



NEWSLETTER



Essex Adventure Weekend 2017!

CLUB NEWS & DELIVERY

Good Luck to **Gt Yeldham** with their new junior session on a Wednesday Evening.

Massive well done to **Braintree Youth Project Charity** for winning the Matchroom Trophy at this years EBGC AGM.

Congratulations to **Ab Phab YC** for celebrating their 20 year birthday! Brilliant to hear **Torchlight YC** had an amazing time visiting Maes Y Lade this summer!

A big welcome to Blackmore YC's new club leader!

Well done to **all the clubs** that completed the Changing Young Attitudes Towards Sport and Healthy Living Programme over the last 3 years. A total of **1193 Young people** across **31 affiliated clubs** have taken part! Over half the young people reported an increase in the amount of exercise they take part in.

We are entering into another year of the Big Lottery Rural Programme supporting clubs all over Rural Essex. If you need our support please get in contact.

NATIONAL CITIZEN SERVICE RESPECT

This summer's NCS saw over 700 young people graduate from Chelmsford, Basildon, Southend, Epping and Harlow. The teams spent two weeks away from home; the first completing outdoor pursuits and activities at either Cherry Tree in Colchester, or Earlswood in Solihull and their second taking part in interactive workshops and life skills sessions at Hadleigh Park. They then spent two weeks in their respective communities creating voluntary social action projects for local charities, good causes and individuals.

"I thoroughly enjoyed every aspect of NCS. I have made some new friends and learned new skills, I was eased out of my comfort zone and felt comfortable to challenge myself from the outset. Essex Boys and Girls Clubs have provided me with a summer to remember and many more aspirations."

The Respect Project continues to produce positive outcomes for the young people participating and we have a further six projects running during the Autumn with up to 60 young people from each project attending the initial activity days from Tendring, Colchester, Chelmsford, Braintree, Thurrock and Basildon. These days are being delivered at Skreens Park in Chelmsford by our delivery team and include a variety of different team building activities. From these initial days 15 young people from each project will be offered the opportunity to attend a life skills course leading to a week away at either of our activity centres, Maes Y Lade in Wales or High Row in the Lake District.

In total, our graduates volunteered 42,425 hours and raised £12,818.30!
Massive well done to all our grads!

Thankyou to all the funders and supporters of the programme! Your support really does make a difference.

Some wise words from our supporters

"You cannot buy self-belief, it is within us all, usually dormant, it just needs awakening and developing to take you where you need to go. Believe".
Words from **Bill Curbishley** 2017.

"I hope you all continue to challenge yourself and realise your potential".
Mark Noble EBGC NCS Ambassador.



If you want to get involved and receive these benefits for your club or feel you could offer something to our clubs please contact Rebecca on T: 01245 264783 E: rebeccas@essexboysandgirlsclubs.org for more information on Affiliating to EBGC

WHAT HAVE WE BEEN UP TO?

EVENTS AND ACTIVITIES REPRESENTATIVE SQUADS

The Cricket Rep Squads enjoyed another successful season. The programme produced a total of 200 high level cricket experiences involving 92 young players that took part in the 15 fixtures across our U12 U14 and U18 squads. Our fixtures included Eton College, Tonbridge School, Harrow School, Winchester College, Felsted School, Chigwell School, Kimbolton School, New Hall School and Orwell Park School.



The Football Rep Squad

A team of 21 talented footballers from 4 affiliated clubs got the opportunity to play against elite sides and professional academies, with the year coming to a close with the tour of the North and competing in the NABGC Inter-County Championships. The EBGC Representative Football Squad will open its doors very soon to new talented footballers once again this season. The trials took place on Saturday 7th October, however if you have any talented young footballers in your club Please contact Tom for more information on tomp@essexboysandgirlsclubs.org



Event Results and Reviews

We have been busy holding events all over the county for clubs to take part in. If you have a event or competition idea we want to hear from you!

Bake Off

18th March @NAYC

Clubs attended: **North Avenue Youth Club, Rayne BC, Newport Youth Club & Way 2000**

Winners:

Showstopper: Newport Youth Club

Showstopper Cupcake: Rayne BC

Wickford Laser Tag

25th March @ Wickford Town FC

Clubs attended: **Linford FC &**

Wickford Town FC

Winners: Wickford Town FC

Easter Cup

4th – 7th April @ Maes Y Lade

Clubs attended: **Bancroft Lions CC**

Centurions ABC

Winners: Centurions ABC

Stubbers Wet Day

29th April @ Stubbers Adventure

Centre

Clubs attended: **SNAC, Rayne BC, St**

Joseph's, ABPHAB



Shooting Champs

6th May @ H&E Gun Club

Clubs attended: **Dagenham BC, Gt**

Tey YC, Sampfords YC, 4Youth &

Chelmsford Hylanders

U14s Competition

1st: Sampfords YC – 423 pts

2nd: 4Youth – 288 pts

3rd: Gt Tey YC – 250 pts

4th – Hylanders IHC – 236 pts

5th – Dagenham A – 136 pts

U16s Competition

1st: Dagenham BC – 423 pts

2nd: 4Youth - 421 pts

3rd: Sampfords YC – 413 pts

4th: Hylanders IHC

Top Gun:

U14: Charlotte Arnold Sampfords YC

U16: Mack Kempton Dagenham BC

100 Mile Canoe Test

26th - 30th May on the River Wye

Clubs attended: **St Joseph YC, Sampfords YC, St Marks College , 2nd Uppminster Scouts, Rayne BC & VTeam**



Table Tennis Champs

20th May @ Frenford Clubs

Clubs attended: **Epping Forest**

Falcons FC, Frenford, Clubs, Bancroft

CC, Ingatestone Boys Own Club & St

Cedds YC

Winners:

U12: Aman Razaq -Frenford Clubs

U14: Aiden Noguchi -IBOC

U16: Farhaan Ahmed -Frenford Clubs

Angling Competition

10th June @ Home Farm Fisheries

Clubs attended: **Sampfords YC, IBOC**

1st: Josh Coles – Sampfords YC

2nd: Josh Shane – Sampfords YC

3rd: George Mayhew - IBOC

Essex Adventure Weekend

16th - 18th June 2017

Was a full weekend of fun held at Stubbers Adventure Centre in June.

The weekend started with

Chelmsford Community Radio bus

coming down and playing music

and interacting with the audience.

The rest of the weekend was spent

running around Stubbers having a go

at the activities that were on offer.

The weather was sunny and

everyone flocked to the water

activities trying to cool down in the

lake. This year there were 19 clubs,

with just under 400 people in

attendance!

Thankyou to all the Essex and

National clubs that attended.



Nepal Adventure 2017

INTERNATIONAL TRIPS NEPAL ADVENTURE

10 NCS Graduates and club senior members from around the county were selected to take part in the Nepal Adventure starting in August. The group flew to Kathmandu alongside staff members Jay and Rebecca to start their 19 day adventure. After spending some time in the capital visiting local temples and finding their way around the bustling streets of Kathmandu the group spent the next 8 days hiking to Barpak, a remote village 6,200ft up in the mountains. The group lived alongside the community and learnt about their culture and their daily life. On the way down they got to enjoy 2 days of rafting down the River Trishuli, some even managed an unexpected swim down the rapids! "This trip has been totally unforgettable!"

Attendees: Alice Ferris, Cerys Dunmow, Charlie Shaw, Chloe Mayo, Emily Orchard, James Castle, Katie Chester, Lauren Hill, Sarah Ray-Dobson and Scott Peckham.

If you are 16+ and interested in taking part in the Nepal Adventure 2018 please email Jay or Rebecca for more information or call 01245 264783 jays@essexboysandgirlsclubs.org/
reccas@essexboysandgirlsclubs.org



AMERICA CHALLENGE

This August saw our annual international trip to Tennessee. The America Challenge is run each year by EBGC inviting young people from Essex and National clubs to join in. This year participants from Essex were; Rachel Evans (**Chalvedon Amateur Boxing Club**) and Sam Rodriguez (**Linford Wanderers Football and Sport Clubs**) we were also joined by Claire Hodgson (**Durham Boys and Girls Clubs**) and Lauren Welsh (**Boys and Girls Clubs of Wales**). The team hiked along the Appalachian Trail, completed conservation work on the trail and finally volunteered at the Boys and Girls Clubs of Tennessee Valley. It was a great trip and we are very much looking forward to next year, If you have someone over 18 that would like to participate please send your nominations for next year to amiee@essexboysandgirlsclubs.org

AGM

We welcomed 110 guests, including 14 clubs and dignitaries to our annual AGM at Gosfield Lake Golf Club on 12th May. After a quick meeting, the guests enjoyed a three course carvery meal and presentation showcasing the work of EBGC over the past year. This year our Keystone Awards were presented by the Lord Lieutenant of Essex, Lord Petre. Amongst the 7 awards presented, Graham Sandy received the Patron Award for 60 year's service at **Frenford Clubs**. Congratulations!!

Next year's AGM will take place on 11th May 2018

THE EBGC SUMMER GOLF CLASSIC

On 5th July we held our 29th annual Summer Golf Day at Gosfield Lake Golf Club. The sun shined from start to finish for the 21 teams who attended along with 9 celebrities. All golfers enjoyed 18 holes of competitive golf with the likes of John Conteh, George Saunders and John Cassidy followed by a three course carvery meal and entertainment. John Conteh led our auction and raffle with some great prizes up for grabs! Overall we raised an amazing £6,500 for Essex Boys and Girls Clubs!! **Next Year's Summer Golf Classic will take place on 27th June!**



