



NEWSLETTER



THE NIGHT EXERCISE

This year's Night Exercise was invaded by a horde of the walking dead!

On the evening of Saturday 17th October, clubs headed to Spaynes Hall Farm for the annual event, this year with a special zombie twist!

Attendees included members and leaders from **St. Annes Youth Club, Linford Wanderers Football & Sports Club, North Avenue Youth Club, Great Tey Youth Activity Club, Chelmsford Volunteer Police Cadets, Braintree Youth Project Charity and Rayne Amateur Boxing Club.** The EBGC VTeam also put up a ghastly crew of 21 unnervingly convincing zombies, who had to be avoided at all costs! Teams set off from base camp at staggered intervals from 7.30pm to navigate a 2 mile course around the farm, hitting 7 activity points, with Zombie Outbreak themed bonuses available along the way. Hot drinks, a BBQ and a bonfire kept everyone going before the finale of a mini firework display and the awards ceremony. Thanks to everyone who came, especially volunteers from both the VTeam and from clubs. Ideas for next year's theme are welcome!!



WELL DONE TO OUR WINNERS!
1st: Great Tey YC
2nd: Linford Wanderers F&SC
3rd: Rayne ABC
Best Dressed Volunteer: George Knock

FROM THE DIRECTOR



I am pleased to report that the EBGC network continues to grow, providing more and more opportunities for young people in Essex and East London. In October I attended the first conference of the newly formed National Association of Boys & Girls Clubs and I'm pleased to report a great turn-out from an enthusiastic national network, which we intend to fully support by taking groups to national events.

I encourage clubs to take advantage of everything we have to offer for both members and volunteers. We have put aside some money to support clubs who want to take their members to any of our 3 outdoor centres but can't afford to do so. Write to me if you'd like to take a group away. **Martin Solder**
martins@essexboysandgirlsclubs.org



INTERNATIONAL EXPEDITIONS WITH CLUB MEMBERS

This Summer EBGC sent two groups of club members overseas for intensive expeditions. The Nepal Expedition again saw our team hike through the foothills of the Himalayas to reach the remote village of Barpak. At the epicentre of April's earthquakes our team's volunteering mission was more urgent than ever. Led by Mickey Gordon and Scott Dixon, the team took much-needed funds and support to the people who have welcomed our groups for the last 36 years. Meanwhile our America Challenge saw us return to East Tennessee for the second year. Led by Graham Brandwood and Juliet Townsend, the team built on last year's pilot by developing EBGC's relationships with the Boys & Girls Clubs of America, the Appalachian Trail Conservancy and the Great Smoky Mountains National Park. 2016 will see three overseas expeditions: Nepal 2016, America Challenge 2016 and the EBGC U18 Cricket Squad Tour to Barbados. Please nominate and encourage your club members to take advantage of these subsidised opportunities for enormous personal development.

UPDATES FROM THE CLUBS



During July **Linford Wanderers Football & Sports Club** held their annual sports weekend, which was a fantastic success and attended by nearly 200 people.

Competition was fierce over all events such as long jump, running and throwing. During the presentations, Kimberley Meads presented the club with a cheque for £900.50 that was raised by donations at her son Sam Meads funeral, who tragically passed away this year. Sam was a regular member of the club and the staff were humbled by this thoughtful donation. The club are going to use the money to purchase a marquee and continue their fantastic work.



Braintree Youth Project Charity have received a donation from Daniel Robinson & Sons Ltd for new flooring for their club. This will allow them to enjoy getting messy with food and crafts, without the headache of cleaning a carpet!



Mersea Island Judo Club celebrated their 40th anniversary back in June and celebrated by hosting a competition for all associated with the club. This was a great way to see old and new faces and the club also received support from the local oyster bar.



Loughton Youth Project have been going from strength to strength with their local radio station and have even had time to interview our new Arts officer Rebecca about her role! LYP also scooped up one of our creative games awards at our annual EBGC Bake Off.



Congratulations to **WAY 2000** for winning the Overall Showstopper award at this year's EBGC bake off competition. Way 2000 also celebrated their 20 year anniversary and enjoyed a lunch that was attended by The High Sheriff of Essex, Chairman of Epping Forest District Council and also the Mayor of Waltham Abbey. The WAY 2 COOK project ensured that they all had a good spread!



The **Changing Young Attitudes** to sport and healthy living project is back for its second year and already thriving. Several clubs started in early September including **North Avenue Youth Club, Thaxted Youth Club, Sampfords Youth Club, Southminster Doorstep Club** and **St Cedds Youth Club** with others poised to start after half term. The alternative range of sports we have to offer such as: dodgeball, archery and boxing have sparked interest in the young people to participate in our tournaments with several successes.



To get into the spooky spirit **Fitch Green Youth Club** put on a Halloween disco on 16th October. This was attended by many young people who dressed up for the occasion... even the staff and volunteers joined in!



Canvey Island Youth Project produced a film for the Provide Foundation. The video explains how their project has changed the lives of the young people who have been involved in their work. The club were awarded £750 to run educational workshops on drugs and alcohol for young people in Castle Point. Watch the film on their Facebook page.



The **National Amateur Boxing Championships** return this year. The year's absence of this prestigious championship did not affect the local entries for the tournament as there have been over 80 entries from London and over 50 from Anglia. The first local round will be held at Harlow Greyhound stadium on the 1st November. The winners of this round will then go on to face champions from Sussex, Surrey and Kent on the 8th November, at the same venue. EBGC affiliated club boxers will try to reach the National Finals which will be in Bristol, Portsmouth and Croydon in early December.

Useful Online Resources



www.riseabove.org.uk

Rise Above aims to build emotional resilience by equipping young people with knowledge to make informed decisions. Launched by Public Health England to tackle problems facing young people such as puberty, relationships and peer pressure.



www.essexlocaloffer.org.uk

Essex Local Offer is a database of services and support for young people with special education needs and disabilities. Produced by Essex County Council, your club can join for free.



www.thinkuknow.co.uk

Think U Know is the guide to internet safety and safe surfing for young people, with downloadable resources and hard-hitting films. It is run by the UK's Child Exploitation and Online Protection Centre.

www.essexboysandgirlsclubs.org



Did you know...? You can find out about our upcoming events and courses, volunteering and job opportunities, a map of our club network with contacts, plus downloadable resources.



FREE to affiliated clubs

Join Harlow Town Football Club in training or to watch a match!

EBGC's clubs are invited to join the club for training and/or to watch a match in the New Year.



Join the audience at the Gepp & Sons Schools Legal Debate 2015

'This House would raise the legal age of criminal intent from 10 to 14.'

This is the motion for this year's debate, held at Anglia Ruskin University, Chelmsford on the evening of Wednesday 18th November 2015.

EBGC clubs are invited to bring members to join the audience at this prestigious event, attended by some of the UK's top legal minds including High Court Judges. This will be a fascinating opportunity for anyone interested in the legal profession.

To find out more about both free opportunities, contact Sue Pell on 01245 264783.



New Clubs

A big welcome to clubs who are brand new to the EBGC network, who were accepted by the Executive Committee for 2015-16 affiliation. You may notice clubs below that are outside our usual Essex and East London area. These clubs have no NABGC member organisation in their area, so we have agreed to affiliate them to give their members access to the National Amateur Boxing Championship.

*Abberton & Langenhoe Community Youth Club
Attleborough Boxing Club
Bexley Amateur Boxing Club
Black Dragon Judo Club
Wendens Ambo Youth Club
Chatteris Amateur Boxing Club
Chelmsford Volunteer Police Cadets
Fenland Sparta Amateur Boxing Club
The Academy Luton Boxing Club
Great Yeldham Youth Club
Haddenham & Ely Amateur Boxing Club
Harrow & District Amateur Boxing Club
Hoddesdon Boxing Academy
Peterborough Police Boxing Club
Poplar Boys' and Girls' Club
St Albans & London Colney Amateur Boxing Club
Bodysshots Boxing Club
St Ives Boxing Academy
Woodham Swimming Club*

New Staff

This year EBGC have welcomed 10 new members of staff, including 3 apprentices. With a broad range of skills and experience, we hope you'll enjoy meeting them all.



You can find out more about the whole team at www.essexboysandgirlsclubs.org/contact.html



Have you got your copy of the EBGC Club Activity Calendar?

We posted A2 poster-calendars out to all club contacts in August but if you didn't receive yours we can post one out to you, or you can download one from www.essexboysandgirlsclubs.org/documents/Calendar2015v.2.pdf



Does your Club need training?

Young Leader Training / Safeguarding Training
First Aid Training / Club Management Training
Youthwork Training / Bespoke Training

We are here to assist you to run your club. We can deliver or arrange training that suits your needs. Please get in touch on 01245 264783 or email gerrys@essexboysandgirlsclubs.org



PRIORITY BOOKINGS FOR AFFILIATED CLUBS

Essex Adventure Weekend

17-19th June 2016

Bring your club to our annual Stubbers take-over for lots of adventurous activities with our club network. Includes tents, activities, food and fun!
Contact Rebecca Stanley 01245 264783
rebeccas@essexboysandgirlsclubs.org



~~£56pp~~ Limited early bird discount **£45pp** until 14th February 2016.



Club Weekends at Maes y Lade

Winter/Spring 2016

Take your club to Wales for a weekend in the mountains at our fantastic residential centre in the Brecon Beacons, just a 4 hour drive away. Includes accommodation, food and activities.
Contact David on 07813 688318 davidh@essexboysandgirlsclubs.org

Just **£50pp** until 31st March.



Stubbers Adventure Centre

Take your club to Stubbers for adventurous outdoor activities on land and water. Climbing, Quad Biking, Jet Skiing, Sailing, Tunnelling, Archery and High Ropes are just some of the fun activities on offer at this EBGC affiliated centre in Upminster. Book a 2 hour session, a full day or stay overnight in residential facilities ranging from catered lodges to tents.
Contact Julia on 01708 224753 or julia@stubbers.co.uk

REMEMBER TO RENEW YOUR CLUB AFFILIATION TO EBGC BY 1ST APRIL 2016

Renewal forms can be downloaded from www.essexboysandgirlsclubs.org/games.html