



## Essex Boys and Girls Clubs

Essex Boys and Girls Clubs. County Office, Harway House, Rectory Lane, Chelmsford CM1 1RQ

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### 2015 Online News Archive

The following news articles were posted on the Essex Boys and Girls Clubs website in 2015.

OCTOBER 2015

#### Night Exercise 2015

This year's Night Exercise was invaded by a horde of the walking dead!

On the evening of Saturday 17th October, clubs headed to Spaynes Hall Farm for the annual event, this year with a special zombie twist! Attendees included members and leaders from **St. Annes Youth Club, Linford Wanderers Football & Sports Club, North Avenue Youth Club, Great Tey Youth Activity Club, Chelmsford Volunteer Police Cadets, Braintree Youth Project Charity and Rayne Amateur Boxing Club**. The EBGC VTeam also put up a ghastly crew of 21 unnervingly convincing zombies, who had to be avoided at all costs! Teams set off from base camp at staggered intervals from 7.30pm to navigate a 2 mile course around the farm, hitting 7 activity points, with Zombie Outbreak themed bonuses available along the way. Hot drinks, a BBQ and a bonfire kept everyone going before the finale of a mini firework display and the awards ceremony.

Thanks to everyone who came, especially volunteers from both the VTeam and from clubs. Ideas for next year's theme are welcome!!



NOVEMBER 2015

## NABC: Results for 1st November Bouts London/Anglia



The table below shows all National Amateur Boxing Championship bouts in the London & Anglia Round fought on 1st November 2015 at Harlow Greyhound Stadium.

Winners are shown in bold and highlighted.

Boxer & Club		Weight		Boxer & Club	Weight	
Bobby Caton Holland Park ABC		52 KG	vs	<b>RIO EMMINS</b> Billericay & Wickford A.B.C.	52 KG	<b>Pts-S</b>
Ishmal Islam Newham Boys Club		50 KG	vs	<b>KANE BASSI</b> Gator ABC	50 KG	<b>Pts-S</b>
Lewis Mulberry Chalvedon ABC		54 KG	vs	<b>BRANDON CATON</b> Holland Park ABC	54 KG	<b>Pts-U</b>
<b>HENRY TURNER</b> Repton Boys Club	<b>Pts-U</b>	<b>54 KG</b>	vs	Gulshan Nota Fairbairn A.B.C.	54 KG	
<b>FRAZER MANN</b> Harwich ABC	<b>Pts-U</b>	<b>54 KG</b>	vs	Liam Worster Centurions ABC	54 KG	
<b>ALFIE MEHEGAN</b> Newham Boys Club	<b>Pts-S</b>	<b>54 KG</b>	vs	Francis O' Donnell Hooks ABC	54 KG	
<b>ALEX O' HALLORAN</b> Five Star ABC	<b>Pts-U</b>	<b>63KG</b>	vs	Kelson Mitchell Hornchurch	63KG	
<b>FRANCIE MCDONADGH</b> Hooks ABC	<b>Pts-U</b>	<b>57 KG</b>	vs	Charlie Rochford Repton Boys Club	57 KG	
<b>SONNY ALI</b> Five Star ABC	<b>Pts-U</b>	<b>57 KG</b>	vs	Alfie Lucas Harwich ABC	57 KG	
Marc Riley Attleborough ABC		60 KG	vs	<b>MOHAMMAD SHEERAZ</b> Five Star ABC	60 KG	<b>Pts-U</b>
Khalid Ali Newham Boys Club		63 KG	vs	<b>TONY O'DRISCOLL</b> West Ham Boys Club	63 KG	<b>Pts-U</b>
<b>JOHNNY HANRAHAN</b> Repton Boys Club	<b>Pts-U</b>	<b>57 KG</b>	vs	Patrick Fitzharris West Ham Boys Club	57 KG	
Lewis Agambar Canvey A B C		63 KG	vs	<b>REGGIE WALLER</b> Five Star ABC	63 KG	<b>Pts-S</b>
<b>MOHAMMED KHAN</b> Repton Boys Club	<b>Pts- U</b>	<b>60KG</b>	vs	Adam Collinson Newham Boys Clubs	60KG	
<b>RYAN COEGUN</b> Holland Park	<b>Pts- U</b>	<b>70 KG</b>	vs	Shaun Mannix Holland Shore	70 KG	
George Neale Gator ABC		63 KG	vs	<b>JAMES HAWLEY</b> Bodyshots ABC	63 KG	<b>Pts- U</b>
Dean Baxter Chatteris ABC		80 KG	vs	<b>RYAN BUTLER</b> Berry ABC	80 KG	<b>Pts-U</b>
<b>CHARLIE CORROCAN</b>	<b>Pts-U</b>	<b>63 KG</b>	vs	Eyram Avadzi	63 KG	

<b>Dale Youth</b>						
Tom Lickfold Romford Boxing Club		56 KG	vs	<b>WASIF AHMAD</b> <b>Southend ABC</b>	56 KG	TKO
<b>LOUIE TAYLOR</b> <b>Dagenham (P &amp; C) B.C</b>	<b>Pts-S</b>	<b>63 KG</b>	vs	Assim Malik Bexley A.B.C	63 KG	
<b>RILEY SMITH</b> <b>Haddenham &amp; Ely ABC</b>	<b>Pts-S</b>	<b>69 KG</b>	vs	jake Sumner Sudbury ABC	69 KG	
Pat Allen-Cripps Harwich ABC		75 KG	vs	<b>LEWIS RICHARDSON</b> <b>Centurions ABC</b>	75 KG	Pts-U
Lewis Penfold Bodyshots ABC		60 KG	vs	<b>TURANE WUNTER</b> <b>West Ham</b>	60 KG	Pts-U
Timothy Olla Romford Boxing Club		91 KG	vs	<b>JOE GILES</b> <b>Billericay &amp; Wickford A.B.C.</b>	91 KG	Pts-U
Javade Skeete West Ham Boys Club		64 KG	vs	<b>ELLIOT WHALE</b> <b>Nemesis ABC</b>	64 KG	Pts-S
Frank McDonagh Finchley & District ABC		64 KG	vs	<b>LAIQ KHAN</b> <b>Dagenham (P &amp; C) B.C</b>	64 KG	Pts-S



AUGUST 2015

## **NCS teens show they can 'Be the Change'**

***YOUNG people showed they can “Be the Change” as they took part in the second annual youth conference hosted by the Police and Crime Commissioner for Essex.***

**Teens from our National Citizen Service program joined representatives from various youth groups and youth councils at the event at the Chelmsford City Football Club.**

They were joined by 13 police officers (including 10 special constables) and partners from Show Racism the Red Card, Victim Support, the South Essex Rape and Incest Crisis Centre amongst others, to discuss serious topics including hate crime, cyber bullying, interaction between young people and police, online grooming and consent in personal relationships.

The conference, which took place on Wednesday August 5th, aimed to ensure the views of young people were heard on these important topics but also allowed them to work with police and partners to find solutions and improve awareness and education in these areas.

The first part of the day saw youngsters using anonymous voting machines to provide feedback on issues including whether they feel safe, how they feel about police and whether they feel confident about reporting crime.

Two police officers took part in a role play around the use of stop and search which generated a lively debate about young people's rights. The teenagers also fed back on how they felt their rights in this area could be better communicated to their peers.

The conference also focused on hate crime and, following an interactive presentation from Show Racism the Red Card, young people were set the task of creating key messages using any medium they chose including poems, raps, posters and campaign statements. These were all performed in front of the camera.

Amongst the innovative ideas which came from the young people around raising awareness of hate crime was a campaign idea called 'banter is bullying' focusing on the fact that jokes can too easily turn into hate incidents.

The filming was supported by volunteer and budding film-maker Tom Gudgeon, who will turn the ideas and footage into a short film to raise more awareness about the risks and impact of stereotyping and bullying. The Office of the Police and Crime Commissioner (OPCC) for Essex will then turn this film into an educational resource for use by schools and youth groups.



### **Nick Alston, Police and Crime Commissioner for Essex, said:**

**“This year’s youth conference was an exceptional event with more young people taking part than was anticipated.**

**I was impressed with the willingness of all of the young people to engage and there were very open and constructive with the police and other partners.**

**This conference dealt with really important topics and the feedback provided by the young people on these subjects will be key to informing the further work of my team, the police and partners.”**

AUGUST 2015

## Sophiacools loves her job at EBGC!

This Summer, over 1,000 young people went away with us during NCS.

YouTuber [Sophiacools](#) worked as a Cohort Leader with us all Summer. Sophia led two teams. Both went to Cherry Tree for Phase 1 (the team-building away residential), then Stubbers for Phase 2 (the skills development home residential) before they each embarked on different social action projects.

Here's Sophia's story of her residential adventures...

[https://www.youtube.com/watch?v=39i\\_J8hmP-A](https://www.youtube.com/watch?v=39i_J8hmP-A)

JULY 2015

## EBGC's NCS Charity Discovery Workshops 2015

This Summer, young people doing their National Citizen Service with EBGC will take part in a range of workshops to develop their skills and experiences. One of these is a Charity Discovery Workshop.

We have invited representatives from local charities and community groups to talk informally to groups about what they do, why it's needed in the community and about how NCS groups could help them.

Each workshop consists of a discovery 'speed-dating' session, after which each charity is paired with an NCS team from their local area. The group is then tasked with finding out about the work of the charity in more detail before brainstorming ideas to support the organisation. The session ends with presentations by each team, who report their findings and outline the ideas they've come up with.

NCS Teams must complete a 30 hour Social Action Project as part of their experience. The NCS Teams are not obliged to choose their workshop charities for their Social Action Project, however we are very pleased to report that our 2014 workshops saw 70% of attending groups gain support from those they met!

"I just want to say how good it has been to work with the team it's has been a real privilege. The enthusiasm, skills and insight is a welcome support. I have really enjoyed the experience." Charity representative, 2014



### CALLING CHARITIES & VOLUNTARY GROUPS IN SOUTH ESSEX

Last year, 70% of our NCS teenagers volunteered for organisations they met at our Charity Workshops. In Summer 2015, one thousand 16-17 year olds from Essex will do their National Citizen Service with us.

NCS requires our groups of teens to plan and deliver a Social Action Project, volunteering 30 hours to make their mark in the community. And we're inviting YOU to come and tell them what you need.

Groups help in a variety of ways, including: organising awareness-raiser to promote events or causes, organising fundraisers, doing litter picks and conservation work, renovating community spaces, organising or helping at clubs and special events for groups, helping in food banks and charity shops, assisting & entertaining in care homes, organising or helping at events to bring communities together, and much more...

If you would like a space at one of our Summer 2015 Charity Workshops, please contact:

Juliet Townsend 01245 264783 [juliet@essexboysandgirlsclubs.org](mailto:juliet@essexboysandgirlsclubs.org)

Essex Boys & Girls Clubs www.essexboysandgirlsclubs.org Reg. Charity No. 203447 www.nccs.co.uk



Thanks to the following good causes, who have already signed up to attend our workshops in Summer 2015 >



MAY 2015

## **EBGC's Nepal 2015 meet in Wales for a bonding weekend**

The team who are planning an August trip to Nepal headed to Wales on 8-10th May to get to know each other better. The team are pulling together to support the people of Barpak Village in Nepal and their fundraising continues.

This was also an opportunity for our Expedition Leader Mickey to inform the team of the latest news and put them in the picture with regards to how the trip will now be different due to the effects of the recent earthquakes in Nepal.

On Saturday, the team participated in team challenges with a canoeing session down the River Wye in the afternoon. Saturday evening was a game of laser tag, with a hike up to Lord Herefords Knob on the Sunday before they set off for home.

A really great weekend had by all and a huge thanks to volunteer minibs drivers Jan & Dave Cargill and Maes y Lade Centre Staff David Hassard and Lucy Boatman who looked after us exceptionally.

### **The following clubs are represented in our Nepal 2015 team:**

Ingatestone Boys Own Club, Sampfords Youth Club, Colne Engaine Youth Club, West Bergholt Youth Group, Linford Wanderers Football & Sports Club



MAY 2015

## **EBGC's Annual Shooting Championships go with a BANG!**

On Saturday 2nd May 2015 EBGC's Brian Court and Rebecca Stanley ran our annual Air Rifle Shooting Championships for clubs.

We were again guests of the excellent [Herts and Essex Shooting Association \(HESA\)](#) in Little Leighs, near Braintree. The HESA Club members organised plenty of activities to interest the participants while they were waiting to compete, including:

- Clay Pigeon shooting and practical shotgun disciplines.
- Rifle/Shotgun and Pistol handling and safety.
- Air Rifle field targets.
- Swords of Chivalry training and combat.
- Strip and re-assemble a Bren Gun, against the clock.

Once again the HESA club members were great hosts and the enthusiasm of their members helped to make the day a success. We were also grateful to have help from dedicated volunteers Jan and Dave Cargill, who organised refreshments for everyone.

***"Wow!!! We all loved it! Clay pigeon shooting is awesome!!  
Thank you to EBGC and Herts and Essex Shooting Association for a fab day!!!!"***

***~ Lisa Brady, Club Leader, Colne Engaine Youth Club***



APRIL 2015

## **Essex Rep. Cricket Squad wins their first match of the season!**

[< back](#)

Monday 27th April saw the EBGC U12 Representative Cricket Squad take on Chigwell School in their first game of the season. The sun was shining and the grounds and the wicket were looking tremendous.

EBGC staff Pete and Tom gave an inspiring team talk to the lads after they had warmed up with the volunteers (Harry and Dylan from Halsted Cricket Club). Farris the Captain set his field and we were ready to go.

Joseph Tomlinson opened the bowling convincingly with two consecutive maidens. The standard of bowling and fielding continued to be fantastic throughout the overs. Chigwell managed to put some runs on the board through their opening 3 batsmen, however the introduction of Jamal Richards and George Copeland slowed their run rate and Jamal ended with figures of 2-15 off his four overs and George with 0-7 off his overs. After the 25 overs Chigwell reached the total of 104.

The boys demolished their teas which were kindly put on by the Chigwell staff and they were then ready to bat their way to victory. With the target of 105 to win the opening pair walked out to the middle however unfortunately both fell for single figure scores. Now it was the turn of Jamal Richards (35 runs) and Nick Norman (15) who both hit some fantastic shots and got the squad back on track. All the batsmen to come added scores to the board and EBGC calmly snuck up on the Chigwell score. The 105 was in their sights as Joseph hit the winning runs with a lovely shot through mid-wicket. The Rep squad won with 3 overs to spare and a wicket in hand.

All players and coaches enjoyed the match and Chigwell love the fixture and want it to continue for years to come. The parents watching were on the edge of their seats.





Our thanks to [Chigwell School](#) for being fantastic hosts - we hope to be back again next year!

**The players selected for this match were from the following affiliated clubs:  
Bancroft Lions Cricket Club, Belhus Cricket Club, Billericay Cricket Club, Frenford  
Clubs, Loughton Cricket Club**



## April 2015 Essex Jailbreak 2015 is a huge success!

On Saturday 18th April 2015, 80 prisoners broke out of HM Prison Chelmsford and went on the run! No need to worry though, as they were taking part in the annual Essex Jailbreak, a charity event which involves teams racing against time. They had to get as far as possible from HM Prison Chelmsford in 15 hours, without spending any of their own money!

<https://www.youtube.com/watch?v=lbRw3SuL1uQ>

Teams, in various fancy dress outfits, were locked up at 8.55am by the Chief Constable of Essex Stephen Kavanagh and the Deputy Police Crime Commissioner of Essex Lindsay Whitehouse. Almost immediately, the gates opened and they raced off on their escape missions.

Event organiser, Juliet Townsend said, *"What an incredible day! The event is all about ingenuity, self-motivation, teamwork and dogged determination and all 18 teams had that in spades! We followed the teams all day on social media using the hashtag #EssexJailbreak2015, where you can still see all the evidence of their escapades and find links to their fundraising pages. We're so grateful to all of the entrants for their hard work and hope to see them back again next year!"*

This year's Furthest Distance Travelled Award goes to the Colne Engaine War Memorial Team, who reached the Helles Memorial in Turkey where they laid a wreath to a fallen soldier from their village. They were supported by their second team who visited pubs and shopping venues around Essex collecting donations.



### Other highlights included:

- The Mayor of Chelmsford read the exhortation at the Last Post Ceremony at the Menin gate in Ypres, Belgium and laid a wreath on behalf of the people of Chelmsford alongside 88 year old ex-serviceman Eric Mason.
- Hill & Abbott Legal Eagles watched the sun go down from the ferry as they crossed the water to Northern Ireland .
- Batman and Robin chased The Joker and The Penguin around London and racked up 18 different forms of transport.
- Loughton Youth Project visited independent record stores to celebrate National Independent Record Store Day.
- Chelmsford Cathedral Youth Group, 53a, went up London landmarks reaching a combined height of 1,308 feet.
- A Finchingfield FC team visited 8 premiership sports stadiums .
- EBGC Young Leaders hiked 11 miles in fancy dress.
- Anglia Ruskin's RAG crew raised awareness of homelessness on the streets of Chelmsford and delivered food to the Sanctus Cafe.
- Braintree Youth Project Charity toured London looking for Shaun the Sheep.
- The Chain Gang cycled 28 miles to Southend.
- EBGC Director Martin Solder entered for the 26th year in a row.
- North Avenue Youth Centre visited Rollerworld .
- A keen runner escaped by train to get to the Manchester Marathon.
- A scuba-diving team headed 18 metres underwater to put the charity logo in a submerged London bus.

Teams were made up of people of all ages, ranging from 9 to 88. The teams were fundraising for many good causes including the organisers, youth charity Essex Boys and Girls Clubs. Funds raised are expected to be in the region of £5,000.

**During #EssexJailbreak 2015, the teams supported 13 different causes...**



### Special thanks to:

The Governor of HM Prison Chelmsford for permission to hold the event again.

Chief Constable of Essex Police Stephen Kavanagh for attending the start and putting Essex Police on red alert all day!

Deputy Police Crime Commissioner of Essex Lindsay Whitehouse for supporting the event for the 8th year running.

EBGC Trustee and Chairman of Chelmsford Boys' Club Pete Drummond for coming along, as always, to cheer on the escapees.

**Essex Boys and Girls Clubs hopes to see the teams back next year for #EssexJailbreak2016 which is set for 16th April 2016.**



[Check out all the action as it happened on Twitter at #EssexJailbreak2015 >](#)



*(photo credits: Edward Starr for The Essex Chronicle, Oomphotos and the teams)*

**A huge thank you to our sponsors:**



APRIL 2015

## EBGC Cricket Camp 2015

The weekend of the 10th April was the 4th annual EBGC Cricket Camp which was held at the outstanding Gosfield School for the second year running. This year guest coaches included former Bangladesh Bowling Coach and founder of the MCI Cricket Academy [Ian Pont](#), and [Luke Humphrey](#), ECB Tutor, Assessor and NLP Practitioner, currently completing the Level 4 Master Coach qualification. The camp was another fantastic success with over 20 attendees on each of the three days.



Participants were treated on the Friday to a bowling master-class from Ian Pont, then on the Saturday to a fielding clinic and strength and conditioning in the form of a Boxing session delivered by Gary Morrison. This helped to break up the weekend a bit with something a bit different. The principles of balance, agility and power transferral were covered in the boxing session, all of which play a huge part in cricket. The final day was delivered by Luke Humphrey, with a power-hitting session in the morning, followed by 1 on 1 batting coaching in the afternoon.

The coaching lasted from 9.30am - 4.30pm every day. However residential entries, of which there were 16, were then treated to evening activities such as Archery and Laser Tag sessions.



The Cricket Camp runs every year in early April and represents unbelievable value for money with sessions delivered by some of the top coaches in the country.

**MCI**  
where cricketers train

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**Cricket**

 **Gosfield School**  
ESTABLISHED 1929

Our thanks go to Gosfield School for providing the venue and access to their outstanding facilities for another year.



APRIL 2015

## U16 Representative Football Tour of the North

On Tuesday 7th April, EBGC Football Squad Manager Scott Dixon and Volunteer Minibus Driver Ian Douglas took the **EBGC U16 Boys Representative Football Squad** on their annual tour of the North.

The minibus left Stubbers at 8:30am, picking up two **Crown & Manor** lads up from Upminster Station on the way, before embarking on the four and a half trip to Manchester to play in the [National Association of Boys & Girls Clubs](#) Cup.

After hitting traffic near the M6 toll we arrived twenty minutes before our first game against Durham, the favourites to win the tournament. After a quick turnaround we were straight in to it but the long drive up took its toll, with the team losing 4-0.

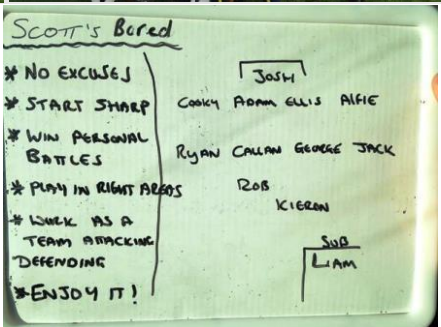
For the second year running we stayed at the fantastic [Wigan Youth Zone](#), where once again we were very well looked after and catered for. After a team meeting that evening and with 3 games the following day it was decided that an early night for everyone was best. The following day we had breakfast and departed [Wigan Youth Zone](#), arriving at the pitches in plenty of time. With only 12 players and a hot day ahead, the lads were always going to be up against it, eventually losing to Manchester 2-0, Wales 3-0, and Lancashire 3-1. It was never about the results for us and although it would have been nice to win or even draw, the most important thing was that they enjoyed the tournament and learned from the experience.

After the presentations, we drove up to EBGC's High Row Centre in the Lake District. Here we would stay until Friday taking in the wonderful surroundings. Thursday was a day out in the open with our EBGC Lake District Mountain Leader Brian. As the lads had played 3 games the day before, I asked Brian to take it easy on them. Ten miles later and we had finished our hike! Although there were some tired faces the feedback from the boys was great and they all took a real shine to Brian.

That evening after dinner we all sat in the back room and spoke about the tour, finishing with a few fun games. On Friday morning the lads were up and about early with breakfast, packing and cleaning duties completed before 9am. We set off at 9:30am after a slight problem with the fire alarms after Ian had set them off cooking bacon!!!

Finally, six and a half hours and a few stops later we were back at Stubbers, to be greeted by the players' parents. It was a great couple of days with a fantastic group of lads and a volunteer driver who is worth his weight in gold.

Thanks to the [National Association of Boys and Girls Clubs](#) for organising the Football Cup and to the [Boys & Girls Clubs of Greater Manchester](#) for hosting the event. Thanks also to [Wigan Youth Zone](#) for putting us up for the second year running. Bring on the next fixture!



APRIL 2015

## Easter Cup 2015

Easter Cup 2015 was held for the first time at our new Maes y Lade Centre in Wales. We had the usual entry of 4 clubs each entering 3 young people to try and take home the coveted Susan Hughes Memorial Trophy.

### Clubs represented:

**Frenford Clubs, Prospex Youth Club, Bergholt Youth Group and Mayland Amateur Boxing Club.**

The young people arrived and were all briefed by Centre Manager David Hassard about the challenges they would face in the upcoming days.

First up was Archery and after the semi-finals it was Mayland ABC and Frenford in the final to see who could grab the first 4 winners points to add to their weekly tally. After 3 arrows Frenford looked like they would start the week off with a win but a Bullseye from Henry Martin clinched the win for Mayland ABC.

After some well-deserved dinner and a lovely Spaghetti Bolognese the young people ventured off onto a night navigation task. This time teams were merged together and Mayland ABC and Bergholt Youth took the maximum points before Bergholt got another win with an evening quiz.

Wednesday morning saw a competitive game of Laser Tag around the centre ran by Volunteer and Hot Shot himself Luke Doell. Team challenge activities took place before some mind riddles for the teams, which brought the teams closer together on points at the end of Wednesday with it all to play for on Thursday.

Thursday starting off with learning some rope skills and working as a team to lower other members of the team to the bottom of a hill. Bergholt did this in the quickest time and closed the gap to the leaders Mayland ABC even more.

An eventful afternoon was had canoeing down the River Wye in the basking sunshine but the competitors all had a cool off by falling into the cold waters. Some intentional capsizes and some not so but all very funny.

The final decider for the week went down to the last activity and was determined by who could light a fire first and boil a pot of water with a Kellyettle. With only fire strikers, one bit of cotton wool and sticks that the group gathered themselves the heat was on to see who could create fire.

Mayland ABC's Shane Allen, Sydney Nood and Henry Martin soon had their fire roaring and water boiling, which clinched them the 2015 Easter Cup title. Also special thank you's to volunteers from the week Luke Doell and Katie Pullen.





MARCH 2015

## Arts Activity Day Spring 2015

Budding filmmakers, dancers, face-painters, jewellery makers and creative cooks from our affiliated youth clubs took part in our first Arts Activity Day, kindly hosted by **St Joseph's Youth Club**.

Tonnes of arts activities were on offer for the young people to showcase their existing talents and learn new ones. The activities included creatively decorating cupcakes, specialised jewellery making, belly dancing (featuring actual swords), and all sorts of face-painting and scary zombie films. Needless to say, the day was packed with creativity!

3 clubs brought their members:

**St Joseph's Youth Club, Braintree Youth Project Charity (BYPC) and Rayne Amateur Boxing Club.**

A brilliant team of volunteers were on hand to support the running of the event and even they couldn't resist getting involved in the activities.

Everyone thoroughly enjoyed the day and the moment it was over the young people were asking when the next one would be!



MARCH 2015

## Club Weekend in Wales for St Anne's Youth Club

On the 22nd March EBGC took 9 young people and 1 volunteer from St. Anne's Youth Club in Colchester to Maes Y Lade for a Club Weekend. The weekend had elements of a Young Leader programme such as team work and communication.

The group arrived late on the Friday night and after tea and toast went straight to bed. Saturday everyone was up and with a hot breakfast in their stomachs was ready for the day of activities ahead! Saturday the group enjoyed a team games, in this session the young people had to problem solve in a group and work together to complete a series of challenges. The Communication Workshop consisted of games and tasks which show the importance of communication and how it can be done effectively.

In the afternoon after some lunch the group got ready to climb [Lord Hereford's Knob](#), this mountain tested the young people both physically and mentally, the group worked together supporting and encouraging each member of their team. The whole group made it to the top and celebrated with a victorious photo. One St Anne's YC member had never been out of Essex before, so her pleasure and sense of achievement on completing the climb was particularly heartwarming!

Once back at the centre and once dinner had been completed the group headed down to the camp fire to enjoy toasted marshmallows and the Kelly Kettle Challenge. Although a busy day the group were in good spirit and ready to see what the next day brought.

On Sunday the group first took part in a Youth Club Session. This session was aimed at finding out from the young people what they liked about their club and suggest what they felt could be improved. The young people got involved suggesting good ideas which could be followed up when back at the club. The group also agreed to start up a Youth Committee to look at improving the club and fundraising for activities they want to attend. After a very productive session the group let their hair down and enjoyed a game of Laser Tag. This got very competitive and unfortunately in the last game of young people V EBGC staff the young people won!

The group left the centre on a high and stopped on to visit to Hay on Wye on the way back to top finish their Weekend. On the way home we were asked repeatedly "when can we go back there?".

### About Club Weekends

As well as offering clubs a chance to bond, Club Weekends provide a valuable stepping stone for young people who are unsure about going away on residential. By giving them the opportunity to go with people they know from their club, the aim is for them to become familiar enough with the centre so as to reduce the number of 'unknowns' before going away on a trip with people they don't know, ie: EBGC's Young Leader Training Weekends.



MARCH 2015

## Club Leader Weekend in Wales

On Friday 6th March a group of Club Leaders from all over Essex headed to Wales to find out what Maes Y Lade is all about. Mersea Island Judo Club Leader Kate Dawson drove the EBGC minibus safely to the centre in time for dinner, which had been prepared by Centre Manager David Hassard. After a long journey and a quick game of competitive Pictionary everyone turned in.

On Saturday the Club Leaders went on a tour around Maes Y Lade to see the facilities and look at the various activity sites. It also gave the chance to ask David any questions they had about the centre or what could happen on a residential. After the tour the group spoke about their own clubs, explaining what the club was about, why they are involved and if they had any residential experience. This was a brilliant experience to learn and share with others what their club was about - we discussed residential work and everyone had different experiences which they were happy to share. Outside the sun was shining, so the group headed out for a Team Games Session to give everyone a taster of the challenges and communication games which their young people could take part in. After lunch the whole group climbed [Lord Hereford's Knob](#). Some members of the group found it more difficult than others and it was important to remember this may be how young people can feel when they are out their comfort zones. The weather was perfect for the climb and the sense of achievement was felt within the mood of the group. After a hard day out and about we enjoyed a relaxed meal at a local pub (obviously not an element included in a youth residential!).

On Sunday everyone took part in a Bushcraft Session making miniature shelters. The imaginativeness of the shelters was faultless and I am sure if we were miniature forest people we would love the new builds! Laser Tag was the most competitive session of the weekend, with both teams giving their best efforts to beat the others. After having a lot of fun, it was finally time to head back to Essex. The weekend gave Club Leaders the chance to meet other people involved in clubs within the EBGC network and see how a Club trip to Maes y Lade could work. Hopefully one day soon the club leaders will take the young people up to the centre to share the experience they had.

**About Club Leader Weekends:** Club Leader Weekends exist for two reasons:

- to give Club Volunteers the opportunity to experience Maes y Lade and understand how a Club Weekend could work for their club.
- to give Club Volunteers the chance to meet and get to know each other, to share youthwork and community knowledge.

**The following clubs were represented at the Club Leader Weekend:**

4 Youth Brightlingsea, Braintree Youth Project Charity, Colne Engaine Youth Club, Halstead Youth Centre, Mayland ABC, Mersea Island Judo Club, SNAC, St.Anne's Youth Club.



MARCH 2015

## Laser Tag

On Saturday 21st March 17 young people from various affiliated clubs across Essex and London descended upon Wickford Town FC's training pitches at Bartlett Park to commence battle at this springs Laser Tag competition.

The fast paced day started with a 'team annihilation' competition which, saw **Wickford Town FC, Prospex Youth Club** and **St Joseph's Youth Club** take each other on in a last person standing format. Each team fought for 1st place in the competition but only 1 team could be crowned this year's champions.

Wickford Town FC Alpha took the win in an impressive fashion picking up 4 wins in 4 games. Runners up were St Joseph's who popped up at the last minute to stop Wickford Town taking a 1-2 finish.

To conclude the day all teams were mixed into two mass teams that took each other on in a capture the flag competition. The two teams worked hard in windy conditions with the score finishing at 2-1 to the Blue team. Overall everyone had a fun filled day with plenty of laser action, a big thanks to all the clubs that attended the event and another big thank you to Wickford Town for letting us use their facilities for the day and having the bacon sandwiches at the ready in the café.

### Winners:

Wickford Town Football Club



### Runners Up:

St Josephs Youth Club



MARCH 2015

## Representative Cricket Trials

Saturday 7th March saw the South Area U12 and U14 Representative Cricket Trial of 2015 take place at Frenford Clubs in Ilford. 33 players from **Bancroft Lions, Belhus CC, Billericay CC, Frenford Clubs, Loughton CC** and **Orsett CC** took part.

The North Area Trial was staged at the brand new, three lane artificial net facility at Halstead Cricket Club on Sunday 18th April. Players from **Maldon CC, Halstead CC, Coggeshall CC** and **Gt. Bromley CC** took part. Turnout was good with 20 young people involved.

The Representative Squad has an enviable list of fixtures including schools like Eton, Harrow, Tonbridge, Winchester and many more. Players from the trial are selected by letter invite to take part in these prestigious fixtures.



MARCH 2015

## County Pool Championships 2015

The EBGC County Pool Tournament took place on Saturday 14th March 2015 at Rivermead Pool and Snooker Club in Chelmsford. Representatives from five affiliated clubs; **Chelmsford Boys' Club, Ingatstone Boys Own Club, Upminster CC, Maldon CC** and **Halstead CC**, battled it out in a closely fought contest. Unfortunately we received no entries at U14 level, however a great turnout for the U19s more than made up for this.

**Results: U12 Winner: Luke McGee (IBOC) U16 Winner: Luke Robinson (Halstead CC)**

**U19 Winner: Tom Prince (Chelmsford BC)**



FEBRUARY 2015

## Table Tennis Championships

On the 17th February 2015, 27 young people from our wide range of clubs gathered to put their table tennis skills to the test against one another. There were 4 age groups present from U12 up to U19.

The participants from **St Cedds**, **Prospects FC**, **Frenford Clubs** and **Ingatestone Boys Own Club** battled amongst themselves in the group stage to try to make it to the Finals. Throughout the group stage some great matches were played with some phenomenal skills on show to the on looking parents and club leaders.

The competitors were whittled down to the select few, with the top two players from each age group making it into the final. In the Under 12 category we saw an all Ingatestone final between Josh Wright and Luke McGee. The Under 14 Final was a fierce contest between Kevin Hadjic of Frenford and Ross Aldrin of St Cedds. The top two competitors from the two u16 groups, Luke McGee and Ceyhan Rauf faced each other in a high paced best of 5 final. Matthew Upson of St Cedds played David Oliviera of Frenford in the oldest age group, this game was won by Matthew in an impressive fashion.

We were lucky enough to be joined by John Andrews from Table Tennis England to hand out the trophies and have a chat with some of the budding young "wiff waff" stars. John offered some good advice to leaders and young people about table tennis. He was also kind enough to bring along some goodies for the clubs in attendance.

Well done to everyone who entered and thank you to our volunteers and our hosts, Frenford Clubs.

### The Results:

U12 Championships		
Name	Club	Points
Luke Mcgee	IBOC	9
Josh Wright	IBOC	7
Kristian Hadjic	Frenford	5
Sylva Madu	Frenford	3

U14 Championships		
Name	Club	Points
Kevin Hadjic	Frenford	13
Ross Aldrin	St Cedds	13
Zeeshan Mustafa	Frenford	7
Rohit Bishar	Frenford	4
Saig Gadhvi	Frenford	11
Farhaan Ahmed	Frenford	11
Vanessa Madu	Frenford	11

U16 Group A Championships		
Name	Club	Points
Tom Bellamy	IBOC	9
Ellis Porter	Prospects FC	13
Ceyhan Rauf	St Cedds	15
Liam Smith	Prospects FC	7
Aman Singh	Frenford	11
Connor Hill	Prospects FC	5
Saif Siddiqi	Frenford	9

U16 Group B Championships		
Name	Club	Points
Connor O'neill	Prospects FC	7
Kifayaan Ahmed	Frenford	11

Ryan Mcgee	IBOC	15
Sean Wall	Prospects FC	7
Jamie Smith	Prospects FC	13
Callum Tearney	Prospects FC	7

### U19 Championships

Name	Club	Points
Matthew Watson	St Cedds	6
David Oliviera	Frenford	4
George Andrews	Frenford	2

#### U12 Final

Luke Mcgee 1 vs 3 Josh Wright

#### U14 Final

Kevin Hadjic 1 vs 0 Ross Aldrin

#### U16 Final

Ceyhan Rauf 3 vs 1 Ryan Mcgee

#### U19 Final

Matthew Watson 2 vs 0 David Oliviera

#### Winners

**U12 – Josh Wright**

**U14 – Kevin Hadjic**

**U16 – Ceyhan Rauf**

**U19 – Matthew Watson**



U12 Winner Josh Wright (IBOC) Runner Up Luke McGee (IBOC)



IBOC boys line up for a team shot



The trophies bask in the sun ready for the competitors



U14 Kevin Hadjic (Frenford) with runner up Ross Aldrin (St Cedds)



U16 Winner Ceyhan Rauf (St Cedds) with runner up Ryan Mcgee (IBOC)



The U19 Winner Matthew Watson (St Cedds) with Runner Up David Oliviera (Frenford)



Prospects FC boys having a laugh posing for a team shot



JANUARY 2015

## Cross Country Championships

A total of 62 runners from 11 clubs from across country took part in the National Cross Country on Sunday 18th January hosted by the Essex Boys and Girls Clubs at Stubbers Adventure Centre.

The weather was again kind to us as the event kicked off at midday, with all four age groups taking part on a challenging course in quite wet conditions thanks to plenty of rain earlier in the week. Races for boys and girls took place at U11, U13, U15 and U17 age groups

EBGC clubs represented on the day reflected many of our sports clubs getting some valuable training in for their players and included:

**Centurians ABC**

**Frenford Clubs**

**Halstead CC**

**Linford Wanderers FC**

**Maldon CC**

**Rayne ABC**

**Upminster CC**

Thanks to [National Association of Boys and Girls Clubs](#) member **Durham Clubs for Young People**, who sent clubs from across the country to take part in the National Championships.

### INDIVIDUAL RESULTS

	NATIONAL		COUNTY	
AGE GROUP	BOYS	GIRLS	BOYS	GIRLS
U11: 1st	Christopher Perkins (Dur)	Abigail Thwatey (Dur)	Freddie Hurt (Rayne)	Amelia Ward (Rayne)
2nd	Rowan Mason (Dur)	Scarlett Newby (Dur)	Keane Yansey (Cent)	Ellie Worster (Cent)
3rd	Chris Causon (Dur)	Amy Drummand (Dur)	Joseph Plumb (Linford)	Kinsey lowe (Linford)
U13: 1st	Henry Johnson (Dur)	Eva Hardie (Dur)	Finley Lowe (Linford)	Danielle Kemp (Linford)
2nd	matthew Clough (Dur)	Lily Hardie (Dur)	Henry Willett (Linford)	Hannah Mortier (Rayne)

3rd	Will Bellamy (Dur)	Eve Southern (Dur)	Callum Luciani (Rayne)	N/A
U15: 1st	Sean Mackie (Dur)	Grace Oliver (Dur)	Jake Fraser (Cent.)	N/A
2nd	Ryan Arthur (Dur)	Lea Brown (Dur)	Josh Boyd (Cent)	
3rd	Jake Fraser (Cent)	N/A	N/A	
U17: 1st	Chris Bell (Dur)	Jessica Fox (Dur)	Will Chuter (Upminster)	Megan Thewlis (Cent.)
2nd	Jonny Howe (Dur)	Megan Thewlis (Cent.)	Luke Robinson (Halstead)	Ellie Griffin (Cent.)
3rd	Jack Smith (Dur)	Ellie Griffin (Cent.)	Steve Taylor (Cent)	Sophie Mcnally (Cent)

### TEAM RESULTS

	NATIONAL		COUNTY	
AGE GROUP	BOYS	GIRLS	BOYS	GIRLS
U11: 1st	Durham (a)	Durham	Linford	Linford
2nd	Durham (b)	Durham		
U13: 1st	Durham	Durham	Rayne	N/A
2nd	Rayne			
U15: 1st	N/A	N/A	N/A	N/A
2nd				

U17: 1st	Durham	Centurians	Centurians	Centurians
	2nd Cent		Upminster	

