



# NEWSLETTER



**To everyone involved with boys and girls clubs  
we wish you a very Merry Christmas and a Happy New Year!**

## Club News

We wish good luck to the **Braintree Youth Project Charity** for moving into their new home.  
 Brilliant news from **Prospex!** They're opening a brand new youth session that will allow members to take part in new projects including having the opportunity to complete the **Duke of Edinburgh Award**.  
 Good Luck to **The Massive Project** with the relaunch of their club. Their membership is increasing week by week. Welcome to Paul Iseghohi the new Club Leader of **North Avenue Youth Centre**.  
 Well done to **Colne Engaine YC** for raising £287 for Children In Need by running a games evening at their club. Games included 'pin the patch on Pudsey' and the crazy assault course.  
 Amazing effort from **Linford Wanderers** for taking nearly their whole club on a trip to Maes Y Lade - 41 young people and 12 leaders!  
 Congratulations to everyone that took part in 'Listen, Learn and Share' conference with **Abphab YC**.  
**Welcome to newly affiliated youth Clubs:**  
**Torchlight Youth Club, Trumpinton Boxing Club and Epping Forest Falcons FC.**



## Club Delivery

The sports team have been busy delivering the **Changing Young Attitudes Towards Sport and Healthy Living Programme** in 25 youth clubs across the network as well as providing other sports, activity sessions and ideas for clubs. See the picture below where **Abberton and Langenhoe YC** enjoyed a team games session at their Friday night club.

## National Citizen Service (NCS)

Over the summer we delivered the NCS programme to over 850 young people across the county. The programme included 2 week long residentials, organising and delivering a Social Action Project. Thank you to all clubs who helped us throughout the summer .







# What have we been up to... Events and Activities

The first event after returning from Summer was a great success with 7 teams entering the Laser Tag competition @ Halstead Cricket Club on 1<sup>st</sup> October 2016. Congratulations to the U13 winners **Gt.Tey Youth Activity Club** and the u17 winners **Colne Valley ATC**.

The recent Dodgeball competition saw various youth groups from across Uttlesford and Braintree meet at Great Bardfield Town Hall to compete to progress to the EBGC County Championship. Well done to **Thaxted YC** who took the Trophy for the second time and Spike Davies from **Sampfords YC** who won Player of the Tournament. The Annual Night Exercise happened in the last weekend in November, 18 teams attended totalling 69 young people! It was a competitive event with **Bancroft Lions CC** winning the trophy and **Rayne ABC** and **Colchester VPC** coming in 2nd and 3rd place. Thank you to **all the clubs** that attend our events and activities! The EBGC Rep Football Team has been selected, which includes talented footballers from **Epping Forest Falcons FC**, **Wickford Town Youth FC**, **Crown and Manor BC**, **Thaxted Rangers Youth FC** and **Linford Wanderers FC**. The team will now take part in various training, fixtures with top clubs such as West Ham United, Colchester United and Southend United all leading up to the National Football Tour taking place during April 2017.

## Respect

The Thurrock West Respect Project have been working in partnership with Belhus Cricket Club by using their facilities to host the Life Skills evenings. Thank you **Belhus CC** who recently had their photo taken with the Respect Project group. Another thankyou to **North Avenue Youth Centre**, **4 Youth Brightlinsea** and **Stanway Youth Centre** for letting us use their buildings. There will be six more Respect Projects beginning in the new year in Thurrock, Colchester and Southend. If your club has a facility we could use and would like to host a project please get in contact with Steve at [steveh@essexboysandgirlsclubs.org](mailto:steveh@essexboysandgirlsclubs.org)

## Overseas Trips

After many applications the **Nepal Adventure 2017** Team has now been selected and are busy fundraising and planning for their trip. The trip is scheduled to go ahead in August 2017.

## America Challenge 2016

5 EBGC representatives went on an Adventure to America to hike 70 miles of the Appalachian Trail, work on the Trail conservation with a team of volunteers and link up with **Boys and Girls Clubs of America**. Massive thank you to BGC America for being so welcoming and allowing us to see what amazing work they do.

*"In the end of the day one reoccurring thing throughout this whole experience is the phrase "making a difference" not only for others but for yourself as well"*

**Attendees:** Juliet Ware-**Blackmore YC**. Andy Grey-**Crown and Manor BC**, Daniel Idundun-**North Avenue Youth Centre**, Juliet Townsend and Steve Hutson-EBGC.

If you would like to nominate a club member/ volunteer (over the age of 18) for next years **America Challenge** or for more information please contact Aimee on [Aimee@essexboysandgirlsclubs.org](mailto:Aimee@essexboysandgirlsclubs.org) or Steve on [steveh@essexboysandgirlsclubs.org](mailto:steveh@essexboysandgirlsclubs.org) or call 01245 264783





# The National Association of Boys and Girls Clubs Boxing Championships (NABC'S)



Essex Boys and Girls Clubs have played host to 4 rounds of the NABC's over November and December from the County rounds through to the National Semi Finals. Working alongside Essex ABA and London Boxing. The championships saw some of the most talented young boxers from clubs affiliated to the National Association of Boys and Girls Clubs. Many of the Essex and London boxers impressed throughout showing the vast number of outstanding boxers we have in our affiliated clubs. The results for all bouts can be found on the EBGC Facebook page and on the NABGC's website.

*"A well run competition bringing together the country's top talents. It's a must for Repton's boxers and coaches. This years competition has seen some fantastic clashes between some of the country's best fighters".*

**Repton ABC Coach**



## Clubs involved in the championships:

Attleborough ABC, Billericay and Wickford ABC, Brentwood Youth ABC, Centurions ABC, Chadwell St. Mary's ABC, Chalvedon ABC, Colchester ABC, Essex Uni ABC, Fenland Sparta ABC, Fivestar ABC, Harwich ABC, Peterborough Police BC, Southend ABC, St Ives ABC, Sudbury ABC, Welwyn Garden City ABC, Bodyshots ABC, Dagenham ABC, Fairbairn ABC, Harrow ABC, Hooks ABC, Islington BC, Lansbury ABC, Lions BC, Nemesis ABC, Northolt ABC, Repton Boys Club, West Ham ABC, White Hart Lane ABC.

## NABGC Day in parliament

EBGC staff members and Trustees joined other NABC members at the Houses of Parliament to raise the profile of Boys and Girls Clubs across the country, highlighting the positive outcomes and brilliant range of activities they have to offer. If you want to know more about the National Association have a look at their website <http://www.nabgc.org.uk>

## Funding Grant Funding Opportunities

**Variety Youth Clubs Grants** - This fund wants to make a difference to clubs by providing funding for equipment. Previous grants have funded boxing gloves, table tennis tables and pool tables. Sue Pell represents EBGC clubs during the Grant Committee meetings, so contact her for help with applying: [suep@essexboysandgirlsclubs.org](mailto:suep@essexboysandgirlsclubs.org)  
[www.variety.org.uk/what-we-do/youth-clubs-grants](http://www.variety.org.uk/what-we-do/youth-clubs-grants)

**Essex Community Foundation** - ECF manage over 70 different funds for Essex philanthropists, who give grants for varying amounts, sometimes in very specific geographic areas. All their staff are extremely helpful and we recommend contacting them direct for guidance.

**T: 01245 355947 E: [grants@essexcf.org.uk](mailto:grants@essexcf.org.uk)**



## REMEMBER TO RENEW YOUR CLUB AFFILIATION TO EBGC BY 1ST APRIL 2017

Renewal forms can be downloaded from [www.essexboysandgirlsclubs.org/clubs.html](http://www.essexboysandgirlsclubs.org/clubs.html)

### Have you got your copy of the EBGC Club Activity Calendar?

We have been delivering A2 poster-calendars during club visits, if you haven't received yours we can post one out to you, or you can download one from <http://www.essexboysandgirlsclubs.org/documents/2016-17Calendarforclubs-A2papersize-lowresforweb.pdf>



## WHATS COMING UP FOR AFFILIATED CLUBS

**Boys 5 Aside Indoor Football Championships** - Saturday 21st January 2017  
@Harlow Leisure Zone, 10am - 4pm £15 per team

**Cross Country** - Saturday 18th February 2016 @ Stubbers Adventure Centre, 10:45 registration opens. All runners must be registered by 11:30. £1 a runner.

**EBGC Activity Day** - Saturday 18th February 2016 @ Stubbers Adventure Centre, 8:30 am registration £5 a person (Max 8 places per club).

### Essex Adventure Weekend

**16th-18th June @ Stubbers Adventure Centre**

Bring your club to our annual Stubbers take-over for lots of adventurous activities with our club network. **Contact Rebecca Stanley** 01245 264783 [RebeccaS@essexboysandgirlsclubs.org](mailto:RebeccaS@essexboysandgirlsclubs.org)

### Club Weekends at Maes Y Lade or High Row

Take your club to the Brecon Beacons in Wales or the Lake District in Cumbria for a weekend or a week in the mountains at one of our fantastic residential centres. To book or find out more:

**Maes Y Lade contact David Hassard:**

[davidh@essexboysandgirlsclubs.org](mailto:davidh@essexboysandgirlsclubs.org)

**High Row contact Sue Pell:** 01245 264783 or [SueP@essexboysandgirlsclubs.org](mailto:SueP@essexboysandgirlsclubs.org)



If your club would like financial support to visit either centre, **bursaries** are available so please write to [MartinS@essexboysandgirlsclubs.org](mailto:MartinS@essexboysandgirlsclubs.org)

## Does your Club need training?

Safeguarding Training / Young Leader Training / First Aid Training / Club Management Training / Youthwork Training

We are here to assist you to run your club. We can deliver or arrange training that suits your needs at very little cost. Please get in touch on 01245 264783 or email

[Rebeccas@essexboysandgirlsclubs.org](mailto:Rebeccas@essexboysandgirlsclubs.org)

**Upcoming Training : Tuesday 17th January-Level 2 Safeguarding Training in Chelmsford**

To book your place contact Sue Pell on 01245 264783 or

[SueP@essexboysandgirlsclubs.org](mailto:SueP@essexboysandgirlsclubs.org)