



ESSEX BOYS & GIRLS CLUBS : SUPPORTING YOUNG PEOPLE SINCE 1939
"better to build boys & girls than to mend men & women"

NEWSLETTER AUTUMN 2013



Our Big Weekend of Club Adventure!

Our biggest club get-together of the year, 28th-30th June saw 330 young people and volunteers descend on Stubbers for our annual Essex Adventure Weekend. 23 of our own clubs were joined by groups from Wales, Warwickshire & Leicestershire. We canoed and kayaked, tunnelled underground, shot arrows, air rifles and laser guns, climbed the high ropes, abseiled down again, built rafts, sailed bell boats, fell off the banana boat and the wobbly boards, whizzed around on jet skis, argocats and all-terrain boards, bonded in the team challenge and the kata kanu, camped and ate together, filled the evenings with games, dancing and making art together and everyone had a whale of a time!! Thanks to all our volunteers, the Stubbers Team, plus Munchy Seeds, Shaken Udder Milkshakes and Essex Youth Trust for their support. Can't wait til next year!



6 Clubs Represented at National 100 Mile Canoe Test

One of our favourite trips of the year because of the amazing opportunities for personal development it offers for youngsters, we again took a strong Essex team to the Annual 100 Mile Canoe Test. On the Late Spring Bank Holiday we headed to Shropshire to join 200 others to canoe and kayak 100 miles down the River Severn. Members from **The Ashdon Hangout, Chelmsford Boys Club, Gateway ABC, Ingatstone Boys Own Club, Linford Boys Club** and **Upminster Scouts**, plus 5 staff from EBGC and Stubbers, made up the team of 19 paddlers and 3 support crew. Over 3.5 days the group paddled from Welshpool to Worcester, camping at Bridgnorth between stints. The trip was, as ever, a test of perseverance and mental as well as physical fortitude.

The 2014 Canoe Test dates will be announced in the New Year and it will be open to 13yrs+. Training & practice events are available before the trip.



Hedingham Film Crew enters Thurrock International Film Festival

Hedingham Youth Club's Film Crew devised, filmed, starred in and produced a film about the untold stories of WWI veterans from their village, which they entered into the Thurrock International Film Festival.

Working towards their Arts Award with EBGC's Lucy Chipperfield, the crew interviewed local residents and acted out scenes from the past. Their film was nominated for the Audience Choice Award and can be seen at www.youtube.com/watch?v=v27TKlmy7ag



Gt Sampford YC's extra practice assures them EBGC Shooting Trophy

Six affiliated clubs entered teams in our Rifle Shooting Championship, held at the Herts & Essex Shooting Association in Little Leighs. With everyone's sights set on a win, Gt Sampford Youth Club, having taken advantage of the EBGC Mobile Activity program to get in some advance training, swept the board with some excellent scores. Top shooters were Austin Dolman and Albert Waples.

Clubs: The Ashdon Hangout, 4 Youth Brightlingsea, Gt Sampfords Youth Club, Linford Boys Club, Rayne ABC, St Marks.

<http://essexboysandgirlsclubs.org/documents/ShootingCompetition.htm>



4 Youth Brightlingsea take the EBGC Fishing Trophy again

4 Youth Brightlingsea were crowned victors of our Fishing Competition for another year. The usual three rounds of angling at Red House Lake in Ingatstone, Home Farm in Little Walden and Brook Farm in Navestock all offered great fishing for club members. Thanks to Robert Fletcher from IBOC for all his help.

Next year we hope to see more clubs take advantage of at least one day of this traditional event.



St Cedds YC starts the Skills for Adolescence Program

St Cedds is the first EBGC club to begin running the year-long Skills for Adolescence Program. EBGC's Kayleigh Osborne visits the club on Friday evenings to work with 15 girls aged 12-13yrs.

The course helps 11-14 year olds to become more self-confident, communicate better both at home and at school, make good decisions, resolve conflict and avoid peer pressures. We expect to begin the program in **Frenford Clubs** in the next few months and also in three schools in South Essex.



BYPC makes music with The Royal Philharmonic

Braintree Youth Project Charity have been lucky enough to work alongside the Royal Philharmonic Orchestra to create four pieces of music to perform in a local shopping centre on the 29th June.

The project started with drop in sessions, where members of the RPO attended Friday night sessions enabling club members to try out instruments. The drums and marimba were very popular! For some youngsters it was their first time ever playing an instrument. Next, those interested attended creative sessions to make original pieces of music together. Intense rehearsals followed then the live performance. It was a great learning curve for those young people who have never performed before. Find out more at www.braintreeyouth.org.uk



Harlow ABC gets a Paint Job Harlow Amateur Boxing Club took advantage of the closed boxing season to spruce up their small but busy club. Students from Harlow College gave the gym a fresh look using paint donated by Dulux.

Brentwood ABC Finds a New Venue Brentwood Amateur Boxing Club have relocated to a new permanent venue at Prospect Way in Hutton, CM13 1XA, complete with on-site café. They held an open day on 7th September.



Our Three Rugby League Clubs Had a Great Season

Eastern Rhinos U19s finished runners up in their Grand Final & the U16s made it to the end of season play offs. **Brentwood Eels** U12s, U13s and U16s all made the playoffs. Both clubs have boys on scholarships with London Broncos for the upcoming academic year. All 3 clubs, including **Southend Spartans**, had representatives in the end of season regional origin games. The clubs also provided ball boys for the Armed Services World Cup in Colchester and the Challenge Cup Final at Wembley Stadium in front of 70,000 people.

A Fine Summer of Cricket

The EBGC Rep Cricket Squad had another fantastic season beginning with a 4 day cricket training camp at Halstead CC. The squad then travelled outside Essex to play against prestigious public schools as well as local teams.

Loughton CC fielded at least one team in each Junior age group this season, both indoor and outdoor. The club is very proud to boast the best U16 team in the county, having recently won the Essex Matchplay Final at Essex CCC Ground at Chelmsford.

Orsett CC is thrilled to report that their U15 team won the South Essex Championship, beating Westcliff in the final. Three of their U15s, Jack Plum, George Smith and Joe Mitchell have each scored a century this season in senior mens' cricket. The U14 team also won the South Essex Indoor Competition last winter.

Belhus CC In the South Essex District Cricket League, the U11s had a great season but didn't reach the semi-finals. U13s made it to the semi-finals of the same league. The U16s, for the second year in a row, won the title of the South Essex District Cricket Board Indoor League. In June the club took the U13s on a 5 day Tour of Kent & Sussex where they won 3 games and lost 2 and everyone had a great time!



EBGC Rep Squad U12s
v. Chigwell School, lost by 5 wkts
v. Kimbolton School, won by 12 runs
v. Essex Met. District, won by 9 wkts
v. Uppingham School, abandoned (rain)

EBGC Rep Squad U14s
v. Eton School, abandoned (rain)
v. Winchester School, won by 9 wkts
v. Essex Met. District, lost by 8 wkts
v. Uppingham School, abandoned (rain)
v. Felsted School, lost by 64 runs
v. Tonbridge School, abandoned (rain)
v. Kimbolton School, won by 14 runs
v. Harrow School, lost by 3 wkts

In brief...

Loughton Youth Project - Brentwood Youth ABC - Ingatestone Boys Own Club - North Avenue Youth Centre - Braintree Youth Project Charity... that was the route of **The EBGC High Sheriff of Essex's Challenge** - a club cycle tour back in May. Each club represented our network fantastically, showing the Queen's Representative for Law and Order the range and variety of voluntary youth clubs that are active in the county. You can read the full report at <http://tinyurl.com/m6svnj>

Frenford Clubs Youth Committee recently raised £1,000 for Children in Need by doing a sponsored walk from the club to Westfield Stratford. The club are hoping to build an £800k 3 storey gym and are about to start fundraising.

Colne Engaine Youth Club invited the village football team to run a football evening. 12 members and 2 volunteers joined in drills and a mini-tournament and players really enjoyed training with such an enthusiastic team.

The Ashdon Hangout took advantage of EBGC's Frankie & Benny's offer to take 5 club members to their local restaurant. Club leader Liz Noakes said afterwards: *"I can't tell you how much fun we had! THANK YOU!!!! The Hangout had a FAB time making cocktails and pizzas - they are planning a cocktail bar at a club night! For the age group I took - 14/15yrs - the workshop was a great insight into the workings of the restaurant and the making of a "brand". They all want to go again - soon! Thanks thanks thanks....any more workshops like that, count us in."*

1163 Sqn Colne Valley Air Cadets finally took delivery of a brand new 17-seater minibus, after 14 months of fundraising for the £26,000 needed to buy it. The new bus means the squadron can take cadets out to activities without having to rely on parents for transport.

St Marks DoFe Group have 28 young people doing their Bronze level Duke of Edinburgh Award, with EBGC running the Expedition phase in and around Danbury.

Out There Club arranged a trip to Airkix in Milton Keynes. The experience gave members an idea of what it is like to skydive. A video captured all the action and can be seen at www.out-there.org.uk

And finally... congratulations to **Linford Wanderers Football & Sports Club**, who are celebrating their 40th Anniversary this year. Here's to 40 more great years!



EBGC ACTIVITY PROGRAMME

SEP 2013 - FEB 2014



www.essexboysandgirlsclubs.org
01245 264783



	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
TUE		1				
WED		2			1	
THU		3			2	
FRI		4	1		3	
SAT		5 N. MOB. ACTIVITY DAY	2		4	1
SUN	1	6	3 NCS ENDS	1	5	2
MON	2	7	4	2	6	3
TUE	3	8	5	3	7	4
WED	4	9	6	4	8	5
THU	5	10	7	5 NABC BOXING FINALS	9	6
FRI	6	11	8	6	10	7
SAT	7	12 NABC BOXING CTY. RD.	9 NABC BOXING QF	7 DODGEBALL CHAMP.	11 5 ASIDE FOOTBALL	8
SUN	8	13	10	8	12	9 NTL. CROSS COUNTRY
MON	9	14	11	9	13	10
TUE	10	15	12	10	14	11
WED	11	16	13	11	15	12
THU	12	17	14	12	16	13
FRI	13	18 YOUNG LEADER	15	13	17	14
SAT	14	19 REP FOOTBALL TRIAL	16 NIGHT EXERCISE	14 CLUB THEATRE TRIP	18	15
SUN	15	20 TRAINING	17	15	19	16
MON	16	21	18	16	20	17
TUE	17	22	19	17	21	18
WED	18	23	20	18	22	19
THU	19	24	21	19	23	20
FRI	20	25	22	20	24	21 STUBBERS ACT. DAY
SAT	21	26 NABC BOXING REG. RD.	23 NABC BOXING SF	21	25	22 TABLE TENNIS CHAMP.
SUN	22	27	24	22	26	23
MON	23	28 NCS STARTS	25	23	27	24
TUE	24	29	26	24 CHRISTMAS EVE	28	25
WED	25	30	27	25 CHRISTMAS DAY	29	26
THU	26	31	28	26 BOXING DAY	30	27
FRI	27		29	27	31	28
SAT	28 S. MOB. ACTIVITY DAY		30 STARS IN THE MAKING	28		29
SUN	29			29		30
MON	30			30		31
TUE				31		

TO BOOK ANY EBGC EVENT PLEASE CONTACT THE OFFICE ON 01245 264783 OR VIA EMAIL:

AFSHEENP@ESSEXBOYSANDGIRLSCLUBS.ORG

EBGC ACTIVITY PROGRAMME

MAR - AUG 2014



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	MARCH	APRIL	MAY	JUNE	JULY	AUGUST
TUE						
WED						
THU					3 SUMMER GOLF CLASSIC	
FRI						1
SAT	1 REP CRICKET TRIALS		3 SHOOTING CHAMP.		5 FISHING RD.3	2
SUN		EBGC CRICKET CAMP	4 CANOE TRAINING DAY			3
MON					7 NCS STARTS	4
TUE						5
WED		9 EASTER CUP				6
THU						7
FRI		11 STUBBERS WET DAY		6 FILM FEST. SHOWCASE		8
SAT		12 KWIK CRICKET CHAMP.	10 CHELM-MALD PADDLE			9
SUN						10
MON						11
TUE						12
WED						13
THU						14
FRI		18 GOOD FRIDAY	16 EBGC AGM			15
SAT	15 POOL CHAMP.		17 GREAT ESSEX BAKE-OFF	14 FISHING RD.2		16
SUN		20 EASTER SUNDAY		15 3 PEAKS		17
MON		21 EASTER MONDAY				18
TUE						19
WED						20
THU						21
FRI						22
SAT		26 JAILBREAK	24 FISHING RD.1			23
SUN		27 LASER TAG				24
MON			26 100 MILE CANOE TEST			25
TUE						26
WED						27
THU						28
FRI						29
SAT				28 ESSEX ADVENTURE WEEKEND		30
SUN						31
MON						

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Development of young people...



We can train your members to run your club

We are running a number of programmes to support and train young club members to get involved with the running of their own club. From learning to run engaging sessions themselves, to recruiting new members, fundraising and improving the clubhouse, young people can gain really valuable skills and experience as Young Leaders while lightening the burden on adult volunteers.

All affiliated clubs are invited to contact the office for further information.



Nepal Volunteers, L-R: Mickey Gordon, Martin Levitt, Patrick Hennessey, Emily Brown, George Goddard, Esther Awodipe, Rebecca van der Vaart, Lauren Shaw, Jamie Drummond, Chloe Simmons, Luke Doell, Lucy Boatman.

EBGC Young Leaders Volunteer in Nepal

In mid August, ten intrepid Young Leaders set off on a 3 week adventure to Nepal. Accompanied by EBGC's Jamie Drummond and the charity's long-time friend and Nepal expert Mickey Gordon, every member of the group has spent the last year fundraising to cover the £2,300pp cost of the trip. Not only that, five of the youngsters volunteered as leaders this Summer with our NCS program, gathering extra confidence. All their hard work looked to have paid off as they excitedly exchanged tweets in the days leading up to the flight.

Finally, on Monday 19th August, the team flew to Kathmandu for a brief acclimatisation before trekking through the Himalayas to the remote village of Barpak. They will work with the villagers in a social, personal and cultural exchange that will show them the stark contrast with their own lives. After this experience they will continue on to higher altitudes, testing both their personal resolve and their ability to work as a team, where they'll discover the feeling of fulfilling their own potential by literally reaching the top of the world! We can't wait to hear their stories.

If you know a Young Leader or Volunteer who'd be interested in joining our **NEPAL 2014** trip, please put them in touch.



Our Summer Holiday of National Citizen Service (NCS)

We had an amazing summer delivering the government's NCS program for 16-17 year olds. We partnered up with Essex County Council to cover the whole of Essex (EBGC looked after South Essex) and we smashed our targets by involving 518 young people. Each young person experienced three weeks of fun, adventure, training and volunteering, making new friends alongside their new experiences. They also gave an enormous amount back to their communities by planning and completing a range of social action projects. Among the many charities to benefit from the youngsters' volunteering were EBGC clubs **Brentwood Youth ABC, Chelmsford Boys Club, Gateway ABC, Harlow ABC, Loughton Youth Project, North Avenue YC, PARC and Trinity Family Centre.**

As everyone who's ever run a residential knows, it's no staff holiday, and we are very grateful to the many volunteers who got involved and helped us over the Summer.

More NCS this Autumn...

We are now recruiting for 16-17 year olds, who are in school years 12 or 13, to do NCS in half-term. **Contact us** if your members would like to sign up or if your club would like to be involved and potentially benefit from a group's social action project.



POWERED BY



"We were promised a trip of a lifetime and you certainly delivered.

Thank you so much you have given us memories that we will never forget."

"I would tell a friend that NCS is a once-in-a-lifetime opportunity where you can make lifelong friends and new skills about teamwork and responsibility that you will never get the chance to do again."

Club Development



Fundraising from Trusts, Foundations & the Lottery

It's not all doom and gloom out there, we have helped our clubs raise considerable funds this year and we have had some successes ourselves to aid our work to support you. There are national and regional funds that want to support our work and although many accept rolling applications, there are some key deadlines coming up this Autumn. Keep an eye on our Facebook & Twitter for regular updates or call Juliet or Sue to talk about specific needs.

Some upcoming deadlines:

Tom Amos Charity - 1st Oct
Trust for London - 8th Oct
Culture in Essex Small Grants - 31st Oct
Ford of Britain Small Grants - 1st Nov

Paul Bush Foundation Trust - 1st Nov
High Sheriff's Awards - 30th Nov
Inspired Facilities - 16th Dec
Community Sport Activation Fund - 13th Jan

Raising Awareness About What You Do

We think it's really important that people know what voluntary youth clubs do and the difference you make in your communities to thousands of young people. Both traditional press and social media are great ways to recruit new club members, volunteers, supporters and even donations.

This year our clubs have had some great press thanks to the local papers, radio stations and website and we know that some clubs are experts at gaining those crucial column inches. If you're not sure how to go about getting your club name in print or online, please get in touch, and please send us any photos or links to news about your club and we'll republish them.

www.essexboysandgirlsclubs.org



Twittering Clubs

@WAY_2000 @LYP_Radio @OrsettCC
@harwichboxing @WickfordTownFC
@BrentwoodYouth @ChelmsfordBoys @BYPC1
@EasternRhinosRL @SouthendABC @FiveStarABC
@OutThereClub @IslingtonABC @Frenford_Clubs
@ColchesterABC @Lynnboxingclub @mtyfc
@brentwoodelvers @chelmoboxing

Did we miss you out? Tweet & say hello @EssexBGC



New Season

Kick start yours with a minimum 10% saving on your insurance premium

CRB Checks now DBS Checks

You've probably heard by now that CRB Checks have changed to DBS Checks, which stands for Disclosure and Barring Service. Adults and volunteers working with children and young people in a club environment need to be checked up to an Enhanced level.

Introduced on 1st December 2012, the DBS reflects a more common sense approach. Volunteers can benefit from a free service which will allow them to re-use criminal records checks time and time again. Instead they will only have to apply once to the Disclosure and Barring Service (DBS) for a certificate and can then go online for an instant check to find out whether their existing certificate is still up to date.

This will avoid the need for individuals to apply for multiple checks to work with different organisations and volunteers will be able to use the service for free when they apply for different volunteering opportunities.

If the Club Leader, on seeing the up to date enhanced DBS check is happy, the Volunteer does not need to have another DBS check carried out. We can provide initial checking for new DBS checks and will verify evidence.

For further information contact us in the office.

What extra activity would your club be able to do with a 10% saving on your insurance premium?

Call us for a quote today and for all new customers we promise to beat your current renewal quote by 10% on all like for like policies subject to proof and a minimum premium of £50. If you are an existing customer we will always do you our best to give you our best quote, however if you find a cheaper like for like quote elsewhere and you have a minimum spend of over £50 we promise to beat that quote by 10%.

Contact

T: 0844 414 6125

E: clubenquiries@gilesinsurance.co.uk

W: www.gilesyouthclubsinsurance.co.uk

"Great cover, great price, great service - we look forward to developing our relationship with Giles over the years to come"

Martin Solder
Director
Essex Boys and Girls Clubs



Book our Sports Team to run sessions at your club

Our Sports and Activities Team's aim is to increase the number of sporting opportunities available to young members across the EBGC club network. The team is led by Afsheen (Af) Panjalizadeh, who has spent the last few years increasing participation in boxing in Essex. He is joined by Charlie Douglas-Hughes and Pete LeMarquand and between them they have a host of experience running a wide range of engaging sports sessions, including:

Archery, Boxing, Cricket, Dodgeball, Fitness, Football, Pool, Rifle-shooting, Rounders, Rugby, Table Tennis and Team Games.

The team will be making club visits to bring new sports to all of our clubs. Costs will be minimal (usually £10 to cover travel).

Contact any member of the team about enhancing your club nights.

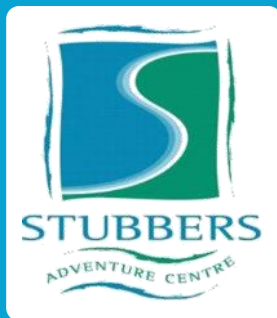


20% Discount at Stubbers Adventure Centre

Stubbers Adventure Centre in Upminster provides a range of land and water based adventurous activities for people of all ages and abilities. Climbing, Quad Biking, Jet Skiing, Sailing, Tunnelling, Archery and High Ropes are just some of the activities on offer. Residential lodges and camping are available and there is an excellent cafe on site.

To book your visit please call Julie on 01708 224753 www.stubbers.co.uk

Affiliated clubs benefit from a 20% discount on publicised rates.



Our Photo Competition Winner!

We had lots of superb entries into our 'Celebrating Spring' photo competition but there could only be one winner...

We chose this image by Bailey Hasler, from 1163 Squadron Colne Valley Air Cadets, of his club's expedition to the Lake District.

He is the lucky winner of an Olympus SH-25MR Digital Camera, kindly donated to us by the lovely people at Olympus Keymed. His image was also featured in Essex Life magazine's September issue. Well done Bailey!



Who to contact...

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