

Summer 2019

NEWSLETTER

ESSEX BOYS & GIRLS CLUBS : SUPPORTING YOUNG PEOPLE SINCE 1939
"better to build boys & girls than to mend men & women"



Youth club news and delivery

Well done to everyone who received a Keystone Award for long service at this years AGM also to the winners of the Matchroom Trophy, **Wanstead Youth Club** and the Kaylance Trophy winners, **Bancroft Lions CC!** A massive thank you to everyone that attended the event, there were 100 people in attendance including Lord Petre, Councillor Dick Madden, the Chairman of ECC, the High Sheriff of Essex and Jennifer Tolhurst Lord-Lieutenant of Essex. A big thank you to **Gosfield Lake Golf Club** for hosting our event.

The club development team have been busy over the summer preparing for the start of the new term. Lynsey, our arts officer has been organising new art sessions, events and training whilst Callum has been getting ready to deliver Sports Leader Awards and support clubs with their youth club programme. We are also delighted to announce that Essex Boys and Girls Club has partnered with global training provider, The Skills Network. This exciting new partnership provides the opportunity to enrol onto a nationally accredited qualification for FREE. Please see the link for more details. <https://boysandgirlsclubs.theskillsnetwork.com>.

This isn't the only training we offer! please see the leaflet inside to see the range of training we offer from sports, to outdoors to leadership and workshops for club members, volunteers, leaders and management Committee members. For more information or to book your training contact Rebecca to find out more information on rebeccas@essexboysandgirlsclubs.org

Keystone Awards presented at the EBGC AGM 2019			
Name	Club	Award	Years Volunteered
Martin Solder	Frenford Clubs	Platinum	40 Years Service
Jonathan Douglas Hughes	EBGC	Gold	30 Years Service
Glen Dainty	Canvey BC	Gold	30 Years Service
Glen Walker	Canvey BC	Gold	30 Years Service
Dave Fox	St Josephs YC	Gold	30 Years Service
Graham Moughton	Holland Shore	Gold	30 Years Service
Nylesh Vaghela	Frenford Clubs	Silver	20 Years Service
Kay Maynard	SNAC	Silver	20 Years Service
Janice Dowman	Sampfords YC	Bronze	10 Years Service
Karen Dunmow	SNAC	Bronze	10 Years Service
Gary Morrison	Thaxted YC	Bronze	10 years Service

You are invited to celebrate our 80th birthday with us!

This year is our 80th Birthday and to celebrate we are organising a weekend away to Maes Y Lade from the 29th November to 1st December. This catered weekend will consist of planting saplings in the meadow, a day of Maes Y Lade activities, time to enjoy the Brecon Beacons and network with other EBGC affiliated clubs, EBGC supporters and members of the EBGC management Committee. Transport will be leaving Essex on Friday night and returning on Sunday evening. To find out more or to book your place, contact David on davidh@essexboysandgirlsclubs.org or Rebecca on rebeccas@essexboysandgirlsclubs.org

The new EBGC 60 Second Challenges

The 60 second challenges are small activities that club members can take part in during a normal club session needing little or no equipment whilst competing against other EBGC affiliated clubs. This months challenge is art based and to find out what the challenge is and how to get involved head to the EBGC Youtube Channel (<https://www.youtube.com> and type in Essex Boys And Girls Clubs) or the EBGC Facebook page. If you cant access these please contact Lynsey in the office on 01245 264783 or email Lynseyr@essexboysandgirlsclubs.org

Where are these people now? ➡

At the EBGC 2008 Paintballing event Chelmsford Boys Club met and had a picture with the then about to be Mayor of London Boris Johnson, now the Prime Minister we wondered what the other people in the picture were up to! We know for sure Jamie is still working with EBGC! If you are in this picture please get in touch!



If you want to get involved and receive these benefits for your club or feel you could offer something to our clubs please contact Rebecca on T: 01245 264783 E: rebeccas@essexboysandgirlsclubs.org for more information on affiliating to EBGC

Events and activities

Wet Activity Day- 28th April 2019

Clubs had the opportunity to attend our Wet Activity Day held at Stubbers Adventure Centre; 40 young people took part in activities including paddle boarding, kayaking, raft building and banana rides. Even with a little rain all the clubs enjoyed the day!

Clubs: Prospex, St. Josephs, Bancroft Lions CC, Royals, Ab Phab and SNAC

Shooting Championships- 4th May 2019

A great day at Herts and Essex Gun Club with teams of young people having a go at clay pigeon shooting, field targets, black powder displays and competing in the air rifle championships. The standards were very high with some of the young people in their 4th year of attending the event. Please see below for this years results.

Under 14 championships

	Name	Club	Total
1.	Donny Glead	4Youth	92
2.	Harry Gilbertson	Sampfords	70
3.	Nathan Tippet	Sampfords	66

Under 16 championships

	Name	Club	Total
1.	Mack Kempton	Dagenham	126
2.	Sonny Flack	Dagenham	86
3.	Harry Moss	Sampfords	81

Under 14 Team Championships

	Club	Total
1.	4Youth	190
2.	Sampfords	170
3.	Chelmsford	158

Under 16 Team Championships

	Club	Total
1.	Sampfords	239
2.	Dagenham	218
3.	Chelmsford	209

Clubs: Loughton CC, Dagenham Boxing Club, Sampfords Youth Club, 4Youth Youth Club and Chelmsford Ice Hockey Academy

County Table Tennis Championships- 18th May 2019

We had 13 young people attend our table tennis championships held at **Frenford**. There were some really close games and everyone that participated played brilliantly. Please see below for this years results.

U12 results:

Winner- Umar Chaudhry (**Frenford**)
 Runner up- Alfie Clark (**IBOC**)

U14 results:

Winner- Sam Bennett (**Wanstead YC**)
 Runner up- Jude Allen (**Wanstead YC**)

U16 results:

Winner- Aidan Noguchi (**IBOC**)

U19 results:

Winner- Farhaan Ahmed (**Frenford**)

Clubs: Frenford, Ingatestone Boys Own Club, Wanstead Youth Club and Bancroft Lions CC



Essex Adventure Weekend-

On the 14th June we had over 300 young people from 21 clubs both in Essex and nationally attended our Essex Adventure Weekend this year who all enjoyed a fun activity packed weekend at Stubbers Adventure Centre! Clubs got the opportunity to have a go at a variety of Stubbers activities such as high ropes, banana boats, laser tag, archery and more! As well as getting involved in some of our sports and arts activities throughout the weekend and socialise with a variety of young people from other clubs. **Clubs: Thaxted YC, St Joseph's YC, Gateway ABC, Colne Engaine, Gt Tey, Rainham Royals, North Avenue YC, SNAC, PROSPEX, Bancroft Lions CC, Westminster House, Dagenham Boxing Club, 4 Youth, Zone 1 (AfiUK's), Wanstead Youth Club, St. Cedd's, Monty Hind Club Notts CYP, Chesterton Youth Club, Cheesy Waffle Youth Project & Young Bristol**

Angling Championships- 22 June 2019

We had an exciting day at our Angling championships in Little Walden. As you can see from the table below some great fish were caught! Thank you to **Martin** from Sampford YC for hosting the event.

All competitors from **Sampford YC**.



Faria Wutswunguma	18lbs
Ben Clarke	16 lbs
Lalya Pannett	13 lbs
Callum Carruthers	8 lbs 8 ozs
Oliver Farthing	8 lbs 8 ozs
Alex Bysouth	8 lbs
Buster Mahoney	7 lbs 12 ozs

Summer Golf Classic- 3rd July 2019

In July we held our Annual Summer Golf Classic held at Gosfield Lake Golf Club. We had 22 teams enter and the day started with a cooked breakfast followed by a round of 18 holes of golf and then finished with a carvery and an auction. A big Thank you to all the teams and celebrities that attended including John Conteh, Barry Hearn, Doug Donaghey, George Saunders, Mickey Kingwell, George Day, Johnnie Krammer and Courtney Phillips. Also a big thank you to **Gosfield Lake Golf Club** for hosting as well as all of their support during the event.

Uttlesford Activity Day at Sampfords YC- 30th June 2019

We had some of our clubs come together for our activity day at **Sampfords YC** on the 30th June. 35 young people took part in a variety of activities delivered in partnership with Sampfords YC and EBGC including arts, crafts, softball, football, tennis and burst the balloon in archery! A big thank you to our volunteers who supported us throughout the day!

Clubs: Thaxted YC and Sampfords YC

White Water Rafting- 14th August 2019

A fantastic day was spent at Lee Valley White Water Rafting Centre where 40 young people in 8 rafts got the chance to battle the white water down the challenging course! **Clubs: St Joseph's YC, Chelmsford Inline Hockey, Bancroft Lions CC, St Cedd's and Chelmsford Ice Hockey Academy**

Updates

VTEAM

Over 25 volunteers gave 850 hours of their time at the Essex Adventure Weekend. They are all AMAZING! We also had The Braintree and Witham **Volunteer Police Cadets** join our team for the weekend. Without the volunteers our events wouldn't be the same, Thank you all for your continued support and dedication!

The VTEAM are heading back to Maes Y Lade for another training weekend. Volunteers will be able to work towards an ASDAN qualification and get to take part in some activities. The training is running from 26th – 28th October and it only costs £5. Please call or email Katie to book a place –

katiep@essexboysandgirlsclubs.org

Or if you want to join or find out about other VTEAM training and event opportunities please get in contact.

Erasmus

Do you want to be a part of European volunteering opportunities or get involved with International youth work projects? At the end of June, our staff member Lynsey spent a week in Terrassa (Barcelona) on an Erasmus+ project. Erasmus brings young people and youth workers from across Europe together- Ideas are exchanged, opportunities are offered and horizons are broadened whilst experiencing new cultures. This project focussed on using art forms as a way of approaching conflict and peace resolution. We can support you to get involved. For more information on other opportunities please contact jay on

jays@essexboysandgirlsclubs.org

America Challenge

We are looking for young people that want to be a part of the America Challenge 2020! In September staff members Callum and Raven made the annual visit to the Boys and Girls Clubs of Tennessee Valley (BGCTNV) and the Appalachian trail. As always EBGC were assisted by Jefferson Money and Bruce Crabtree from BGCTNV, showing them the local places of Knoxville and the BGC of the Tennessee Valley region. Our staff were fortunate to meet with Jose Cruz who has been extremely busy in establishing the World Federation of Youth Clubs, an exciting prospect that will bring together youth club/ organisations from across the world in which we are proud to be a part of. The time spent in America proved a valuable time for discussions to take place as we look to reshape our overseas visit for 2020. If you are 18+ by 1st August 2020 and would like to be involved please contact: Callum on

calluma@essexboysandgirlsclubs.org The selection weekend will be held over the weekend of 1st

November 2019.

Layer Marney Outdoors

Our outdoors team had a busy summer at Layer Marney Outdoors with clubs attending for activity days and events. We have also started delivering overnight camping! We offer tented camping with day sessions, or to get out of your comfort zone, building and sleeping in your own hand made debris shelter in the woodland, with an added challenging Bushcraft skills camp. Building of our long-awaited indoor space is now underway; this will give us a sheltered area to run activities, new toilets, showers and tea and coffee facilities. Once this is completed, we will also be adding a new activity; a twelve meter long Traverse Climbing Wall. We are so thankful to everyone who has supported us this year; we have had some great activity days with you all. Book before we close for the Winter on 31st October until the 1st April. For more info please contact bookings@essexboysandgirlsclubs.org

Clubs attending over the summer: **Sampfords YC, Bancroft Lions CC, North Avenue Youth Centre, UMC Phab YC, Royals Phab YC, Wanstead YC and Thames Phab YC**

RESPECT

After a very successful Braintree Respect Project, funded by Essex Community Foundation, supported by Braintree District Council and Greenfields Community Fund, we are happy to say we will be delivering another Braintree Respect Project as part of their ongoing funding. The Jack Petchey Foundation has also funded us for another 4 projects which includes our current Tendring Respect Project! This project is proven to deliver increased emotional resilience, confidence and self-esteem in young people at a vulnerable time. If you would like to be involved in future projects as a school, a volunteer, residential support, fundraising or other, it really makes a difference and helps us to continue the delivery of this important project - please contact Bruce on brucep@essexboysandgirlsclubs.org or 01245 264783

Youth Investment Fund (YIF)

The YIF project is currently supporting 60 young people each week through the 4 clubs - Wanstead YC, Thames Phab YC, Royals Phab YC, UMC Phab YC and have engaged with over 700 young people since may. We are working to ensure each club is sustainable and could do with your help! We need volunteer committee members to support the running of the club, positions such as treasurer, secretary, vice chairman and Chairman are available. Other roles such as fundraising and club volunteers are just as important to ensuring the continuation of these youth clubs. To find out more about supporting the YIF clubs and what roles are available please contact Jay on jays@essexboysandgirlsclubs.org or call 01245 264783

Come along and visit one of our outdoor centres



Layer Marney Outdoors

For more information or to book please contact: bookings@essexboysandgirlsclubs.org or call 01245 264783

Maes Y Lade

Get in touch with David Hassard davidh@essexboysandgirlsclubs.org for more information of how you can get involved.

High Row

For more information about High Row please contact Sue Pell on 01245 264783 or email



Want to come but don't have the funding? Or not sure what's involved? Talk to us!

We can talk you through how it works and may be able to help you with a bursary or put you in touch with funders.

UPCOMING EVENTS FOR AFFILIATED CLUBS

<p>EBGC Arts Activity Day Saturday 21st September 10AM-1PM Location: St Peter's Catholic Church, Cranham, Upminster, RM14 1LW Who for: All club members aged 11-16 Cost: Only £2 per person How to enter: Email Lynsey on lynseyr@essexboysandgirlsclubs.org</p>	<p>EBGC Safeguarding Training Thursday 26th September 6:30PM-9PM Location: Harway House, Rectory Lane, Chelmsford, CM1 1RQ Who for: All members 16+ Cost: £5 per person How to enter: Email Sue on suep@essexboysandgirlsclubs.org</p>	<p>Layer Marney Laser Tag Day Saturday 28th September Location: Layer Marney Outdoors, Layer Marney, Essex, CO5 9UX Who for: All club members aged 11-16 Cost: £24 per team (max 4 per team) How to enter: Email Callum on calluma@essexboysandgirlsclubs.org</p>
<p>Short Poem Competition Deadline Monday 30th September Why not get involved and write a summer poem for the EBGC Poetry Competition? Who for: All club members aged 11-16 How to enter: Email Lynsey on lynseyr@essexboysandgirlsclubs.org</p>	<p>Layer Marney Bushcraft Day Saturday 5th October Location: Layer Marney Outdoors, Layer Marney, Essex, CO5 9UX Who for: All members aged 11-16 Cost: £10 per person How to enter: Email Callum on calluma@essexboysandgirlsclubs.org</p>	<p>Layer Marney Activity Day Saturday 19th October Location: Layer Marney Outdoors, Layer Marney, Essex, CO5 9UX Who for: All club members aged 11-16 Cost: £10 per person How to enter: Email Callum on calluma@essexboysandgirlsclubs.org</p>
<p>Maes Y Lade Club Weekend Saturday 26th– Monday 28th October Location: Maes Y Lade Who for: All club members aged 11-16 Cost: £20 per person How to enter: Email Rebecca on rebeccas@essexboysandgirlsclubs.org</p>	<p>Volunteer Training Weekend Saturday 26th– Monday 28th October Location: Maes Y Lade Who for: Volunteers Cost: £5 Includes Transport How to enter: Email Katie on katiep@essexboysandgirlsclubs.org</p>	<p>Arts Halloween Evening Wednesday 30th October Location: Sampfords YC Who for: All club members aged 11-16 Cost: £3 per person How to enter: Email Lynsey on lynseyr@essexboysandgirlsclubs.org</p>
<p>Pumpkin Carving Deadline Friday 1st November Why not get involved for the chance to win tickets to Adventure Weekend 2020? Who for: All club members aged 11-16 How to enter: Email Lynsey on lynseyr@essexboysandgirlsclubs.org</p>	<p>America Challenge Selection 2020 Friday 1st-Sunday 3rd November Who for: Nominated Members 18+ How to enter: Email Callum on calluma@essexboysandgirlsclubs.org</p>	<p>NABGC Boxing Championships County Rounds- 1st, 2nd and 3rd November Regional Rounds- 8th and 10th November Quarter Finals- 17th November Location: Dagenham Round House RM8 2HY How to enter: call Tom on 01245 264783 Deadline for entries 14th October</p>
<p>Dodgeball South County Tuesday 5th November Location: Frenford YC Who for: All club members aged 11-16 Cost: £5 per person (teams of 6) How to enter: Email Callum on calluma@essexboysandgirlsclubs.org</p>	<p>Dodgeball North County Friday 8th November Location: Newport YC Who for: All club members aged 11-16 Cost: £5 per person (teams of 6) How to enter: Email Callum on calluma@essexboysandgirlsclubs.org</p>	<p>Basketball Taster Day Saturday 9th November Location: Frenford YC Who for: All club members aged 11-16 Cost: Frenford Clubs How to enter: Email Callum on calluma@essexboysandgirlsclubs.org</p>
<p>Night Exercise Friday 22nd November Location: Layer Marney Outdoors, Layer Marney, CO5 9UX Who for: All club members aged 11-16 Cost: £25 per team of 4 (plus 1 leader) How to enter: Email Callum on calluma@essexboysandgirlsclubs.org</p>	<p>Maes Y Lade Tree Planting Weekend Friday 29th November - Sunday 1st December Location: Maes Y Lade Who for: Club members, Club volunteers and leaders Cost: £10 per person How to enter: Email Rebeca on rebeccas@essexboysandgirlsclubs.org</p>	<p>Christmas Card Competition Closing Date Wednesday 4th December Will your design be our 2019 Christmas Card? Who for: All club members aged 11-16 Cost: FREE How to enter: Email Lynsey on lynseyr@essexboysandgirlsclubs.org</p>
<p>SAVE THE DATES! EBGC Boys Football 5-A-Side Saturday 4th January 2020 Saturday 11th January 2020 Cross Country Saturday 8th February 2020 Young Leaders Thursday 20th & Friday 21st February 2020</p>	<p>NEPAL ADVENTURE! Its official! The planning for the next Nepal Adventure has started! If you 16 + (By August 2020) and are interested in participating in a 3 week adventure in Nepal that involves trekking, immersing yourself in the community of a remote village, white water rafting and more! please contact Jay for more information on jays@essexboysandgirlsclubs.org or call 01245 264783</p>	

SUPPORT FOR CLUBS

Essex Community Foundation: ECF always notify us when funds are available. Sometimes these are in specific areas and we will email details out. They also offer Phone-in Funding Surgeries for specific areas and these details will be emailed out to clubs in the relevant areas. They are always helpful if you need funds for specific projects – contact them on 01245 356018 or email grants@essexcf.org

Greggs: Greggs have an end of day programme which supports disadvantaged projects within communities where if there is availability organisations (once approved by the area manager) can call into the local Greggs store to collect unsold food 10 minutes after shop closure. If you are interested in this programme go to the link below and it will take you to the online application form www.greggsfoundation.org.uk/unsold-food-donations

Amazon: Great way of fundraising for equipment for your club. You can set up a wish list on Amazon so your followers on social media, emails, newsletters can see what they are looking for and potentially buy one of your wishes for you. For details on how to set this up you can call Jamie in the office who will guide you through the process.

If you require funding for any project then speak to us! Contact the EBGC office and we will be able to help you.

THANK YOU TO ALL CLUBS, VOLUNTEERS, SUPPORTERS & FUNDERS FOR YOUR ONGOING SUPPORT!
 Essex Boys & Girls Clubs, Harway House, Rectory Lane, Chelmsford, Essex CM1 1RQ. Registered Charity Number: 1163658 Tel: 01245 264783