

### **Essex Boys and Girls Clubs**

Essex Boys and Girls Clubs. County Office, Harway House, Rectory Lane, Chelmsford CM1 1RQ Tel: 01245 264783 | Charity Number: 301447

#### 2011-2012 Online News Archive

The following news articles were posted on the Essex Boys and Girls Clubs website in 2011-2012.

## Try It Out Day - Shenfield Common 29th September 2012

How could they lose? Jamie Drummond (he's the one wearing the red STAFF shirt in the photo on the right) gets stuck in to help his side of a tug of war during the Essex Boys and Girls Clubs' Try It Out Day on Shenfield Common Brentwood on Saturday 29th September.

The tug of war, which was started by the Mayor of Brentwood Councillor Ann Coe who kindly attended and was very impressed by the event even lent her husband Paul to help even up the odds in the tug of war (he incidentally has done this almost professionally in the past and ably assisted his team to win!)

Our Brentwood clubs were invited along with other as yet non-member clubs to join together on the common and experience the activities provided by our Brentwood based clubs.

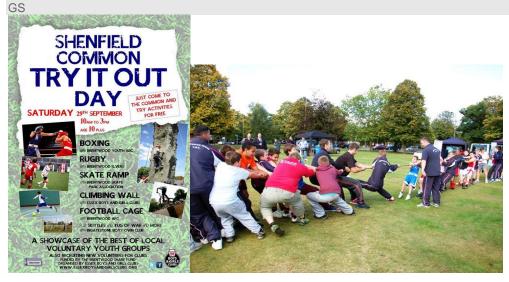
On show for young people to try out were the climbing wall (on loan from <u>Stubbers Adventure Centre</u>); glass painting (provided by the Catholic Youth Service); skatepark tent (with Brentwood Skatepark Association on hand); Boxing training (run by Brentwood Youth ABC); Rugby League coaching

(from Brentwood Elvers); football skills, shootout competition and tournament in the Essex Boys & Girls Clubs football cage, a Gladiator contest; and great refreshments provided by volunteer Berna Cranmer and Essex Boys & Girls Clubs cake queen Sue Pell.

The event, which received funding assistance from the <u>Brentwood Localism Share Fund</u> run by Brentwood Borough Council was a great success.



Look out for the follow up 'Brentwood Clubs Get Together' evenings over the next few months where we will bring together our clubs for networking together with and expert help and advice.



## **Summer Camp 2012, a review**

Veteran Summer Camper, Lewis Graham, from Linford Wanderers, reports on his experience of this year's camp now that he's trusted to take on some of the responsibilities of a Young Leader

"Summer Camp 2012 has been undoubtedly the most enjoyable summer camp I've been on yet due to the fact that I am a little older and more mature than I was when i first started going to the High Row Centre. This allowed me to take on extra responsibilities and leaderships with the group.

Having a whole group who haven't been to High Row before can be extremely tough as they take time to get used to the environment, but the majority of the group took to it extremely well and settled in quickly. By the end of the first day nearly everyone in the group knew who each other was and were already starting to make new friends, who they would spend the rest of the week with. This was thanks partly to Jamie's embarrassing 'Bananas Unite' dance!

Day two was a Mountain Skills day, which was extremely exciting for those who had no idea of mountaineering or how to survive in such an environment. Every member of the group was willing to learn something new, which was lucky because no sooner had they learned the skills than they had to put them into action by taking part in a 50 meter slate walk. For some members of the group this was a terrifying experience. Once everyone was across they all said that they had enjoyed it (though they didn't all say it during the walk!). Next came a spot of uphill climbing to reach the summit and a nice steady walk back down before heading back to the centre.

On day three we had a very exciting and challenging day of ghyll scrambling and rock climbing. This involved splitting into two groups - one to conquer the ghyll scramble while the other tackled the quarry walls - which swapped activities after lunch. The ghyll scramble included an uphill battle through a fast-flowing mountain river all the way to a waterfall, while trying to avoid losing balance and slipping on the rocks. This was a very fun and very demanding experience. The rock climbing consisted of a 30ft climb to the top of Sandal Quarry, which was not easy to say the least. Everyone had to put their physical and mental strengths to the test to try and get to the top.

Day four saw us up bright and early and ready to bag a peak. The peak in question was the mountain right on our doorstep, Carrock Fell, a 663 meter climb. The arduous climb to the summit to take in some outstanding views was followed by a speedy decent to put our mountain footwork skills to the test. After lunch at the centre it was time to pack for our overnight camp. Once everyone was ready and armed with bivi bags, sleeping bags and roll mats we set off. A 2 hour walk later we arrived at our campsite, situated next to a mountain stream which we were to use for fresh water. The campsite was in an enclosed sheep fold so not only did we have flat grassy beds, we had shelter from the wind as well. If you popped you head out of your bivi bag at around 2am the stars were so bright and there were so many of them the sky looked amazing.

On the morning of day five, after a very pleasant night's camping, we made our way back to High Row and got set to visit the Lake District town of Keswick. A traditional Cumbrian town, Keswick has lots of mountaineering shops, tourist shops and of course a Greggs the bakers! On returning from Keswick we decided to have a go at wild swimming in a nice deep bit of the stream outside the centre. The water was freezing but after a while you got used to it!

On day six we went back over as a whole group to the ghyll scramble, to have another go at it. When we reached the waterfall at the end we set up a climbing rig and climbed the waterfall, which everyone agreed was the best part of the whole week.

Day 7 was the long drive back to Essex, but after a fun packed week of all sorts of activities everyone came away happy. The majority of the group plan to return next year.

I can undoubtedly say that the summer camp this year has been the best of my five visits to High Row and I cannot wait to go back as soon as I can.

Lewis Graham - Linford Wanderers

Our 2012 Summer Camp was generously supported by <u>The 8th Earl of Sandwich Memorial</u> Trust, to whom we are very grateful indeed.

We are also very grateful for donations from the Rice 'n Spice International Ltd and Cravendale.







## A WEEKEND OF ADVENTURE

22nd - 24th June 2012

From 6pm on Friday 22nd June we took over Stubbers Adventure Centre for the 5th Essex Adventure Weekend. 197 young people from affiliated youth clubs across the region, plus some from our national network, took part in a host of activities from banana boating to all-terrain boarding, high ropes to Argocats, archery to rifle-shooting, kayaking to sailing.

The Fanta team joined us on the Saturday with free drinks and an impromptu space-hopper race. Evenings were filled by football and cricket matches, tunnelling, the Big Quiz, an Art Project and toasted marshmallows around a giant, blazing campfire.

Our Young Leaders volunteered fantastically and certainly earned their free day of activities at Stubbers. Thanks to those clubs who came, whether camping or just for a day. Thanks too to our volunteer cooks, Berna and Clare, and of course the brilliant Stubbers staff.



We were all very grateful for donations of food contributed by: Cravendale, The Rice 'n Spice International Ltd, Kate's Cakes, Higgidy Pies, Fanta.



## AUGUST 2012

8 DAY 'LEJOG' CYCLE RIDE FUNDRAISER



JUNE 2012 100 MILE CANOE TEST



APRIL 2012 REP FOOTBALL TOUR



APRIL 2012

#### **CRICKET CAMP**



## Cricket Camp 2012

The first EBGC Cricket Camp took place during the Easter Holidays at Halstead Cricket Club.

14 young people, of whom 9 took the residential option and camped on site, attended 3 days of intensive cricket coaching provided by ECB qualified coaches Charlie Douglas-Hughes and David Shelton.

Whilst the weather was for the most part kind to us, heavy showers on the final day meant a trip to Gosfield ten minutes down the road to make use of their indoor facilities. The evening programme provided a bit of variety from cricket, with shooting sessions taking place as well as a film night on one evening.

The event was kindly supported by Rumblers, who supplied copious amounts of their handy on-the-go breakfast pots containing low-fat yogurt and fruity oat clusters, to the enjoyment of all. Higgidy Pies also generously contributed lamb mince which went down a treat in the form of cottage pie.

Excellent feedback from all participants has ensured that this event will remain in the 2013 programme and will be expanded to include U17s as well as U13s and U15s.

This event was kindly supported by Rumblers and Higgidy Pies









JAN 2012

**CROSS-COUNTRY CHAMPIONSHIPS** 

## Rain stays away for the National Cross-Country Championships Storm clouds threatened the 243 runners at Stubbers Adventure Centre on Sunday

Storm clouds threatened the 243 runners at Stubbers Adventure Centre on Sunday 22nd January, but everyone stayed dry...

Essex Boys and Girls Clubs organised the 2012 National Cross-Country Championships alongside the London and South East Region Air Cadets (LASER) Inter Wing Competition, allowing the two organisations to share volunteers and costs.

Clubs came all the way from Durham and Manchester to compete against a strong Essex contingent. With so many runners across the six races there was plenty of competition.

The day consisted of six races in various age groups with runners separated into different finishing line channels to distinguish between groups. We awarded National Championship certificates and also Essex Championship certificates.

The National Competition was dominated by Durham taking Individual Golds in 5 of the age and gender groups. Essex clubs were not to be out done though, Harry Mayers from Crown and Manor taking Gold in the U15 Boys National and Caleb Edwards from Centurions ABC in the U17 Boys.

The results for EBGC competition were shared amongst the clubs, with Max Needham (Crown and Manor) U11 Boys, Bill Chandler (Brentwood ABC) U13 Boys, U15 and U17 the same as National. In the girls races Elle Griffin (Centurions) U13 and Alex Lawman (1163 Sqn ATC) U15.

The Boxing Trophy was successfully defended for the second year running by Brentwood ABC.

We were very pleased to receive lots of compliments from both organisations throughout the day, praising the organisation and smooth-running of the day. We couldn't have done it without the help of the volunteers. A very special thanks goes to Brentwood Youth ABC's Seniors, who not only marshalled for the whole day but also ran the course at the end of the day, just for fun! We'd also like to thank all the clubs who brought runners, with an extra thanks to those from Durham and Manchester whose support of this national event is hugely appreciated. Plans are already afoot for the 2013 competition, expected to be at the end of January (watch this space).

Click here to see all the photos from the day >

		INE	DIVIDUAL I	BOYS NATIO	ONAL PLAC	CING		
	U11		U13		U15		U17	
POSITIO N	NAME	CLUB	NAME	CLUB	NAME	CLUB	NAME	CLUB
1	Matthew Clough	Durham	Luke Taylor	Durham	Harry Mayers	Crown and Manor	Caleb Edwards	Centurions
2	Louis Gill	Durham	Jack Smith	Durham	Ben Craig	Durham	Simon Holt	Mancheste r
3	Kayd Omary	Durham	Bill Chandler	Brentwood Youth ABC	James McAnaney	Durham	Jake Harrison	Brentwood Youth ABC
		IND	DIVIDUAL (	SIRLS NATI	ONAL PLAC	CING		
	U11		U13		U15		U17	
POSITIO N	NAME	CLUB	NAME	CLUB	NAME	CLUB	NAME	CLUB
1	Lea Brown	Durham	Abbie Little	Durham	Danielle Coulson	Durham	n/a	n/a
2	Suus Blythe	Durham	Elle Griffin	Centurions	Alex Pearson	Durham	n/a	n/a
3	Macey Bradshaw	Durham	n/a	n/a	Alex Lawman	1163 Sqn ATC	n/a	n/a
		II	NDIVIDUAI	L BOYS ES	SEX PLACII	NG		
POSITIO N	U11		U13		U15		U17	
	NAME	CLUB	NAME	CLUB	NAME	CLUB	NAME	CLUB

1	Max Needham	Crown and Manor	Bill Chandler	Brentwood Youth ABC	Harry Mayers	Crown and Manor	Caleb Edwards	Centurions			
2	Joel Nuki	Crown and Manor	Jack Fraser	Centurions	Ryan Ayton	Centurions	Jake Harrison	Brentwood Youth ABC			
3	Samuel Cameron	Crown and Manor	Jaden Lawani	Crown and Manor	Zach Kiloran	Brentwood	Lewis Ednar	Brentwood Youth ABC			
INDIVIDUAL GIRLS ESSEX PLACING											
POSITIO N	U11		U13		U15		U17				
	NAME	CLUB	NAME	CLUB	NAME	CLUB	NAME	CLUB			
1	n/a	n/a	Ellie Griffin	Centurions	Alex Lawman	1163 ATC	n/a	n/a			
2	n/a	n/a	n/a	n/a	Emily Stokes	1163 ATC	n/a	n/a			
3	n/a	n/a	n/a	n/a	Shannon Fisher	1163 ATC	n/a	n/a			
TEAM PLACING (MIN. 4 RUNNERS) NATIONAL					TEAM PLACING (MIN. 4 RUNNERS) ESSEX						
U11 Boys	ESSEX	U11 Girls	DURHAM		U11 Boys	n/a	U11 Girls	n/a			
U13 Boys	DURHAM	U13 Girls	n/a		U13 Boys	n/a	U13 Girls	n/a			
U15 Boys	ESSEX	U15 Girls	ESSEX		U15 Boys	Brentwood Youth ABC	U15 Girls	n/a			
U17 Boys	n/a	U17 Girls	n/a		U17 Boys	n/a	U17 Girls	n/a			
ESSEX BOXING TROPHY											
	NAME										
1	Brentwood										











Crown & Manor Youth Club:





Sunderland Harriers Running Club:



Centurions Amateur Boxing Club:

Clubs from Durham CYP including Birtley Athletics Club and Sunderland Harriers:





Screamin' Wheels Youth Club from Manchester:

JAN 2012

**ESSEX BOXING DEVELOPMENT DAY** 

## **ABAE** runs the 2nd Essex Boxing Development Day

Volunteers from boxing clubs in Essex and East London gathered in Chelmsford for the 2nd Club Development day of the 2011/2012 season.

The development days give clubs the chance to learn about current opportunities in the region, current funding pots and top tips on successful bids as well as how clubs can work together with each other and outside partners more efficiently.

The Amateur Boxing Association of England Ltd (ABAE) is the only national governing body for boxing recognised by Sport England. The Chief Executive Officer of the ABAE, Mark Abberley was in attendance to give

clubs a voice and ask any questions that they had. Mark answered questions from the floor for over an hour on how clubs can work closer to the ABA and the way forward looking towards the Whole Sport Plan for 2013-2017. A club development workshop was delivered by Afsheen Panjalizadeh and gave attendees new ideas for recruiting new boxers and volunteers into the club and methods of keeping them there. Clubs were also encouraged to become more than just boxing clubs and were introduced to extra support groups in Essex. Lunch was provided with the famous Sue Pell's cakes on offer and a chance for volunteers to network with people from different clubs and share ideas. This was followed by a funding workshop delivered by Juliet Townsend. Clubs all worked on putting together proposals explaining why their own clubs should receive funding. They were then given application forms for local funds relevant to their particular club, as well as national initiatives. Some clubs then stayed on with Juliet to complete and submit applications.

The day culminated with a session on how to run successful projects such as Sportivate and NEET project as well as discussion of activity during the London 2012 including preparation for Chelmsford's main event on the 6th July - the Olympic Torch Relay in Hyland's Park.

Clubs then discussed how they could best use the Boxing Development Officer and find out about regular funding pots. This sparked the idea of having a quarterly newsletter, so the first one shall be published during mid-





JAN 2012 5-A-SIDE FOOTBALL TOURNAMENT



# Clubs ring in the New Year with 5-a-side Football Tournaments The hotly contested Essex Boys & Girls Clubs 5 a-sides were held at Riverside Ice and Leisure Centre in Chelmsford.

The U14 tournament went ahead on Thursday 29th December and involved 10 teams from Wickford Town
YFC, Maldon & Tiptree YFC, Island Boys FC, St. Cedd's and London guest teams Springfield United and Crown
and Manor. The tournament was closely contested, with two pools of 5 playing off before a semi-final then
final. In the first semi, the winners of pool A, Wickford Trojans, played off against the runner-up of pool B, Island
Boys FC. In a tight match, Wickford Trojans eventually ran out winners by two goals to one. In the second semi,

the winners of pool B, Springfield United, played off against the runners up of pool A; St. Cedd's. A six goal thriller ended up with Springfield United emerging victorious 4-2.

Springfield United and Wickford Trojans then played out a high quality final. At half time Wickford Trojans found themselves a goal behind and threw everyone forward in an attempt to win the game. Unfortunately this left them wide open at the back and the skillful Springfield United forwards took full advantage to eventually run out winners by four goals to one - a score line that did not reflect the competitiveness of the game. As the highest placed Essex team, Wickford Trojans will progress to the Regional Finals in April.

**The U16 and U19 tournaments** took place in the New Year on Saturday 7th January 2012, again at Riverside. With a slightly disappointing turnout of teams compared with the U14s, it was decided to use the full hall, allowing for much more open games.

In the U16s <u>Brentwood Athletic YFC</u> A and B narrowly beat <u>Island Boys FC</u> A and B to contest a final between themselves. In the end Brentwood Athletic A ran out winners and will progress to the Regional Competition on the 14th April.

The U19 tournament was a very closely contested competition with Island Boys FC A and Woodham Radars contesting a final. In the end Woodham Radars proved too strong and ran out narrow winners on the day.

#### **Final Results:**

U14 winners: Springfield United



U16 winners: Brentwood Athletic A



**U19 winners:** Woodham Radars



Click here to see all the photos from 7th January on Facebook >





#### **DEC 2011**

CHRISTMAS CARD COMPETITION WINNER



Congratulations to Isobel Hasler-Davis, 11, from The Hub Youth

Club, Wivenhoe for designing a

fantastic Christmas card, which won her £20 and 20 copies of her cards printed for her to use, as well as fame among all of our affiliated clubs across the county who will each receive a card!

It was a tough competition and in the end finalists were whittled down from 26 to the final three.

Fantastic designs from Charlie Cotgrove (Chelmer Village YC) and Emily Berry (The Hub) were just pipped to the line by Isobel, with our Director, Martin, appreciating Isobel's reference to our activities. Well done Isobel!

DEC 2011

RAVI BOPARA ATTENDS FRENFORD AGM



Frenford Clubs in Ilford was busy last night as one of their most

famous faces returned to visit the club on the night of their AGM. Ravi Bopara, England and Essex cricketer dropped in for a Q&A session before the club members were presented with Jack Petchey Awards and ASDAN Awards. Essex Boys and Girls Clubs Director Martin Solder was there to congratulate the young people. The charity has been working with the club as part of the Jack Petchey Club Improvement Scheme and we're thrilled that two Level 2 NVQ Youthwork Qualifications were awarded last night as a result of the scheme.

#### Click here to see photos >

Click here to visit www.frenfordclubs.org >

#### NOV 2011





NOV 2011

#### **NIGHT EXERCISE**



## Fog fails to dampen our annual Night Exercise...

The fog descended over Spaynes Hall Farm in Great Yeldham for our annual Night Exercise on Saturday 19th November but didn't dampen anyone's spirits...

52 intrepid young people entered from our affiliated youth clubs around Essex, including Wickham St. Pauls Youth Club, Sampfords Youth Club, The Ashdon Hangout, St. Cedds, Last Resort Youth Group, The Massive Project, Linford Wanderers, and the EBGC Senior Members Club. Arriving at 7.30pm they were welcomed with

encouraging words by Conservative MP for Braintree, Brooks Newmark, before setting out into the fog on a thrilling four mile race across the farm.

The 11-17 year olds were split into twelve teams and, armed with just a map and torch, navigated their way along the challenging route as fast as they could. They had to reach ten activity checkpoints including 'Hang Tough', 'Slippery Log', 'Rifle Shoot', 'Tree Climb' and 'Rope Swing', where they could pick up time penalties or bonuses. They followed a 2.5 mile rope trail through a spooky wood and were hampered by 'enemy' patrols and the odd wrong turn!

One of the two Sampfords Youth Club teams - Team Bravo 2 - took Gold with an impressive time of 1 hour 35 minutes. Congratulations to Fraser Bush, Alec Lawrance, Jake Wilson and Joseph Kemp, who beat the rest of the field by a full 25 minutes.

"The kids got such a big buzz out of it and I know they'll be talking about it for weeks." Martin Boughtwood, Club Leader, Sampfords Youth Club

Essex Boys and Girls Clubs would like to say a huge thank you to all the staff and volunteers who made the night such a success.







30th Sept 2011

#### Bentley Classic Golf Day raises £3,647 for Essex Boys and Girls Clubs



We raised a whopping £3,647 at our Classic Golf Day at Bentley Golf Club on 29th September 2011. Seventeen teams of golfers, including celebrities from the world of sport and entertainment, competed on this excellent course near Brentwood, Essex. After a full English breakfast and a shotgun start, the teams made their way around the course on what was a beautiful sunny day. They enjoyed refreshments at the ninth hole, kindly donated by Eat Natural and Cabana Water, and went on to achieve some impressively high scores. Dinner by the Bentley Golf Club catering team was followed by the presentation of awards generously sponsored by St James's Wealth Management, Warburtons and Peter Watts Wines. Gorgeous George Saunders compered the auction of

sports memorabilia and entertainment goodies, and King of the One-Liners Joe Goodman treated players to a comedy routine which generated lots of laughter.