



NEWSLETTER



VTeam Celebration & Training event at High Row!

CLUB NEWS & DELIVERY

Welcome to **Braintree Youth Project Charity** new Club Leader Jon Hughes and Centre Manager Holly Legg. Well done to **Abberton and Langenhoe Youth Centre** and **Gt. Tey Activity Club** for completing their Emergency First Aid For Young People as part of the Rural Programme funded by the Big Lottery. Excited to see **Ingatstone Boys Own Club** and **Prospexs** new kitchen refurbishments!

New clubs! Congratulations to the teams at Wanstead Youth Club, Thames Phab and UMC Phab for setting up new youth provisions.

Massive congratulations to Terry Dainty from **Canvey Boys Club** for winning an award at the High Sherriff Awards Evening for his exceptional contribution to the club over the last 43 years! Well done to Angie Pearson from **Waltham Abbey Youth 2000** for being nominated for her outstanding dedication to improving the lives of young people in Waltham Abbey and congratulations to **North Avenue Youth Centre** for receiving a grant to continue the good work they do in Chelmsford.

FUNDING: The High Sheriff strives to make communities a safer place in which to live and work. Through the High Sheriffs' Award Scheme, which is administered through Essex Community Foundation (ECF), it is possible to provide financial support for schemes where local people or organisations tackle crime and social problems in their communities. Deadline: 1st December. To discuss an application or nomination please contact ECF on 01245 356018

YOUTH INVESTMENT FUND (YIF) UPDATE

The YIF Youth Club in Redbridge is an inclusive youth club, open 6-8pm every Thursday, operating in Wanstead Youth Centre (E11 2DB) for young people aged 10-25 years old . The club has been open since 8th February and we have had a total of 19 young people attend, during the session. There are a wide range of activities and sports for the young people to engage with. If you know of someone that would like to attend the sessions or may like to volunteer (16 years+) then please contact Callum: calluma@essexboysandgirlsclubs.org



The YIF team have been busy opening 2 other new clubs! 1 in Barking and Dagenham at the Sue Bramley Centre (IG11 OLH) on a Thursday evening and 1 in Havering at the Upminster Methodist Church (RM14 1AE) on a Tuesday evening!

For more information call 01245 264783

VTEAM & CLUB VOLUNTEERS

After receiving funding from National Lottery Awards for All, we were able to say thankyou to some of our dedicated VTeam members for all their hard work and commitment. 10 volunteers and 3 staff members headed to our High Row Centre near Keswick in Cumbria for 5 days of outdoor Adventure and training. The week included mountain walking, navigation, an overnight expedition, CV and interview techniques and personal development training.

Thankyou to all our VTEAM members for your hard work and commitment!

If you are interested in volunteering please contact Katie on katiep@essexboysandgirlsclubs.org



If you want to get involved and receive these benefits for your club or feel you could offer something to our clubs please contact Rebecca on T: 01245 264783 E: rebeccas@essexboysandgirlsclubs.org for more information on affiliating to EBGC



EVENTS AND ACTIVITIES LEE VALLEY CYCLE DAY

This new event allowed young people to experience three cycling activities at the Lee Valley VeloPark including BMX, Mountain Biking and the Road Track Cycling. In total 42 young people took part from 5 different clubs. **Clubs Attended: Chelmsford Highlanders, Sampfords YC, Crown and Manor, Frenford and Bancroft Lions.**

EBGC ACTIVITY DAY

5 clubs got the chance to spend the day at Stubbers Adventure Centre taking part in activities such as the high ropes, ATR boarding, tunnelling and team challenge. Well done to everyone that got involved and had a go!

Clubs Attended: Ab Phab, Bancroft Lions, Prospex, Chelmsford Highlanders and Ingatestone Boys Own Club.

CROSS COUNTRY

On Saturday 10th February a total of 51 runners from 8 clubs across Essex and London took part in the National Cross Country Championships at Stubbers Adventure Centre.

See below for the results:

Individuals

Under 11 Boys

- 1st Stanley Hobbs - **Centurions**
- 2nd Andrew Haslip - **Centurions**

Under 11 Girls

- 1st Ruby Glynn - **Centurions**
- 2nd Ruby Getty - **Centurions**

Under 13 Boys

- 1st James Richardson - **Colne Engaine YC**
- 2nd Jack Smith - **Ingatestone Boys Own Club**

Under 13 Girls

- 1st Ruby Guynon - **St Josephs**
- 2nd Charlotte Kennedy - **St Josephs**

Under 15 Boys

- 1st Lewis Walcott **Bancroft Lions CC**

2nd Bobby Coventry - **Crown and Manor**
Under 15 Girls

- 1st China Brown - **Westminster House**
- 2nd Laura Van Royven - **Centurions**

Under 17 Boys

- 1st Josh Boyds - **Centurions**
- 2nd Kaylem Moore - **Centurions**

Team

Under 11 Boys

- 1st **Centurions**
- 2nd **Crown and Manor**

Under 13 Boys

- 1st **Linford Wanderers**
- 2nd **Westminster House**

Under 13 Girls

- 1st **St Josephs**
- 2nd **Centurions**

Under 15 Boys

- 1st **Crown and Manor**
- 2nd **Centurions**

Under 17 Boys

- 1st **Centurions**

DODGEBALL

Teams gathered at Anglia Ruskin University to compete in the County Dodgeball championships. Well done to the winners:

- under 12 - **Westminster House YC**
 - Under 14 - **Bancroft Lions CC**
 - Under 16 - **Westminster House YC**
- Clubs Attended: Westminster House & Bancroft Lions**

EASTER CUP

A group of young people from 3 clubs headed to Maes Y Lade for a weekend of outdoor Adventure.
Clubs Attended: Bancroft Lions CC, Centurions BC & Hyland Inline Hockey Club.

CRICKET CAMP

The cricket camp took place at Felsted School over 3 days in the Easter holidays. Young cricketers were given the opportunity to practise and improve their all round skills working under the expert instruction of ex England and

Essex cricketer Rob Rollins and Luke Humphrey - who is a specialist bowling coach. The coaching also enabled the EBGC Cricket Representative Squad get ready for the season ahead.

Clubs Attended: Bancroft CC, Thaxted YC, Upminster CC, Billericay CC, Loughton CC & Frenford Clubs.

GIVE IT A GOLF

Working in partnership with the Golf Foundation and funding from HSBC Golf Roots we were able to provide a golf taster session followed by 6 golf tuition sessions with Elsenham Golf & Leisure. The taster session was positive with 12 young people there. The tuition sessions started on the 21st April. If you are interested please contact the office.

Clubs Attended: Samford's Youth Club, Halstead BC & Rayne BC.

100 MILE CANOE TEST TRAINING

In May a group of young people along with club leaders, staff and instructors will complete the 100 Mile Canoe Test. This involves paddling 100 miles on the River Severn over 4 days! To prepare for the challenge the group has spent time in Maes Y Lade learning about different paddling skills down the River Wye. In the evenings the young people enjoyed Laser Tag, Team Games and a Night Walk.

Clubs Attended: Centurions Boxing Club, Prospex, Rayne Boxing Club, St. Joseph's Youth Club & Wanstead Rugby Club.

Here is a selection of photos from our recent events - Can you see your club? →

Remember to complete your 2018/19 Affiliation form

Please return by post or email

You must be affiliated to take part in any EBGC event or activity.

RESPECT

After starting the programme in 2000 this year we have reached the 100th Project! This is an amazing achievement and we would like to take this opportunity to thank everyone that has supported the programme over the last 18 years from funders to schools, volunteers and young people, you have all contributed to the continuation of the project. If you would like to know more about the Respect project please get in contact.

AMERICA CHALLENGE

Club Member and Volunteers have been selected to represent EBGC on the America Challenge. The group are set to make their way to America in mid August to spend time with Boys and Girls Clubs of Tennessee, volunteer on the appalachian trail and trek through the Rocky mountains! **Attendees:** Jon Whippy– **Sampfords Youth Club**, Jake Price - **BGC Wales: Llwynypia Boys and Girls Club**, Shireen Bakry - **St Marks College** and Amy Harris - **EBGC Staff member**

NEPAL ADVENTURE

10 young people from around the county have been selected to take part in the Nepal Adventure starting in August 2018. The group have attended a training weekend at Maes Y Lade and are now busy fundraising and raising awareness of their trip. **Attendees:** Abigail Milsom, April Page, Ava Murray, Celestia John Baptise, Charlotte Purkiss, Chris Chadwick, Keanna Dippenaar, Lauren Folkes, Oliver Norris and TJ Bailey. EBGC Staff members: Jay Solder and Rebecca Stanley.

NEPAL 2019! Do you want to be part of the next Nepal Adventure?! We will be traveling to the capital of Kathmandu, from there we will hike to the remote village of Barpak where we will spend some time living amongst the local community. On our way back to Kathmandu we will be white water rafting down the Trisuli River! If you are 16 or over and want to get involved please get in contact by calling 01245 264783

TRAINING

We have recently delivered the **Introduction to Youth Work delivered in partnership with Essex County Council**. Young people from across the county were given the opportunity to look at topics such as what is youth work, communication, team work and safeguarding. *Well done to all the young people who have completed their training.* **The next sessions are 23rd & 24th October 2018**, if you would like to attend please get in contact!

EBGC is a member of **ECVYS (Essex Council For Voluntary Youth Services)** meaning you are too! You can access all the training opportunities they are offering. Please visit their website for up to date training opportunities (<https://ecvys.org.uk/training-and-grants/>) such as Level 2 Food Safety & Hygiene, Health & Safety at work, Risk taking behaviour & young people and E-safety-guidance for practitioners.

Young Leader Training: EBGC are running Young Leader Training 31st May - 3rd June. The training will take place at Maes Y Lade (Transport included) and cover topics such as leadership, communication, team games, Respect and Challenge resulting in an ASDAN Leadership qualification. If you have any young person aged 14 - 17 interested in taking part please email Rebecca on rebeccas@essexboysandgirlsclubs.org

Level Two Safeguarding Training: Tuesday 5th June at North Avenue Youth Centre. £5 pp for affiliated clubs & £20 pp for non affiliated clubs.

KEEPING YOUNG PEOPLE SAFE ONLINE

As some of you are aware there has been lots of talk about child exploitation, online gaming and the use of social media and young people. Essex Safeguarding Children's Board have put together lots of useful easy to understand information for parents, child workforce, schools and young people around staying safe online. As clubs we are in a position to support our young people and the website includes vital information about keeping young people safe. Please take the time to read <http://www.escb.co.uk/en-gb/safeguardingtopics/childsexualexploitation>



UPCOMING EVENTS FOR AFFILIATED CLUBS

Golf Roots Project: Saturdays from 21st April - 14th July @Elsenham Golf Club. Cost: £10 per person. Contact: tomp@essexboysandgirlsclubs.org you still have a chance of joining!

EBGC Shooting Championships: 5th May @Herts & Essex Gun Club. Cost: £30 per team of 4.

EBGC Boys 5 aside Championships: 12th May @Frenford Clubs. Cost: £15 per team (Max 8 players per team).

Table Tennis County Championships: Saturday 19th May @Frenford Clubs. 9:30 - 1:00pm (Boys Only Event) cost: £2 per entry. Closing Date for entries: 12th May Contact: calluma@essexboysandgirlsclubs.org

100 Mile Canoe Test: 25th -29th May @River Severn. Cost: £80 per young person (all travel, food, accommodation, activities and equipment provided). Contact: katiec@essexboysandgirlsclubs.org

Angling Championships: 9th June @Home Farm Fisheries. Cost: £4 per person

Adventure Weekend: 15 - 17th June @Stubbers Adventure Weekend. Cost: Day tickets starting from £15 and weekend tickets starting from £28. contact: rebeccas@essexboysandgirlsclubs.org

Lee Valley White Water Rafting Day: 2nd August 10:00 am - 12pm. Cost: £5 per person

The NABGC NATIONAL POOL TOURNAMENT takes place on Sunday 20 May 2018 in Newcastle Under Lyme Staffordshire. If any clubs have players aged over 10 and under 19 on 1.9.2017 who wish to take part in this National competition please contact Keith on 01245 264783 or email keithc@essexboysandgirlsclubs.org

For more information or to book your place on an event please contact Keith on 01245 264783 or keithc@essexboysandgirlsclubs.org (unless stated otherwise).

EBGC AGM REMINDER

On **Friday 18th May 2018** we will hold our Annual General Meeting (AGM) taking place at Gosfield Lake Golf Club at 7.00pm. . **The AGM will be followed at 7.30pm by the Essex Boys and Girls Clubs Annual Dinner. The price of the three-course meal is £19 per head.** To book your place on the AGM please contact Natasha on **E: natashaw@essexboysandgirlsclubs.org or T: 01245 264783**

EBGC GOLF DAY REMINDER

On **Wednesday 27th June 2018** we will hold our Annual Summer Golf Classic taking place at Gosfield Lake Golf Club. This year we will be celebrating the 30th year! If you would like to enter a team please contact Natasha on **E: natashaw@essexboysandgirlsclubs.org or T: 01245 264783**

BRAND NEW RESIDENTIAL CENTRE!

Layer Marney Outdoors

Our new non-residential centre in Layer Marney will open its doors this May with a range of exciting outdoor team activities to choose from. Based in the grounds of the beautiful Layer Marney Tower we have covered activity areas, a purpose built water sports lake, a huge field and a six acre wood ideal for bushcraft and laser tag. We can cater for schools and club members year five upwards in group sizes of ten up to a maximum of sixty. If you are interested in booking please contact the office.

Layer Marney Outdoors: bookings@essexboysandgirlsclubs.org

Maes Y Lade bookings: daveh@essexboysandgirlsclubs.org

High Row bookings: clivee@essexboysandgirlsclubs.org



FUNDING FOR CLUBS

Essex Community Foundation: ECF always notify us when funds are available. Sometimes these are in specific areas and we will email these details out. They also offer Phone-in Funding Surgeries for specific areas and these details will be emailed out to clubs in the relevant areas. They are always helpful if you need funds for specific projects – contact them on 01245 356018 or email grants@essexcf.org

Variety: The Childrens Charity Youth Club Grants Committee – Funding through this source is very limited at present but contact suep@essexboysandgirlsclubs.org if you require funding for equipment for your club and she can advise you of their current situation.

Santander: Any registered charity can apply for Santander Foundation Discovery grant which supports applications that follow their 3 priorities of Explore, Transformer and Changemaker. Application forms can be picked up from any Santander branch.

If you require funding for any project then speak to us! Contact the EBGC office and we will be able to help you.

THANKYOU TO ALL CLUBS, VOLUNTEERS, SUPPORTERS & FUNDERS FOR ALL YOUR ONGOING SUPPORT!

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