management time, the full benefit of which will become evident in 2018 and beyond as we re-invest the experiences gained into future opportunities to engage with young people.

Over the past few years, NCS proved to be very good for us. The outcomes for the young participants were generally excellent and we were efficient in our delivery. The surpluses over the years have enabled us to buy the freeholds of our two outdoor centres at Maes-y-Lade and High Row providing an excellent resource and permanent legacy for the future. Both Centres are operating successfully.

There is no doubt that our fortunes will diminish over the next few years as we work to replace the NCS project and we have been careful to set aside sensible cash sums so that we can keep our core activities expanding, we have some exciting opportunities emerging. We have earmarked £120,000 to fund the new innovations we are developing and for which, once established, we hope to base future fund raising activity. We have also maintained a £100,000 bursary fund to help our member clubs make use of our outdoor centres and £50,000 to fund overseas exchanges. We have also secured new funding for future Respect projects and plan to further develop our support activities for our members.

What will be stretched in this process is our core fund and again, while we are able to do so we have ring-fenced funds to ensure we can maintain the staff resource to protect this from the impact of any income reduction. We have also made sure that all potential liabilities arising from renegotiating Stubbers lease with the London Borough of Havering are covered.

Going back to last year, our core fund sustained a deficit of £260,059, this was effectively covered by surpluses on our Designated Fund activities of £213,036 and Restricted Fund activities of £322,393 netting out to an overall surplus of £275,369, similar to 2016. This means of course that the work we do aimed at training educating and generally developing young people continues to expand and gives us a great deal to do in chasing our charitable ideals over the next couple of years, but our core activities also need this continual expansion and we are refocussing our fundraising to ensure this happens also.

With Restricted Funds of £685,518; Designated Funds of £1,217,657; and Core funds of £760,385, most of which is invested in outdoor centres, we are very well positioned to deliver a purposeful and exciting future for the youth of Essex and beyond.

- Sampfords YC

SNAC YC

Southend ABC

St Anne’s YC

St Cedds YC

St Ives Boxing Academy

St Josephs YC

St Pancras Boxing Club

St. Osyth Boxing Club
- Stanford le Hope CC

Sudbury ABC

Takeley YC

Tendring Volunteer Police Cadets

Thaxted YG

The Lion Club for Young People

Theydon Youth

Torchlight Youth Club

Trinity Family Centre
- Wanstead Rugby Club

WAY2000

West Ham Boys & ABC

Westminster House Youth Club

Westside ABC

White Hart Lane Boxing Academy

Wickford Town FC

Wix YC

Zone 1 (Africans UK’s Minority Integration Youth Club)



100 Mile Canoe Test Training on the River Chelmer



# CLUB NEWS

Established in 1939 as part of the Boys’ Club Movement, we were deeply involved with the development of grassroots sports programmes, 78 years later we continue to stay close to where we started but now support 120 affiliated youth clubs across Essex and East London. We offer a large activity programme, training, opportunities and support for both young people, volunteers and committees to enable both new and existing youth provision to develop. Young people are at the heart of what we do and we are always looking at new and exciting opportunities for our clubs and young people to take part in.

# YOUTH INVESTMENT FUND

In 2017 we were awarded a £600,000 grant from the Youth Investment Fund to provide Redbridge, Barking and Dagenham and Havering with a new inclusive youth club in each area. These clubs have been set up for young people aged 10-25 yrs, with an inclusive youth work curriculum in place including sport and activities – to cater for young people with and without disabilities.

We are working in partnership with affiliated clubs Ab Phab and Frenford Clubs, local councils, schools, colleges and young people to ensure the clubs are set up to benefit the communities around them.

# CANVEYS BIG LOCAL £1 MILLION

In 2015 funding was secured by local residents who consulted with their communities to bid for the £1m on Canvey Island. EBGC’s role is to act as the Local Trusted Organisation, also employing a member of staff to oversee the project– Gerry Smith.

Gerry has worked hard alongside the committee to continue to raise the aspirations and skills of the residents by working with other organisations locally including Essex Youth Service and Yellow Door to bring opportunities such as the mobile youth bus on a regular basis to First Avenue to engage with the local Young People. Other successes so far have been a swimming project with a large and successful volunteer swimming club based at the Waterside Farm pool and also the creation of a new play area at the ‘Lake’ along with Canvey Town Council.



2017 Keystone Awards for Voluntary Service		
Patron’s Award for 60 years’ service	Graham Sandy	Frenford Clubs
Platinum Award for 40 year service	Keith Cranmer	Ingatestone Boys Own Club
Silver Award for 20 year service	Ruth Hughes	North Avenue youth Centre
Bronze Award for 10 year service	Gary Copeland	Bancroft Lions CC
	Dave Walcott	Bancroft Lions CC
	Gordon Charlesworth	Essex University Boxing Club
	John Griffin	Centurions BC



# EBGC TAKE TO THE SKIES

## NEPAL ADVENTURE

In August 2017, 10 young people and 2 staff members flew 16 hours around to world to Nepal. After spending a couple of days in the city of Kathmandu we got ready for the hike to Barpak; a small mountain village in the Himalayas. After 8 days hiking and sleeping under canvas we made it. The time in the village was spent living amongst the local community submerging ourselves in the local culture which involved, being welcomed to the village by the local school, spending time with the young people of the village and handing over donations to the Mothers Group. After a couple of days in the village it was time to head down towards the River. We set off walking steep downhill in hot sun. We were lucky to have the opportunity to spend the next few days White Water Rafting down the River Trishuli on rapids graded 3+, one of our rafts even managed to go for a swim! After an exciting couple of weeks the group made the long bumpy bus journey back to the city for the last couple of days before heading home.

“I want to go back again next time! It was truly amazing, I have learnt so much from this trip”

**Attendees:** Alice Ferris, Cerys Dunmow, Charlie Shaw, Chloe Mayo, Emily Orchard, James Castle, Katie Chester, Lauren Hill, Sarah Ray-Dobson and Scott Peckham. **Staff:** Jay Solder & Rebecca Stanley



## AMERICA

The America challenge is a 3 week trip to Tennessee, to experience The Great Smoky Mountains, The Appalachian Trail and work alongside the Boys & Girls Clubs of America. Here are some comments from 2017 participants:

“For me personally, the time away from civilisation has helped to put life into perspective and I have learnt to not take as many things for granted. Common day-to-day scenarios such as drying with a towel, drinking fresh water and sleeping on a mattress are all taken for granted and this opportunity has helped me to appreciate the smaller things in life; a valuable life lesson.” – Sam Rodriguez

“Being at the Boys and Girls Clubs of America was such a good experience, it has made me want to go back out there and work for them, all the kids were so polite, they all got involved in everything. This trip is the best I’ve ever had. My dream was to go to America and the Boys and Girls clubs provided me with the opportunity to do so. The views were amazing and my experience was great! – Rachel Evans

**Attendees:** Claire Hodgson - Durham BGC, Lauren Welsh - BGC Wales, Sam Rodriguez - Linford Wanderers, Rachael Evans - Chalvedon Boxing Club & VTeam member. **Staff:** Amiee-Mae Egerton & Steve Hutson



# VOLUNTEERING

*In 2017 the VTEAM totalled up a massive 12,416 hours of volunteering!  
182 individuals contributed to this amazing number!*

The VTEAM are a group of individuals that support EBGC events, projects and affiliated youth clubs. They are given various training opportunities for personal development such as Intro To Youth Work delivered in partnership with Essex County Council, Residential Experience, Communication, Leadership, Teamwork, Confidence and Disability Awareness workshops and the opportunity to achieve qualifications such as completing their Level 2 Safeguarding Qualification.

*The VTEAM supported 15 EBGC events in 2017! And we couldn't do it without them!*

We feel it's important to show our appreciation for the amount of hours the volunteers put in and after receiving funding from Awards for All, The Big Lottery Fund we were able to reward some of the VTEAM with a trip to the Lake District for more outdoor Adventure and training.

*"Definite confidence booster and it was great to interact with the other volunteers. Definitely recommend it to others and definitely want to come back"*

**12 416 HOURS OF VOLUNTEERING IN NUMBERS**  
You could.. Sail around the world **11 times**, run the marathon **1407 times** or watch **7504 football matches!**

*"EBGC has not only given me great opportunities and a larger network of people but they have helped me help others, making me realise what it is I want to do in my future career."*



TRAINING



ADVENTURE



FRIENDS



INTERNATIONAL TRIPS





For the second year running The Jack Petchey Foundation have funded the EBGC Annual Sports and Events Programme with the aim of engaging 1800 young people across our affiliated clubs. This has allowed us to add new events such as the Lee Valley Cycle Day and Hadleigh Park Activity Day. The programme will end in July with a celebration event, celebrating young people and clubs achievements.



**LET THE FUN BEGIN!**

**“LIFE BEGINS  
AT THE END  
OF YOUR  
COMFORT  
ZONE”**





# OUTSIDE IS WHERE THE ADVENTURE BEGINS

## A MESSAGE FROM MAES Y LADE

Maes y lade, the EBGC centre nestled at the foot of the Black Mountains in South Wales has continued to grow in 2017 with an increase in numbers of young people staying at the centre and development of the site with 63 beds now available for visiting groups as well as additional space for camping. This has all been possible thanks to the support of EBGC member clubs, schools and voluntary groups in Essex and East London. The number of young people that we welcomed to the centre was over 600 more than in 2015 with 1,600 young people taking part in residential outdoor experiences with us this year! It is great to welcome EBGC clubs on specific club trips as well as hosting multi club events such as Easter Cup, the Representative Football Squad tour and 100 mile canoe test training along with Volunteer and Young Leader Training as well.

Against the spectacular back drop of the Brecon Beacons National Park our focus remains to create opportunities for real adventure, getting into the outdoors to conquer mountains, paddle rivers, explore caves, mountain bike trails, climb on real rock and scramble through gorges and waterfalls. We are looking forward to seeing even more club members and leaders in 2018!

Maes y Lade is one of three EBGC outdoor centres and complement the High Row Centre in the Lake District and the Stubbers Adventure Centre in Upminster, London Borough of Havering.

## EXCITING NEW VENTURES LAYER MARNEY OUTDOORS

Set in the grounds of Layer Marney Tower near Colchester, the centre is open to all of our affiliated clubs and their members (9yrs+) at subsidised prices. You will have access to a wide range of activities including kayaking, raft building, laser tag and rifle shooting, plus many more!

Please contact [bookings@essexboysandgirlsclubs.org](mailto:bookings@essexboysandgirlsclubs.org) for more information, including prices.

<http://www.essexboysandgirlsclubs.org/what-we-do/our-adventure-centres/>

Address: Layer Marney Outdoors, Layer Marney, Essex, CO5 9US



Layer Marney Outdoors, Located near Colchester, Essex

## OUR ADVENTURE CENTRES



Maes Y Lade Centre located in the Beautiful Brecon Beacons.



High Row located at the foot of Carrock Fell, The Lake District



Stubbers Adventure Centre Located in Upminster, Essex

## EVENT RESULTS

### Matchroom Trophy

Awarded to the Club that helped itself the most in 2017:  
**Braintree Youth Project**

### Kaylance Trophy

Awarded to the Club with highest attendance at EBGC events in 2017: **Rayne Boxing Club**

### Air Rifle Shooting Championships 2017

U14 Winner: Sampfords YC  
U14 R-up: 4Youth  
U16 Winner: Dagenham BC  
U16 R-up: 4Youth  
U14 Top Gun: Charlotte Arnold (Sampfords YC)  
U16 Top Gun: Mack Kempton (Dagenham BC)

### Easter Cup 2017

Winner: Centurions 'B'  
R-up: Bancroft 'A'

### Laser Tag Competition 2017

South Winner: Wickford 'E'  
South R-up: Linford 'B'  
North 3-aside Winner: Rayne BC 'A'  
North 4-aside Winner: Colne Engaine 'A'

### Table Tennis Championships 2017:

U12's Winner: Aman Razaq (Frenford)  
U12's R-up: Kasim Razaq (Frenford)  
U14's Winner: Aidan Noguchi (IBOC)  
U14's R-up: Ahmed Zahid (Frenford)  
U16's Winner: Farhaan Ahmed (Frenford)  
U16's R-up: Zeeshan Mujitaba (Frenford)

### 100 Mile Canoe Test 2017 participants

**St Joseph's YC:** Russell Mears(Club Leader), James Mears, Steve McGovern, Sean McGovern, Claude Nkundabanyanga  
**Sampfords YC:** Josh Cole, Ben Harper  
**St Marks College:** Callum Stock, Angus Noakes, Rupert Shephard  
**2<sup>nd</sup> Upminster Scouts:** Ian Burton, Ray Bridger, Owen Herd, Matthew Ingleson, Oliver Sparks, Alexandre Poignant,

Samuel Bridger  
**Rayne BC:** Jack Deer, Hannah Mortier, Danny Cargill, Casey Bennett  
**Vteam:** Pawel Pawlowski

### EBGC Angling Competition 2017

Winner: Josh Cole (Sampfords YC)  
R-up: Josh Shane (Sampfords YC)

### Adventure Weekend - Attending clubs

4Youth Brightlingsea, Colne Engaine Youth Club, Ingatestone Boys Own Club, North Avenue YC, PROSPEX, Rayne Boxing Club, Royals Youth Centre, SNAC YC, St Cedds YC, St Joseph's YC, Thaxted YG, Westminster House Youth Club, Wickford Town FC, Llwynapia Boys and Girls Clubs, BGC Wales, Nottinghamshire CYP, Durham Boys and Girls Clubs Brandon Carrside , Chesterton Vision Voluntary Youth Club, Wyndham BGC

### Chelmsford Dodgeball Competition

Winner: North Avenue YC

### Redbridge Dodgeball Competition

Winner: Bancroft Lions CC

### Colchester Dodgeball Competition

Winner: Bergholt YC

### Night Exercise 2017

Winner: Rayne ABC  
R-Up: Bancroft Lions CC

### Cross Country Championships 2017

**U11 Boys** Team Centurions BC  
U11 Boys 1st - Stanley Hobbs (Centurions)  
U11 Boys 2nd - Andrew Haslip (Centurions)  
U11 Boys 3rd - Charlie Fagan (Crown and Manor)  
**U11 Girls** Team Centurions BC  
U11 Girls 1st - Ruby Glynn (Centurions)  
U11 Girls 2nd - Ruby Getty (Centurions)  
U11 Girls 3rd - Lara Walcott (Bancroft)  
**U13 Boys** Team Linford Wanderers  
U13 Boys 1st - James Richardson (Colne Engaine)  
U13 Boys 2nd - Jack Smith (Ingatestone)  
U13 Boys 3rd - Morgan Saunders (Linford)  
**U13 Girls** Team St Josephs YC

U13 Girls 1st - Ruby Guynon (St Josephs)  
U13 Girls 2nd - Charlotte Kennedy (St Josephs)  
U13 Girls 3rd - Martha Tristan (St Josephs)  
**U15 Boys** Team Crown and Manor  
U15 Boys 1st - Lewis Walcott (Bancroft)  
U15 Boys 2nd - Bobby Coventry (Crown and Manor)  
U15 Boys 3rd - Percy Winter (Crown and Manor)  
**U15 Girls** 1st - China Brown (Westminster)  
U15 Girls 2nd - Laura Van Royven (Centurions)  
U15 Girls 3rd - Jamaica Douglas (Westminster)  
**U17 Boys Team**  
U17 Boys 1st - Josh Boyd (Centurions)  
U17 Boys 2nd - Kaylem Moore (Centurions)  
U17 Boys 3rd - Liam Kemp (Centurions)

### Boxing Club Challenge 2018

Winners: Centurions BC

### Skippping Championship 2018

Junior Winner: Ashton Byrne (Linford Wanderers)  
Senior Winner: Josh Boyd (Centurions BC)

### Lee Valley Cycle Day

Clubs in attendance: Chelmsford Hylanders, Sampfords YC, Crown and Manor, Frenford, Bancroft Lions CC

### EBGC Activity Day 2018

Clubs in attendance: Ab Phab, Bancroft Lions CC, Prospex, Chelmsford Hylanders, IBOC





# BOXING CHAMPIONSHIPS



EBGC hosted the first 4 stages of The National Amateur Boxing Championships. The event took place at Live At The Roundhouse in November 2017. 39 clubs competed with 169 boxers battling their way to be crowned champion. Well done to all the boxers that competed!

Picture: Chadwell St. Marys Boxing Club Vs St. Marys Canterbury Boxing Club



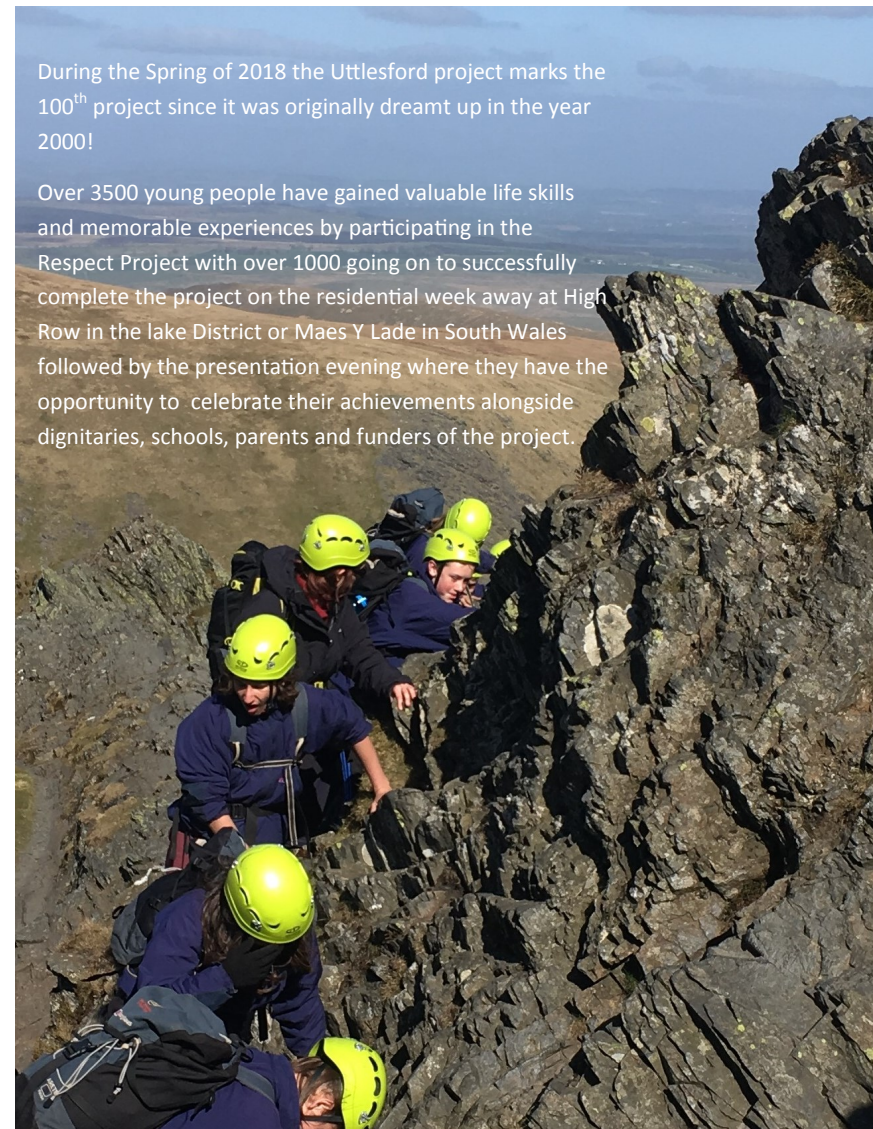
## RESPECT

We have seen some fantastic outcomes over the years which are reflected in the following quotes:

*'All the students have greatly benefited from the Respect Project. What they have obtained from it is a huge boost to their self-confidence and self-esteem. They have proved to themselves that they are capable of achieving and completing activities they never thought they could do. In school we have noticed over the past year that all of them have matured, they are more confident with their peers and also with coping with the pressures of their GCSE studies. There is no doubt that the Respect Project has taught them valuable Life Skills which is going to stand them in good stead for when they leave school'*

*'Nicole has been much better equipped to deal with her negative emotions since the project. Her focus at school has improved and in turn her academic achievements. I will be forever grateful for all the help the project has given to Nicole. Thank you from the bottom of my heart.'*

*'From my experience this programme has changed so many young adults lives in many different ways, in some cases they have become more resilient through it. In others they have become more confident and respectful towards others around them but it has definitely changed their outlook towards life. Being able to be apart of so many achievements for both staff and participants, and doing something I never thought I would be able to do but once completed looking back the feeling of accomplishment was just amazing'.*



During the Spring of 2018 the Uttlesford project marks the 100<sup>th</sup> project since it was originally dreamt up in the year 2000!

Over 3500 young people have gained valuable life skills and memorable experiences by participating in the Respect Project with over 1000 going on to successfully complete the project on the residential week away at High Row in the lake District or Maes Y Lade in South Wales followed by the presentation evening where they have the opportunity to celebrate their achievements alongside dignitaries, schools, parents and funders of the project.





**NABC London and Anglian Regional Champions 2017**

**MALE Champions - Anglia**

**Class A**

Under 40kg – Arnie Dawson (Holland Shore ABC)  
Under 48kg – Devon Lockwood (Attleborough BC)  
Under 57kg – Bradley Wilkinson (Norwich City ABC)  
Under 60kg – Jack Wiffen (Sudbury ABC)  
Under 66kg – Kacper Kozak (Peterborough Police BC)  
Under 75kg – Tommy Fletcher (Attleborough BC)

**Class B**

Under 46kg – Harvey Smith (Chadwell St Mary ABC)  
Under 48kg – Eryk Ciureja (Fenland Sparta ABC)  
Under 50kg – Jordan Saunders (Chelmsford ABC)  
Under 52kg – Taylor Jackson- Smith (Chelmsford ABC)  
Under 57kg – Harry Blackhall (Chalvedon ABC)  
Under 60kg – Jerry Buckland (Billericay & Wickford ABC)  
Under 63kg – Luke Brook (Hockley ABC)  
Under 66kg – Ben Brook (Hockley ABC)  
Under 75kg – Jim Head (Billericay & Wickford ABC)

**Class C**

Under 64kg – Jimmy Croxson (Chadwell St Mary ABC)  
Under 69kg – Reece Wade (Essex University BC)  
Under 75kg – Regan Lazenby (March ABC)

**Class D**

Under 69kg – Paul Gordon (Harwich BC)

**Female Champions - Anglia**

**Class A**

Under 66kg – Isabella Buckland (St Osyth BC)

**Class B**

Under 60kg – Ruby East (Sudbury ABC)

**Class D**

Under 75kg – Rhiannon Garrard (Chelmsford ABC)

**MALE Champions - London**

**Class A**

Under 54kg – Danny Pearce (Bodyshots BC)  
Under 60kg – Oscar Gray (Repton Boys Club)  
Under 70kg – Jay Singh Basi (Fairbairn ABC)  
Under 75kg – Shaun Gailbraith (West Ham Boys Club)

**Class B**

Under 52kg – Thomas Rolfe (Repton Boys Club)  
Under 54kg – Marley Watts (Earlsfield BC)  
Under 57kg – Adan Mohammad (Repton Boys Club)  
Under 60kg – Bill Oliphant (Bodyshots BC)  
Under 63kg – Martin McDonagh (Fairbairn ABC)

**Class C**

Under 52kg – Ismael Islam (Repton Boys Club)  
Under 56kg – Ruhel Miah (Islington BC)  
Under 64kg – Ewan Jenkins (Islington BC)  
Under 75kg – Georgie Brown (Harrow BC)  
Under 81kg – Tommy Hyde (Bodyshots BC)

**Class D**

Under 56kg – James McDonagh (Northolt BC)  
Under 60kg – Jahid Munim (West Ham Boys Club)  
Under 64kg – Harkmal Singh (Fairbairn ABC)  
Under 69kg – Tom Bennett (Repton Boys Club)  
Under 75kg – Thomas Gailbraith (West Ham Boys Club)  
Under 81kg – Terry Conroy (Lansbury BC)

**Female Champions - London**

**Class A**

Under 57kg – Kamile PoskauskYTE (Harrow BC)

**Class D**

Under 64kg – Amy Broadhurst (Islington BC)

**NABC National Finalists 2017**

**Class A**

Under 40kg – Jon O’Donnell (Hooks ABC)  
Under 42kg – Nelson Smith (Repton Boys Club)  
Under 46kg – Charlie Hickford (Repton Boys Club)

Under 50kg – Bailey Wallace (Dagenham P&C BC)  
Under 50kg – Dylan McDonagh (Hooks ABC)  
Under 57kg – Patris Mughalzai (Hooks ABC)  
Under 66kg – Joshua Sholoye (White Hart Lane BC)  
Under 70kg – Oliver Dragisic (Holland shore ABC)  
Under 75kg – Brook Eaton (Five Star)

**Class B**

Under 44kg – James Josling (Chadwell St Mary ABC)  
Under 66kg – Michael Burke (Bodyshots B)

**Class C**

Under 49kg – Amo Singh (Repton Boys Club)  
Under 56kg – Kieran Desmond (Chadwell St Mary ABC)  
Under 69kg – Michael Hennessy (Bodyshots BC)

**Class D**

Under 81kg – Patrick Allen -Cripps (Harwich)  
Under 86kg – Jack Daly (East London Boxing Academy)

**NABC National Champions 2017**

**Class A- Boys**

Under 44kg – Tariq Agius (Dagenham P&C BC)  
Under 48kg – Billy Adams (Dagenham P&C BC)  
Under 52kg – Barney Doherty (Repton Boys Club)

**Class A- Girls**

Under 52kg – Sameenah Toussaint (Northolt BC)

**Class B- Boys**

Under 50kg – Dennis McCann (Repton Boys Club)  
Under 70 kg – Patrick Connors (West Ham Boys Club)

**Class C- Boys**

Under 60kg – Jimmy Sains (Repton Boys Club)

**Class C- Girls**

Under 54kg – Maisey Rose Courtney (Bodyshots BC)  
Under 64kg – Harli Whitwell (St Ives BC)

**Class D- Boys**

Under 75 kg – Lewis Richardson (Essex University BC)  
Under 91 kg – Viddal Riley (West Ham ABC)



# ESSEX FOOTBALL AND CRICKET REPRESENTATIVE SQUADS

**U12 Rep Cricket Squad 2016/17 Bancroft Lions CC:** Ben Walcott, Charlie Dobinson ,Ibrahim ShamyI, Josh Mackwell, Shivan Aggarwal, Scott Cobbold, Henry Knight, Mustafa Suleman. **Belhus CC:** Teddy Waters, Thomas Anderson. **Frenford:** Adnaan Kothia, Kazmeen Ul-Hassan, Ashwin Sharma, Dhruv Talati , Abdulah Rehman Ismail, Raees Dakri, Maaz Mohammed, Arjun Bhardwaj. **Loughton:** Caspian Coupe, Harry Boparai, Ossie Elliot, Nathan Piquito, Philip Thoufick, Shaamil Ramzan, Usman Ul Haq, Ali Zeb. **Maldon CC:** Laurence Wright. **Stanford Le Hope CC:** Aiden Poskitt.

**U14 Rep Cricket Squad 2016/17 Bancroft Lions CC:** Nathan Campbell-Miller, Henry Edmonds, Lewis Walcott, George Copeland, Dev Parmer, Max Slight , Joe Smith, Jameel Mulla. **Belhus CC:** Joshua Clarke, Sam George, Joe Tomlinson. **Billericay CC:** Aryan Malik. **Frenford:** Omar Akram, Faizel Gani, Mitkumar Patel, Qasim Nawaz, Asher Rollins, Umer Khalid , Umer Imtiaz, Hasan Kashif, Abdulaziz Gani. **Loughton CC:** Teddy Gipson, Ben Copsey, Isaac Jacobs, Louie Blank , Essam Asim, Zain Latif , Shaamil Ramzan , Jack Feather, Joe Walton, Uzair Ahmed. **Maldon CC:** Joe Gregory , Joe Entwistle, George Lavender , Cameron Blackboro. **Stanford Le Hope CC:** Michael Pearn. **Upminster CC:** Nathan Brown, Jai Mayor.

**U18 Rep Cricket Squad 2016/17 Bancroft Lions CC:** Ethan Bell , George Pigram. **Belhus CC:** Bradley Bounce, Zac Wilson. **Frenford Clubs:** Bhajandeep Singh Purenal, Sagar Joshi, Arpit Patel, Danial Mahmood, Ryan Karunakaran, Prath Joshi, Hanif Khan. **Loughton CC:** Sharad Kerai, Neal Jani, Husnain Ramzan, Kaif Ramzan. **Maldon CC:** James Gregory, Joseph Davies. **Stanford Le Hope CC:** Kian Hales, Freddie Hales. **Upminster CC:** Kiran Kullar, Arun Kullar, Max Carter-Miller, Ryan Brown.

The Essex Football and Cricket Representative Squads are made up of talented young people from affiliated clubs around the county. Their talent, dedication and commitment to their sports wins them a place in the Rep squad. Our Representative Cricket Programme developed further this year, enabling us to create 200 high level cricketing experiences involving 92 different cricketers from within our club network. This gave the young people the opportunity to play against elite teams at prestigious grounds such as: Eton College, Winchester College and Harrow School. Other sporting opportunities included participating in the **UK wide Football Tour** that took place in 2017.

**U16 Rep Football Squad 2016/17 Epping Forest Falcons:** Jack Browne. **Linford Wanderers:** Cavan Goodley, Owen Tokley Palmer, Taylor Messer. **Wickford Town:** James Powell, Callum Barrett, Jack Fealy, Kenneth Ojukwu, Ben Bevan, Connor Dobson-Amos, Teddy Baker, Jake Farthing, Walid Zidani, Luke Cassidy, Liam Reed, Josh Walpole.

### Graham Dady Trophy 2017

For performance, sportsmanship and commitment as a member of the Representative Football Squad: **Jack Major (Gt Bardfield YC)**



Cricket Representative  
squad sponsored by  
**IMPEX**