

October 2021

# NEWSLETTER

ESSEX BOYS & GIRLS CLUBS : SUPPORTING YOUNG PEOPLE SINCE 1939

*"better to build boys & girls than to mend men & women"*



## Celebration Event

The celebration event held on 1st October at Gosfield Golf Club was a brilliant opportunity to bring clubs together to share and celebrate the achievements of our clubs, club leaders and volunteers. There were 70 people present including club leaders, volunteers, young people, EBGC committee members, and supporters and dignitaries including The High Sheriff of Essex Simon Brice. There were speeches from Bradley Walker who spoke about his journey through **North Avenue Youth Club**, EBGC staff member Cassie Maslin who spoke about her Respect journey and subsequent Coach Core Apprenticeship, followed by the awards. There were 13 Keystone awards presented. The Matchroom Trophy, which celebrates the club that attended the most events in the year, was awarded to **Pat Wilson School of Boxing** who attended 8 events and our online provisions—Well Done! The AGM and Dinner will be held at Gosfield Lake Golf Course on Friday 20th May 2022.

Award	Name	Club
Bronze 10 Years	Wendy Townsend	Seabrook Rise YC
Bronze 10 Years	Anita Donovan	Seabrook Rise YC
Bronze 10 Years	Jamie Drummond	Chelmsford BGC
Silver 20 years	Jan Davies	Chelmsford BGC
Silver 20 years	Dave Cargill	Chelmsford BGC
Silver 20 years	Margaret Tey	4Youth
Silver 20 years	Maureen May	4Youth
Gold 30 years	Keith Hurst	Frenford Clubs
Gold 30 years	Dave Bulmer	Linford Wanderers

## Essex Activate and Redbridge Holiday Club

Partnering with Active Essex with funding from Essex County Council we were able to provide free activity sessions for young people during the May and Summer holidays! The sessions were full of arts and crafts, games, multisport activities and workshops. We worked with 212 different young people with 536 attendances in May half term, and 314 young people with over 2000 attendances in the summer. During the summer we also worked in Redbridge partnering with 3 schools and **Frenford Clubs** reaching 292 young people and over 2000 attendances! Thankyou to the clubs that supported the programmes; **North Avenue Youth Club**, **St. Annes Youth Club**, **Chelmsford Boys and Girls Clubs** and the halls and schools we partnered with.



## Club Update-Clubs are open!

September has been an exciting month as clubs all over the county begin to reopen again. The EBGC team have been heading out on club visits to catch up with leaders, volunteers and young people to see what you have all been up to. If you want to discuss any plans, ideas, activities, issues or challenges your clubs are having please get in contact, we are in the office ready to answer your call or email! Just a reminder the NYA readiness level is still green! For more information head to the NYA website [www.nya.org.uk/guidance/](http://www.nya.org.uk/guidance/)

**The Beech Youth Club** - With funding from Swan Housing we have opened **The Beech Youth Club** in Basildon. The club has been running for 7 weeks and already has 15 members. The club runs on a Wednesday evening at the Beech Community Hub and we are looking for volunteers to support running the sessions. For more information please get in contact with Jamie Drummond on [jamied@essexboysandgirlsclubs.org](mailto:jamied@essexboysandgirlsclubs.org) or call the office on 01245 264783.

## Arts Award

At the end of last year we successfully received funding from the Arts Award Access Fund to work with 2 youth clubs in order to help young people to complete the Arts Award. Lynsey is currently working alongside **Torchlight Youth Club** and **St Anne's Youth Club** to deliver this and both clubs have decided to focus on mural based art work. Hopefully in our next newsletter we will be able to display the wonderful art that the young people are creating! The Arts Award Discover consists of 3 parts – Discover, Find Out, and Share and can easily be completed over a couple of club sessions. For more information on the Arts Award or if your club are interested in participating in any other art activities, ideas or opportunities please get in touch with our Arts Officer Lynsey on [lynseyr@essexboysandgirlsclubs.org](mailto:lynseyr@essexboysandgirlsclubs.org)

## Club Funding

**Comic Relief:** The Comic Relief Community Fund will support and invest in grassroots community-led local organisations in England to drive change in their local communities. The Fund wants to support community led organisations to deliver change by drawing on the 'lived experiences' of people who have experienced the issues being tackled. Grants are available to support projects that deliver against one of Comic Relief's four strategic themes. These are; Children Survive and Thrive, Fighting for Gender Justice, A Safe Place to Be and Mental Health Matters. Grants of up to £10,000 are available. For more information <https://www.groundwork.org.uk/comic-relief>

**The London Community Foundation** - The GVC fund offers grants of up to £10,000 to groups and projects delivering sport, healthy activity projects supporting men's physical and mental health across London. For more information. DEADLINE 29th October. For more information <https://londoncf.org.uk/grants/gvc-fund>

Essex Boys & Girls Clubs, Harway House, Rectory Lane, Chelmsford, Essex CM1 1RQ. Reg. Charity No: 1163658 Tel: 01245 264783 [www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)



## Events and Activities

### 100 mile Canoe Test Training

As the much loved National 100 Canoe Test was unable to take place this year, leaders from **St Josephs YC** and **Prospex** joined EBGC and Maes y Lade staff members on the River Derwent with Paddle Plus for a training and skill boosting weekend.

### Fishing Events

Since April there have been various fishing events that have featured in our calendar taking place at Ingatestone Red House and Little Walden Fisheries. Clubs that have attended: **Pat Wilson School Of Boxing**, **Sampfords YC** and **Chelmsford BGC**.

### Adventure Day

On Saturday 26th June 140 young people from 12 different clubs, volunteers, and club leaders came together to enjoy a day of activities at Layer Marney Outdoors. Clubs took part in raft building, laser tag, bushcraft, team challenge, and archery in the sunshine and then enjoyed a BBQ in the courtyard. A massive thankyou to Russell Mears from **St. Joesphs YC** for cooking the delicious BBQ food! Clubs that attended: **Prospex**, **St. Joesphs YC**, **Pat Wilson School Of Boxing**, **Brancroft Lions CC**, **Seabrooke Rise YC**, **Braintree YP**, **4 Youth**, **Colne Engaine YC**, **Gt.Tey Youth Activity Club**, **Castlepoint** and **Rochford VPC**, **Westminster House YC**, and **Colchester VPC**.

### Shooting Championships

On Saturday 11th September 9 teams from 4 clubs met at the Herts and Essex Shooting Association to take part in Clay Pigeon Shooting, field shooting and black powder shooting. At the end of the day **4 Youth** were crowned the 2021 champions. Clubs that attended: **4 Youth**, **Chelmsford BGC**, **Colne Engaine YC** and **Pat Wilson School Of Boxing**.

### 24hr Survival Challenge

20 participants from 3 clubs survived the very wet October night under their improvised shelters in the LMO woodland! Over the evening they took part in cordage and fire lighting workshops before cooking their dinner and breakfast on an open fire. Clubs that attended: **Pat Wilson School Of Boxing**, **Bancroft Lions CC**, **Prospex YC**.

### 3 Peaks Challenge

On the 5th September, a team led by EBGC Director Martin braved The 3 Peaks and after a wet start on Ben Nevis, Scafell Pike and Snowdon were kinder! The team completed the challenge in their 24 hour time limit! Well done to everyone that took part. EBGC staff member: Bruce Page, EBGC Supporters: Tony Wakeling, Paul Wakeling, James Underwood, Simon Le Mare, Billy Paxman, Ryan Nuttgens and Charlie Cumpton. Drivers, Jamie Drummond and Graham Bowman. The 2022 3Peak challenge will take place from Sunday 12th - Tuesday 14th June! Please get in contact if you would like to join the team and take on the challenge!

### Celebrity Golf Classic

Even with a couple of restrictions 19 teams rallied together at Gosfield Lake Golf Club in July to take part in this years EBGC Golf

Day Classic. Even though the weather could have been kinder after a full English breakfast the teams were ready to go! Congratulations to the winning teams and individuals. Thankyou to Gosfield Lake Golf Club, all the teams that entered, John Conteh, Steve Davis, Johnny Kramer and Micky Kingwell for supporting the event, and to Bradley from **NAYC** for being Caddy for the day.

The 2023 Celebrity Golf Classic will be held on Wednesday 29th June.

### Training

Since the reopening of clubs we have been busy delivering First Aid and Safeguarding qualifications for Club Leaders and Volunteers. Since May 58 participants have completed their First Aid Certificate and 80 have completed their level 2 Safeguarding. EBGC can offer a wide programme of training! If your club need something please get in touch with [rebeccas@essexboysandgirlsclubs.org](mailto:rebeccas@essexboysandgirlsclubs.org)

### RESPECT

We have commenced our Autumn programme working with schools to deliver as traditional a programme as possible. We are working with Deanes School in the Rochford District, and following the in-house activity day the Life Skills Course has commenced, with the week away scheduled for early November at Maes y Lade. Thurrock East Project is a combined school project involving Gable Hall School and Hassenbrook, with the life skills on a Tuesday after School. The Uttlesford Project involves Saffron Walden County High School and Joyce Frankland Academy, and following successful Activity Days at Layer Marney Outdoors we are now inviting young people onto the next stage of the project. A project is also being set up for schools in Chelmsford. A successful Presentation Evening took place at Aveley FC for last terms Gable Hall and Ormiston Park Projects with over seventy people in attendance. We are indebted to Julie Fosh and Mike Dyer for making the presentations. A participant on the Gable Hall Project made this inspirational speech

*'When I first started the Respect Project, I was nervous. However, over the past 8 weeks I was a part of this amazing Project. I learned more about people and more about myself. I told people more about who I was, and I let people in. When in Wales, we did numerous amounts of activities, such as Mountain Climbing and Gorge Walking. I learned several things about each individual but some of the main things I learned were always have fun, PMA (positive mental attitude), help each other and always listen. But the most important thing is we pushed ourselves to the limits. And I'm proud of every single student who pushed and pushed until they couldn't push anymore, yet they pushed just that little bit harder. We helped each other even when it was a simple task. If the Respect Project had a replay button, I'd be constantly pressing it, because I thoroughly enjoyed it and I hope whoever is chosen for this amazing experience, I hope they do too.'* To find out more about the Respect Project, or if you are interested in volunteering on a project please get in touch!

**A massive thankyou to the Jack Petchey Foundation who continue to support the project and are currently funding 4 projects.**

### NCS

The summer was an exciting time for NCS at EBGC with 2 different non-residential programmes taking place across June and July. The first programme was a 2-week pilot programme taking place







during term time at Harlow Fields School and College. Throughout the programme we worked with around 40 young people, aged between 16-19, with a range of additional needs. Programme highlights included an activity day trip to Layer Marney Outdoors, social action opportunities taking place on site at the school, and an end of NCS summer BBQ and party on the final day! The project was such a success that the EBGC NCS team are returning during the Autumn term to deliver another NCS programme with the new sixth form cohort.

The second programme saw 60 young people from across South and West Essex take part in 2 waves of 2-week non-residential activities. During the first week the young people head to Fairlop Waters Country Park to take part in a range of outdoor adventure activities including orienteering, paddle boarding and laser tag alongside life skills workshops with sessions provided by Essex Fire & Rescue and Parliament UK. Week 2 of the programme saw the young people return to their local area to plan and deliver their own social action projects, including litter picking, renovating a mental health garden at a local hospital, partnering with local homeless charities to support people in need and a sponsored walk for Cancer Research UK which raised £545!

We are now busy planning our Autumn and summer 2022 programmes! If any of your club members aged 15-17 are interested in taking part in our 2022 NCS programmes or if you would like more information about what NCS can offer your club members, the EBGC NCS team can be contacted by email [NCS@essexboysandgirlsclubs.org](mailto:NCS@essexboysandgirlsclubs.org) or by phone 01245 264783 and will be happy to help.

## V TEAM

We have had an online catch up with our VTEAM to keep in touch, and update them on all our exciting upcoming events for this year. There's already interest shown, especially for our fishing events! We will have another catch up in the not too distant future so keep your eyes peeled if you want to join in. If you are interested in volunteering or would like to help out at some of our events then please get in touch with Jess at [jessp@essexboysandgirlsclubs.org](mailto:jessp@essexboysandgirlsclubs.org). Our VTEAM is an amazing group of people who support us throughout the year at all our events, activities, training, club evenings and more! It is open to individuals ages 14 and above (our oldest member is in their 70s)!

## Rank Aspire Programme

We are excited to announce we have been working with The Rank Foundation and have appointed Veshal Wilson on the Rank Aspire Programme after his successful Kickstart placement. The RAP programme seeks to support their leadership potential and their commitment to social change. Veshal will be working with us over the next 12 months supporting the Club Development Programmes along side other EBGC programmes such as the activity calendar and the Respect Project.

## Coach Core Apprentice

We have partnered with Active Essex and The Coach Core Foundation to take on a Coach Core Apprentice! We welcomed Cassie to the team in May 2021 and she will be working with us to plan and deliver sport around the club network as well as supporting the activity calendar and completing a Community Activator Coach Level 2 qualification.

## Kickstart

Essex Boys and Girls Clubs is a part of the new Government Kickstart Scheme which creates employment opportunities for 16-24 year olds to build skills and help them in to long term employment. We will be offering a range of 6 month, 25 hours per week placements for individuals aged between 16-24 years old who are in receipt of Universal Credit. The available placements include Admin Support, Arts Assistant, Club Development Support, Fundraising Assistant, Media & Marketing Assistant, Sports Coaching & Development, and Youth Club Support. These roles are now live and we are actively seeking individuals. If you know anybody who may be interested then please put them in touch with [lynseyr@essexboysandgirlsclubs.org](mailto:lynseyr@essexboysandgirlsclubs.org) or call the office on 01245 264783. If you think that your club could benefit from a Kickstart employee placement, then please get in touch!

## Maes Y Lade

With residential work off the cards in Spring and the early part of Summer, the EBGC team at Maes y Lade went on tour back to Essex and East London delivering Outdoor Learning Days locally in school grounds, woodlands and local parks. It was definitely different, but great to connect with clubs and schools that would have usually been making the journey down the M4 to see us in Wales! In the middle part of the Summer Maes y Lade was back up and running and we were able to welcome EBGC Clubs, Duke of Edinburgh Expeditions as well as delivering local activity days for young people and families as we gradually moved out of Covid restrictions. From September we have also been able to welcome school groups back and we are looking forward to October half term where EBGC Clubs will be able to come to Maes y Lade for 5 days for just £10 a person! There will be the chance for young people to visit the centre during the school holidays to experience the activities and have fun! If you have never been to see us before then please see our website and keep an eye out on the opportunities through EBGC to visit Wales in the coming months. For more information email Dave on [davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org) and take a look at their website: [www.maesylade.org](http://www.maesylade.org)

## Layer Marney Outdoors (LMO)

As well as our 24 hour survival event, laser tag events and bush craft sessions we have been incorporating local history into our Respect groups with our nine kilometre circular walks which passes the Ramparts. We are now taking bookings for April 2022! If your club would like a bespoke activity day please contact the office!



# UPCOMING EVENTS FOR AFFILIATED CLUBS

## Halloween Bake Off

Saturday 30th October 10am - 1pm

Location: Chelmsford BGC, Harway House  
Who for: Club members aged 11-17  
Cost: £3 per person

Contact: [lynseyr@essexboysandgirlsclubs.org](mailto:lynseyr@essexboysandgirlsclubs.org)

## Christmas Card competition begins!

Monday 1st November to Friday 3rd December

Club members have the chance to design this years EBGC Christmas card following the theme of 'Festive Adventure'! Post your card to the EBGC office or scan/ email a good quality copy to Lynsey

Contact: [lynseyr@essexboysandgirlsclubs.org](mailto:lynseyr@essexboysandgirlsclubs.org)

## Variety Night at St.Annes

Friday 19th November

**SOLD OUT**

Location: St. Annes Youth Club  
Who for: Club member 11+  
Cost: FREE  
Contact: [lynseyr@essexboysandgirlsclubs.org](mailto:lynseyr@essexboysandgirlsclubs.org)

## Photography Competition

Monday 3rd January - Monday 31st January 2022

New year, new photo... send us your favourite photo in the theme of 'Winter Outdoors' to enter the EBGC Photography Competition. Send your photo to Lynsey on the email below!

Contact: [lynseyr@essexboysandgirlsclubs.org](mailto:lynseyr@essexboysandgirlsclubs.org)

## Pumpkin carving competition

Deadline Monday 1st November

Send in a picture of your carved pumpkin to win 3 Day Essex Adventure Weekend tickets!

Contact: [lynseyr@essexboysandgirlsclubs.org](mailto:lynseyr@essexboysandgirlsclubs.org)

## Maes Y Lade Club Weekend

Friday 5th to Sunday 7th November

Location: Maes Y Lade Centre  
Who for: Club members aged 13 - 16  
Cost: £10

Contact: [jamed@essexboysandgirlsclubs.org](mailto:jamed@essexboysandgirlsclubs.org)

## Dodgeball

Friday 10th December 6pm - 8pm

Location: Chelmsford BGC, Harway House  
Who for: Club members aged 11-17  
Cost: £3 per person  
Contact: [jamed@essexboysandgirlsclubs.org](mailto:jamed@essexboysandgirlsclubs.org)

## Winter Camp in Wales

Monday 14th February - Friday 18th February

Location: Maes Y Lade  
Who for: Club members aged 13 - 16  
Cost: £10  
Contact: [jamed@essexboysandgirlsclubs.org](mailto:jamed@essexboysandgirlsclubs.org)

## Key days for your diary 2022!!

**National X Country** - Saturday 22nd January TBC  
**5 A Side Championships** - Saturday 5th February TBC  
**EBGC AGM & Dinner** - Friday 20th May @Gosfield Golf Club  
**Essex Adventure Weekend** - Friday 17th to Sunday 19th June  
**EBGC Celebrity Golf Classic** - Wednesday 29th June @Gosfield Golf Club  
**Lands End to John O'Groats cycle ride** - September 22 TBC

**REMEMBER TO COMPLETE AND SEND IN YOUR 2021/22 AFFILIATION FORM!**

**YOU NEED TO BE AFFILIATED TO TAKE PART IN EBGC EVENTS, ACTIVITIES AND TRAINING.**

## Nepal Adventure 2022 / American Challenge 2022

We haven't forgotten about our overseas adventures! And although we may not have a solid date at the moment we are still planning and getting and recruiting for the next trip! If you have club members aged 16 and over (by the time of the trip) that are interested or you are thinking about a club trip to either Nepal or America please contact the office on 01245 264783.

## National News

### National Association of Boys and Girls Clubs

Britain's Fittest Team! We may not be able to run our prestigious NABGC Boxing Championships this year but we are planning to offer something else! we will be running the **NABGC Functional Fitness Championships - Britain's Fittest Teen**. It will be a functional fitness based competition which will take place via online submissions with a finals day at CrossFit Rotherham. Kicking off 1st November final entries 18th December finals in 2022 Please keep an eye on the website and your inbox for more details which will follow soon!

**Our Boxing Championships are already in the diary for 2022! Watch this space for more information!**

### World Federation of Youth Clubs

EBGC have been attending their Webcast sessions which are an ongoing series of informative and interactive online sessions designed to inform, engage, and inspire action. As an affiliated member EBGC clubs can attend these sessions! To register or to find out more about the World Federation visit their website on <https://wfyf.org/wfyf-webcast/>

## Outdoor learning days for your school!

This autumn the Maes y Lade and EBGC Outdoor Team are running outdoor learning sessions in schools. The programme can run for one to three days and can be tailored around a range of activities from survival skills, to leadership and team challenges. The sessions are adapted to whatever space you have available on the school premises or in the local area. Costs from £19pp. For more information please contact David Hassard on [davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org) or call the office on 01245 264783.

Remember to share our events calendar with your club members and let us know what you want to attend! It will be great to see you there!



## Come along and visit one of our outdoor centres

### Layer Marney Outdoors

For more information or to book please contact:  
[bookings@essexboysandgirlsclubs.org](mailto:bookings@essexboysandgirlsclubs.org)  
or call 01245 264783

### Maes Y Lade

Get in touch with David Hassard  
[davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org) for more information of how you can get involved.

### High Row

For more information about High Row please contact Sue Pell on 01245 264783 or email [suep@essexboysandgirlsclubs.org](mailto:suep@essexboysandgirlsclubs.org)

**THANK YOU TO ALL CLUBS, VOLUNTEERS, SUPPORTERS & FUNDERS FOR YOUR ONGOING SUPPORT!**  
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[www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)

