

Winter 2019

NEWSLETTER



ESSEX BOYS & GIRLS CLUBS : SUPPORTING YOUNG PEOPLE SINCE 1939
"better to build boys & girls than to mend men & women"



Maes Y Lade Tree Planting Weekend- 80 years of EBGC

38 club members, club leaders, EBGC supporters, EBGC Staff and Executive Committee members met at Maes Y Lade to plant over 400 trees to celebrate 80 years of Essex Boys and Girls Clubs. Each affiliated Club has a tree which you can track over the following years! To find out where your tree is on the Maes Y Lade Meadow please get in touch! After all the trees were planted the group enjoyed activities such as mountain walking, caving, canoeing and a visit into the local town. A massive thank you to the Woodland Trust and Paul Wakling for donating the trees! #EveryTreeCounts. Thank you to our tree expert Graham Brandwood for all his guidance, to Jonathon Douglas Hughes – Chairman of EBGC for planting the first tree and for all of the continued club support to make this event happen! We hope that this can become a yearly event so look out for the 2020 dates.



The American Experience

The American Experience is a new look project, that is built on the foundations of our strong partnership with Boys and Girls Clubs of Tennessee Valley through our previous annual 'America Challenge'. 2020 will see EBGC embark on a new direction within America, visiting Boys and Girls Clubs in New York City, Atlanta and Knoxville (Tennessee). Across three weeks those participating in the trip will not only be exposed to American Culture in three different States, they will get a real feel for youth club work in Boys and Girls Clubs of America. This trip is for 16-21 year olds, cultivating future youth workers within our youth club network here in Essex, acting as a continuation to involvement within their own youth clubs and building on leadership skills developed. Participants will be able to built on their leadership skills and develop them through immersing themselves in the various programmes offered within the Boys and Girls Clubs of America. We are excited to see where these partnerships will take us! Selection of participants will be taking place in February, with the trip taking place end of August – mid September. Fundraising support will be provided. To get involved or nominate a club member please contact Callum on 01245 264783 or email him on calluma@essexboysandgirlsclubs.org

Youth Voice Projects with ECVYS - Get involved now!

ECVYS have two Youth Voice Projects available for clubs in Essex! The sessions are a fun and interesting way for your young people to have a say in some really important issues and be a part of a wider Essex youth voice, in the comfort of their own youth club, and with their own trusted youth leaders. Your youth club can even claim a **donation of £90 for taking part.**

All you need to do is run a session plan during your normal youth club (you may run both sessions and claim a donation for each one) 1. A 'curriculum for life': Explore with your young people what this means, and if they feel prepared for adulthood based on what they currently learn as part of the national curriculum (This project is funded by the Essex Community foundation and the #iwill fund. The Young Essex Assembly are working with us on this project as a way to listen to other young people in Essex and will use the results to impact upon future teaching of curriculum for life issues in Essex.)

2. Violence & vulnerability in Essex: A chance for your young people to share views about their community; if they feel safe and what they think could change to improve it. (This exciting project is funded the PFCC's Violence & Vulnerability Unit and the views of your young people will help the unit to decide where to invest their funding.) For more information contact Rebecca in the office on 01245 264783 or email on rebeccas@essexboysandgirlsclubs.org



Top Left to Right: Aaron Hanscomb (Wickford Town FC), Sonny Gillard (Wickford Town FC), Tom Holley (Wickford Town FC), Ben See (Wickford Town FC), Finn Dobson-Amos (Wickford Town FC), Harvey Cook (Canvey Island FC), Chas Purcell (Canvey Island FC), Kyle Arber (Canvey Island FC), Jamie Webb-Kelly (Linford Wanderers FC), Bottom Left to Right: Charlie Carter (Canvey Island FC), Harvie Turner (Canvey Island FC), Joe Matthews (Canvey Island FC), Joshua Stevens (Canvey Island FC), Tyler Flemming (Canvey Island FC), Fola Adenrele (Linford Wanderers FC), William Allen (Linford Wanderers FC) Not in Photo: Kieran Hibbard (Wickford Town FC).

This is the EBGC U16 Rep Football Squad! The team was selected from two trials that took place in September 2019. So far the team has played against a strong Norwich City FC at 'The Nest' and look forward to future games against Colchester United FC, Arsenal FC and West Ham United FC to name a few. We look forward to seeing the boys develop as players and young men on and off of the football field.

Events and activities

Arts Activity Day - 21st September

This event was held in Upminster with thanks to St Josephs YC for helping us to secure the venue. There were various arts activities on offer such as creative baking of some tasty truffles, face painting, animation taster, badge designing and others. A huge thank you to Jason from SprayDays for supplying a brilliant graffiti workshop! Clubs that attended: **St Josephs YC, Bancroft Lions CC, Rainham Royals & UMC Phab**

LMO Laser Tag - 28th September

Teams came together at LMO for a series of Laser Tag games, with some serious tactics and a competitive attitude the competition ended with **Colchester and Harwich Volunteer Police Cadets** taking 1st Place, **St. Josephs YC** in 2nd and **Torchlight** in 3rd Place. Well done to all the young people that took part!

Short Poem Competition

We received 13 poems from 5 clubs focused on the theme of summer. They were all unique and it was difficult to choose but the winning poem by Che Campbell - **Westminster House Youth Club** was published in the Essex Life Magazine, November 2019 edition. Well done to everyone that entered! Clubs that entered: **Westminster House YC, UMC Phab, Ab Phab, St. Josephs YC & Wanstead YC**

Halloween Evening - 23rd October

A big thank you to Sampfords YC for supplying the venue for this spooky event. We had 36 young people attend this event getting involved in the activities on offer. They enjoyed

decorating their very own Trick or Treat bags, apple bobbing, scary face painting, pumpkin carving and other Halloween themed events.

Interclub Dodgeball South & North - 5th November

Clubs came together to take part in interclub dodgeball competitions. South Winner: **Frenford** North Winner: **Newport Youth Club.**

Basketball Taster session - 9th November

2 clubs (**Frenford Clubs and Bancroft Lions CC**) came together for an afternoon of basketball skills and games to improve their skills. Thankyou to the coaches at Frenford for supporting the event! If you are interested in a basketball session at your club please get in contact with Callum!

Night Exercise - 22nd November

This year the Night Exercise was a sell out event with 20 teams from 9 clubs with 78 young people all making their way round the challenges navigating each one in the dark!
1st place: **Linford Wanderers** – Flynn's team
2nd place: **Bancroft Lions CC** – Ben's team
3rd place: **Linford Wanderers** – Samuel's team
Clubs that attended: **Linford Wanderers, Castle Point and Rochford Volunteer Police Cadets, St Josephs YC, Crown and Manor, Braintree Youth Project Charity, St Anne's Youth Club, North Avenue Youth Centre, Sampfords Youth Club & Bancroft Lions CC**

VTEAM

Our amazing volunteers have volunteered over 2700 hours throughout 2019 at our events, activities, residentials and programmes. Volunteers were able to work towards ASDAN qualifications as well as participating in

Safeguarding, First Aid and Mental Health Awareness Courses. Throughout the last year we have run two training residentials at our outdoor pursuits venue in Wales we would like to say thank you to our funders who helped to make this training possible. In 2020, we are looking to increase our opportunities for volunteers please keep an eye on our social media platforms for information about our "VTeam Reward Scheme" which is soon to be released. It would be brilliant to see some new faces join our team. If you want to join or find out about our amazing VTEAM, training and event opportunities please call or email jamied@essexboysandgirlsclubs.org. **Thank you to everyone involved in our VTEAM for your continued support!**

Erasmus+

EBGCs Bushcraft themed Erasmus project started in November with a productive launch meeting that brought together our partners from Cyprus, Ireland, Italy, Romania and the YMCA George Williams College. The partners will be getting together again in February in Cyprus where EBGC will deliver the first of 5 training courses planned over the next 2 years. If you'd like to find out more about the project or are interested in being involved then please get in touch with Jay on jays@essexboysandgirlsclubs.org or call 01245 264783

Layer Marney Outdoors (LMO)

This season LMO has seen over 800 visits from young people all taking part in our range of activities from raft building to woodland challenge to laser tag. LMO is now closed over the winter months and are looking forward to a new season starting from 1st April 2020 with our new toilet and shower block, an indoor traversing wall, outdoor climbing wall as well as new challenges to face! Although the centre is closed you can still secure your booking for next year! If you want to get involved with LMO there are different ways you can help, firstly spread the word and tell everyone about our activities, overnight camps and other opportunities, Secondly come and volunteer, this could be running or supporting activities or activity maintenance. To get involved or make a booking please contact the team on bookings@essexboysandgirlsclubs.org or 01245 264783

RESPECT

We have just completed the Braintree Respect Project funded by Essex Community Foundation and supported by Braintree District Council and Greenfields Community Fund, just before Braintree we were working in Tendring, the project was funded by The Jack Petchey Foundation (JPF). We are pleased to announce we will be delivering a further 4 Respect Projects in Chelmsford, Basildon, Colchester and Thurrock East as part of the JPF ongoing funding. This project is proven to deliver increased emotional resilience, confidence and self-esteem in young people at a vulnerable time. Following the successful project of the 'Maximum Respect Project' we have secured funding to run another 3



week residential project focusing on young people that are potentially at risk of involvement in county line activity. If you would like to be involved in future projects as a school, a volunteer, residential support, fundraising or other, it really makes a difference and helps us to continue the delivery of this important project - please contact Bruce on brucep@essexboysandgirlsclubs.org or 01245 264783

RESPECT GOES NATIONAL!

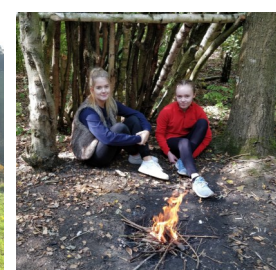
We are excited to announce that we have received 2 Year funding from the Home Office to deliver 20 Respect projects nationally! We will be working alongside the National Association of Boys and Girls Clubs to deliver the projects in Bristol, Wales, Yorkshire, Manchester and Lancashire. After delivering the project in Essex since 2000 we are thrilled to be delivering the now Home Office Recognised programme to many more young people across the country!

Youth Investment Fund (YIF)

The YIF project currently supports some 70 young people each week through 4 clubs - Wanstead YC, Thames Phab YC, Royals Phab YC, UMC Phab YC. Our work now is about ensuring each club is sustainable and we could do with your help! We are establishing management committees to support the running of the club and are looking for volunteers to fill positions such as Treasurer, Secretary, Vice Chairman and Chairman. Also, the clubs are always looking to grow their volunteer base, so if you'd like to volunteer your time to help at one of the clubs then please get in touch. To find out more about supporting the YIF clubs and what roles are available please contact Jay on jays@essexboysandgirlsclubs.org or call 01245 264783

Boxing Championships

After 5 gruelling weeks of boxing shows up and down the country and 100s of bouts the NABC Boxing Championships are finished! We are proud to announce we have 17 National Champions! Well done to all the boxers that entered! Thankyou to our England Boxing Officials, The Dagenham Roundhouse, boxing clubs and volunteers for making it another successful year. Please see a list of winning boxers: Alby Hill (**Chadwell St Mary**), Pa Doherty (**Chadwell St Mary**), Isaac Okoh (**Chadwell St Mary**), Francis Cooper (**Pound Lane**), Frankie Woods (**West Ham**), Thomas Welland (**West Ham**), James Fernley (**West Ham**), Aloys Youmbi (**Double Jab**), Luan Veras (**Islington**), Alexandra Petru (**Islington**), Muhammed Hasnan Ali (**ELBA**), Tino Bellott (**Dale Youth**), Fahad Salum (**Lansbury**), Cameron McKay (**White Hart Lane**), Terri Naylor (**Repton**), Max Schultz (**Billericay and Wickford**) and Megan Morris (**St Ives**)



UPCOMING EVENTS FOR AFFILIATED CLUBS

5-A-Side U12 & U19 Football Championships Saturday 28th December - 10AM-1PM Location: Harlow Leisure Zone Who for: U12 & U19 Cost: £30 (Max 8 per team) Contact: calluma@essexboysandgirlsclubs.org	5-A-Side U14 & U16 Football Championships Saturday 4th January - 10AM-2PM Location: Harlow Leisure Zone Who for: U14 & U16 Cost: £30 (Max 8 per team) Contact: calluma@essexboysandgirlsclubs.org	Cross Country Saturday 8th February – 10:45AM Location: Stubbers Adventure Centre Who for: U11, U13, U15 & U17 Cost: £1 per runner Contact: calluma@essexboysandgirlsclubs.org
Dry Activity Day Saturday 15th February Location: Layer Marney Outdoors Who for: All club members aged 11-17 Cost: £8 per person Contact: calluma@essexboysandgirlsclubs.org	Young Leader Training Thursday 20th—Friday 21st February 2020 Location: TBC Who for: All club members aged 15 + Cost: £10 per person	Winter Skills Saturday 29th February— Friday 6th March Location: Scotland Who for: All members aged 16+ (16 with the correct skills.) Cost: £170 for 16-18 & £360 for Contact: martins@essexboysandgirlsclubs.org
County Pool Championships Saturday 7th March 2020 Location: Chelmsford Boys Club Who for: All club members aged 11-17 Cost: £3 per person Contact: calluma@essexboysandgirlsclubs.org	Rep Cricket Trials Saturday 21st March 2020 Location: Frenford Clubs Who for: All club members aged 11-17 Cost: FREE Contact: calluma@essexboysandgirlsclubs.org	EBGC Bake Off Saturday 28th March 2020 Location: Chelmsford Boys Club Who for: All club members aged 11-17 Cost: £3 per person Contact: Lynseyr@essexboysandgirlsclubs.org
Rep Football Tour Monday 6th—Thursday 9th April 2020 Location: TBC Who for: REP SQUAD MEMBERS ONLY Contact: calluma@essexboysandgirlsclubs.org	100 Mile Canoe Test Training Monday 6th-Thursday 9th April 2020 Location: Maes Y Lade Who for: 100 Mile Canoe Test Participants Cost: £20 per person	Laser Tag Saturday 11th April Location: Layer Marney Outdoors Who for: All club members aged 11-17 Cost: £ 24 per Team Contact: calluma@essexboysandgirlsclubs.org

Winter Skills - Saturday 29th February – Friday 6th March 2020 The course takes place in the Glencoe Range Scotland and the course covers an introduction to crampons, ice axe techniques including arresting a fall with an ice axe! Snow slope profiling, avalanche risk assessment and avoidance. Use of snow anchors, rope belay methods and ascent of grade one snow slope or ridge and if snow conditions permit an overnight snow hole experience! For more information about prices and hotel information please see the poster or contact Martin on martins@essexboysandgirlsclubs.org or call 01245 264783. This week is for young people aged 16 plus (with some mountain experience) and adults.



Nepal Adventure 2021

Its official! The planning for the next Nepal Adventure has started! If you are 16 + (by August 2021) and are interested in participating in a 3 week adventure in Nepal that involves trekking, immersing yourself in the community of a remote village, white water rafting and more! please contact Jay for more information on jays@essexboysandgirlsclubs.org or call 01245 264783. There will be a selection process early 2020 for the 2021 Nepal Adventure!

Come along and visit one of our outdoor centres

Layer Marney Outdoors

For more information or to book please contact bookings@essexboysandgirlsclubs.org or call 01245 264783

Maes Y Lade

Get in touch with David Hassard davidh@essexboysandgirlsclubs.org for more information of how you can get involved.

High Row

For more information about High Row please contact Sue Pell on 01245 264783 or email suep@essexboysandgirlsclubs.org



SUPPORT FOR CLUBS

Essex Community Foundation: ECF always notify us when funds are available. Sometimes these are in specific areas and we will email details out. They also offer Phone-in Funding Surgeries for specific areas and these details will be emailed out to clubs in the relevant areas. They are always helpful if you need funds for specific projects – contact them on 01245 356018 or email grants@essexcf.org

Greggs: Greggs have an end of day programme which supports disadvantaged projects within communities where, if there is availability, organisations (once approved by the area manager) can call into the local Greggs store to collect unsold food 10 minutes after shop closure. If you are interested in this programme go to the link below and it will take you to the online application form www.greggsfoundation.org.uk/unsold-food-donations

Amazon: Great way of fundraising for equipment for your club. You can set up a wish list on Amazon so your followers on social media, emails, newsletters can see what you are looking for and potentially buy one of your wishes for you. For details on how to set this up you can call Jamie in the office who will guide you through the process.

If you require funding for any project then speak to us! Contact the EBGC office and we will be able to help you.

THANK YOU TO ALL CLUBS, VOLUNTEERS, SUPPORTERS & FUNDERS FOR YOUR ONGOING SUPPORT!
 Essex Boys & Girls Clubs, Harway House, Rectory Lane, Chelmsford, Essex CM1 1RQ. Registered Charity Number: 1163658 Tel: 01245 264783