



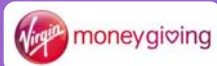
NEWSLETTER

SPRING 2013

www.essexboysandgirlsclubs.org

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Reg. Charity No: 301447



GREAT TURN OUT AT ANNUAL X-COUNTRY CHAMPS.

This year's National Cross-Country Championships, hosted again by EBGC at Stubbers, was well supported by clubs. 93 runners took part, of whom 62 were from EBGC member clubs. All raced bravely in the chilly but thankfully dry day, turning out some excellent times in all age groups. The support of club leaders, volunteers, friends and family made it a bustling and friendly day of good-natured competition and new connections.

We were honoured to welcome Durham Clubs for Young People and newly affiliated Islington Boxing Club, who went home with the coveted Boxing Challenge Trophy, graciously passed on by 2012 winners Brentwood Youth ABC. 2014's event will be planned around other key fixtures in the boxing and national calendar, so keep an eye out for it and get your club ready!

THANKS TO ALL PARTICIPATING CLUBS:
Brentwood Youth ABC, Islington ABC, Centurions ABC, Crown & Manor, St. Joseph's YC, Frenford Clubs, Rayne ABC, Mayland ABC, Durham Clubs for Young People.

"I would like to say on behalf of everyone at our club what a fantastic event you all hosted and it was a very enjoyable day despite the cold weather but at least the rain held off for today! We were delighted on winning the 'Boxing Club Challenge Trophy' in our first year of entering, we hope to put in a strong team for next season so we can defend it and keep it at home in Islington! We also hope to stay at Stubbers or High Row in the near future, I have picked up as many posters, event calendars and leaflets as possible for our club, our management committee will get together at some point and discuss further what and when we will be taking part in activities. All the staff members of Essex Boys & Girls Clubs were very helpful and very kind, a big credit to you all." Reggie Hagland, Islington ABC



RAYNE ABC IMPRESSES BRAINTREE DC CHAIR

In January, Braintree District Council Chair, Lynette Bowers-Flint, made a special visit to Rayne ABC to present awards to their two most improved members. Junior **Shamie Kindon** won the Most Improved Junior Award and a Participation Certificate in recognition of being the only Cross-Country entrant from his club.

As a boxing fan and good friend to our clubs, Lynette was very impressed with the club and its members and promised them her support in all of their endeavours.



16-17yr olds SIGN UP TO ESSEX NCS IN DROVES

With just over 1,000 places available for 16-17yr olds from Essex on this year's National Citizen Service, we've received huge amounts of interest already, after sending a team out to promote the opportunity in school assemblies.

All 16-17yr olds are eligible to join this exciting government-funded program, to enhance their skills, confidence and employability, which costs **just £35!** It includes residential experiences and

runs during the Summer holidays (for 4 weeks) or Autumn half-term (9 days). This is one of those once-in-a-lifetime opportunities which must not be missed, so please get in touch with our busy NCS recruitment team if you would like them to visit to talk to your members about the opportunity. We're working in partnership with Essex County Council to deliver all NCS places in Essex, Southend and Thurrock, so our friendly team can help you wherever you're based.



POWERED BY



You can find out more and sign up at www.ncsyes.co.uk

or call Nathalie, Ricky, Stuart or Lewis on 01245 264783

DIRECTOR'S UPDATE

As you can read throughout this newsletter it has been an interesting time for staff, clubs and our members. I personally think that challenge is an important component in aiding the development of young people and for that matter everyone, no matter what age they are. You will see below that Steve Hutson and I completed our Winter ML, which has been our challenge for the last 5 years. I hope that all our club leaders and members will set their own challenges for the coming few months ahead whether it be to take part in a different activity at the club, to help put the equipment away at the end of the night or climb a mountain on one of our young leader courses. There are lots of opportunities with us for everyone. Just make sure that you don't miss out!

Martin Solder martin@essexboysandgirlsclubs.org



OUR TWO NEW WINTER MLs

Our congratulations go to EBGC Director Martin and Project Leader Steven, who both achieved their Winter Mountain Leader Award this February. The most difficult walking awards available in the UK, both are convinced they are among the oldest in the country to gain this qualification. Anyone who knows these two will know that age is never a barrier. Now they've both proved that treacherous white-outs, snow holes and near death experiences don't stand in their way either! The Award allows them to lead parties on hill walks within the UK under winter conditions, which will make a big difference to the staffing of our existing Winter Skills Course and create further project opportunities. Martin & Steven are now one step closer to fulfilling their dream of climbing Mount Augustine!

LARPERS INVADE THE NIGHT EX.

Teams assembled in Gt Yeldham on the 26th January for a Night Exercise with a twist! Having warmed themselves by the fire and sampled Sue Pell's gourmet BBQ (strictly horse-free!!), they set off to their designated starting activities before taking on the 8 activity points spread across the farm. Salem's Wood proved to be a particularly popular part of the course, with a rope-trail leading through a forest infested with Orcs, Goblins and Knights. This was thanks to the 'Dragonlore Live Action Role-Playing (LARP) Group', who kindly drove up from Thurrock to crash about in the woods and challenge the teams to a highly competitive game of Connect 4! The winning team were those who completed the course in the fastest time, after time bonuses and penalties – so it was not necessarily the first team back that won! In the end the Ashdon Hangout team 'The Ashdon Boyzz' emerged winners, with the team from Great Tey Youth Activity Club coming a close second. We would like to thank all the volunteers who helped out on the day as well as Dragonlore Live Re-enactment Group, without whom the night would not have been the same.



Winning team 'The Ashdon Boyzz' are attacked by a member of the Dragonlore group. L-R: Winners Alex Rowley, Ollie Smith, Jack Herrington with fellow Ashdon Hangout member, Tommy Kew



'The Melbourne Crew' North Avenue YC
L-R Shaylan Westrip, Shaylee Westrip,
Liam Rolfe and Roman Barker

THANKS TO ALL PARTICIPATING CLUBS: North Avenue YC, The Ashdon Hangout and Great Tey Youth Activity Club.

WE SEE IN 2013 WITH FIERCELY FOUGHT 5-A-SIDES

Our annual 5-a-side Football Tournament took place again at Riverside Ice & Leisure Centre in Chelmsford, on January 5th. Teams competed in U12, U14 and U16 categories for the chance to progress into the Regional Finals held in Hampshire.

In the **U12** age group, *Chelmsford City FC* emerged victorious with *Crown and Manor* runners-up. In the **U14** category, *Crown and Manor* showed early on that they were the team to beat and, despite fierce competition from a strong *Chelmsford City FC* team, they eventually ran out winners with *Chelmsford City FC* taking the runners up spot. In an extremely competitive **U16** group of seven, *Wivenhoe Youth FC* dominated, winning every match until succumbing in the final to their only defeat of the day against victors *Chelmsford City FC*. The **U19s** was not contested this year at County level, however two teams will be representing Essex at the Regional Round. *Basildon Boys FC* and *Island Boys & Girls FC* will be travelling to Hampshire as the only two Essex entries at that age group. Congratulations must go to all clubs involved in the tournament for providing such a high standard of football. We wish them the best of luck in the Regionals and will be sure to keep you informed of their progress.

THANKS TO ALL PARTICIPATING CLUBS: Ashingdon Youth FC, Basildon Boys FC, Berry Boys, Brentwood Youth FC, Chelmsford City FC, Crown & Manor, Ingatestone Boys Own Club, Island Boys & Girls FC, Linford Wanderers FC, Wivenhoe YFC.



U12 winners: Chelmsford City FC



U14 winners: Crown & Manor



What's on for you & your members

MARCH

- 2nd EBGC U12 & U14 Rep. Squad Cricket Trials
- 3-8th Winter Skills Course in Scotland
- 16th Pool Championship
- 19th Brentwood Bringing Clubs Together Evening
- 23rd North Essex Mobile Activity Day

APRIL

- 2-5th Easter Cup at High Row
- 5-7th Cricket Camp at Halstead Cricket Club
- 8-11th EBGC U16 Rep. Football Squad Tour
- 12th Stubbers Wet Activity Day
- 13th U13 Kwik Cricket Day
- 20th **The Essex Jailbreak**
- 28th Laser Quest at Stubbers

MAY

- 4th Air-Rifle Shooting Competition
- 4-5th High Sheriff's Cycle Challenge
- 5th Canoe Training Day
- 11th Maldon Paddle
- 17th **Essex Boys & Girls Clubs AGM**
- 24-28th 100 Mile Canoe Test
- 26th Fishing Competition Round 1
- 31st South Essex Football Cage Competition

JUNE

- 2nd South Essex Mobile Activity Day
- 14th South Essex Football Cage Competition
- 16th Fishing Competition Round 2
- 21st North Essex Football Cage Competition
- 28-30th **Essex Adventure Weekend at Stubbers**

JULY

- 3rd Gosfield Golf Classic
- 7th Fishing Competition Round 3
- 14th Archery Competition
- 21st Super Team Event
- 25th 6-a-side Cricket Day
- 28th Stubbers Triathlon

AUGUST

- (dates tbc) Summer Camp at High Row
- (dates tbc) Nepal Expedition

AUTUMN PROGRAM IS PUBLISHED IN JUNE/JULY

Fun and fundraising for your club

*JOIN US TO TAKE OVER STUBBERS!
We take over Stubbers for the weekend, so bring your whole club and camp with us! Meet and share ideas with other club leaders, take on lots of adventure challenges and sing songs around the campfire. Let us know early on if you're short of funding and we will see what we can do to make sure you can make it...*

FREE 'TRY GOLF' SESSIONS FOR UTTLESFORD & BRAINTREE



Gosfield Lake Golf Club in North Essex are offering free 'Try Golf' sessions at their state of the art facility. The offer is open to our affiliated clubs based in the Braintree or Uttlesford Districts of Essex.

Club leaders can book a session at this beautiful golf club, for up to 15 young people, by calling Dave on 01245 264783.

FREE PIZZA-MAKING FOR AFFILIATED CLUBS

Frankie & Benny's restaurants in Essex are offering free morning pizza-making sessions to our affiliated clubs. Club leaders can book an outing, which includes all food and drink, for up to 30 young people. Call Juliet on 01245 264783





YOUNG LEADERS

Our new, Sported-funded **Cascade Project** launched successfully in February half-term, with 18 Young Leaders from 9 different affiliated clubs visiting our High Row Centre in the Lake District for leadership training. They will now be supported to spread the message in their club about the positive effects of leadership training with us. The **Jack Petchey Club Improvement Scheme** is also in full swing with 24 clubs signed up for sustainability development, Young Leader training and ongoing support.

Anyone interested in finding out more about Young Leader training should contact Jamie on 01245 264783 jamied@essexboysandgirlsclubs.org



Young Leaders learn from teambuilding exercises



CONTACTS...

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VOLUNTEERING OPPORTUNITIES

We're looking for volunteers to take on the following roles this Summer. Rewards include travel expenses, clothing & skills! Contact Gavin if you can help gavin@essexboysandgirlsclubs.org

NCS Assistant Activity Instructor

NCS Assistant Group Leader

NCS Young Leader (17-19yrs)

NCS Catering Team

NCS Minibus Driver

ESSEX JAILBREAK
20th APRIL **2013** HOW FAR CAN YOU GO?
in aid of
Essex Boys & Girls Clubs
www.essexboysandgirlsclubs.org



IT'S TOUGH OUT THERE!

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Martin Solder, EBGC Director

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THE HUNT GOES ON FOR OUR ALUMNI

Thousands of boys and girls have been members and volunteers in our member clubs since we were set up back in 1939. In 2014, when we'll hit 75 years, we'd like to celebrate in style by gathering our alumni together, whether they're famous or not. **Can you help us find them?**



Essex boys meet Joe Bugner at the launching Club Week 1972

(Left to Right) Peter Cullum (Ongar), Alfred Ezekiel (Redbridge Jewish), Phil Jinks (Frenford), Steven Marriot (Lifstan), Graham Manning (Ingatstone), Martin Steadman (Hornchurch Drum and Trumpet Corps), George Hilditch (Fryerns), Stephen Cousins (Berry).