

Essex Boys and Girls Clubs

Essex Boys and Girls Clubs. County Office, Harway House, Rectory Lane, Chelmsford CM1 1RQ Tel: 01245 264783 | Charity Number: 301447

2009-2010 Online News Archive

The following news articles were posted on the Essex Boys and Girls Clubs website in 2009-2010.

Joel wins at Leaders and Senior Members Karting Champs

Whilst the leaders of our clubs usually play a support role at these championships to the young people they give up there time for. This time the leaders and senior members were given the chance to get on the track themselves to see whether there were any potential challengers to Jensen and Lewis or they could go as fast as the kids!

After talking the talk in the pre race briefing Keith Hurst from Frenford was surely down as a favourite although there were a few sceptics who wondered if he could live up to his own hype! The aim of each race was to record the fastest lap. Your lap time from the two races was then added together and your overall score was calculated. Mark Cory from Wivenhoe YG set the early pace and was the only one of the first fourteen drivers to go under 20 seconds with a time of 19.849. The next five drivers stepped up to the mark though and with under a second separating all of them Lee Cranmer, Josh Hector and Joel Cooper all recorded a lap time under 20 seconds to put themselves in the top three. For those of you who were wondering where Keith Hurst was at this point he had cruised in with a lap time of 24.281 that placed him at the foot of the standings.

Onto race 2 and Mark Cory knew he had to set a fast lap time to give himself a shot at a podium finish, again he went under 20 seconds and it would come down to the final five drivers with the pressure on to see what they could produce. The final race saw Sam Woodgate, Lee Cranmer, Haydn Walters, Joel Cooper and Josh Hector all go under 20 seconds with Josh recording the fastest lap of the day 19.106. This wasn't enough to secure him top spot though, with two consistent drives Joel took 1st place, with Josh and Lee coming in second and third and the unlucky Mark finishing fourth.

Congratulations to all the racers who took part and we will look forward to the return of the young people to the track in the 11-13's and 14-19's Championship in the New Year.

Position	Name	Club	1st Race	2nd Race	Score
1	Joel Cooper	Ingatestone B.O.C.	19.386	19.345	38.731
2	Josh Hector	Ingatestone B.O.C.	19.811	19.106	38.917
3	Lee Cranmer	Ingatestone B.O.C.	19.674	19.353	39.027
4	Mark Cory	Wivenhoe Y.G.	19.849	19.447	39.296
5	Sam Woodgate	Colchester Senior Members	20.333	19.259	39.592
6	Hayden Walters	Ingatestone B.O.C.	20.116	19.520	39.636
7	Andrew Collings	Colchester Senior Members	20.481	20.366	40.847
8	Ben Cook	4 Youth	20.918	20.648	41.566
9	Darrell Tyler	4 Youth	21.097	20.678	41.775
10	Roger Cottee	Colchester Senior Members	21.446	20.392	41.838
11	Alex Szymanski	Colchester Senior Members	21.527	20.323	41.850
12	Charles Adejumo	Frenford	21.260	20.682	41.942
13	Adrian Simcock	4 Youth	21.223	20.943	42.166
14	Darrell King	Frenford	22.048	20.857	42.905
15	Chris Hirst	Wivenhoe Y.G.	21.637	21.588	43.225

16	Alice Hirst	Wivenhoe Y.G.	23.208	22.363	44.564
17	Paul Iseghohi	Frenford	22.894	21.820	44.714
18	Keith Hurst	Frenford	24.281	21.690	45.971
19	Ellie Gornall	Wivenhoe Y.G.	24.069	22.201	46.270
4					

Mountain Skills

On the 24th October the Essex Boys and Girls Clubs took 9 young people from various affiliated clubs to High Row, the EBGC's adventure centre in the Lake District, where they took part in the annual five-day 'Mountain Skills' trip. The aim of this outing is to take the young people out of their normal environment and provide a challenging and rewarding experience that should help to build teamwork and confidence levels. Those who show the necessary aptitude on the course will be given the chance to attend the 'Winter Skills' programme in Scotland later in the year, which is somewhat more extreme!

The venture was a great success despite the adverse weather conditions! With a range of activities available to them, the boys took full advantage and were given the experience of hill walking, night navigation, rock-climbing and abseiling.

The trip culminated in a day-long trek up a mountain to camp for the night, before walking back in the morning. With the weather trying its hardest to discourage them, the young people took to their tasks with enthusiasm and character and there was a real sense of achievement amongst them at the end of the trip.



Wickford Town pride of Essex at National 5-a-side Champs

Wickford Town U12 team represented Essex Boys and Girls Clubs at the impressive Powerleague Soccer Dome in Manchester.

(19 indoor astro-turf pitches all under the same roof!). The lineup of teams looked more like home internationals with teams from North, Central, South, Wales and Northern Ireland all represented. The Finals were for U12, U14, U16 and U19 boys and U12, U14 and U16 girls.

All the squad played and conducted themselves brilliantly throughout the day and were a real credit to Essex Boys and Girls Clubs and their club. The team qualified from their mini-league with three wins and a draw, but were unfortunately edged out 1-0 in the semi-finals in a tight game against Unity (Merseyside North), who went on to win the competition.

All in all the day was a great success and provided the team with a fantastic experience.

The boys responded really well to the pressure and their performance on the pitch proved them to be a match for any of the teams present at the tournament. The team stayed on Saturday night for a meal and on Sunday the donation from the club was used to pay for them to go on a Stadium tour of Old Trafford. The boys loved it, sitting in Rooney's spot in the changing rooms and exploring the museum.

The team members and In the photo are Jimmy Markham, Sonny Meddle, Matt Lawrence, David Cooper, Seb Hepworth, Chris Knibb, Ben Scobie, (Jack Scobie - supporter) and James O'Brien.

Congratulations to the team on their success.



Big Hitters Ravenscroft, Brien and Harris all win at Essex Finals

Following the Regional Rounds at Sandfords Youth Club, Boreham Youth Club and East Tilbury Community Youth Club the Finals Night was held at Ingatestone on Wednesday 14th January. Representatives from Ingatestone Boy's Own Club, Chelmer Village Youth Club, Boreham Youth Club, East Tilbury Community Youth Club, Sampfords Youth Club and Belhus Cricket Club met to compete to become County Champions in four different age categories.

The Under 12's was keenly contested with Mat Ravenscroft (Ingatestone Boys' Own Club) playing Jamie Gilbert (Chelmer Village Youth Club) in the last match of the group to decide the winner. Mat won 11-9, 11-8, 11-6 to become Champion.

In the Under 14 group Adam Brien (East Tilbury Community Youth Club) won the group with a 100 percent record of four wins from four with Will Aitken (Sampfords Youth Club) runner up with his only defeat against the champion by 3 games to nil.

The U16's champion was Dan Harris (East Tilbury Community Youth Centre) putting on an impressive performance. Runner Up was Alec Lawrence from Sampfords Youth Club who was a former champion at U12 level.

In the senior level at U19 an outstanding performance by Dan Norris (Belhus Cricket Club) resulted in him becoming well deserved champion with Joel Cooper (Ingatestone Boys Own Club) 'playing at his home ground' finishing runner up.

Congratulation to all competitors for their sportsmanship, commitment and enthusiasm throughout the

competition. The winners will have the opportunity to play in the Clubs for Young People National Table Tennis Finals in Widnes during June. Full results are below.

UNDER 12

Name	Club	Р	W	L	Points
Mat Ravenscroft	Ingatestone Boys Own Club	3	3	0	9
Jamie Gilbert	Chelmer Village Youth Club	3	2	1	7
Ryan McGee	Ingatestone Boys Own Club	3	1	2	5
Tom Cherry	Boreham Youth Club	3	0	3	3

CHAMPION: Mat Ravenscroft - Ingatestone Boys Own Club RUNNER UP: Jamie Gilbert - Chelmer Village Youth Club

UNDER 14

Name	Club	Р	W	L	Points
Adam Brien	East Tilbury Community	4	4	0	12
	Youth Club				
Will Aitken	Sampfords Youth Club	4	3	1	10
Jacob Hutchings	Sampfords Youth Club	4	2	2	8
Michael Roberts	Chelmer Village Youth Club	4	1	3	6
Bailey Chittock	Boreham Youth Club	4	0	4	4

Champion:Adam Brien - East Tilbury Community Youth ClubRunner Up:Will Aitken - Sampfords Youth Club

UNDER 16

Name	Club	Р	W	L	Points
Dan Harris	East Tilbury Community	4	4	0	12
	Youth Club				
Alec Lawrence	Sampfords Youth Club	4	3	1	10
Frazor Bush	Sampfords Youth Club	4	2	2	8
Leigh Hemmings	Boreham Youth Club	4	1	3	6
Aaron Baines	Boreham Youth Club	4	0	4	4

Champion: Dan Harrris - East Tilbury Community Youth Club Runner Up: Alec Lawrence - Sampfords Youth Club

UNDER 19

Name	Club	Р	W	L	Points
Dan Norris	Belhus Cricket Club	4	4	0	12
Joel Cooper	Ingatestone Boys Own Club	4	2	2	8
Haydn Walters	Ingatestone Boys Own Club	4	0	4	4

Champion: Dan Norris - Belhus Cricket Club Runner Up: Joel Cooper - Ingatestone Boys Own Club



Josh is Champion, whilst Haydn delights in podium place!

The EBGC North Region 13-19 Go-Karting championship took place at Indikart in Colchester on 27/01/10. Twenty young people took part in the event which was widely enjoyed with competitors from IBOC, 4Youth, The Hut and Halstead Cricket Colts looking to secure the fastest lap times and win the championships. The winner was Josh Hector with Lee Cranmer and Haydn Walters taking second and third place. The competition in the middle of the table was fierce with only 1 second difference between 4th and 13th place. Full listings are below

Final Rankings

Position	Name	Score
1	Josh Hector	41.577
2	Lee Cranmer	42.482
3	Haydn Walters	43.449
4	Henry Jenning	43.759
5	William Blake	43.768
6	Kane Thomson	43.949
7	Conrad Baker	43.974
8	George Edwards	44.439
9	Sam Poston	44.444
10	David Bohn	44.447
11	Charlie Borckie	44.463
12	Jack Sterland	44.731
13	Jake Edwards	44.792
14	Ciaren Lewis	45.282
15	Mitchell Barnes	45.317
16	Chris Allen	45.431
17	Josh Ravenscroft	45.862
18	Matt Whitfield	47.463
19	Lewis Giles	48.084
20	Sam Russel	48.652



CYP Boxing Championships Anglia and Regional Rounds

It has been busy on the boxing scene with clubs taking part in the Clubs for Young People UK Boxing Championships Anglia Round and Regional Round against the South East.

Bromfords Sports Centre was the venue for the Anglia Round kindly hosted by Chalvedon ABC. The bouts produced good quality boxing. In Class B in an Under 57 semi final Joey Avenell (Harwich ABC) impressed with his 12-6 points win over George Davis (Chalvedon ABC), Taylor Jordan (Hornchurch and Elm park ABC) won against Jack Butcher from Ferry Street after the referee stopped the bout in the second round. This was also a semi final at under 63. Jack Murray (Five Star ABC) had a good win by 18-1 in the under 70 and Jake Redman (Chalvedon ABC) also impressed with his 15-1 victory at under 75.

In the Class C quarter finals Danny Dignum (brentwood Youth ABC) won 11 -1 against Johan Fonseca (Vange & Pitsea ABC) and in the finals there were wins for Danny Newth (Southend ABC)Under 54 who won by 16-4 against Frankie Payne (Brentwood Youth ABC), John Dignum (Brentwood Youth ABC) Under 67 by 18-2 and Bill Wooders (Chalvedon ABC) Under 75 by a resounding 20-5.

The championships moved on to Hannakins Farm in Billericay where Billericay ABC hosted the remaining 10 semi finals and finals in a great night of boxing.

In Class A Simon O'Driscall (Five Star ABC) won by a majority decision at Under 75.

In Class B Under 57 Tyler McCarthy (Five Star ABC) won his semi final against Joey Avenell and went on to win the final against Richard Calaunan (Chatteris ABC) on a unanimous decision and Taylor Jordan Under 63 (Hornchurch & Elm Park ABC) won against James Osborne (Harwich ABC) on a unanimous decision. Our thanks to Chalvedon ABC and Billericay ABC for hosting the events.

The Regional Round against South East was held on Saturday 13th February at the Harold Hill Community Centre. The centre was full to watch the 16 bouts held on the day. Success came in Class B with wins at Under 63 for Taylor Jordan (Hornchurch & Elm Park ABC) who won 7-4 in a close contest with George Sheedy from Foley ABC, surrey and and Jack Murray (Five Star ABC) who won 10 -2 against Dannren Cadona from Guildford at Under 70.

In Class C Danny Newth (Southend ABC) defeated Chris Hood, Crawley 11-4 at Under 54, Bill Wooders (Chalvedon ABC) won a close contest against Jake Ball, Sporting Ring ABC at Under 75 by 12-10 and Luke Camp-Haywood (Chadwell St.Mary ABC) had a convincing win by 23-10 against Joe Laming St.Mary's in Kent at Under 81. Good luck to the boxers representing Essex in the quarter finals.



Essex thrash Bucks In Gillette Cup Regional Final

Following the cancellation of the away leg the team to qualify for the quarter final stage of the competition was decided with a straight final at Basildon Bowl Stadium on Thursday 4th March 2010. This was a match that Essex dominated for long periods however did not kill off the opposition until the last 20 minutes of the game.

The opening goal was scored by Sean Rowan (Maldon Town Y.F.C.) who picked up on a loose ball in the centre of the field, ran through and calmly slotted the ball in the net. Following a number of missed half chances a clumsy challenge resulting in a push in the back gave Stuart Little (Maldon Town Y.F.C.) the opportunity to send the keeper the wrong way from the penalty to make it 2 - 0.

Bucks, to their credit fought back and came close to scoring, and Essex were thankful for the half time whistle.

The second half began in similar fashion with Essex missing good chances and only a superb save by Joe Fowler (Maldon Town Y.F.C.) when he got his finger tips to a shot that he deflected onto the post prevented Bucks getting back into the game. The game was put beyond doubt with a third goal from Luke Nickols (Linford Wanderers Boys Club) and Ryan Lupton with the fourth. (Woodham Radars Y.F.C.) Bucks scored a consolation goal late on the game with a long rang effort.

We now await confirmation of our opponents in the national quarter finals.

The squad for the match was as follows:

Stuart Little, Liam Whitehead, Joe Fowler, Jake Wiffen, Sean Rowan – Maldon Town Y.F.C. Bradley Webb, Damilola Oni, Darren Zuber – Brentwood Athletic Y.F.C. Jake Conroy, Luke Nickols - Linford Wanderers Boys Club George Anthony, Hayden Davidson – Ingatestone Boys Own Club Ryan Lupton, Ben Greenway – Woodham Radars Y.F.C.



Charlie uses nose as ice axe on Winter Skills!

Having been fed all sorts of snow based horror stories in a gruelling ten hour trip up to Glenborrodale, I was pleasantly surprised on the first morning to find the sun shining and the skies clear!

We set out on the first day for a moderate hike with the intention of learning all the skills that we would be using on the trip. Being entirely new to the Scottish Mountains, and having been scared silly by Martin and Steve's fear-mongering, I naturally assumed it would be cold! So having waddled the first 50m wrapped in every fleece and jumper I own, I soon began peeling off layers like an onion!

We were blessed with similar weather for the next two days as well which was perfect since it gave us a chance to learn the skills in acceptable conditions. During these first couple of days I had one little episode climbing a gully, 6ft from the top, when I suddenly remembered why I'm terrified of heights. After trying in vain to use my nose as an ice axe I was finally able to climb/be dragged over the lip.

After this terrifying experience (terrifying for me that is, just comical for everyone else!), we were set against another similar gully the next day. With slightly better snow conditions I got up this one without incident. The real test came on the last 2 days when we went snow-holing. In a cruel twist of fate, the weather decided that now would be a good time for it to get worse, a lot worse! With visibility severely restricted we eventually reached the snow-holing sight with the blizzard in full swing. After several hours of arduous digging, my partner, Sam, and I fashioned a somewhat inadequate snow-hole and proceeded with the exceedingly difficult task of getting out of our waterproofs and into our sleeping bags without soaking everything! Once we had achieved this impressive feat we were actually quite comfortable and slept well despite one of us getting up every hour to dig out our entrance so we didn't suffocate!

We woke up in good spirits and managed to crawl out of the snow-hole, which had become alarmingly small after the four foot of snow that fell caused a mini avalanche in our doorway which filled up half the snow-hole! Anyway after saving Martin's life by digging him out of his hole (he will strenuously deny this fact!), we began the long hike back to the minibus with the conditions even worse than the day before.

Although there were some moments when I was concerned for my survival, the trip was a great success. I was proud to have overcome my fears and climbed a snow-gully (at the second time of asking!) and the experience of snow-holing was a once in a lifetime opportunity which I will never forget.





https://www.flickr.com/photos/essexboysandgirlsclubs/sets/72157623467138193/show/

Upminster Stump Maldon Muppets in Hard Fought Final

7 teams of u13 cricketers arrived at Eversley Centre, Pitsea on Saturday 13 March for the EBGC, Indoor Kwik Cricket Competition 2010. The teams were split into two groups. Group A with 4 teams, played each other once and Group B, only having 3 teams played each other twice.

In Group A were Maldon Muppetts, Orsett A's, Belhus 1's and Upminster who battled it out to become group champion. It all came down to the final game of the group. Both Maldon and Upminster having won 2 games each. Maldon Batted first and scored 101, the highest score of the group stage. In reply Upminster started slowly

but soon increased the run rate. With two balls remaining the winning shot making Upminster 103 for 2 and taking the group Stage.

In Group B Maldon Mafia and Belhus B's dominated the games. In the first round Belhus beat Maldon but in the second round Maldon bowled Belhus out for 29. With Maldon winning it was a tie on points and the placings went down to number of wickets lost. Belhus losing 15 but Maldon on 13, took the Group.

The Semi- Finals were Maldon Muppetts vs Maldon Mafia and Upminster vs Belhus. The Muppetts batted first and reached 89 for 5, with Reece from the Mafia taking 3 wickets in 1 over. In reply Mafia started well and knocked the ball around, however they lost a wicket and then two retirements in quick succession put them behind. The team ending on 83, giving Muppetts a win by 6 Runs.

In the other semi-final, Upminster scraped home against Belhus by the same margin 6 runs. Upminster batted first and kept the scoreboard ticking over. After 6 overs the score was 83-3. In reply Belhus also kept the board ticking over, but as in the first semi had a retirement and then lost 3 quick wickets. The final score 77 for 4. The final was a re-run of the 2009 Championships. Maldon batted first and scored well to end on 84 for 2. Both Trashant Patel and Luke Laslett retiring with 21 and 20. Needing to bat at 15 runs per over to win, Upminster started well. With Rohan Mayor making 14 and Jordan Tigg retiring on 20, they lost Frank Leach for 5 but the two Sams, O'Dowd and Green guided Upminster to 85 for 2 with two balls to spare to retain the EBGC crown. Well done to all teams for a competitive and sporting competition. Our thanks to all the parents, coaches and umpires for giving up their time as well.

16 no

	Group A	Points	Games Won
•	Maldon Muppetts	6	2
•	Orsett A's	3	1
•	Belhus 1's	0	0
•	Upminster	9	3
	Results	Scores	Winner
	ΑvΒ	85/4 - 82/5	A
	CvD	77/5 - 78/4	D
	AvC	89/4 - 77/6	A
	B v D	90/3 - 96/5	D
	A v D	101/5 - 103/2	D
	BvC	67/0 - 64/6	В
	Group B	Points	Games Won
•	Maldon Mafia	9	3(wins group on fewer wickets lost 13)
•	Orsett B's	0	0
•	Belhus 2's	9	3(Lost 15 wickets)
	Results	Scores	Winner (Round 1)
	AvB	86/5 - 73/6	A
	BvC	36/6 - 107/3	С
	AvC	69/2 - 71/3	С
	Round 2		
	AvB	71/2 - 69/3	A
	ВvС	39/6 - 45/3	С
	AvC	33/4 - 29/6	A
	Semi Final 1		
	Maldon Muppetts 8	39 for 5, Joe Smoke	r 13, Trashant Patel 13
	Maldon Mafia	83 for 1, George H	larris 16, Max Bryant 21 no, Jack Dobinson 16 r
	Maldon Muppetts w	in by 6 runs	

Semi Final 2Upminster83 for 3, Jordan Tigg 21no, Rohan Mayor 22noBelhus 2's77 for 4, Jack Pantelli 22no, Sam Hall 18Upminster win by 6 runs

Final

Maldon Muppetts84 for 2, Trashant Patel 21no, Luke Laslett 20 no.Upminster85 for 2, Jordan Tigg 20 no, Sam O'Dowd 17 no, Sam Green 12 noUPMINSTER win by 4 Wickets.



EBGC Pool Representatives decided at County Round

Championships were kindly hosted by Chelmsford Snooker and Pool Club. Players entered across the age range from U12 to U19 hoping for success and a place in the Southern Regional Finals at Chichester. The U12's was split into two groups, with both Daniel Pritchard (Chelmsford Boys' Club) and Tom Speers (Ingatestone Boys' Own Club) winning their respective group without a loss. The final was close with Daniel winning and being crowned U12 champion with a win by 2 frames to 1.

The U14's was won by Tom Prince (Chelmsford Boys' Club) winning four matches to top the Group. The runner up was Alex Hemming (Boreham Youth Club) who's only defeat was toTom.

The U16's was also split into two groups with a final for the winner of each group.

Group A was won by Billy Parsons (Crown & Manor). He won the group on number of frames won and lost as three players all had the same record of two wins and one defeat. Group B was won by Josh Sawyer (Crown & Manor) who won after a play-off against Mat Benson. (Ingatestone Boys' Own Club). Josh won the final to become 2010 Champion.

The U19's was won by Mehmet Boztebe (Crown & Manor) who defeated Kane Thompson (The Hut) in a play-off after both players had identical records in the group.

Well done to all players for entering and playing the game in the spirit is should be played in. Good luck to all the players who will represent EBGC in Chichester and a big thanks to Ali and Mike at the Chelmsford Snooker and Pool Club for agreeing to the use of their excellent facilities.

Clubs in attendance: Chelmer Village youth Club, Boreham Youth Club, Crown & Manor, Chelmsford Boys Club, Ingatestone Boys Own Club, The Hut.



Essex out to Cheshire in Quarter Finals of Gillette Cup

The Essex Boys and Girls Clubs U16 Representative Football Squad went on tour during the first week of the Easter holidays. The squad used High Row as their base for the tour. We played against our good friends and rivals Durham at Swalwell F.C. in Gateshead. Despite a number of absentees due to holiday commitments the squad led by captain Bradley Webb (Brentwood Athletic Y.F.C.) won 3 -2 having been behind on two occasions. As usual the welcome and hospitality was of the highest order. Goals were scored by Darren Zuber (Brentwood Athletic Y.F.C.), with a clever lob over the keeper, Damilola Oni (Brentwood Athletic Y.F.C.) with a shot into the top left of the goal and Jack Sterland (Ingatestone Boys Own Club) who slotted the ball in for the winner in the last minute of the game.

The journey home involved a diversion via Liverpool and the Mersey Tunnel to Shaftsbury Youth Club in the Wirrall for a Gillette Cup Quarter Final against Cheshire Clubs for Young People. It was a game in which we paid for missed chances and eventually lost 2-0 with Cheshire scoring a goal in each half.

Members of the party were as follows:

Tom Richardson, Luke Nickels, Jake Conroy, Darly Worbey – Linford Wanderers Y.F.C. Damilola Oni, Bradley Webb, Darren Zuber – Brentwood Athletic Y.F.C. Ben Greenway, Lewis Thomas, Ryan Lupton, Harry Cross – Woodham Radars Y.F.C. Jake Wiffen - Maldon Town Y.F.C. Hayden Davidson, Jack Sterland – Ingatestone Boys Own Club

Managers: Simon Adams, Des Cross. Coaches: David Scriven, Lee Cranmer.



Fly Fishing at Hanningfield

A successful days Fly Fishing Coaching took place at Hanningfield Reservoir on Tuesday 13th April 2010 by kind permission of Essex and Suffolk Water and Nigel Angus from the Hanningfield Fly Fishers Association and his colleagues.

Charlie Brockie and Tony Gleed from 4 Youth and Haydn Walters and David Mirzai from Ingatestone Boys Own Club were fortunate enough to be selected to attend the day.

Sincere thanks to Nigel for his expert tuition throughout the day and for offering advice based on his extensive fishing experiences over the years.

During the morning the young people were given tuition on tackle, flies and casting techniques. After lunch the young people were taken out in the boats to experience fly fishing for the first time. Despite the windy conditions and the cold water Charlie Brockie proudly returned with a pair of rainbow trout one of which he landed by himself. (see attached photo)

It is planned to offer further coaching days in the future. If you have young people interested in this great opportunity please contact the EBGC office.

Photo: Charlie Brockie proudly showing of his catch with his coach Nigel Angus.



EBGC Rep Cricket 2010...follow their progress here

This page will be updated as the result come in for both the U12 and U14 EBGC Representative sides through the highs and the lows!

EBGC hold their nerve to remain unbeaten

EBGC – 178 all out Hazel 39, Lewis 32, Pritchard 22, Webb 20 -- Foster 4 for 43 Maldon – 165 for 9 Patel 64, Gregory 21 – Dale 2 for 15, Hazel 3 for 31

On Tuesday 27th July, the EBGC rep side travelled to Gt Totham CC to play against Maldon Colts in their cricket week. The sides both had a mixture of u12 and u13 players. As it customary at Maldon CC to allow the opposition to bat first, EBGC opened with Frankie Hazel and Matt Webb. The two lads being very careful from the word go on a track which had received rain over night. Having put on 48 for the first wicket in 11 overs, Matt got one which turned and took his outside edge and was caught low in the gully. Aaron Collett unfortunately did not last long which brought in Mat Lewis. Taking up from where he left off at Colchester soon had the ball being dispatched to all parts of the ground.

However young Michael Foster from Maldon kept going and he undid both Lewis and Smith with the flight of the ball. The pick of the Maldon bowlers Foster ended his 8 overs on 43 for 4. From being 109/2, EBGC were now in trouble at 138/7 with still 15 overs of the 40 remaining. A late rally from Will Chuter, Harry Pritchard and Joseph Mitchell scoring 14, 22 and 10 not out respectively ensured EBGC batted the full 40 overs and took the score to 178. This was especially pleasing as rain and the lunch break came within these last 15 overs but the boys got their heads down and batted well.

Maldon got off to a bad start losing Chadwick with 9 on the board. Smoker followed soon after with the score on only 25. Dobinson requiring a runner played a tight innings allowing Patel to score freely. Maldon then lost Dobinson and Garrett in quick succession. Gregory and Patel got things moving again but after making his first 50 for Maldon Patel played on for a well made 64. Laslett was well caught at mid wicket by Pritchard with another low to the ground catch. The turning point was in Hazel's 6th over, he took 2 in 2 balls leaving Maldon 8 down still needing 24 to win off 19 balls. Foster was the last to go being bowled by Dale and the innings ended on 165/9. Pick of the bowling John Dale 15/2 in 7 overs, Hazel 3/31 in 7 and Harjas Sagoo's 8 overs going for only 19 runs. EBGC ran out winners by 13 runs in a very tight match which ebbed and flowed the whole day.

The post match presentation saw man of the match for both sides, Maldon – Trashant Patel and EBGC, Frankie Hazel. These were agreed upon by the standing Umpires Don Barnes and Trevor Merrell, both long standing and respected local league umpires. Our thanks to them for standing. We also would like to thank Maldon CC, Neil Foster and Steve Brown and the lads for hosting and playing the game in a great spirit. We look forward to next year and playing them again.

Team- Frankie Hazel, Will Chuter, Harjas Sagoo, Aaron Collett (Upminster), Mathew Lewis(Belhus), George Smith, Joseph Mitchell (Orsett), Alex Hunnable, Harry Pritchard, Matt Webb and John Dale(Halstead).

Super Matt Scores Super Ton as EBGC defeat Colchester Grammar School

Colchester Grammar School 172 – 6 32 overs Essex Boys and Girls Clubs U12 175 – 2 26.3 overs Essex won by 8 wickets Mat Lewis of Belhus CC produced a sensational performance to steer Essex to victory chasing the unlikely target of 173 from 28 overs.

On a belter of a wicket Colchester won the toss and had no hesitation in deciding to bat.

A solid start resulted in an opening partnership of 54 before Probacker was stumped by George Smith from the bowling of Michael Foster. Spin was the order of the day for restricting run scoring and he also bagged the valuable wicket of Cheveral for 60 caught by Harjas Sagoo with the score on 107.

Wickets fell at regular intervals with Michael Foster, Will Gibbon and Mat Lewis taking the remaining wickets plus a run out.

Essex set about the daunting total in positive fashion with 27 runs scored for the first wicket before George Smith was caught for 20. Max Bryant and Mat Lewis pushed the score along and they decided to look at the position with 10 overs left as to whether the total was achievable. A further 79 runs were required from the last 10 overs. Max Bryant was caught for 18 with the score on 97 however had supported Mat Lewis admirably and helped set up a run chase at the end.Alex Hunnable came in to bat with Mat Lewis who unleashed a sensational barrage of shots. Included in his innings were 14 fours and 6 sixes and victory was set up when he hit 19 from one over. Mat Lewis reached his maiden century to the applause of the large crowd watching the game and secured victory having scored 109 not out well supported by Alex Hunnable who finished on 14 not out.

This was one of the finest innings ever hit for Essex Boys and Girls Clubs and will remain in the memory of all those who witnessed it for many years, particularly Mat and his proud family.

Essex Boys and Girls Clubs Team:

Mathew Lewis (Belhus CC) William Gibbon, George Smith, Joseph Mitchell, Connor Boreham (Orsett CC) Harjas Sagoo (Upminster CC) Sam Johnson, Alex Hunnable, Edward Green (Halstead CC) Michael Foster, Max Bryant (Maldon CC)

Under 14's Finish Season with Great Win at Kimbolton

The latest game in the EBGC fixture list was at Kimbolton. Under perfect skies and playing on the main pitch which is in front of the castle, EBGC skipper Alex Ward won the toss and had no hesitation in batting. Aninder Dhamrat (Frenford) and Ben Kent (Belhus) opened and put on 22 before Kent fell for 4. Alex Bottoms followed with the score on 45. Jack Shiner (Orsett) put on 73 for the 3rd wicket. Both players lost their wicket on 128 which Aninder making a very stylish 75. EBGC continued to bat well and the score ended on 175 for 7 in 30 overs. Pick of the bowling Ranjan 3-27.

Kimbolton reply was in trouble at 47 for 5 in the 13th over. However Wilson and Taylor rallied and took the score to 95, Taylor fell for 25 and Thompson for 0, 95 for 7. Wilson got the score to 121 before he fell, the innings ended on 132 in the 28th over. Bowling by the EBGC again was superb with the pick of the bowling going to Charlie Adams(Upminster) 4-34, Williams (Upminster) 2-19 and Aninder Singh (Frenford) 2-19. EBGC ran out winners by 43 runs.

A fantastic day was had by all, our thanks go to Kimbolton once again and also to the lads and Chris Bottoms the resident scorer

Team Aninder Dhamrat, Aninder Singh, Shabaz Sattar, Nabhaan Rizman(Frenford), Ben Kent (Belhus), Jack Shiner(Orsett), Alex Bottoms, Will Bottoms, Alex Ward, Charlie Adams and Luke Williams(Upminster)

Tricky Wicket Delivers Low Scoring Game for U14's at Chigwell

The U14 hosts for this game was Chigwell School. The wicket was very soft after the recent rain. So the opposition had no hesitation when they won the toss to put us into bat. Pantelli and debutant Matt Webb from Halstead CCC started off cautiously and after 5 overs 18 was on the board. Unfortunately the pitch was the undoing of many batsmen in this game. As it was a slow wicket if batsmen tried to force the pace it was their doom. Matt (13) and Gopal a stylish 33 were the only two batsmen to get into double figures, the team ending on 107 for 7 in 30 overs, 20 runs short of what they were hoping to set. Pick of the bowling was young Cordelia Griffiths, she returned figures of 5-1-9-3.

The same story for the Chigwell batters as for EBGC. At one stage they were in trouble at 29 for 5 but some solid batting from Griffiths, Macgregor and Padfield ensured a Chigwell victory by 3 wkts. Two fantastic catches by Skipper Pantelli and some fine bowling by Bottoms 5-1-9-3 ensured this game was going to be a tight affair. Well done to all and now are looking towards the next game against Felsted.

Our thanks to parents and families to attended and to Chris Bottoms for scoring.

Jack Pantelli, Craig Dalton(Belhus), Will Bottoms, Billy Bilton, Joe Simpson, Jonathon Murphy, Gopal Sagoo(Upminster), Ryan Page, William Davies (Orsett), Harry Pritchard and Matt Webb (Halstead)

Super Sagoo Hits Half Century but Essex Go Down at Eton

Essex Boys and Girls Clubs U14	129 ALL OUT
Eton 4th Eleven U14	130 -6

Eton won by 4 wickets

The Essex under-fourteen representative team travelled to Eton College to play in the wonderful setting of the Dutchman's sports field.

Essex batted first and lost two early wickets with a run out for Aninder Dhamrat followed by a sharp catch to dismiss John Murphy for 5. A third wicket stand of 47 steadied the inningswith Amar Bhadwaj scoring 14 before being stumped in a partnership with Gopal Sagoo. Gopal went on to score 56 including 8 fours which included a partnership with Nabhaan Rizwan who scored 14. The tail collapsed with 3 wickets falling with the score on 121 with the fall of the last wicket in the final over with the score on 129. Four run outs in the innings proved to be costly in the long run.

After tea, the visitors lost their first wicket with 8 on the board, with their second loss occurring on 43. Contributions from Wolfendsy 26, Langley 36 not out and Reynolds 29 formed the backbone of a 4 wicket win. Pick of the bowlers was John Murphy with 3 -30 from 6 overs.

Essex had three spinners in their bowling attack. They all bowled well with Michael Foster putting in another good performance without any luck with 4 overs for 16 runs with his leg spin, and Sagoo and Sattar each taking a wicket, and again with the run of the ball could have made the total of 129 a difficult target.

As it turned out Eton reached their total with 3.5 over to spare for the loss of 6 wickets.

Despite the result the team were privileged to play in such a prestige centre on a perfect summer day.

EBGC Team: Gopal Sagoo, John Murphy, Will Bottoms, Billy Bilton – Upminster CC Amar Bhardwaj, Nabhaan Rizwan, Aninder Dhamrat, Shahbaz Sattar, Umar Hassain – Frenford Clubs. Michael Foster - Maldon CC. Ellis Stevens – Belhus CC

U14's Dig Deep to Draw at Uppingham

The first game of the season for the u14 rep side saw the team travel to Uppingham School in Rutland. The team comprised of Jack Pantelli, Alex and Will Bottoms, Amar Bhardwaj, Billy Bilton, Alex Ward, Jonathon Murphy, Amarpreet Singh, Luke Williams, Michael Foster and Mohit Mahatma. The clubs represented were Belhus, Maldon, Upminster and Frenford.

Uppingham won the toss and batted first on a very good wicket. The opening pair of Blakey and Kennedy put on 65 before Murphy got the break through dismissing Kennedy. Barrow carried on were Kenndey left off and he and Blakey put on 98 with both batsmen passing 50. The final score was 186 for 2. Michael Foster's 6-0-35-0 with his leg spin was well bowled during the intense hitting.

In reply EBGC lost the first wicket at 35 and again at 46 but solid batting from Pantelli and Bilton saw the score pass 100. EBGC then lost another couple of quick wickets but Murphy and Singh decided to shut up shop with 4 overs to go and ended the score on 158 for 5 off of 34 overs. Uppingham having declared after 26 overs giving EBGC 4 extra overs. Both Bilton and Pantelli top scoring with 39 each, with Murphy and Singh 12 and 17 not out respectively.

The boys can be very proud of their achievements in this game as this was the first game they played together. Our next game is against Eton College.

Another great win at Uppingham for EBGC U12's!

Uppingham School U14 3rd X1 132 - 7 30 overs

Essex Boys and Girls Clubs U12 135 - 3 20.4 overs

Essex won by 7 wickets

Essex Boys and Girls Clubs Under 12 Representative Cricket team raced to their third win of the season with an impressive performance at Uppingham School in the Midlands.

Uppingham chose to bat on a cold but mainly dry day. A good performance in the field and tight bowling restricted Uppingham to 132 from 30 overs with a fifth wicket partnership of 63 pushing the score beyond 100 with the score having been on 26 for 5. Lee top scored with 53.

All the team bowled with good performances from Joseph Mitchell 2 for 9, George Smith 1 for 6 and Max Bryant 1 for 9. 2 run outs also helped to restrict the total.

All the batsmen made a contribution in the reply. Max Bryant batted well before being caught and bowled for 15. Will Chuter was run out for 7 before Harjas Sagoo 41 not out and Frankie Hazel 52 batted superbly in a stand of 56. George Smith scored 2 not out to see the team home by 7 wickets off just 20.4 overs.

The team was:

Will Chuter, Frankie Hazel, Harjas Sagoo, James Spurr – Upminster C.C.

George Smith, Joseph Mitchell – Orsett C.C., Sam Hall, Jack davidson – Belhus C.C.,

Itshaam Hussain – Frenford Clubs, Max Bryant – Maldon C.C.

U12's Ease to Victory at Chigwell

Chigwell School	118 All Out	
EBGC U12	122 – 5	EBGC won by 5 wickets

Pick of the EBGC bowlers were Itshaam Hussain with 3 wickets for 15 runs and Luke Charlotte with 2 for 10.

After being 3 wickets down for just 6 runs, Harry Lockyer and Mat Lewis put on 85 runs for the 5th wicket with

Lewis hitting 11 fours and 3 sixes in his innings of 70 and Lockyer hitting 6 fours in his anchor role at the other end. The total was reached with 5 overs to spare in what proved to be a very good victory. Team: Mathew Lewis (Belhus CC) Harry Lockyer, Regan Boughen, Will Gibbon, Thomas Duck, (Orsett CC) David wainwright, James Spurr, Luke Charlette (Upminster CC) Itshaam Hussain (Frenford Clubs) Jamie Gilbert (Chelmer Village Youth Club)

Success from an all round team performance at Kimbolton

Kimbolton School U12 59 all out 26.5 overs Essex Boys and Girls Clubs U12 60 – 5 26.4 overs

Essex Boys and Girls Clubs Under 12 Representative Cricket team played on the main square in front of the impressive castle in their first game of the 2010 season.

Frankie Hazel, the Essex captain won the toss and invited Kimbolton to bat on a slow wicket. A good performance in the field and tight bowling restricted Kimbolton to 59 all out with a ninth wicket partnership of 17 making the score respectable with the score having been on 40 for 8.

All the bowlers put in good performances with Harjas Sagoo taking the main honours with 4 wickets for 12 runs with Will Chuter taking 2-10, Max Bryant 1 - 6 and Frankie Hazel 1 - 8.

2 run outs on the 3rd and 4th wickets also helped to restrict the total.

The reply started with the loss of 2 quick wickets for 5 runs. Max Bryant batted superbly for 15 overs to hold the innings together before finally being run out for 17. George Smith and Aaron collett supported him before Harjas Sagoo came in to bat with Max and his 17 not out resulted in Essex winning for the loss of 5 wickets from 26.4 overs in a 30 over match.

The team was:

Will Chuter, Frankie Hazel, Harjas Sagoo, Aaron Collett – Upminster C.C.

George Smith, Joseph Mitchell, Connor Boreham – Orsett C.C., Mathew Lewis – Belhus C.C., Itshaam Hussain – Frenford Clubs, Max Bryant – Maldon C.C.



Matthew Lewis (Belhus C.C.) following his innings of 70 at

Chigwell.

Kyle Shows The Way As 2010 Angling Champs Begin

Round 1 of 2010 Season

On Saturday 22 May 2010, at Ingatestone & Fryerning Angling Club's Red House Lake, some 25 young anglers aged between 9 and 17, from clubs stretching from Brightlingsea to Grays, took part in the first round in the EBGC Angling Championships 2010. On a very bright, warm and beautiful day at the picturesque lake, all the youngsters managed to catch even if overall weights were low due to the conditions and the fact that there were such a large number of anglers and helpers around the lake.

In the two age groups, Kyle Hudspeth of St Stephens Grays won in the U19s with 2-11-0 lbs including a Mirror Carp of 2-5-0, with team mate James Nicholson runner up with 2-3-0.

In the U13 group, 4 Youth Brightlingsea's Tristan Gleed came first with 2-5-0 followed by Ingatestone Boys Own Club's Toby Peters on 2-3-0. After this first round, Ingatestone lead the team points table, followed by 4 Youth 1, St Stephens 1 and 2 in equal third place and 4 Youth 2 in fourth.

The second round match will take place at Hanningfield Reservoir on 19 June with the final and third round at Little Walden on 17 July.

PEG NUMBER	NAME	CLUB	TEAM POINTS	WEIGHT	POSITION U19 U14	AGE GROUP
1	TRISTAN GLEED	4 YOUTH 'A'	1	2 IB 5 OZS	1ST	U14
2	STUART O'DONOGHUE	ST. STEVENS 'A'	4	1 IB 9 OZS	4	U19
3	LOUIS PICCONI	INGATESTONE BOYS OWN CLUB	3	1 IB 11 OZS	3	U19
4	TOBY EDWARDS	STUBBERS	(ind.)	5 OZS	13	U19
5	SAM DAY	4 YOUTH 'B'	5	I IB	7	U19
6	JAMES NICHOLSON	ST. STEPHENS 'B'	2	2 IB 3 OZS	2ND	U19
8	ROBBIE LEE	4 YOUTH 'A'	3	11 OZS	6	U14
9	BEN BERRY	ST. STEPHENS 'A'	2	1 IB 1 OZ	6	U19
10	TOBY PETERS	INGATESTONE BOYS OWN CLUB	1	2 IBS 3 OZS	2ND	U14
11	WILLIAM DUNNET	STUBBERS	(ind)	1 OZ	10	U14
12	KIERAN LEWIS	4 YOUTH 'B'	4	9 OZS	10	U19
29	RYAN LOCKEY	ST.STEPHENS 'B'	4	9 OZS	10	U19
15	NIALL MOSS	4 YOUTH 'A'	4	6 OZS	9	U14
16	SAM WALLACE	ST. STEPHENS 'A'	5	Did not weigh in		U15
17	JOSH NICOLL	INGATESTONE BOYS OWN CLUB	2	2 IBS 2 OZS	3	U14
	THOMAS NICOLL	INGATESTONE BOYS OWN CLUB	(ind)	14 OZS	4	U14
18	PETER MURPHY	RAYLEIGH – IBOC	(ind)	4 OZS	15	U19
19	CHARLIE BROCKIE	4 YOUTH 'B'	3	7 OZS	12	U19
20	KYLE HUDSPETH	ST. STEPHENS 'B'	1	2 IBS 11 OZS	1ST	U19
22	STUART UNDERWOOD	4 YOUTH 'A'	3	10 OZS	7	U14
23	TOMMY MISON	ST. STEPHENS 'A'	2	I IB	7	U19
24	CRAIG URCH	INGATESTONE BOYS OWN CLUB	1	1 IB 5 OZS	5	U19
25	BEN BRADFORD	RAYLEIGH- IBOC	(ind)	1 IB	7	U19
26	RUSSELL MONK	4 YOUTH 'B'	4	7 OZS	8	U14
27	RYAN BILLINGHURST	ST. STEPHENS 'B'	5	5 OZS	13	U19
28	MADDIE GLEED	4 YOUTH	(ind)	13 OZS	5	U14



100 Miles on the River Provides Real Test

The 48th Annual Canoe Test took place this year on the River Severn and was as ever a real test of character and determination! A team of 15 people representing Essex made their way to the Campsite and base for the challenge Bridgnorth Rugby Club on Friday Afternoon before the challenge began the next day. Our Super back up crew comprising of Chris, Jan and Dave providing the essential support to the 12 people that hoped to paddle the 100 Miles to the finish.

Having paddled the canoe test a couple of times previously the thing I know which makes this event so good is that every time it offers a challenge not just in the physical sense but also mentally in terms of each persons determination to keep going and make it to the end. The young people that take part inevitably learn something new about themselves and whether this results in completing the challenge or providing a further challenge or goal to aim at in the future its a valuable learning experience.

The first day off this years challenge was a tough one! Water levels were low in places and with over hanging trees to navigate coupled with rain it made for a tough days paddling. All most everyone swam in the river at some point or another during the day with Sam Woodgate's capsize, subsequent paddle loss between tree roots and flowing water at the bottom of the Severn taking the prize for the most spectacular! The swimmers included staff support Rob Bayliss who was captaining the support canoe and his regular visits into the water were to become a feature of the entire canoe test! Following tears, a drop out and sandwiches saturated in river water we completed day one tired but in a respectable 6th place off the water.

By the beginning of day two our team of 12 paddlers was down to 10 with two of the lads deciding that they had had enough and could do no more (they have promised to come back next year and finish what they started...so we will see!). The sun was shining though and spirits were high despite the mini bus packing up the night before! It was great to see all the other counties and groups chipped in, helping shuttling us to and from the day start and finish points and to see the spirit of community and togetherness amongst the other counties still very much alive at this event. We were quick over the second day and finished our 34 mile stint in 3rd place which was a testament to the determination and effort put in by all the lads.

By the start of the third day and with a new bus (massive thanks to Chris for driving thought the night to sort it!) we paddled through the miles including Jackfield Rapids which once again saw Rob Bayliss swimming in the river. Over the day the lads knuckled down and paddled hard to leave us with just under 15 miles to go to the finish on the final day.

The Final day in drizzly conditions included navigating locks and weirs before we were all held back half a mile from the finish to insure there was a mass of paddlers to paddling the last few meters together. As we crossed the line I hope all the young people and adults involved felt a sense of achievement in a short space of time it had been one heck of a journey!

Clubs that represented Essex this year in the kayaking programme included Linford Boys Clubs, Colchester Senior Members, Upminster CC, Seabrook Rise, The Hut and RYLA.



Crown and Manor go faster than the Stubbers Volunteers!

On Thursday 3rd June 2010 eight young people from Crown and Manor Boys Club and representatives from the Stubbers Adventure Centre Volunteer Scheme met at Stubbers to race against each other over a staggering distance of 5,000 metres on the latest Concept 2 rowing machines, which were kindly donated by the "Essex Carrying the Flame" team at Essex County Council.

The race took both teams just over 18 minutes to complete and they were all cheered on by the Holiday Activity Day group from Stubbers. Each participant had to row at least 200 metres. After the race young people from the Holiday Activity Day group took the opportunity to have a go on the rowing machines and had a brilliant time.

The Stubbers Volunteers took the opportunity to raise funds for their programme by collecting sponsorship for the event and I am pleased to say they have raised well over £100 for their summer trip.

A huge congratulations to Archie Biber, Billy Somerville, Billy Parsons and Mark Julian from Crown and Manor for crossing the finishing line first with an excellent time of 18 minutes and 33 seconds and well done to Thomas Holt, Travis McMillon, Amy Hatfield and Terry West from the Stubbers Volunteer team for completing the race in a very respectable time of 18 minutes 36 seconds – so only 3 seconds in it!

If you fancy livening up your activity programme and would like us to bring the rowing machines to your club please register your interest with Jamie Drummond from the South Region office on 01708 256708 or send him an email at <u>jamied@essexboysandgirlsclubs.org</u> JD



300 Young People Arrive in Essex for Adventure Weekend!

Over 300 young people from 20 different clubs enjoyed a superb weekend of water and land based activities on the hottest weekend of the year at Stubbers Adventure Centre in Upminster.

The camp site was packed to capacity with catering provided in Chestnut and Oak camps and a number of other groups setting up their own tents and catering for themselves.

On Saturday many clubs took advantage of the great value day ticket which gave free access to all the activities available during the day. With the temperature soaring into the 90's the young people headed for the water activities with the Jet Ski's and Banana Boats in great demand as well as the canoes and kayaks on the canoe pond.

The great advantage of the 'turn up and try' system, that was in operation throughout the weekend, was that the young people could return to the activities that they most enjoyed.

In addition to the water activities rifle shooting and archery were on offer for those who had an eye for the target and for the fearless climbing, pamper pole, high ropes and the zip wire provided a suitable challenge.

Just for fun rides on the 4 x 4 cars and Argo Cats provided yet another alternative activity.

Once the day activities were complete and the young people were suitably fed and watered they moved onto the evening activities with camp fires blazing into the night, and young people mixing and making new friends.

For those with stamina to last the day the evening provided an adventure down the tunnel complex in the pitch black providing another challenge with a difference.

Meanwhile back on the camp site the 5 A Side football championship was producing potential players for the next World Cup and the Indoor Rowing Competition was evidencing the Essex potential for the Olympic games. The weekend would not have been possible without the support and help of the club leaders and all the

volunteers from Stubbers Adventure Centre and Essex Boys and Girls Clubs and Eyes Monsell club from Leicestershire. Many thanks to all those who contributed to the success of the weekend.

A final thank you to all the young people for your enthusiasm for all the activities, for mixing in with the other groups and for helping to make it such good fun for everyone who attended.



Lands End to John O'Groats the Cycle Challenge!

Over eleven days, eight riders made up of Senior Members, EBGC Staff and EBGC supporters made it their aim to cycle a thousand miles from Lands End in the very south west of Cornwall to John O'Groats at the very north east of Scotland. Resting on various Boys and Girls Clubs gym floors overnight and powered on by Warburton's Fruit Loaf everyone kept going through the aches and pains to make it to the finish. We were supported by a back up team of Ron and Dave Shelton and Shelts culinary skills were put to the test as he cooked in a wide range of venues and facilities over our time away.

The weather on the whole was incredibly kind to us as we cycled almost entirely without rain only faced the challenge of riding into the wind on a couple of occasions. The bikes held up remarkably well given the distance that we travelled. Other than the occasional puncture and Drew piling into the back of Roger when he failed to comprehend that a red traffic light means that you must stop and of course when Drew flying into a ditch after hitting some loose gravel there were thankfully few major road incidents to report of. Jethro was a constant source of entertainment with his various musings about life on the road and incredibly short shorts that he inflicted on the team and the wider general public.

We were given words of encouragement as we peddle powered on our way through towns and cities one elderly lady at a bus stop telling us to "come on move quicker" and another gentleman crushing Sam Woodgate's spirit at the bottom of a large hill by telling him "there's plenty more of those". The longest day that we faced was between Coventry and Leeds at a 132 gruelling miles and it was impossible not to learn something about yourself and determination to keep going on that day alone. We stayed at a range of youth clubs and boys clubs and the willingness of those clubs to help us out and support us was brilliant and hugely appreciated and showed that the club network although now relatively un-coordinated on a national scale still has huge potential when clubs work together. Some of the clubs that we visited were hugely inspiring in terms of the work that's going on: the Hunslet Young Peoples Club in Leeds was a great example of this. The whole place was buzzing with activity and you could tell the building was a real hub of the community.

The Cairngorms in Scotland provided the back drop of some stunning scenery and some big steep climbs even our resident mountain goat Roger had a look of discomfort on his face as he cycled past and then off into the distance on one such climb. As we got further into Scotland all the previous days seemed to blur together and it was increasingly difficult to remember where we had stayed on different dates and just what day of the week it was anymore! We had turned into cycling, eating and sleeping machines and it was a fantastic feeling to reach the end and even the slightly unusual behaviour in a nearby field between an over active cow and small horse couldn't put a dampener on things as we rode into John O'Groats!

All in all a fantastic effort and one that everyone can be proud of, all that remains is to collect in all my sponsorship money which may prove to be equally as challenging as the cycle itself!

LeJog 2010 Participants: Sam Grimwood, Roger Cottee, Andrew Collings, Sam Woodgate, Seb Balmcombe, Jethro Bogdanov, Martin Solder, David Hassard

