



# NEWSLETTER

## YOUTH CLUB NEWS AND DELIVERY

In May 13 young people headed to Maes Y Lade to complete the Young Leader Training in Wales. The group focused on completing their ASDAN Leadership Award while enjoying the great outdoors the Brecon Beacons offers! Well done to all the young people that completed the training. The young people were from: **Bergholt YC, Linford Wanderers, Roxwell YC & St.Joesphs YC.**

Clubs have been enjoying the use of our Cage football and Team Games sessions which is not only fun but looks at how your members work as a team as they complete challenges! These sessions have recently been to **Samfords YC & Bergholt YC.** If you are interested in having this at your club please contact Bruce on [brucep@essexboysandgirlsclubs.org](mailto:brucep@essexboysandgirlsclubs.org)

Clubs on the **Big Lottery Rural Project** have been busy with training for their members and volunteers, with over 70 young people completing the Youth First Aid Sessions (Young people from **Abberton and Langenhoe YC, Gt.Tey YC, Newport YC & Tiptree YC**) and over 40 young people, parents and volunteers taking part in an Internet Safety Session at **Colne Engine YC.**

WELL DONE to everyone that was awarded a Keystone Award for long service at this years EBGC AGM, to the winners of the Matchroom Trophy **Gt. Samfords YC** and the Kaylance Trophy **Bancroft Lions CC!** A massive thankyou to everyone that attended the event including High Sheriff of Essex Brian Burrough and Lord Lieutenant of Essex Jennifer Tolhurst, there were over 120 people in attendance, and to **Gosfield Lake Golf Club** for hosting our event.

2018 Keystone Awards presented at the EBGC AGM			
Name	Club	Award	Years Voluntary Service
Nicholas Hurst	Frenford Clubs	Patron's	60 Years Service
Terry Dainty	Canvey Boys Club	Platinum	40 years Service
Lin Dainty	Canvey Boys Club	Platinum	40 years Service
David Patient	Linford Wanderers	Platinum	40 years Service
Paul Binder	Romford Drum and Trumpet Corps	Silver	20 years Service
Kathy Saunders	Linford Wanderers	Bronze	10 years Service
Dave Cargill	EBGC	Bronze	10 years Service
Jan Davis	EBGC	Bronze	10 years Service
Dean Coventry	Crown and Manor	Bronze	10 years Service

## YOUTH INVESTMENT FUND [YIF]

All three YIF clubs have been running successfully and gathering new members over the past few months. The clubs had their first outdoor trip in July when they eagerly took part in the Essex Adventure Weekend, young people from all three clubs spent the day at Stubbers Adventure Centre partaking in several activities including banana boats, canoeing, kayaking, paddleboards, tunnelling, archery and many more. The clubs summer programmes for their young people included a day trip to EBGCs new outdoor centre based in Colchester, Layer Marney Outdoors. **UMC Phab Youth Club** (based in Upminster) has been running sessions at the Thames Chase Trust, hiring bicycles and getting involved with forest conservation, **Wanstead Youth Club** have partnered with **Frenford Clubs** to provide activity days with sports such as wheelchair basketball on offer to their young people. As well as attending these Frenford days **Thames Phab Youth Club** (based in Barking) have been gardening in their allotment and spent a day at the trampoline park. All Clubs resumed in September at their indoor venues, feel free to come and have a look!!



Department for Culture Media & Sport



If you want to get involved and receive these benefits for your club or feel you could offer something to our clubs please contact Rebecca on T: 01245 264783 E: [rebeccas@essexboysandgirlsclubs.org](mailto:rebeccas@essexboysandgirlsclubs.org) for more information on affiliating to EBGC

# EVENTS AND ACTIVITIES

## SHOOTING CHAMPIONSHIPS

We were guests of the Herts. And Essex Gun Club, Lt. Leighs for our Annual Shooting Championships where young people had a go at Clay Pigeon shooting, practical shotgun disciplines, Air Rifle field targets, Black Powder Demonstrations and the Air Rifle Competition in which **Sampfords YC** took the U14 title and **Dagenham Boxing Club** took the U16 title with top guns in the U14 going to Charlotte Arnold - **Sampfords YC** and Mack Kempton - **Dagenham Boxing Club** taking the U16 title. Clubs: **4 Youth YC, Sampfords YC, Dagenham Boxing Club, Rayne ABC, Wanstead RFC & Chelmsford Hylanders.**

## EBGC BOYS 5 ASIDE FOOTBALL CHAMPIONSHIPS

The Annual 5 aside competition took place at Frenford Clubs with 6 clubs battling it out for the trophy. U16 Final – **Wickford Claret 2 Crown and Manor 2** (Wickford won 2- 0 on penalties). U14 Final – **Loughton Cricket Club 4 Wickford Claret 1.** U12 Final – **Frenford 3 St. Josephs 1** Clubs: **Crown and Manor, Frenford Clubs, St. Josephs, Loughton CC, St Cedds & Wickford Town FC.**

## TABLE TENNIS CHAMPIONSHIPS

The competition, held at Frenford Clubs, saw some tough competition in each category. Well done to all the winners: U12 Nirushan Thuraisingam (**Frenford**), U14 Aidan Noguchi (**Ingatestone Boys Own Club**), U16 Farhaan Ahmed (**Frenford**) & U19 Ignituous Kalule (**Frenford**) Clubs: **Bancroft CC, Frenford Clubs, Ingatestone Boys Own Club, Wanstead Youth Club.**

## 100 MILE CANOE TEST

34 people made up of young people, club leaders, volunteers, instructors and staff made their way to the 100 Mile Canoe Test Basecamp at Bridgnorth. Despite the weather the group successfully paddled 100 miles down the River Severn over 4 days! Participants: Russell Mears, James Mears, Rose Mears, Steve MCGovern, Sean MCGovern (**St Joseph YC**) Dan Loyal, Ryan Loyal (**Wanstead RFC**) Jonah Palmer, Megan Porter, George Rogers, Alice Shickell, Tamara Bakry (**St Marks College**) Richard Boyd, Josh Boyd, Liam Kemp (**Centurions BC**) Ian Burton, Matthew Ingleson, Alexandre Poignant, William Talwar (**2<sup>nd</sup> Upminster Scouts**) Beef (Richard Frankland), Amy Croucher, Lauren Hopson, Symion Bourne (**Prospex**) Jack Deer, Jason Dooley, Matthew Price, Daniel Collins, Miley Delaney (**Rayne ABC**) Lewis Walcott (**Bancroft Lions CC**) **Volunteer Support:** Peter Coltman (**Colchester Canoe Club**), Blaize Green (**VTeam**).



## ANGLING TASTER SESSION

Clubs had the opportunity to have a go at fishing at Home Farm Fishery in Little Waldon. Thankyou to Martin Boughtwood Club leader of Sampfords YC for running the event. Clubs: **Sampfords YC, Rayne ABC & Wanstead RFC.**

## ADVENTURE WEEKEND

Over 400 people from 24 clubs enjoyed a fun packed sunny weekend at Stubbers Adventure Centre! Clubs got the opportunity to have a go at many of Stubbers activities such as High Ropes, Banana Boats, Paddle boarding, archery and more! Clubs: **St.Joesphs YC, Rainham YC, Gt.Tey YC, Prospex, SNAC, North Avenue YC, Colne Engaine YC, Bancroft Lions CC, Gateway ABC, Dagenham BC, Thaxted YC, Westminster House YC, St. Cedds YC, Crown and Manor, 4 Youth, Thames Phab Youth Club, UMC Phab, Wanstead YC, Nottinghamshire Clubs for Young People, St.Johns ABC, Chesterton YC, Cheesey Waffle Youth Project & Young Bristol.**

## CELEBRITY GOLF DAY

This year marked our 30th year of our Summer Celebrity Golf Classic! 22 teams entered the competition hosted at Gosfield Lake Golf Club. The day started with breakfast followed by a round of 18 holes of golf and then finished with a carvery, auction and presentation of awards. Thank you to all the teams and celebrities that entered.

Clubs: **Linford Wanderers.**

## WHITE WATER RAFTING

An amazing day was spent at Lee Valley White Water Rafting Centre where 40 young people in 5 rafts got the chance to battle the white water and have a go at the white water course! Clubs: **Chelmsford Highlanders, Eastern Rhinos, St.Josephs, Wanstead Rugby Club & Ingatestone Boys Own Club.**

## CRICKET SEASON

A successful U12 and U14 EBGC Representative Cricket Season was completed with a game against Singapore United during their week long tour of the London area. The EBGC team was made up of 11 and 12 year olds . A good days cricket was had with Singapore finishing on 186 for 8 from 30 overs and EBGC replying with 160 for 5. Alex Blake (**Belhus CC**) was named EBGC man of the match for his 3 wickets and 14 runs and Abdul Rahman (**Frenford**) top scored with 53 not out. Clubs: **Upminster CC, Belhus CC, Billericay CC and Frenford.** Thanks to Lewis Walcott and Ethan Bell from Bancroft Lions who assisted with umpiring and scoring.





# ESSEX BOYS & GIRLS CLUBS LAYER MARNEY OUTDOORS

Layer Marney Outdoors, Layer Marney, Essex, CO5 9UX TEL: 01245 264783

Our new non-residential centre in Layer Marney opened its doors this May with a range of exciting outdoor team activities! Based in the grounds of the beautiful Layer Marney Tower we have covered activity areas, a purpose built water sports lake, a huge field and a six acre wood ideal for bushcraft and laser tag. We can cater for schools and club members year five upwards in group sizes of ten.

If you are interested in booking please contact the office or email [bookings@essexboysandgirlsclubs.org](mailto:bookings@essexboysandgirlsclubs.org)



## RESPECT

Thanks to funding from The Jack Petchey Foundation Projects will commence in the Autumn in Tendring, Basildon and a new area Harwich and Manningtree. A project will also run in Chelmsford. It is great to see the positive outcomes that result from the project. One Colchester parent commented on the positive changes in her son *'My son had a fantastic time during his trip to the Lake District and enjoyed the life skills course too. It has all done wonders for his confidence and social skills! It's also noticeably improved his behaviour at school & home. I attended a parents evening for him whilst he was away and all his teachers commented on how he has improved behaviour and learning wise. I've not had one like that for a long while, so it was a fantastic surprise.'*

If you are 17+ and would like to support the Respect Project please contact Steve on [steveh@essexboysandgirlsclubs.org](mailto:steveh@essexboysandgirlsclubs.org) You can support by helping out during their Life skills sessions or/and attending the residential week.

## VTEAM

Since April, members of the VTEAM have given up **823 hours of their time** towards club events happening across the UK with an extra of 762 hours supporting the Respect Project. 20 volunteers helped out at our annual Essex Adventure Weekend, where we had over 400 young people in attendance! **VTEAM YOU ARE AMAZING!** Bethan from the VTEAM joined the America Challenge on their visit to Tennessee where they hiked part of the Appalachian Trail, worked to conserve the trail and shared their journey and experiences with the local Boys & Girls Clubs of America.

If you want to get involved with the VTEAM please contact [katiep@essexboysandgirlsclubs.org](mailto:katiep@essexboysandgirlsclubs.org) or call 01245 264783

## NEPAL ADVENTURE

9 young people and 2 staff members made the 4,524 mile journey to Nepal where they trekked 8 days to the remote village of Barpak. The group were welcomed into the village by the school and the Mothers Group and spent time with the young people in the village, reading, colouring, playing games, visiting them in school and learning what life is like there. On the way back to Kathmandu the group enjoyed 2 days white water rafting on the River Trishuli.

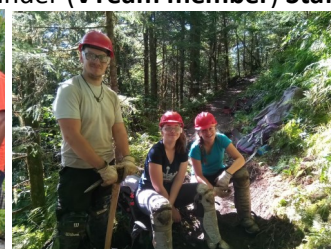
**Participants:** Abigail Milsom, April Page, Ava Murray, Celestia John-Baptiste, Charlotte Purkiss, Christopher Chadwick, Keana Dippenaar, Oliver Norris & TJ Bailey

**Staff:** Jay Solder & Rebecca Stanley



## AMERICA CHALLENGE

2018 saw another successful trip to Tennessee, America. The group including 2 staff members completed 3 weeks working at the Boys and Girls Clubs of Tennessee Valley, hiking 75 miles of the Appalachian trail through the Smoky Mountains and working with the Appalachian Trail Conservation Team to rebuild parts of the trail, making it safer for hikers and horses to travel through. They got to experience new cultures and learn how things are different from home. Well done to everyone! Thankyou to Boys and Girls Clubs of Tennessee Valley. **Participants:** Shireen Bakry (**St Marks College**), Jonathon Whippy (**Sampfords YC**) & Bethan Alexander (**VTeam member**) **Staff:** Amy Harris & Luke Doell

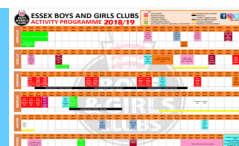


If your interested in taking part in the next Nepal Adventure or America Challenge please get in contact with the office on 01245 264783 for more information.

# UPCOMING EVENTS FOR AFFILIATED CLUBS

<p><b>EBGC Adult Leaders Scuba Taster Session</b>  <b>Tuesday 18th &amp; 25th September 2018 6.30 pm - 9 pm</b>                  Location: Orca Diving Academy, Basildon SS13 1LN                  Who for: Adult leaders, volunteers and helpers                  Cost: Special discount price of £5                  How to Enter: Email keithc@essexboysandgirlsclubs.org</p>	<p><b>EBGC Laser Tag Competition</b>  <b>Saturday 29th September 2018 10 am - 1 pm</b>                  Location: Layer Marney Outdoors, CO5 9UX                  Who for: All club members Ages 11—16                  Cost: £5 per head Teams of 4                  How to Enter: Email keithc@essexboysandgirlsclubs.org</p>
<p><b>EBGC Level 2 Safeguarding Training</b>  <b>Tuesday 2nd October 2018 7 pm - 9 pm</b>                  Location: To be confirmed                  Who for: Club leaders and volunteers                  Cost: £5 per person                  How to Enter: Email suep@essexboysandgirlsclubs.org</p>	<p><b>EBGC Clubs Bushcraft Survival Day</b>  <b>Saturday 6th October 2018 10 am - 4 pm</b>                  Location: Layer Marney Outdoors, CO5 9UX                  Who for: All club members aged 11-16                  Cost: £8 per person                  How to Enter: Email keithc@essexboysandgirlsclubs.org</p>
<p><b>EBGC Clubs Activity Day</b>  <b>Saturday 27th October 2018 10.00 am - 4 pm</b>                  Location: Layer Marney Outdoors, CO5 9UX                  Who for: All club members aged 11-16                  Cost: £8 per person                  How to Enter: Email keithc@essexboysandgirlsclubs.org</p>	<p><b>EBGC Clubs Pumpkin Carving Competition</b>  <b>Closing date : Wednesday 31st October 2018 Halloween!</b>                  Send in your photos of your amazing carvings                  Who for: All club members                  Cost: Free entry                  How to Enter: Email katiec@essexboysandgirlsclubs.org</p>
<p><b>EBGC Regional Table Tennis Competition</b>  <b>Tuesday 20th November 2018 7 pm - 9 pm</b>                  Location: Sampfords YC, Gt Sampford, CB10 2RL                  Who for: All club members in Uttlesford and Braintree                  Ages: U12/U14/U16/U19                  Cost: £2 per person                  How to Enter: Email keithc@essexboysandgirlsclubs.org</p>	<p><b>EBGC Clubs Night Exercise</b>  <b>Friday 30th November 2018 7 pm - 11 pm</b>                  Location: To be confirmed                  Who for: All club members aged 11—17                  Teams of 4 plus 1 adult leader                  Cost: £25 per team                  How to Enter: Email keithc@essexboysandgirlsclubs.org</p>
<p><b>WANT TO REPRESENT EBGC AND PLAY PROFESSIONAL FIXTURES!?</b>  <b>EBGC REPRESENTATIVE FOOTBALL TRIALS - Saturday 6th October 2018 11:45 registration - 1:30 pm</b>                  @Beauchamps High School S11 8LY Age: Under 17 and 15 by the 1st September 2018.                  How to Register: Email calluma@essexboysandgirlsclubs.org</p>	

**OUR NEW ACTIVITY CALENDARS ARE ON THEIR WAY TO YOU!**  
**REMEMBER you must be affiliated to attend EBGC activities and events. If you need an affiliation form please contact Rebecca on rebeccas@essexboysandgirlsclubs.org or call 01245 264783**



## RESIDENTIAL CENTRES

**Layer Marney Outdoors:** bookings@essexboysandgirlsclubs.org  
**Maes Y Lade bookings:** davidh@essexboysandgirlsclubs.org  
**High Row bookings:** clivee@essexboysandgirlsclubs.org

## FUNDING FOR CLUBS

**Essex Community Foundation:** ECF always notify us when funds are available. Sometimes these are in specific areas and we will email these details out. They also offer Phone-in Funding Surgeries for specific areas and these details will be emailed out to clubs in the relevant areas. They are always helpful if you need funds for specific projects – contact them on 01245 356018 or email [grants@essexcf.org](mailto:grants@essexcf.org)

**Variety:** The Childrens Charity Youth Club Grants Committee – Funding through this source is very limited at present but contact suep@essexboysandgirlsclubs.org if you require funding for equipment for your club and she can advise you of their current situation.

**Santander:** Any registered charity can apply for Santander Foundation Discovery grant which supports applications that follow their 3 priorities of Explore, Transformer and Changemaker. Application forms can be picked up from any Santander branch.

**If you require funding for any project then speak to us! Contact the EBGC office and we will be able to help you.**

**THANK YOU TO ALL CLUBS, VOLUNTEERS, SUPPORTERS & FUNDERS FOR ALL YOUR ONGOING SUPPORT!**

Essex Boys & Girls Clubs, Harway House, Rectory Lane, Chelmsford, Essex CM1 1RQ. Registered Charity Number: 1163658 Tel: 01245 264783  
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