

# **ESSEX BOYS & GIRLS CLUBS** working with voluntary youth clubs to support young people to realise their potential

# **ANNUAL REVIEW 2014-15**

# The Chairman's Report

I am pleased to report that once again we successfully delivered the Government's National Citizen Service (NCS) programme. Whilst this has required a substantial amount of dedicated work from our staff and volunteers, I believe that our core work with young people has not suffered. The events for young people have been maintained and improved and we continue to encourage all club members to take part in as many different events as possible.

The Maes y Lade Adventure Centre is now fully operational and is being energetically promoted by centre manager David Hassard. He has a great challenge to get the centre fully occupied, but I am pleased to report that he is rising to that challenge admirably.

The opportunity to purchase the adventure centre at High Row arose during the year. As members will know, we have rented this centre for the past 10 years. In order to secure this facility for our clubs in the long term, we decided to purchase the freehold so that we will always be able to offer young people the experience of

2 | Essex Boys & Girls Clubs Review 2014-2015

outdoor activities in this beautiful and challenging area.

We remain keen to improve and expand our services and are always ready to take up opportunities that will increase the number of those we can help.

We have been extraordinarily busy for the whole year and I would like to pay tribute to all our staff and volunteers who have risen to the challenge admirably. I believe that they are all passionate about the work that they do and this is reflected in their commitment. Many thanks to you all!

#### Jonathan Douglas-Hughes OBE DL





2014 has been another fantastic year for EBGC. Our partnership work on National Citizen Service with Essex County Council has benefitted thousands of young people across the County. Our Club support work, thanks to funding from the Jack Petchey Foundation and the Big Lottery, has benefitted many clubs by developing their organisations and opportunities for their young people.

During 2014 we were fortunate to acquire Maes y Lade Outdoor Centre in Wales. At the end of 2014 we entered into negotiations to buy our previously rented Lake District Centre, High Row. I am pleased to report that we are now the proud owners of the High Row Centre. These two centres, coupled with Stubbers Adventure Centre, will enable young people in our clubs to have outdoor opportunities of the highest calibre for the foreseeable future.

**Our Sports, Arts and Activity Programmes continue to grow.** Our International Programme saw us head to the USA to conserve the Appalachian Trail and link with Boys & Girls Clubs of America. This will become an annual event alongside our now traditional exchanges to Barpak Village in Nepal.





We are very pleased that the National Association of Boys and Girls Clubs has started to take off. It is running the traditional sports programmes, which winners of county competitions can progress onto, as well as festival and challenge events such as the 100 Mile Canoe Test. These have been regular features of the Essex programme for many decades. NABGC now has 20+ affiliated counties and countries and the future beyond Essex is starting to look stable once again.

#### We are able to achieve what we do because of a raft of people who support us both financially and with their time.

Our executive committee is an extremely stable group and it is from this stability that we are able to continue to positively move forward. The same can be said of our staff team, club leaders and the many volunteers who support our work. Without this stability we would not be where we are today and I thank you all for your support.

Looking forward there are many challenges facing us in 2015. However, you will see from this review of our achievements in 2014, that we are ideally placed to continue our development thanks to your interest and support.

#### Martin Solder, B.Ed

# About EBGC

Essex Boys and Girls Clubs is the largest independent youthwork provider working in Essex and East London.

Alongside our affiliated youth clubs and by directly delivering a range of youth development programmes, we reach over 15,000 young people each year.

Working in close partnership with statutory and voluntary organisations across our region, we support 11-25 year olds to realise their potential by providing safe and supportive environments in which to develop.

Our aim is to further the development and education of young people to help them achieve their potential to grow to full maturity as individuals and members of society.

#### Today we support approximately 140 voluntary youth groups, Boys' Own clubs, grassroots sports clubs and other specialist groups.

Together we provide positive diversionary activities for more than 15,000 teens and offer support and guidance to over 1,000 volunteers, to ensure that clubs are sustainable in the long term.

We provide an extensive programme of activities, employing our own outdoor centres to full effect. Delivered by a team of experienced staff and volunteers, we create opportunities for young people to develop their character and enhance their skills.

## Our History



Established in 1939 as part of the Boys' Club movement, we were deeply involved with the development of Youth Football and Youth Boxing.

We try to remain true to our roots and, after 75 years, the words of our founders still ring true today. "the best antidote to the gangster spirit is the club under wise leadership in which its members learn self-discipline and unselfishness for the sake of the rest."

Taken from the forward of "Making Men: The History of Boys' Clubs & Related Movements in Great Britain" by W.McG.Eagar, 1953 We have at our core an adventurous 'can-do' spirit, maintaining the ethos that young people develop positive skills and social responsibility by taking on challenges together, led by good role models.

By organising and supporting a wide variety of activities, we engage young people with things they're interested in so as to introduce them to new opportunities.

We use a pathway of development that encourages young people to progress at their own pace, while always stretching and challenging them to overcome fears, develop resilience and reach new heights.

Alongside sporting and artistic activities, we use the mountainous regions of the world to inspire achievement. From the flatlands of Essex we head to our centres in the Brecon Beacons and the Lake District to help young people to 'bag a peak'.

The final stages are our international expeditions to visit our long-established connections in Nepal and America.







# The ongoing support of our affiliated youth clubs forms the

foundation of everything we do.

Our dedicated Club Development Team work alongside our Sports & Activities Team to help club volunteers to ensure appropriate provision for club members in a safe welcoming environment.

Our club development programmes support clubs in many aspects, from helping communities to set up new provision, to training volunteers, ensuring best practice procedures and planning engaging activities.

We affiliated 23 new clubs in 2014.

Every affiliated club is visited at least three times a year and we are in contact with many of our clubs every week. Where possible we offer more support, in the shape of sports, arts or activity sessions on club nights, enhancing a club's appeal to young people.

Our expectation of affiliated clubs is that they take full advantage of the opportunities we offer for young people, by promoting and attending our events.

#### The involvement of young people in their own club is vital - they make it and without them there would be no club.

The Club Development Scheme, funded by the Jack Petchey Foundation, empowers young people by working alongside volunteers to help clubs to set up appropriate forums for young people to contribute. By encouraging club members to come up with ideas to improve the club they take ownership of their club. Key leadership skills are developed by these future leaders.

Funded by the Big Lottery's Reaching Communities Fund, we have been able to expand the scheme to the rural areas of North Essex. In 2014 we supported 16 of our affiliated youth clubs, while also working with communities to set up new groups.

We have also focused on interclub connections, linking youth clubs together at training events and competitive activities. The result is the sharing of knowledge and resources between clubs whose volunteers are strengthened by their links with other local leaders.



In 2014 we were awarded funding from Sport England's Community Sport Activation Fund to change young people's attitudes to sport and healthy living.

Partnering with 22 of our affiliated clubs, Healthwatch Essex and Essex Young People's Drugs and Alcohol Awareness Services, the project aims to target 'non-sporty' club members.

"Our members thoroughly enjoyed the varied sports training offered to them. They came along early every Friday and found all of the sessions very good. The trainers were all very knowledgeable and made the sessions open to all. Our youngsters certainly developed their skills and tried their hands at new sports."

John Conaghan, Club Leader at St Cedds Youth Club

A three year project, which began in the Autumn, we worked in 6 clubs, with 92 young people in our first three months. By the end of June 2015 we aim to reach over 330 young people.









#### We help our clubs with whatever they need, including...

Young Leader Training ~ Club Leader Training ~ Games & Activities Training Club Activity Sessions ~ Inter-club Activity & Competition Program National Events & Championships ~ International Opportunities for Members Policies Guidance ~ Safeguarding Training ~ Fundraising Support Social Media Guidance ~ Committee Development ~ Youth Forums Volunteer Recruitment ~ Setting up a New Club ~ Venue Management Club Management Advice ~ links with other local agencies **and perhaps most importantly, moral support!** 

# Training Young People

We organise and deliver a variety of courses, events, residentials and expeditions to give young people in our region the opportunity to excel.

Alongside the work of our clubs, our specialism is early intervention and re-engagement, particularly for those who don't do well academically. Our projects help young people to see a positive future for themselves.

**It's not rocket science.** We use sports, arts and the great outdoors as a hook to engage young people. We teach the basics, reward effort, offer realistic goals and gently push young people to step out of their comfort zones and achieve more.

"In week one we had a room full of nervous young people and by week eight we had a club full of confident young boxers. The progress of their boxing skills was second only to their improved attitudes towards the sport and each other."

- Afsheen Panjalizadeh, EBGC Sports & Activities Manager

Young Leaders Young Volunteers The Respect Projects Boxing For Life Projects National Citizen Service Duke of Edinburgh Award Sports Coaching Awards John Muir award Asdan Awards arts Award **Clatte** 

#### We teach the basics...

social skills, common sense, teamwork, self-reliance, self-motivation, empathy, confidence, positive citizenship, personal health and wellbeing, self-belief, a love of the outdoors, good sportsmanship, reflection, equality, respect, understanding, responsibility, independence. **Our Respect Project ran four times in 2014.** Thanks to funding from Essex County Council's Family Innovation Fund we were able to work with schools in Chelmsford, Epping Forest, Basildon and for the first time Tendring,

The Respect Project is based on a successful formula designed by EBGC in partnership with Essex Police fifteen years ago, which is improved every year.

Evidence of outcomes and trends now come from an ever increasing variety of sources including feedback from the young people themselves, parents and schools as well as project staff, volunteers and police representatives on the project.

As well as highlighting the successes of the individual participants, we are collecting direct on-the-ground feedback about particular areas of need in pockets of Essex. For example this year we saw an increased need for drug awareness sessions in some areas while others were more in need of knife crime prevention.

As a result the programme can be tailored more specifically around the needs of the young people and combined with core life skills such as teamwork, communication, peer pressure and anger management.

Participants on this project develop the tools to explore themselves and ultimately be better equipped to deal with future challenges in school and home life.

The Respect Project has always had a hand-to-mouth existence and we work every year to raise funds to deliver the project for schools for free.

In 2015 we hope to engage more schools to work with us to ensure the future of the programme.

# RESPECT





#### Matchroom Trophy

Awarded to the Club that helped itself the most in 2014: **Linford Wanderers Football Club** 

#### Kaylance Trophy

Awarded to the Club with highest attendance at EBGC events in 2014: **4 Youth Brightlingsea** 

### Event Results in 2014



#### Air Rifle Shooting Championships 2014

U14 Team Winner:Sampfords Youth ClubU14 Team R-Up:4 Youth BrightlingseaU16 Team Winner:Sampfords Youth ClubU16 Team R-Up:4 Youth BrightlingseaU14 Top Gun: Bradley Smith (Linford Wanderers FC)U16 Top Gun: Bobby King (Linford Wanderers FC)

#### Angling Championships 2014 Round 1

U13 Winner:Kyle Morris (4 Youth)U13 R-Up:J Dye (IBOC) & C Greenleaf (4 Youth)U19 Winner:R Stenton (4 Youth)U19 R-Up:B Barnard (4 Youth)Team Winner:4 Youth BrightlingseaTeam R-Up:Ingatestone Boys Own Club

#### Christmas Card Competition 2014

Winners: Thomas Bellamy & Ryan McGee (Ingatestone Boys Own Club)

#### County Pool Championships 2014:

U16 Team Winner4 Youth BrightlingseaU19 Team WinnerChelmsford Boys Club

#### Dodgeball Competition 2014

Under 13 Winner: Rayne ABC Under 16 Winner: Eastern Rhinos RLC

#### Easter Cup 2014

Winner: Bergholt Youth Group

#### Football 5 Asides December 2014

U14 Winner:Wickford Town FCU14 R-Up:Frenford ClubsU16 Winner:Prospects United FCU16 R-Up:Ingatestone Boys Own Club

#### Night Exercise 2014

Winner: Gt Tey YAC

#### Short Film Festival 2014

11-15yrs Winner:SNAC16-19yrs Winner:Chelmsford Boys Club

#### Cross Country Championships 2014/15

**U11 Bovs** Team Linford Wanderers FC U11 Boys 1st Freddie Hurt (Rayne ABC) U11 Boys 2nd Keane Yansey (Centurians ABC) U11 Boys 3rd Joseph Plumb (Linford Wanderers FC) **U11 Girls** Team Linford Wanderers FC U11 Girls 1st Amelia Ward (Rayne ABC) U11 Girls 2nd Ellie Worster (Centurians ABC) U11 Girls 3rd Kinsey Lowe (Linford Wanderers FC) **U13 Boys** Team Rayne ABC U13 Boys 1st Finley Lowe (Linford Wanderers FC) U13 Boys 2nd Henry Willet (Linford Wanderers FC) U13 Boys 3rd Callum Luciani (Rayne ABC) U13 Girls 1st Danielle Kemp (Linford Wanderers FC) U13 Girls 2nd Hannah Mortier (Rayne ABC) U15 Boys 1st Jake Fraser (Centurians ABC) U15 Boys 2nd Josh Boyds (Centurians ABC) **U17 Boys** Team Centurians ABC U17 Boys 1st Will Chuter (Upminster CC) U17 Boys 2nd Luke Robinson (Halstead CC) U17 Boys 3rd Steve Taylor (Centurians ABC) **U17 Girls** Team Centurians ABC U17 Girls 1st Megan Thewlis (Centurians ABC) U17 Girls 2nd Ellie Griffin (Centurians ABC) U17 Girls 3rd Sophie McNally (Centurians ABC)

#### Great EBGC Bake-Off 2014

Best Decorated Showstopper: Hollie Wilson & Harry Dellow (Newport Youth Club) Best Individual Showstopper: Lauren Marshall (Colne Engaine Youth Club) Best Team Showstopper: SNAC EBGC Star Baker & Overall Showstopper: Way2000

#### Laser Tag Competitions 2014

Spring Winner: Gt Tey YAC Autumn Winner: Halstead Senior Members Club

#### Live & Louder 2014 performers

Aveley Youth Club: 4Frames, Jonathon Salami, Promise, Kelsey, Blackmore Youth Club: Hope Over Experience, Juliet Ware, DJ Joe, Linford Wanderers FC: CJ2, Senior Members Club: Ollie Peck, The Sante Fe Samplers.

#### NATIONAL AMBITION BOXING CHAMPIONSHIPS

2014 saw the decision by the national association, Ambition, to discontinue the championships. As a result EBGC played a crucial role in setting up a new National Association of Boys & Girls Clubs, which will bring the NABCs back in November 2015.

#### 100 Mile Canoe Test 2014 participants

Bergholt Youth Group: James Hirst, Callum Marley, Linford Wanderers FC: Bobby King, Jake Richards, NCS Graduates: Luke Kingham, Ben Tilley, Out There: Katherine Carson, Ervish Devishi, Connor Young.

#### Table Tennis Championships 2014:

U19 Winner:Kieran Flatman (Eastern Rhinos RLFC)U19 R-Up:Blane Webber (NCS Graduate)U16 Winner:Ryan McGee (Ingatestone BOC)U16 R-Up:Lewis Aston (Eastern Rhinos RLFC)Knockout Cup:Lewis Aston (Eastern Rhinos RLFC)

#### Graham Dady Trophy 2014

For performance, sportsmanship and commitment as a member of the Representative Football Squad: Alfie Cole (Sampfords YC)

#### U16 Rep Football Squad 2014/15

Crown & Manor Boys Club: Darnell Goather, Flamur Kelmendi, George Osborne, Jack Richardson, Brandon White, Josh Yagonde, Island Boys FC: Reece Curtis, Brandon High, Jordan Thomas, Linford Wanderers FC: Alfie Fairman, Harry Spence, Kieron Wright, Prospects Utd FC: Connor Hill, Ellis Porter, Liam Smith, Sampfords Youth Club: Austin Domin, Jack Gosden, Ollie Smith, Wickford Town FC: Jacob Anderson, Sam Cook, Ryan Dunn, James Gregory, Josh Hudson, Rob Lodge.

#### U12 Rep Cricket Squad 2014/15

Bancroft Lions CC: George Copeland, Aaron Janaka, Louis Whalley, Stan Greenleaf, Lewis Walcott, Belhus CC: George Benson, Henry Benson, Jamie Fairweather, Joseph Tomlinson, Billericay CC: Oscar Harmer, Joseph Powderly, Brentwood CC: Jack Levy, Coggeshall CC: James Raine, William Brassington, Frenford Clubs: Umer Imfiaz, Abdul Gani, Farris Patel, Halstead CC: Sam Paisley, Charlie Gardiner, Ben Bayly, Charlie Bayly, Loughton CC: Teddy Gipson, Isaac Jacobs, Zain Latif, Uzair Ahmed, Ben Copsey, Gt. Bromley CC: James Carver-Hardy, Maldon CC: Joe Gregory, Ethan Bardo, Orsett CC: Jack Hart. U14 Rep Cricket Squad 2014/15

Billericay CC: Arrun Bawa, Belhus CC: Liam Waters, Jude Ranson, Zak Wilson, Coggeshall CC: Jonjo McCabe, Max Brassington, Louis Gibson, Frenford Clubs: Ihtishaam Anwar, Bilaal Anwar, Junaid Musa, Najeeb Khan, Ahmed Zulfiqar, Fardeen Mir, Gt Bromley CC: Samuel Grainger, Samuel Dewey, Halstead CC: Connor Avery, Lucas Roper, Alexander Parker, Jack Prior, Sam Ponty, Ben Duncan, Lewis Brennan, Sam Hawes, Loughton CC: Alan Jones, Osman Choudhry, Zachary Foster, Shoaib Shah, Maldon CC: Kritik Patel, Alex Masterson, Joe Lane, Max Masterson, Joe Bird, Archie Wright. U18 Rep Cricket Squad 2014/16

Billericay CC: Jon Earl, Alfie Cobden, Frenford Clubs: Daniel Mahmood, Jamal Ahmed, Itisham Mir, Baj Purenal, Sagar Joshi, Halstead CC: Luke Robinson, Loughton CC: Waj Bukhari, Umer Choudhry, Neil Jani, Maldon CC: Max Bryant, Reece Bawden, Upminster CC: Frankie Hazel, Max Carter-Miller, Will Chuter.

#### Rep Judo Squad 2014

**Mersea Island Judo Club:** Ellie Dawson, Rosie Daines, Zach Gosling, Correy Andrews, Paige Findlay.

#### Essex Jailbreak 2014

Furthest distance any means:

The Dream Queens. 1,848 miles to Tenerife.

Furthest distance unpowered: The EBGC Cyclists. 15 miles to Layer Marney Tower. Furthest distance within the UK:

New Partnerships. 440 miles to Inverness.

**Best effort by an affiliated youth club:** and **Most Original/Inventive Form of Transport:** North Avenue Youth Club, in toy cars.

Best photo of the day / Best Fancy Dress, judged by the Deputy Police Crime Commissioner for Essex: Malachi's Girls

Most Unusual Destination / Most Sponsorship Raised / Best Social Media Use:

Colne Engaine Great Escape Teams to Northern France Most Countries Visited / Pipped to the Post Award / Most Likely to Get Locked Up For Real: The Southend Prisoners. 588 miles to Milan.

#### The RANK Outdoor Challenge 2014

Individual Triathlete: 1st: Neil Jones 2nd: Seb Balcombe 3rd: Tom Motchman Fastest Team Entry: The Food Train Fastest Swim: Martin Solder, 40:16 minutes Fastest Trek: Seb Balcombe, 2:04:40 hours Fastest Cycle: Neil Jones, 3:45:00 hours

#### 2014 Keystone Awards for Voluntary Service

President's Award for 50 years service	June Owen	EBGC Vice President	
Platinum Award for 40 years service	Ron Hagland	Islington Amateur Boxing Club	
	Peter Lynham	Island Boys & Girls Club	
Gold Award for 30 years service	Peter May	Island Boys & Girls Club	
	Steve Collins	Island Boys & Girls Club	
Silver Award for 20 years service	Wayne Curtis	Island Boys & Girls Club	
	Martin Boughtwood	Sampfords Youth Club	
Bronze Award for 10 years service	Jill Palmer	Sampfords Youth Club	
	Barbara Collins	Island Boys & Girls Club	



### Maes y Lade, Wales



2014 saw us purchase and re-open Maes y Lade, Wales, a residential centre previously owned by Essex County Council and empty for a year and a half.

Being remote and 'off-grid', the first challenge was to get the centre back up and running quickly. A team of staff and volunteers took up the challenge over several weekends and by June we were ready to go. A big thanks to all that have helped make this happen and a special mention to Futures for Kids and Essex Youth Trust for their financial support.

The sun shines most of the time and it has been great to welcome young people from Essex to the centre again to experience the great outdoors and the stunning Brecon Beacons National Park. The local environment provides an area of outstanding natural beauty and means that we are able to offer challenging adventures, including

#### ate Dawson >

I am back in England after a fantastic weekend in Maes y Lade in Wales with Yvonne Dowsett, I can barely walk today after climbing a mountain on Saturday!! other activities we did were bushcrafts and laser tag, the whole weekend was great and the Essex Boys & Girls Clubs staff were brilliant, after driving the mini bus home and geting back last night at midnight I am shattered! I will defiantly be booking a weekend for the judo club so our

mbers can experience this beautiful place.

Maes y Lade	Chare : 63 1 1
April	EBGC purchase Centre
May & June	Fix up & test Centre
July & Aug	330 x Essex teens visit doing NCS
Sept to Dec	26 x EBGC affiliated youth clubs visit

abseiling, mountain biking, rock climbing, caving, canoeing, gorge walking, kayaking and mountain walking.

First and foremost the Maes v Lade Centre is there for our affiliated Clubs and we're thrilled to have seen so many Club groups since reopening.

#### **David Hassard** Maes y Lade Centre Manager

# Stubbers, Upminster

At Stubbers Adventure Centre we believe that every person has the potential to be a valuable contributor to the community. We aim to inspire young people to realise their full potential as an individual and to flourish as a member of a team.

We do this by providing an exciting and challenging introduction to adventurous activities including watersports, motorised activities and a wide range of land based challenges.

A young person starting out at Stubbers enjoying our holiday activity camps can go onto be a volunteer young leader, then a summer camp leader, then, through the apprenticeship scheme, has the possibility of employment as an adventure activity instructor.

We are delighted to work closely with the EBGC staff by hosting exciting opportunities such as National Citizen Service and special events including the awesome Essex Adventure Weekend.

#### **Bob Edwards Stubbers Centre Manager**

We made use of the High Row Centre throughout the year to introduce Essex youth to the lakes and mountains of the Lake District.

High Row, Cumbria

September marked our inaugural Rank Outdoor Challenge, a triathlon open to supporters of EBGC and The Rank Foundation. Participant Max Kirby explains...

"...on behalf of all of us who were lucky enough to take part in another EBGC-led Rank challenge... It bore all the hallmarks of your painstaking preparation and was delivered, as always, with dedication and flair. Few such challenges manage to be competitive and sociable at the same time. This one did."







14 | Essex Boys & Girls Clubs Review 2014-2015

2nd Upminster Scouts 2nd Witham Boys Brigade 4 Youth Brightlingsea 8 Ash Green Youth Club Ab Phab Alma Amateur Boxing Club Alresford Youth Projects Arena Judo Club The Ashdon Hang Out Ashingdon Youth Football Club Aveley Village Community Forum Bancroft Lions Cricket Club Basildon Boys Club Belhus Cricket Club Bergholt Youth Group Berry Amateur Boxing Club Billericay and Wickford Boxing Club **Billericay Cricket Club** Blackmore Youth Club Blackwater Judo Club (Maldon) Bockings Elm Youth Club Braintree Youth Project Charity Brentwood Eels Rugby League Club Bromley & Downham Youth Club Canvey Boys Club Centurions Amateur Boxing Club Chadwell St Mary Amateur Boxing Club Chelmer Village Youth Club Chelmsford Amateur Boxing Club Chelmsford Boys Club Chelmsford Ice Hockey Academy Colin McMillan Boxing Training Academy College of St Mark's Audley End Colne Engaine Youth Club Colne Valley ATC 1163 Son Crown and Manor Club Dagenham (Police & Community) Boxing Club Da Latchingdon Club Dunmow Rhodes Youth Football Club Eastern Rhinos Rugby League Club Essex Marching Corps Essex University Amateur Boxing Club Fairbairn Amateur Boxing Club Five Star Youth Flitch Green Youth Club Frenford Clubs Gateway Amateur Boxing Club Gator Amateur Boxing Club **Goldie Youth Group** Great Bromley & District Cricket Club Gt Bardfield Youth Club Gt Bentley Youth Club Gt Chesterford Youth Club Gt Tey Youth Activity Club H.E.L.P. Halstead Boxing & Martial Arts Centre Halstead Senior Members Club Harlow Amateur Boxing Club Harwich Amateur Boxing Club Hedingham Youth Club Helions Bumpstead Youth Club

Holland Park Amateur Boxing Club Holland Shore Amateur Boxing Club Hornchurch and Elm Park Amateur Boxing Club Ingatestone Boys Own Club Ippon Judo Club Island Boys & Girls Football Club Islington Boxing Club Lifstan Boys' Club Lion Club for Young People Linford Wanderers Football & Sports Club Loughton Cricket Club Loughton Youth Project



Maldon & Tiptree Youth Football Club The Massive Project Mavland Amateur Boxing Club Mersea Island Judo Club Newham Dockers Rugby League Club Newport Youth Club North Avenue Youth Club OUT THERE Pitstop (Canvey Island Youth Project) Prospects United Football Club PROSPEX Rayleigh Amateur Boxing Club Rayne Boxing Club Repton Boys Club **Restore Youth** Romford Boxing Club Roxwell Youth Group Royals Youth Centre Sampfords Youth Club SNAC Youth Club Southend Amateur Boxing Club Southend Spartans Rugby League Club St Annes Youth Club St Cedds Youth Club St Helens Youth Group St Josephs Youth Club St Pancras Boxing Club Stansted Hall & Elsenham Cricket Club Takelev Youth Club Thaxted Rangers Football Club Thaxted Youth Group Theydon Youth Tilbury Dockers Amateur Boxing Club Tiptree Community Youth Group **Trinity Family Centre** Upminster Cricket Club Vange and Pitsea Amateur Boxing Club WAY2000 Wickford Town Football Club Wix Youth Club Woodham Radars Football Club

# The Treasurer's Report

National Citizen Service (NCS) has, over the past three years, been of great benefit to all associated with it. That is, the young people who took part, our delivery partners, who had their objectives met, and our Charity.

NCS is outcomes focused. By calling on our considerable experience of delivering life skills based projects, by using our own staff to ensure quality and consistency of delivery and by using our own venues and those of our long term partners, we have increased our income. We are reinvesting this in providing further opportunities for young people, both those enlisting in future NCS programmes and members of our affiliated clubs. It is testament to our Charity's very hard working and enthusiastic team that we have been able to successfully deliver NCS again in 2014, and will do so again in 2015.

In 2014 we were financially strong enough to invest in our first freehold outdoor education centre, Maes y Lade in Powys, Wales. This resource strengthens our ability to deliver projects such as NCS and to further inspire youngsters who are prepared to challenge themselves.

# In early 2015 we acquired the freehold of High Row in Cumbria.

We have rented this outdoor centre for the past decade, allowing the development of various educational projects, including The Respect Project. This self-originating and highly successful programme has given us the experience to run constructive and effective life skills programmes such as NCS.

We believe we are currently the only organisation in Essex with the ability and willingness to deliver this programme on the scale demanded. In 2014 we created a new Bursary Fund of £100,000. This is for our club members to benefit from subsidised activities at all of our adventure centres, including Stubbers, which we have operated for some 20 years.

Set out opposite is the un-audited Statement of Financial Activities for 2014. These results relate solely to the activities of Essex Boys & Girls Clubs. The audited Consolidated Accounts of EBGC, Stubbers Adventure Centre and its subsidiary Stubbers Training Ltd are available on application from the Director Martin Solder.

Total Incoming Resources across all funds have risen over 9% on last year, whereas Total Expenditure grew by over 20%, reflecting the additional money expended in delivering our charitable objective. It is a measure of the confidence we have to apply our resources in reaching more and more young people in Essex and East London. As we continue to build reserves across all funds, we grow stronger, and at a time of great change in the provision of youth services, that can be no bad thing.

With the acquisition of our freehold sites, we have new opportunities to generate alternative new revenue streams. We are ever watchful and aware of other opportunities to take on board other facilities, for example those that local authorities are no longer content to support. We have the ability and we have, or can secure, the funding.

Essex Boys & Girls Clubs has been the County's premier provider of non-uniformed youth services for many years. It is driven, and fuelled financially, to remain so.

**Graham Middleton FCA** 



# Statement of Financial Activities (including Income & Expenditure Account) for the Year ended 31 December 2014

	2014 Unrestricted General Fund	2014 Designated Fund	2014 Restricted Fund	2014 Total	2013 Total
INCOMING RESOURCES	£	£	£	£	£
Incoming resources from generated funds:					
Voluntary income:					
Donations and grants received	47,357	1,185,179	242,113	1,474,649	1,344,676
Activities for generating funds: Investment income - Bank Deposit interest	2,994	-	-	2,994	3,340
Fundraising events Incoming resources from charitable activities:	17,208	-	-	17,208	21,018
Activities in furtherance of objectives	51,950	37,244	-	89,194	80,896
Other incoming resources	-	-	-		
Total incoming resources	119,509	1,222,423	242,113	1,548,045	1,449,930
RESOURCES EXPENDED					
Costs of generating voluntary income:					
Staff employment costs	51,616	-	-	51,616	45,453
Cost of staging fundraising events	3,854	-	-	3,854	4,722
Charitable activities:					
Grants in furtherance of objectives Costs of activities in furtherance of objectives	- 216,004	- 743,778	9,310 126,972	9,310 1,086,754	3,600 902,956
Governance costs:	,	,		_,	,
Expenditure on management and administration	71,577	-	<u> </u>	71,577	57,011
Total resources expended	343,051	743,778	136,282	1,223,111	1,013,742
NET INCOMING RESOURCES BEFORE OTHER RECOGNISED MOVEMENTS Other recognised movements	(223,542)	478,645	105,831	360,934	436,188
Project servicing costs and depreciation transferred between funds	382,821	(441,757)	58,936	<u> </u>	
Net Movement of Funds	159,279	36,888	164,767	360,934	436,188
RECONCILIATION OF FUNDS	(01.01-	000 50 5	404 000	005 55 5	100 500
Total funds brought forward	601,847	202,531	121,398	925,776	489,588
Total funds carried forward	761,126	239,419	286,165	1,286,710	925,776

www.essexboysandgirlsclubs.org | 17

# When you support youth clubs, you support the whole community.

# Supporting Others



In our clubs and our NCS groups, huge amounts of support was given to other organisations in 2014. By organising events or taking on challenges, from volunteering to fundraising to raising awareness, we've supported young people to support others.

Arranging fun days for local children, sleeping rough to help the homeless, lending a hand to maintain a local hall, fundraising for our friends in Barpak village in Nepal or committing acts of kindness on the streets to raise awareness of local hospices... these are just a few of an enormous number of examples of the young people we work with supporting those around them.





## Thank You For Your Support

To those individuals and organisations, businesses and charitable foundations, civil servants and purveyors of education, To those people who enjoyed recreation, or made good use of their occupation, To all who have supported our reputation, You are an inspiration, Thank you.

# The simplest way to support us is to spread the news about what we do.

Whether you're talking to a young person or an adult, a parent or a teacher, a local policeman or your local MP, the more people who know about us, the more young people and communities we'll be able to support.



We love to hear from you too, so do get in touch on Facebook, Twitter, Instagram, LinkedIn or Pinterest.



**Volunteering** is rewarding in so many ways, many of which are unexpected. Whatever your skills or experience, you can help, outdoors or in, at a desk, behind a wheel, in a club or as an ambassador.

To consider the possibilities, see our website or call Scott on 01245 264783.





#### When you make a donation or leave a legacy, you are investing in young people's lives, helping to ensure them a brighter future.

If you would like to come to one of our fundraising events or talk about how to donate, please contact us.

#### Or to donate now...

- Please make cheques payable to Essex Boys & Girls Clubs and post to our address overleaf.

Or give online at www.uk.virginmoneygiving.com

Or text EBGC01 £5 to 70070 to donate £5 (you won't be charged for the text)

If you pay tax in the UK, ask us for a Gift Aid Declaration Form and we can reclaim the basic rate tax on your gift, at no cost to you. So, if you donate £10, it's worth £12.50 to us.



# **ESSEX BOYS & GIRLS CLUBS**

working with voluntary youth clubs to support young people to realise their potential

#### PATRONS

The Lord Lieutenant of Essex, The Lord Petre The Lord Braybrooke

#### **VICE-PRESIDENTS**

Mrs June Owen, Mrs Apple Parish, J. Petchey CBE, R.M. Williams FITE, R. Smith, J. McAlonan, The Lord Dixon-Smith DL.

#### **VOLUNTARY EXECUTIVE COMMITTEE**

CHAIRMAN: The Vice Lord Lieutenant of Essex, Jonathan Douglas-Hughes OBE DL VICE-CHAIRMAN: Michael Dyer MBE HON. TREASURER: Graham Middleton FCA COMMITTEE MEMBERS: Michael O'Brien, Peter Drummond, Darren Goodey, David Springett Chief Constable Stephen Kavanagh

> BANKERS C.A.F. Bank Ltd. AUDITORS Spencer Fellows & Co.

#### **Registered Charity No: 301447**

HEAD OFFICE Harway House, Rectory Lane, Chelmsford Essex, CM1 1RQ

T: 01245 264783

#### **ACTIVITY CENTRES**

#### **Stubbers Adventure Centre**

Ockendon Road, Upminster, Essex, RM14 2TY Manager: Bob Edwards www.stubbers.co.uk

**The High Row Centre** Hesket Newmarket, Wigton, Cumbria CA7 8JT

#### The Maes y Lade Centre

Tregoyd, Brecon, Powys, Wales LD3 0SS Manager: David Hassard *www.maesylade.org* 

#### STAFF IN 2014-2015

Director: Martin Solder Asst. Director: Juliet Townsend

#### PROJECTS TEAM

NCS Contract Manager: Gavin Evans (to March 2015) then Lewis Rosser (from March 2015)

NCS Recruitment Officers: Lewis Rosser (to March 2015), Marshall Ricky Kanlan (to Dec 2014

Ellen Marshall, Ricky Kaplan (to Dec 2014), Stuart Braybrooke, Emma Sharpe, Amiee-Mae Egerton (from Jan 2015). Projects Lead: Steve Hutson Projects Workers: Keith Cranmer, Jake Mabey, Kayleigh Osborne (to April 2015), David Shelton, Jack Knightley, Dan Troy, Anita Donovan (Mar-Dec 2014). Volunteer Coordinator: Scott Dixon RANK GAP Placement: Lucy Boatman (from Jan 2015)

ACTIVITIES TEAM Sports & Activities Manager: Afsheen Panjalizadeh Sports & Activities Officers: Peter LeMarquand & Charlie Douglas-Hughes Sports Apprentice: Tom Paget (from Jan 2015) Arts Development Officer: Lucy Chipperfield

CLUB DEVELOPMENT TEAM New Clubs Officers: Gerry Smith, Stewart Rutland (to April 2015) Club Development Officers:

Jamie Drummond, Rebecca Stanley Club Servicing Officers: Brian Court, Richard Bonnington

ADMINISTRATION TEAM Fundraising Officer: Sue Pell Fundraising Assistant: Sophie Butler (from Feb 2015) Accounts: Anne Middleton Volunteer Administrators: Val Hoynes, Anubhav Sood



#### www.essexboysandgirlsclubs.org