Harway House, Rectory Lane, Chelmsford, Essex, CMI IRQ



NEWSLETTER

www.essexboysandgirlsclubs.org

DECEMBER 2011

TEL: 01245 264783 FAX: 01245 264626 **CHARITY No: 301447**





Supporting young people since 1939

HOW YOU CAN HELP



he fog descended over Great Yeldham for Essex Boys and Girls Clubs' annual Night Exercise on Saturday November.



Fifty-two intrepid young people from Linford Wanderers, The Ashdon Hangout, Wickham St. Pauls. Sampford YC, St. Cedds, Last Resort Youth Group, The Massive Project and the Senior Members Club, arrived at 7.30pm to be welcomed by Conservative MP for Braintree District, Mr. Brooks Newmark, before setting out into the fog on a thrilling 4 mile course across the farm.

The young people were split into teams of four or five and set off at intervals with just a map and torch to navigate the challenging route. Along the course the teams completed 10 different activities at 'checkpoints', as well as a two and a half mile rope trail through 'Wren Park Wood'. Activities included 'Hang Tough', 'the Slippery Log', Rifle Shoot, Tree Climb and the Rope Swing amongst others; and time bonuses or penalties were awarded in accordance with success or failure at each task.

"The kids got such a bia buzz out of it and I know they'll be talking about it for weeks."

Jill Palmer - Sampfords YC

In the end the Sampfords YC Team 'Bravo 2' took gold with an impressive time of 1 hour 35

minutes. Congratulations to Fraser Bush, Alec Lawrance, Jake Wilson and Joseph Kemp, who beat the rest of the field by a full 25 minutes. Trophies were presented on the night by Elliott Levy, the Essex Rugby League Community Coach.



A huge thank you to all the staff and volunteers who made the night such a success. If you would like to enter a team from your club at this popular event next year please get in contact with Charlie for more information.

charlie@essexboysandgirlsclubs.org

Final rounds.

he end of the year came with a In addition to boxing, the U16 football New Year and we hope that it will be bit of a bang with the National trials are in full swing. Essex also well supported by clubs. Boxing Championships coming hosted the England trials and I am to an end with the Class A and C pleased to say that a number of boys Thanks to everyone who has ran the Anglian, Regional and Quarter we are holding our U12 and U14 five wonderful Christmas and new year! a sides between Christmas and the

Finals. Once again the support from have progressed to the next stages, supported EBGC over the last 12 clubs, individuals and the Essex ABA Again thank you to everyone who months and from everyone at the was greatly appreciated as we also made this possible. As in past years, Essex Boys and Girls Clubs; have a

Martin Solder, Director



relatively dry week by Lake District standards was experienced by 7 young people from Out There Club, Senior Members Club and Linford Wanderers as they embarked on a four day mountain skills course on Saturday 22nd October 2011.

Despite being forced to spend one day on low-level walks thanks to 80mph winds on the peaks, the group had a fantastic time and took a lot out of the course, thanks mainly to mountain leader Steve Hutson's excellent tutelage.

A particular highlight of the week was 'Snailshell Rock' where the boys were shown the 'South African' abseil, which requires no harnesses. The waterfall climb also proved many of the boys' favourites (pictured).

The Mountain Skills course is a great opportunity for anyone who is interested in outdoor pursuits. who show particular aptitude may then be eligible to take part in our Winter Skills course in Scotland every February. This is a somewhat more extreme course which includes gully climbing and snow-holing! For more information please contact: charlie@essexboysandgirlsclubs.org.

FOOTBALL FOCUS

EBGC U16 REP SQUAD:

Trials for the Essex Boys and Girls Clubs U16 Representative Squad took place over October and November with 16 young people being selected to represent their county. This number could increase with a few candidates yet to be trialed. The squad's first test will be to play the previous year's team in early December which should provide a stern test. The squad so far is:

Jack Bird Daniel Byrne **Ben Smith** Tom Crews Jake Fairman Craig Urch Billy Bilton Oliver Power Sam Clifton Jason White Tom Vesey James Kelly Chris Skingley Aiden Johnson Laurie Nash

GK (Brentwood AFC) Hayden Connelly GK (Island BGC) CB (St. Cedds) CB (Ingatestone BC) CB (Mildmay YFC) CB (Basildon Boys) LB (Ingatestone BC) CM (Upminster CC) CM (Basildon Boys) CM (Island BGC) CM (Brentwood AFC) RM (Island BGC) LM (Mildmay YFC) ST (Brentwood AFC) ST (Basildon Boys) ST (Island BGC)

OUNG LEADER TRAINI



first Young Leaders Residential of 2012 is taking place from 11th-15th February at our residential centre in the Lake District, High Row. The Asdan accredited course is based around developing leadership skills and styles. The participants take part in a range of sessions that are practical and a mixture of indoor and outdoor

activities. If you have club members aged 15-19 then they can get involved for an all-inclusive fee of £65 for the whole course. Places have already started to fill up so make sure you get in quick to avoid disappointment!

For more info please contact Jamie on 01245 264783 or via email at jamied@essexboysandgirlsclubs.org.



CYP ENGLAND SQUAD:

Congratulations must go to Tom Dempsey of Island Boys and Girls Club who has progressed to the final trial for the Boys and Girls Clubs England Squad in Newcastle on the 3rd December. Tom was captain of the 2010/11 EBGC U16 Representative Team and has progressed through the South England Trial and one trial match in Leicester to get this far. We wish him the best of luck for the final trial.

DON'T FORGET TO SIGN UP FOR OUR 5-A-SIDES!



U12/U14 29th Dec U16/U19 7th Jan

posters Downloadable available on our website.

For any information about our football programme, or if you would like to get a club involved please contact Charlie.

charlie@essexboysandgirlsclubs.org

CONTENTS

- **Night Exercise Director's Word Mountain Skills** 2 2 **Young Leaders** 2 **Football Focus** 3 **News from Ringside** 4 **International Opportunities** Rank Gap Scheme
- **Club Corner NCS Projects** Rugby 6 **Christmas Card** 6 7 Volunteers 7 **Opportunities Diary Dates** 8 Contacts



over 12 different weights and the a huge margin of 26-1. Class C finals for 17 and 18 year olds were boxed over 13 weights. Chris Ali (Repton Boys Club) won the Contenders from all over England and under 57Kgs national title against Wales had taken part in as many as 6 Ramsey Nasser (Sheffield Lane Top) New affiliates to Essex Boys and Girls previous stages of the competition to with yet another impressive Clubs, West Ham ABC took 5 boxers get an opportunity to contend for the performance leading to a score of to the Class B finals in Leeds the prestigious national titles.

Representing the Essex ABA, Karl Davis (Billericay ABC) was up second to face James Blenkinsop (Phil Thomas ABC, Middlesbrough). Karl had previously put on a great display in the Semi-Finals and started this evening with the same power, speed and skill. Unfortunately Davis was just edged out by the North of England Champion and lost by a score of 16-10. Karl proved that he can more than hold his own at a national level and did Billericay and Essex very proud.



Jason Rowland were in attendance as bout with a close margin of 18-15. well as former European Champion and Sky Sports Pundit Spencer The evening culminated with the Oliver. Spencer was filming for Sky Super Heavyweights and unbeaten

Clubs for Young People Thursday evenings on Sky Sports 1. muscling out Harry Armstrong (Apollo Class A and Class C National Former World Featherweight ABC, Torquay) with a win of 20-13. Boxing Finals, hosted and run Champion Barry McGuigan also made by EBGC, were settled on Thursday an appearance and was very Essex Boys and Girls Clubs staged 24th November at Harlow Greyhound impressed by James Branch (Repton every round of the championships bar Stadium, Essex. The Class A finals Boys Club, London) who outclassed the Semi-Finals and that also included for 15 and 16 year olds were boxed his opponent from Sheffield City with stepping in to host the London Youth

27-12.

"Everything was perfect; everything I asked was done correctly and amicably and the show was fantastic, the boxing was very good and I can't praise the event enough"

Terry Gillam - A.B.A. O.I.C.

The atmosphere was elevated in anticipation of the Class C under 67Kgs between Johnny Saunders (Rumbles ABC, Kent) and Stephen Lewis (Long Lane ABC, Liverpool). Saunders waited for Lewis and used his counter punching skills to outscore the Merseyside boxer for the first three rounds. Lewis then found his range to force the bout to a dramatic 4th round. However the Kent boxer managed to stay composed and do Professionals Tony Conquest and just enough to hold on and win the

Sports Ringside which airs on Lawrence Okolie (Lion ABC, London)

Round at late notice to give boxers across London the opportunity to compete in these Championships.

following night. Luke Saunders and Tommy Beaney came away victorious against their northern opponents to give Essex Boys and Girls Clubs two more National Champions.

NEWS FROM CLUBS

CHADWELL ST MARY ABC took club member Michael Maloney to the Essex Sports Awards evening at Weston Home Community Stadium, home of Colchester FC. Michael was nominated as Young Sports Personality of the Year and though he was narrowly pipped at the post he received well deserved recognition for his boxing prowess and excellent standing in his club.

HALSTEAD ABC celebrated the launch of their new venue on Factory Lane by opening the club to the public on 19th November, showcasing the grading of club members. Thanks to the hard work of all the volunteers involved they have a really excellent new facility with superb equipment.

Please send your boxing club news to afsheenp@essexboysandgirlsclubs.org





n the 28th November we and appropriate flights are booked. held our latest information evening for Nepal 2012 WHERE? groups taking part in these once in a spend a couple of days in the bustling life time trips, one in April and the capital before trekking out into the about:

locals in the remote village of Barpak, experiencing the culture and way of WHO? If you are aged 16-21 and awesome trip!

WHEN? Taking place in the first three weeks of April and September HOW? First you need to find out

life of the Nepalese people and the are part of Essex Boys and Girls bustling capital Kathmandu! Add to Clubs (having either taken part on that some white water rafting on one of our courses or a member at a some of the best white water in the Club) then you can apply to be a world and you have yourself an member of the team for this once in a life time trip!

2012 exact dates and times will be more about it by attending one of our confirmed once numbers are finalised information evenings with your parent

or guardian. Then if your application is accepted you will take part in In a sentence.... flying planning, training and fundraising for Expeditions. We currently have two from London into Kathmandu, you will the trip assisted along the way by EBGC staff.

other in September of next year. Himalayas 10,000 feet up to the There are still places left on this Below is a snap shot of what it's all remote mountain village of Barpak, year's expedition so if you are throw in some white water rafting on interested in finding out how your the trek back before returning to club members can get involved in the WHAT? 17 days including trekking in Kathmandu for a day of bartering with expedition then please contact David the Himalayan foothills, living with the local traders before flying back home! Hassard on 01245 264783 or email davidh@essexboysandgirlsclubs.org.





Are you aged between 18 and 24?

Do you care about and relate to young people in the community? The GAP Scheme is a 6-9 month programme where you will work full time in a distinct role with a local community and youth work project. We have projects across the UK, covering a wide range of youth work issues and settings. There are intakes in January, May and September each year.

For more information please contact David Hassard on 01245 264783 or davidh@essexboysandgirlsclubs.org

Have you a 6-9 month gap in your life?

Would you like to give a helping hand and give something back?

The GAP Scheme could be for you!



last newsletter: Repton Boys Club, donation at: Newham Youth Club, Dagenham http://www.justgiving.com/NICK-ABC, Highwood Youth Club ROBINSON6 (Chelmsford), Flitch Green Youth Club, Mayland ABC, Essex University FRENFORD CLUBS held their AGM ABC and Asher Ministries Youth Club and Presentation Evening on the 1st (Clacton).

119 clubs...

expected to be finished for the New on the night as well as a two level 2 Year, after which they'll be hoping to NVQ Youthwork Qualifications develop their mezzanine to construct awarded as a result of the Essex Boys a music room. refurbishment of the club in 2006.



COLNE ENGAINE YOUTH CLUB raised £126.40 for Children in Need with club night activities including bingo, mocktails, a pool tournament PROMOTE and Pudsey biscuit decorating.



Members of Loughton Youth Project, to a recognised network, like EBGC. slept out under the stars at Sign up at www.plings.net or email Centrepoint's Sleep Out 2011 in juliet@essexboysandgirlsclubs.org for London's Exchange Square to raise more info. money to support homeless young people. They've also been fundraising

e're proud to say that new in their pyjamas on their local high clubs are affiliating all the street (pictured above) and you can time - we welcome since the show your support by making a

December and were honoured with the presence of former EBGC Rep And here's news from just a few of our Team cricketer, Frenford member and current England International Cricketer Ravi Bopara, who took a Q **THAXTED YOUTH CLUB** are & A session with the young people. working on their new skate-park, Jack Petchey Awards were presented This follows the and Girls Clubs Club Improvement Scheme.



YOUR CLUB! www.plings.net is the first national source of information about brilliant, inspiring and challenging places to go and things to do for everyone who's aged 13-19.

Plings are working with local authorities and activity providers like EBGC to collect and manage information about opportunities for young people, which they then share in places like social networking sites. LOUGHTON YOUTH PROJECT To register your club, you must belong

OUR AFFILIATION FEE - WHAT YOU GET FOR IT

Access to our events & activities for club members aged 11-18yrs.

Access to opportunities for individuals; including the Tall Ships experience, RANK Foundation, GAP scheme, American exchanges, international expeditions, apprenticeships & more.

A dedicated Club Servicing Officer, who visits three times a year, and is your first point of contact in the office, to offer support, opportunities and advice.

Access to our experienced team for support with club formation & management, funding applications, CRB checks, insurance, volunteer training.

Our support as your advocates in regional and national forums.

Access to our adventure centres (Stubbers & High Row) at discounted rates

Access to hire our minibuses

Plus lots of other opportunities & offers throughout the year...

If you know of any new clubs that might be interested in joining us then please put them in touch with our Club Development Officer, Gerry Smith on 01245 264783 or gerrys@essexboysandgirlsclubs.org.



in partnership with Catch22, was experiences, enthusiastically and All who took part in this 'summer of a celebrated at the Thurrock Council with confidence to a packed room. lifetime' have developed new skills Offices recently, where the groups of The High Sheriff of Essex - Lady and created great memories that will young people and their proud families Ruggles-Brise DL - presented help them on their journey through came together with project staff to everyone with certificates of life. celebrate their achievements.

across Essex spent their summer their communities. break volunteering on the project which included a week adventurous challenges completed in the Lake District. A week at Stubbers Adventure Centre where they took on team activities, attended training in life skills sessions and planned a volunteer or social action plan in their local community was followed by a week spent delivering that plan.

he success of the National Three of the teenagers - Jessica This was a fantastic example of achievement, and thanked them on behalf of the Queen for volunteering If you are interested in taking part



Citizen Service Programme run Douglas, Cissy Chhoi and Elizabeth young people getting involved in their by Essex Boys and Girls Clubs, Babalola - spoke about their community and making a difference.

Sixty young people aged 16 from their time to do such good work in in next year's National Citizen Service programme then information can be found on our website www.essexbovsandgirlsclubs.org or through Keith Cranmer at the office on 01245 264783 keithc@essexboysandgirlsclubs.org.



on them had now been bestowed after but to the Elvers Club too. What a brilliant season for the Junior Rugby greater tonic can we offer our players League club, news filtered through this than the knowledge that playing week of the most important recognition International Rugby League is a ever gained by one of the club's play- distinct possibility, rather than just part ers.

The London Junior League's top club for 2010 are delighted to announce

that U14s captain, and London Junior League player of the Year for 2010, Joe Keves has been called up to the England Youth National Squad. This is the first time an Elvers player has gained a place in a national squad at any age group.

Joe will now join up with players from around the country, most of whom are from the game's heartland areas in the North of England.

Elvers Club Secretary, Phil Abbott, commented. "For Joe, this is an unbelievable achievement from which I ust when Brentwood Elvers am sure he will hugely benefit. I hope RLFC thought that every that Joe realises that his achievements accolade that could be adorned will not only be beneficial to himself, of the coaches' morale boosting mantra?"

elliottlevy@essexboysandgirlsclubs.org

CHRISTMAS CARD 2011

ongratulations to Isobel Hasler-Davis, 11, from The Hub Youth Club, Wivenhoe for designing a fantastic Christmas card, which won her a £20 prize, 20 copies of her cards printed for her to use, and fame among all of our affiliated clubs across the county!

It was a tough competition and in the end finalists were whittled down from 26 to the final three. Fantastic designs from Charlie Cotgrove (Chelmer Village YC) and Emily Berry (The Hub) were just pipped to the line by Isobel, with our Director, Martin, appreciating Isobel's reference to our activities. Isobel's design has now been printed onto our Christmas cards, which are being frantically signed by all of the staff here at the office. Well done Isobel!

YOUR COUNTY NEEDS

VOLUNTEER with Essex Boys & Girls Clubs and you'll be supporting the development of the young people of Essex.

From stewards to sports officials, coaches to caterers, bus-drivers to bookkeepers, you just need enthusiasm! Come and have an experience and meet interesting people - call us on 01245 264783 or check out our current volunteering opportunities at www.essexboysandgirlsclubs.org

Essex Boys & Girls Clubs
Supporting young people since 1939 | An Independent Registered Charity No. 301447

WE ♥ VOLUNTEERS

e know that the work we do is impossible without the thousands of volunteers across the region who give up their time to get involved with their local youth club. We also know that lots of you would love some more help. We are launching a search for more volunteers to help at our affiliated clubs and also at our events for clubs, so we can deliver even more activities.

We've got a list of our current volunteering opportunities on our 'How you can help' webpage, here's a taster!

Football volunteers to referee, timekeep and score (29th Dec / 7th Jan, 9am-3pm, Chelmsford)

Event stewarding volunteers to marshall cross-country runners (22nd Jan, Upminster)

Table tennis volunteers to referee, timekeep and score (23rd Jan / 30th Jan / 9th Feb)

VIP booking volunteers to invite VIPs to our events Office administrators to input project data

Alumni administrators to help us find our alumni **Event promotion volunteers** to promote our fundraisers Fundraisers to enter the Essex Jailbreak, Three Peaks Challenge, Classic Golf Day & LEJOG - ongoing

If you or any of your club members or leaders are interested in volunteering with us, or if would like us to promote a volunteering opportunity at your club, please let us know in the Chelmsford office on 01245 264783 or email juliett@essexboysandgirlsclubs.org

OPPORTUNITIES FOR CLUBS

KAYLANCE TROPHY FOR BEST ATTENDANCE AT EBGC EVENTS. Won in May 2011 by 4 Youth Brightlingsea, the Trophy will be awarded at our AGM on 18th May 2012, along with a £100 reward for the winning club. There are some frontrunners but there's still everything to play for, so get your club involved!

BUDDING FASHION DESIGNERS/HAIR STYLISTS/ MAKE-UP ARTISTS NEEDED. 2012 Reinvention is a massive charity fashion event promoting fresh, young + innovative design in Essex hosted by King Edward VI Grammar School Chelmsford on 30/03/2012. It is open to budding designers/hair stylist/makeup artists and we'd like to put together a team from our clubs to join the event. ryank@essexboysandgirlsclubs.org.

TOURS OF HOUSES OF PARLIAMENT. MP for Braintree & Witham, Brooks Newmark, is keen to offer groups from his Braintree/Witham constituency the chance for him to give them a guided tour of the Houses of Parliament. This is a very special opportunity which can only be accessed via MPs. juliett@essexboysandgirlsclubs.org.

TOURS OF CHELMSFORD PRISON. The High Sheriff of Essex, Lady Ruggles-Brise, would like to invite Chelmsford club leaders to tour the facilities of HM Prison Chelmsford, with a view to engaging the local community in their work. Please contact juliett@essexboysandgirlsclubs.org.



Call now on 01708 224753

Head to Head

Storm the keep

Capture the flag

www.stubbers.co.uk

Stubbers Adventure Centre, Upminster, Essex RM14 2TY

60

DIARY DATES...

29/12/11

U12/U14 5 A-Side Football

@ Riverside, Chelmsford

07/01/12

U16/U19 5 A-Side Football

@ Riverside, Chelmsford

22/01/12

Cross Country

@ Stubbers Adventure Centre

23/01/12

North Table Tennis

@ Sampfords YC

30/01/12

South Table Tennis

@ Ingatestone B.O.C.

09/02/12

Table Tennis Finals

@ Chelmsford Boys Club

17/02/12

North Activity Day

@ Stubbers Adventure Centre

03/03/12

Rep Cricket Trials

@ Frenford Clubs, Ilford

IMPORTANT CONTACTS...

ALL ENQUIRIES: T: 01245 264783 (weekdays 9am-5pm)

F: 01245 264626

DIRECTOR: Martin Solder

E: martins@essexboysandgirlsclubs.org

FUNDRAISING: Juliet Townsend

E: juliett@essexboysandgirlsclubs.org

Sue Pell

E: suep@essexboysandgirlsclubs.org

CLUB SERVICING: Gerry Smith

E: gerrys@essexboysandgirlsclubs.org

EVENTS: Charlie Douglas-Hughes

E: charlie@essexboysandgirlsclubs.org

David Hassard

E: davidh@essexboysandgirlsclubs.org

NCS & RESPECT PROJECTS: Keith Cranmer

E: keithc@essexboysandgirlsclubs.org

BOXING DEVELOPMENT: Afsheen Panjalizadeh

E: afsheenp@essexboysandgirlsclubs.org

RUGBY DEVELOPMENT: Elliott Levy

E: elliottlevy@essexboysandgirlsclubs.org



www.essexjailbreak.com

HOW FAR WILL YOU GO?

HAVE FUN, WIN AWARDS & RAISE MONEY FOR CHARITY

An annual fundraising

event organised by:

On 21st April 2012 teams will have 15 hours to get as far from HM Prison Chelmsford as they can, without spending any money.

Register NOW as a teamleader at www.essexjailbreak.com

Raise sponsorship for Essex Boys & Girls Clubs AND the charity of your choice! (50/50 split)

CAN YOU BEAT? the youth club that built a raft & paddled out to sea CAN YOU BEAT? the boxing club the spent 15 hours on rowing machines

CAN YOU BEAT? the team who made it to Italy, sponsored by an Italian restaural

the cyclists in training who pedalled to Bright

CAN YOU BEAT?

the running club who ran to Londo



Essex Boys & Girls Clubs

Promoting positive experiences for young people since 1939 Reg. Charity No. 301447 T: 01245 264783 www.essexboysandgirlsclubs.org

