ESSEX BOYS ESSEX AND GIRLS CLUBS

Annual Review 2020/21



Working with voluntary youth clubs to support young people to realise their potential

PATRONS

The Lord Lieutenant of Essex, Jennifer Tolhurst, The Lord Petre, KCVO, KstJ

VICE-PRESIDENTS

Mrs June Owen.

Sir J. Petchey CBE, R.M. Williams FITE, R. Smith, J. McAlonan, The Lord Dixon-Smith DL.

VOLUNTARY EXECUTIVE COMMITTEE

CHAIRMAN: The Vice Lord Lieutenant of Essex,
Jonathan Douglas-Hughes OBE DL
VICE-CHAIRMAN: Michael Dyer MBE, HON.
TREASURER: Graham Middleton FCA,
COMMITTEE MEMBERS:

Peter Drummond, David Springett, Assistant Chief Constable Tracey Harman, Julie Fosh.

BANKERS C.A.F. Bank Ltd.

AUDITORS Ashings Chartered Accountants

ACCOUNTANTANTS Spencer Fellows & Co

ACTIVITY CENTRES

High Row Centre

Hesket Newmarket, Wigton, Cumbria, CA7 8JT

Layer Marney Outdoors

Layer Marney, Essex, CO5 9US

Maes Y Lade Centre

Tregoyd, Brecon, Powys, Wales, LD3 0SS T: 01497 847236 www.maesylade.org

STAFF IN 2020/21

County Director: Martin Solder

Assistant Directors:

David Hassard Kevin Bowers

CLUB DEVELOPMENT TEAM

Club Development Lead:

Rebecca Stanley (Maternity Leave)

Club Development Officers:

Sue Pell, Lynsey Roper,

Jamie Drummond
Club Servicing Officers:

Richard Bonnington

PROJECTS TEAM

Projects Manager:

Jay Solder

Projects Lead:

Bruce Page

Projects Workers:

Keith Cranmer

RANK Aspire:

Raven Gibson

Rank T2S:

Jessica Plumbley

NCS Recruitment and Engagement Lead:

Andy Moore

ADMINISTRATION TEAM

Finance Officer:

Malcolm Cummings

Volunteer Administrator:

Val Hoines

Fundraising Officer:

Jenny Squibb

MAES Y LADE:

Maes Y Lade Centre Manager:

David Hassard

Maes Y Lade Staff:

Paul Clarke, Luke Doell, Ollie Gunton

KICKSTART SCHEME

Media and Marketing Assistant:

Dominic Edwards

Admin Assistant

Jade Oddy

Trainee Sports Coach:

Jake Hewitt-Brown

Outdoor Trainee:

Stanley Pennick

Jessica Rayner

......

Youth Club Support:

Veshal Wilson

Director's Report

I could start by saying what an odd year it has been, although that would be an understatement. Like everyone else Covid has had a dramatic impact on our work and that of clubs over the last 18 months. Immediately the virus hit and our operation changed from face to face to virtual as we provided youth clubs a raft of online opportunities for young people to stay connected and be involved. Whilst it was a great relief to some I still believe that there is no substitute for face to face contact. The brief relaxation of restrictions in the summer of 2020 enabled us to finish the delivery of several Respect programmes and also deliver some outdoor days at Layer Marney and deliver a small NCS programme. We have also been able to keep our schools working through the outdoor centres by bringing the outdoors to them.

Our usual sports programme has pretty much been on hold and whilst we have delivered some activity it is not what we would usually do. As I write we are gearing up for what promises to be a very busy summer programme with NCS, Outdoor Adventure and Holiday Hunger programmes all feature highly.

We have been able to hold onto the majority of our staff and have not made any redundancies over the last year thanks to the governments furlough scheme. Financially we are well placed to continue our work when we are able to get into full swing.

The focus over the coming year will be to assist our clubs in enabling them to reopen once they are able to do so. It has become clear to us that young people have been particularly hard hit by the pandemic. Bereavement, anxiety about education, engaging with others, school, employment and what the future holds for them are all issues that weight heavily on their minds and just getting young people out of their bedrooms and doing something positive is going to be a challenge. There is no doubt in my mind that our clubs will be an integral part of the solution going forward.

We thank everyone for their support over the last year or so. We look forward to working with you in the coming year and meeting the numerous challenges that Covid has created for our clubs their leaders and especially the young people in them.

Martin Solder



Online Provision

Over the last year, our events and activities programme has been run slightly differently to previous years. In light of the pandemic we took most things online and engaged with young people virtually. We ran a weekly online youth club bringing young people from across the county together online, and we also held various Club Leader and young people training sessions. We trained over 150 people in Mental Health Awareness courses. We were able to utilise our social media platforms to engage with our club network and we hosted a variety of Sports sessions and Cook Along sessions.

As and when lockdown restrictions eased for short periods of time, we ran taster activity days at Layer Marney Outdoors, and various mobile activity days around the county. We successfully ran 3 fishing championships throughout the year - one of which was hosted by Sampfords Youth Club in Little Walden, another hosted by Ingatestone Boys Own Club at Ingatestone Hall, and another hosted by celebrity Bobby George in his back garden. What we have been able to achieve over the past year has only been possible because of the support from our affiliated club network.



Results

Christmas Card Competition 2020 Winner: Emily Montague, Aged 10, 4Youth Brightlingsea

Photography Competition 2021 Winner: Amy Croucher, Aged 16, PROSPEX

Fishing: Congratulations to Keanan from Patrick Wilson SOB for the biggest catch!

Representative Football:

Squad - William Allen, Jamie Webb-Kelly, Fola Adenrele, Shay Dyer-Greene, Brooklyn Orabuche, Sam Marriott, Josh Gordon, Louis Halliday -**Linford Wanderers**

Sam Harrison, Max Bellamy - Mornington FC

Jed Thomas, Brad-Lee Stone - Island Boys & Girls
Club FC

Joshua Stevens - Canvey Island

Ilyes Acid, Habeeb Balogun, Flavio Ca-Landim - Crown and Manor Club

Lucas Cotelli, Zishan Amin, Kearon Caynes - Frenford Clubs

Owing to the lockdowns, EBGC Rep Football Squad had one fixture vs Norwich City FC on Saturday 5th December. The EBGC Squad travelled to 'The Nest', their training ground to face a strong Norwich City. The lads dug deep, however they were on the end of an 8-2 defeat. Man of the match: Kearon - a great engine in central midfield who worked tirelessly on and off the ball.





Erasmus+

Erasmus+ is the European Union's (EU) programme to support education, training, youth and sport in Europe, and Essex Boys and Girls Clubs were fortunate enough to secure funding from this programme prior to the UK leaving the EU. The main part of our "Bushcraft as a Youth Work Tool" began by visiting Cyprus to work with the other Partners on showing some of the skills they can use to engage young people. We also wanted to know what they expected from the programme as some of the partners do not have access to the classic outdoor environment.

It was valuable to meet with other youth workers, get their opinion and learn from their own experiences. The most popular session included games and tricks to get young people to focus on their surroundings.

Part of the programme is to provide the partners with an Online toolbox with session plans, PowerPoints, practical videos, other outdoor activities, and games, we have decided on over 50

practical videos showing each skill in detail for the partners to learn from or to show directly to the young people where they do not have access to an outdoor space at that that time.

Due to the Covid travel restrictions the programme has been extended for another year. So hopefully we can return to visiting the other partners in Romania, Italy, and Ireland as soon as possible!

Layer Marney Outdoors

With all the uncertainty the last year has given us, it has been fantastic to still give young people from our club's valuable outdoor experiences at Layer Marney Outdoors. We have had to be inventive and adapt all our activities to include group numbers, social distancing, masks and regular cleaning to ensure that we are operating in a COVID safe way.

During the summer we opened the centre to our clubs as they could not meet in an indoor setting. This gave the young people and leaders the opportunity to see each other for the first time in months.

We have been running a Forest school in Harlow. It has been great to use LMO for them to put all the skills they have learned on the school field into practice in a real woodland.

We have also had Visits from our Respect Projects. Being unable to travel to one of our centres in Wales or The Lake District we ran outdoor activities at Layer Marney Outdoors during October half term, so the groups did not miss their online schooling.

Maes Y Lade

I think it is fair to say that 2020 obviously turned out very differently to what we were all expecting when the year began! Whilst we were able to complete residential projects and school weeks at our centres in the first few months of the year, subsequent lock downs and social distancing throughout the rest of the year meant we had to adapt the way that we worked after that. This meant thinking creatively and with young people unable to come to the mountains, we had to try our best to bring the mountains back to Essex! Local outdoor learning days in school grounds, nearby parks and nature areas helped us to do this. It gave the young people we worked with a chance to explore and discover areas in their locality that they hadn't realised existed previously. For one young person finding a freshwater scorpion with their class mates whilst we explored a stream just down the road from their school was mind blowing! I hope experiences like this in 2020 will help foster an appreciation of nature and wild places locally and it highlights just how important it is for young people to have the opportunity to experience and learn in outdoor environments.

Looking forward to 2021, outdoor learning and residential experiences will be more important for young people than ever and we will of course look forward to welcoming back clubs and groups to Maes y Lade, High Row and Layer Marney as soon as we are able to.

Harlow Fields - Forest School

Harlow Fields school is a special needs school and due to COVID-19 restrictions they could no longer visit a local college for cooking and workshops which they would have normally.

Essex Boys and Girls Clubs have put together a 6-week rolling project focusing on personal independence and teamwork whilst relating their everyday choices to the outdoor setting especially staying warm and dry. We visit the school each week and use sessions such as shelter building, fire safety, or observation to build on their awareness of their surroundings, and games to help them work and communicate with each other effectively.

On the 6th week, we invite the class to Layer Marney Outdoors to put all the skills that they have learned into practice in a real woodland, where they build their own debris shelters, work together to get the campfire lit and boil water for hot chocolate and cook some marshmallows or popcorn over the fire, a really lovely way to conclude the project and see how far the individuals have come by us working with them on a weekly basis.



RESPECT Projects

We have done all we can to help the young people continue our Respect Projects despite an everchanging landscape and it has been an exceedingly tough time for the Respect Projects gaining the schools and parents' trust. However, we have had some fantastic young people continue to complete the projects we started early last year.

Colchester, Thurrock, Chelmsford Respect Projects

These projects had already completed their activity days and were well into the life skills part of the project, therefore it was relatively easy to stay connected online through Zoom and messaging as we had the time to build up a rapport with the young people.

During August, once the first lockdown had been lifted, we invited the young people to Layer Marney Outdoors. This was to get them out and active, and get the groups to bond after such a long time apart. The young people were noticeably quiet and anxious. One of the young people said it was only the second time he had left his house since March. The difference in their body language and confidence was so obvious after just a few hours outside chatting and taking part in activities together.

Because we were unable to travel to our residential centres and because the groups had already missed a lot of school due to lockdown, we devised a programme consisting of canoeing, hiking, and outdoor activities at Layer Marney Outdoors during the October half term. The first day they canoed the river Chelmer from Chelmsford to Heybridge, the second day was a hike from Heybridge to Tollesbury, and the third day was the final part of their hike from Tollesbury to Layer Marney Outdoors. Once at LMO they still had the energy to play Laser Tag before finally sitting around the campfire eating burgers and

sausages whilst chatting, singing, and telling jokes. Their last day was spent packing and cleaning all the boots and waterproof clothing they had used.

Finally, we held a presentation evening in the beautiful Layer Marney Tower where we were joined by Julie Fosh – the High Sheriff of Essex who presented the awards to the young people. We couldn't let parents miss out on this wonderful moment so we broadcasted the event live via Zoom so that those who wanted to attend could do so virtually! We made the most out of a bad situation and a lovely time was had by all. A special thanks to Julie Fosh for attending and presenting at the event.

Chelmsford Respect started as a standard project with 3 schools involved and 14 young people.

After 3 life skills sessions, lock down came and we went online. The young people attended 2 online life skills sessions per week from February to August when we did a challenging week of activities to round the project off.

After the project the participants that were remaining had bonded really well so we formed the Chelmsford respect canoe club and continues the project on water for another 8 weeks. The young people have remained in contact and plan on doing other activities with us.

Colchester Maximum Respect

This is a project where we select very disengaged young people who are at a possible risk of county lines involvement. We took part in the first week away of three in our Wales Maes Y Lade centre, just as the first lockdown came into place. But it soon became clear it would be difficult to re-engage with the young people who started the project, and they would be in a different year group by the time the young people could continue residentials. We spoke to The Charles French Trust and they agreed to transfer the funding towards one of our classic Respect Projects instead.

NCS

2020 has been an incredibly busy period for the EBGC NCS team. Across the Summer and Autumn of 2020, EBGC ran 3 NCS programmes with 96 young people taking part across South and West Essex.

Firstly, Keep Doing Good took place throughout August at Hadleigh Olympic Park. This provided young people with opportunities to take advantage of the park facilities to experience new outdoor adventure activities, socialise safely and take an active role in supporting their communities to get back up and running post lockdown through social action projects taking place around the park.

The Autumn half term programme provided excellent opportunities for the team and young people to return to Hadleigh. The team also developed partnerships with local charities and organisations to offer interactive life skills workshops on topics including politics, road safety and mental health. We also welcomed the Maes Y Lade team back to Essex to deliver exciting paddle boarding and kayaking sessions.

The final programme of 2020 was a first for NCS as the team ran a completely virtual programme which focused on bringing young people together online to socialise, consider how they could make a positive impact on their local communities, and develop life skills that will help them as they take their next steps in life.

All 3 programmes were well received by both the young people and their parents/guardians with the team receiving some excellent feedback which will be used to enhance future NCS programmes.

As a result of the impact of COVID-19 on NCS, many of the young people who benefitted from the 2020 programmes will still be eligible to participate in the full (hopefully) residential NCS experience in 2021.

Aside from our core NCS programmes, each NCS participant has been invited to continue working with EBGC both as a part of our club and volunteers networks and also to join our monthly Local Action Group (LAG) where they will have a chance to meet, plan and implement social action projects that will impact their local communities throughout the year.

Moving forward, the team are excited to be liaising with school partners, young people, and parent/guardians in planning and promoting a larger scale programme for Summer 2021.

If you or any of your club members are interested in finding out more about NCS, taking part in or working on our NCS programmes, please don't hesitate to contact the team by email NCS@essexboysandgirlsclubs.org





Statement of Financial Activities (including Income & Expenditure Account) for the Year ended 31st December 2020

Unrestricted

	Unrestricted General Fund	Designated Fund	Restricted Fund	Endowments	Total 2020	Total 2019
	£	£	£	£	£	£
Income and endowments from:						
Voluntary income: Donations and grants received Incoming resources from charitable activities:	30,312	729,663	346,352	-	1,106,327	774,680
Activities and course fees	34,949	253	_		35,202	44,206
Camping, accommodation and catering	87,093	-	-		ŕ	233,305
Other Trading Activities						
Fundraising events	2,487	-	-		2,487	37,247
Investment income	3,535	-	-		3,535	7,794
Other income	-	-	-	-	-	1,185
Total	158,376	729,916	346,352	-	1,234,644	1,098,417
Expenditure on: Costs of generating voluntary income:						
Staff employment costs	16,333	-	-		16,333	17,487
Cost of staging fundraising events	-	-	-		-	17,124
Charitable activities:						
Grants in furtherance of objectives Costs of activities in furtherance of objectives	140,498	- 649.221	368,522	192	1,158,433	- 976.998
Other costs:	,	* ,		-,-	-,,	- , - ,
Expenditure on management and administration	36,876	-	42,610		79,486	128,879
Total	193,707	649,221	411,132	192	1,254,252	1,140,488
Net Incoming Resources before other recognised movements	(35,331)	80,695	(64,780)	(192)	(19,608)	(42,071)
Net Gains on investments	62,512	-	-	-	62,512	-
Other recognised movements Project servicing costs and depreciation transferred between funds	107,213	(4,804)	(102,601)	192	-	-
Net Movement of Funds	134,394	75,891	(167,381)	0	42,904	(42,071)
Reconciliation of funds						
Total funds brought forward Total funds carried forward	856,968 991,362	1,273,000 1,348,891				2,802,923 2,760,852

Financial Review

The Covid disruptions have had a considerable impact on EBGC. The funding for our established projects has continued to flow but the suspension of activities impacted by the pandemic rules resulted in projects substantially mothballed and staff being furloughed. Despite the disruption to activities, funds designated for specific activities increased by £80,695. This is largely as a consequence of the delivery of funded projects being deferred. The Funds allocated to restricted projects however fell by £64,972 as projects funded in earlier years came to a natural end but were not replaced by new project funding.

The prudent past policy of ringfencing funds to cover long term contractual liabilities has also helped to maintain the current health of core funds. Overall, the Charity's aggregate deficit across all funds for the year totalled £19,608. Throughout the year, the Charity was constantly reviewing its forecasts of income and expenditure and actively balancing its activities to support young people with the economic circumstances, doing all it could. With its outdoor centres closed for much of the year the Charity is grateful to the resident Local Authorities for granting over £41,000 in Rates relief grants and to the Government providing £98,000 in furlough support for staff generally. This welcome support has helped to keep the organisation intact and viable and more than able to resume normal business when Covid restrictions make this possible.

As part of its preparations for post-Covid challenges, the Charity has re-examined the policies relating to elements of its reserves. Certain historic plans are no longer viable given the changes to the needs of young people in the current circumstances, and this has enabled the trustees to re-purpose existing reserves to ensure the organisation can maintain both its critical mass and its ability to weather the expected dearth in new funding anticipated to prevail over the next two or three years. It is anticipated that government sourced funds will come under pressure from a stressed economic environment.

Similarly, very many worthy and highly distressed charities will be making desperate claims on, for example, the National Lottery, and many of the charitable foundations that regularly support our work will themselves be under some pandemic induced financial stress. What funding might be available to the Charity Sector of the economy is likely to have to be spread very thinly.

Essex Boys and Girls Clubs have anticipated this and re purposed £500,000, previously set aside for relocating its premises, to cushion the anticipated risk. This puts the Charities finances in a very strong place, and it is hoped that this will encourage future funders to have the confidence to invest in the work that we do.

As ever our thanks to all those that have supported our work however large or small and especially our long term supporters Such as The Jack Petchey Foundation, The Rank Foundation, The National Lottery Community Fund, Essex Youth Trust, Youth Investment Fund, Youth Endowment Fund, Erasmus, Charles French Trust and a range of trusts organisations and individuals that support our everyday work. We are clearly indebted to them and very appreciative of all the support for our initiatives.

A-Z of Affiliated Clubs

Double Jab ABC 4 Youth Brightlingsea East London Boxing Club Ab Phab Eastern Rhinos Rugby League Club Albion Boxing Academy Eastgate Amateur Boxing Club Attleborough Boxing Club Epping / Debden Volunteer Police Bancroft Lions Cricket Club Cadets Basildon Boys & Girls Club **Essex Marching Corps Basildon Volunteer Police Cadets** Fairbairn ABC Belhus CC Fenland Sparta ABC Berechurch Youth Club Fight For Peace Bergholt YG Finchley & District Amateur Boxing Billericay and Wickford Boxing Club Club Five Star ABC Billericay Cricket Club Frenford Clubs Blackmore Youth Groups Gateway ABC Blackwater Judo Club Great Yeldham Youth Club **Braintree Volunteer Police Cadets** Gt Tey Youth Activity Club **Braintree Youth Project Charity Brentwood Voluntary Police** Cadets **Brentwood Youth Boxing Club** C.B.K. Boxing Academy Canvey Boys Club Canvey Island Youth Football Club Canvey Island Youth Project (Yellow Door) Castlepoint & Rochford Volunteer Police Cadets Centurions ABC Chadwell St Mary ABC Chalvedon ABC Chelmer Village YC Chelmsford ABC Chelmsford Boys' and Girls Club Chelmsford Ice Hockey Academy Chelmsford Inline Hockey Club Chelmsford Volunteer Police Cadets Clacton Voluntary Police Cadets Colchester ABC

Colchester Volunteer Police Cadets Colin McMillan Boxing Training Academy College of St Mark's Audley End Colne Engaine YC Cricklewood ABC Crown and Manor Boys Club Dagenham P&C Boxing Club Dale Youth

Halstead and Essex University **Boxing Club** Haringey Police & Community **Boxing Club** Harlow ABC Harlow Volunteer Police Cadets Harrow & District ABC Harwich ABC **Harwich Voluntary Police Cadets Hockley Boxing Club** Holland Shore Amateur Boxing Club Hornchurch District Water Activity Team Infinity Allstars Academy Ingatestone Boys Own Club INTERACT Island Bovs & Girls FC Islington Boxing Club Lifstan Boys' Club Limehouse Boxing Academy Linford Wanderers Football & Sports Club Loughton Youth Project Maldon Boxing Academy Maldon CC March Boxing Club Mersea Island Judo Club Mid Essex Boxing Academy Mornington Football Club **New Saints Boxing Club Newham Boys Newport Youth Club**

North Avenue YC Northolt ABC Norwich City ABC Old Skool Youth Club OUT THERE Peterborough Police Boxing Club Poplar Boys' and Girls Club Pound Lane Boxing Club Powerday Hooks Boxing ABC **PROSPEX** Purfleet Youth Club Rayne Boxing Club Repton Boys Club Rivenhall Youth Club Romford Drum & Trumpet Corps Roxwell Youth Group Royals Youth Centre Sampfords YC Seabrook Rise Youth Club SNAC YC Southend ABC Southend Volunteer Police Cadets St Annes Youth Club St Cedds YC St Ives Boxing Academy St Josephs YC St. Osyth Boxing Club Sudbury ABC **Tendring Volunteer Police Cadets** Thames PHAB YC Thaxted YG The Lion Club for Young People Theydon Youth Thurrock Volunteer Police Cadets Tiptree Community Youth Group Topyard School of Boxing Torchlight Youth Club **Trinity Family Centre** UMC PHAB Uttlesford Volunteer Police Cadets Wanstead YC WAY2000 West Ham Boys & ABC Westminster House Youth Club White Hart Lane Boxing Academy Wickford Town FC Witham Hang Out

Woodham Radars FC

Zone 1 (AfiUK's Minority

Integration Youth Club)



ESSEX BOYS AND GIRLS CLUBS

The Charity's object is to further the development and education of boys and young men and girls and young women, primarily but not exclusively in a single gender setting so as to help them achieve their physical, mental and spiritual potential, enabling them to grow to full maturity as individuals and members of society.

www.essexboysandgirlsclubs.org