Essex Association of Boys' Clubs Review

BETTER TO BUILD BOYS THAN TO MEND MEN





ESSEX ASSOCIATION OF BOYS' CLUBS

EABC is an activity-based organisation whose objects are to promote the mental, physical and spiritual well being of young people to help prepare them for citizenship, adulthood and work. The Association provides a varied and exciting programme of events, training and education, which enables youngsters to achieve their potential by encouraging them to seek and achieve personal success. There are now approximately 95 clubs affiliated across the whole county with membership in the region of 7,000. Clubs exist primarily for the all round development of young people through purposeful activity, under positive leadership, catering for 11-21 year olds. Our aim is to offer an alternative to the many distractions that young people face, such as drugs, alcohol and crime and to make each one contribute positively to society.

The Essex Association, which was formed in 1939 by Colonel Sir Stuart Mallinson and Augustine Courtauld with other philanthropic Essex businessmen, offers a full programme to its members, of sports, outdoor pursuits, creative arts and training. Some county events will qualify for National competitions and there is direct entry into some National events, such as the annual 100-mile Canoe Test. Currently EABC is very much involved with new Government initiatives such as The Drug Action Team, Connexions and Crime Prevention Schemes.

In addition to our many traditional boys' clubs and single activity sports clubs we also have village youth groups in affiliation that cater for both boys and girls, and our Servicing and Development Officers advise and assist

local communities to set up and manage clubs. Through our Association, we are able to provide all the necessary services required to run a club including areas such as activity delivery, insurance, and leader training.

Many single activity clubs such as football, boxing, marching bands and judo clubs find that affiliation gives them access to participation in a wide variety of events which extends the programmes they are able to offer and thereby benefits their members' all round development. The objective being to build the character and esteem of the young people involved with us.

EABC also manages Stubbers Adventure Centre, an independent charity in it's own right, further information can be found on page 9 of this Annual Review regarding the activities that are run at the 130 acre site.

Enthusiastic volunteers run our clubs and there is a full training programme available for leaders and senior members, which forms an essential part of the educational programme that we provide. Our employees' role is to work closely with leaders and to aid the development of new or emerging clubs, as well as monitoring existing clubs and enabling our Association to respond to the needs of our members. Every club is completely autonomous & staff give help and advice on all aspects of running clubs, including insurance, leases, programme planning, training and fund-raising.

EABC has established itself in the county as a proven deliverer of youth work maintaining our motto: -

'BETTER TO BUILD BOYSTHAN TO MEND MEN'

CHAIRMAN'S REPORT

The year has again seen the continued growth of EABC. Our programme of events and activities is comprehensive. Stubbers is a wonderful facility and the High Row Centre in Cumbria is being used more by the Association and our member clubs. In addition there are increasing demands upon the EABC to deliver Respect projects in all parts of the county. Our training programme is developing as the Rank funded training officer gets to grips with the task in hand.

The year has not been without its set backs, notably the fact that the Community Funds support for our club-servicing programme came to an end and will not be renewed. Despite this we are confident that we will continue to enhance the services and programme that we are able to offer our members during 2005 and into the future.

2005 promises to be as exciting as ever for members. We will again be sending a group of young leaders to Nepal. We will be running a youth forum to canvass the views of members to enable us to provide a service responsive to their needs, we will be adding a number of new activities to the programme and provide more programmes at High

Row. As I have said in previous years we are far from content with what we provide and will continue to strive to expand all areas of our work without loosing the focus of what our work is all about, the young people with whom we deal with on a daily basis.

Although we have quite a large paid staff team, most of our work would not be possible without the huge band of voluntary helpers who give so freely of their time. This is undoubtedly true of clubs themselves as 98% of over 1,500 leaders and helpers give their time on a voluntary basis. I congratulate you all on your sterling work with the young people of Essex.

I would like to thank all those individuals, trusts and organisations that contribute to the work of the Association in whatever capacity, many of whom are mentioned within this Annual Review. We are all investing in the future by supporting the young people of Essex.

J. Douglas-Hughes Chairman



COUNTY DIRECTOR'S REPORT

Now moving into my 15th Year as County Director I thought that I might struggle with this year's Annual Report. To be honest it has been far from the truth! EABC has changed so much over the last 15 years sometimes it has been difficult to keep pace.

The last year has seen High Row come to fruition. This is a wonderful facility for our clubs and your young people. It is a truly remarkable part of the Cumbria countryside skirting the Northern Fells of the Lake District with many walks from the front door of the centre into some of the wildest and most remote parts of the Lake District. The centre now sleeps 22 comfortably and is a testament to the effectiveness of the Boys' Clubs network as all the work has been carried out by the Maryport Boys' and Girls' Clubs under the guidance of Susan Hughes over the last 18 months, all on a voluntary basis. Sometimes even I am amazed at the amount of dedication and commitment that volunteers give to young people up and down the country.

Our Programme, which is mentioned in full later on in this report, is now second to none. Events happen every weekend some targeted at U13's and others for the full range of age groups and club members. We have a full sports programme supplemented by taster days at Stubbers, creative events, programmes that we take into clubs, and a host of one off programmes from Chess to our ever popular Video Games Championships! The list is extensive and the honours table at the back of the report gives a flavour of some of the programmes that we run.

Stubbers continues to grow and more and more clubs are taking the opportunity to take their young people to visit the centre and sample the range of activities that they are able to offer. Bob Edwards' report is incorporated later in this Annual Report. The building of a High Ropes Confidence Course funded by the New Opportunities Fund through the Essex County Council Youth Service has been a major addition to the site and young people have benefited considerably because of the facility. The expansion of the Young Volunteer scheme through EST Connexions funding has enabled us to develop our own young people.

Training has been under the spotlight this last year. The Rank Foundation have grant aided us for the next 5 years to employ a training officer and we were pleased to appoint Lee McDermid to this position. Lee has been doing a great deal of research work at the back end of 2004 and will start to implement his programme in 2005. Much work has already been carried out in forming a youth forum and we hope to have this online shortly to advise our Executive on a full range of youth matters.

Our Respect programme is also growing, Sue Pell's report appears later, and we are looking at ways that we can continue to expand the programme to cater for young people from all parts of the County although we have already run courses in Uttlesford, Epping, Colchester and

Southend which is pretty much all four corners of Essex and we are now looking to cover all the parts that we do not reach at the moment!

Our own apprentice scheme is still giving young people the opportunity to forge a future in youth work or in other related fields such as outdoor pursuits and leisure and recreation. Funding from the Jack Petchey Foundation and the Essex Youth Trust have enabled us to continue with the scheme and we hope that we can continue with this through 2005 and beyond. Staff training is as always a paramount concern of the Association we ensure that the young people are served by the best qualified staff possible and during 2004 we have had three staff undertaking the NVQ level 2 in youth Work, YMCA Foundation Course in youth work and 2 people engaged in the YMCA diploma in youth work course as well as all the staff taking a whole range of sports and activity specific courses from Archery to Power Boating! Training will continue to be a priority during 2005 not only for the staff team but also for the clubs and their staff. We have been able to promote a range of generic youth work courses from Child Protection to Drugs Awareness as well as our own Community Sports Leaders Award and Basic Expedition Leaders Award courses. We will look to expand these even further during 2005.

In amongst all this we are also playing our part in the wider youth Work Community being active members of the Essex Council for Voluntary Youth Services and through this body engaging with the plethora of new organisations working to provide a better and more coordinated service for the young people of Essex. The grant that we receive from Essex County Council Youth Service enables us to continue in this role.

Our staff team as I have mentioned before has been very stable with many of our core staff having served more than ten years with the Association, which is quite some doing, as 15 years ago there was only me full time and Judy and Carole as part time admin support! Five years has seen the staff team grow, coincidentally to 15 members with 9 being full time and 5 part time

So, on reflection how things have changed! Why on earth did I feel that this year's Annual Report was going to be a struggle to write with so much going on how could it be! Maybe I'm getting old or it might be that our staff are getting younger! And finally as I always say a County Association is only as good as the clubs and leaders that it has in membership and in Essex we are blessed with some of the most committed and dedicated volunteers in the country as well as some of the best clubs and long may it continue! And finally my thanks and very best wishes to everyone who has supported our Association in whatever way over the last twelve months.

Martin Solder, County Director

THE ESSEX SCENE

2004 was another action packed year for activities with all the traditional events, plus some new activities such as the Scuba Diving and the first ever Chess Championships.

2004 kicked off with the county round of the 5 a side Competitions. In the Under 12 competition Ingatestone Boys' Own Club went

forward to the S.E. regional round at Woking with County Park representing the Under 14's, and the Under 16's and Maldon Town carrying the flag for Essex in the Under 19's.

Continuing the football theme the Gillette Cup representative Squad at Under 16's had matches against Hertfordshire and Middlesex. Silver End, Linford Wanderers, Basildon Boys and Concord Rangers had representatives in the team. The squad is not just about playing football. It is about being an ambassador for Essex Boys' Clubs and their clubs, team building and building self-esteem.

The activity programme is all about giving young people opportunities to take part in a spectrum of activities. They may find that they have previously unknown talents. The variety of opportunities during 2004 reflected this.

E.A.B.C. had its first ever Go Karting Competition at

Indikart, Colchester. It was run over two nights with Zac Johnson-Proctor of Northlands Park and Shane Hurrell of Boreham mounting the winner's podium.

The Pool Championships proved to be very popular and keenly contested, with Roy Moore, Chelmsford Boys' Club winning the Under 19's, Marcus Bowers, Northlands Park Boys' Club winning the Under 16's and Max Drury, Lifstan Boys' Club. They went forward to the South East Regional Finals at Chatham along with Lee Cranmer,

Ingatestone Boys' Own Club in the Under 12,s who went on to become South East Regional Champion.



The popularity of Pool was reflected in the league we ran during the spring and was won by Northlands Park. The Snooker Championships were held at a new venue, the Wickford Snooker Centre with Roy Moore and Marcus Bowers again coming out on top.

The events are about taking part, meeting new faces and having fun,

not just winning. Stubbers Adventure Centre hosted a number of activity days including a 'Wet Day' and the traditional 'It's a Knock Out' Competition. During the autumn we had two Night Exercises, for the 13's and under and for the 14 plus age group, which included the 'High Ropes' in the dark!

Other events included The Model Racing Car Championships, three Lazer Quest events, Kwik Cricket for the first time, Video Games Competition, Youth Clubs 5 A Side Football, Uni-Hoc, Cross Country Championships and the First ever Chess Championships won by Jack Adams of Lazer Y.F.C.This was the first ever event conducted in silence!

Following our Air Rifle Championships representatives from Boreham Youth Club, Chelmsford Boys' Club, Colchester A.T.C., Lazer Youth F.C. and Trekkers went forward to

a Shooting Challenge at the famous Lord Roberts Centre, at Bisley with Essex winning the Under 19's and being runners up in the Under 14's.

Once again the Fishing Championships proved to be very popular with matches at Puddledock and Pea Lane in Upminster and Fennes in Braintree. The team trophy had a new name on it, Linford Wanderers' Boys' Club with Scott Williams from the same club winning the individual event and Troy Pitkin from Boreham winning the best specimen.



Belhus Park ABC again hosted the Anglia Round of the NACYP Boxing Championships. Congratulations to our

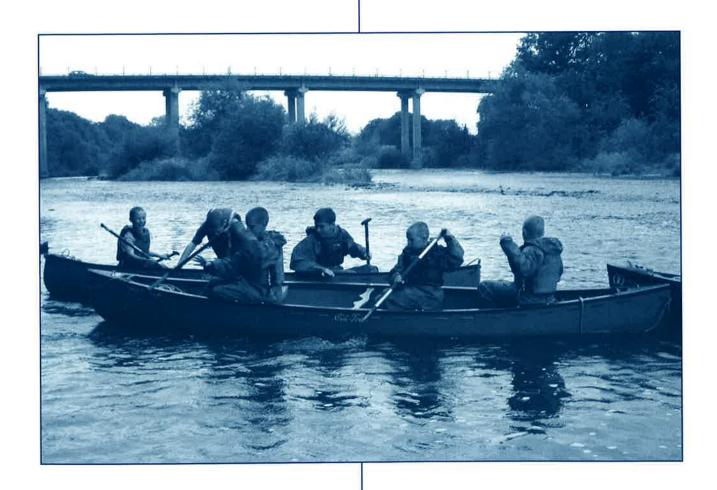
three representatives who progressed to the Semi Finals at Bristol. Michael Hanger of Southend, Jack Gillingwater of Canvey ABC and Michael Murnane of Chalvedon A.B.C. who successfully reached the finals of the competition and narrowly lost on points.

A highly successful summer of cricket was achieved by our Under 14 and Under 16 representative sides. We had a number of prestige matches including Tonbridge, Eton, Uppingham, Felsted, Chigwell and Colchester Grammar Schools. The Under 16's completed the season undefeated thanks to a fine batting display by Jack Moss (Chelmer Village) against Uppingham School in the final match to ensure the match finished in a draw. The under 14's gained immense experience by playing at some wonderful settings on superb batting strips in beautiful weather. Pick of the performances were Jabbar Rajar's (Frenford) 85 not out against Tonbridge School, Alex Hall's (Hannakins Farm) 4

wickets for 32 runs against Eton, Dominic Hurst's (Frenford) 3 wickets for 3 runs off 6 overs against Uppingham and Lee Cranmer's (Ingatestone Boys' Own Club) 4 wickets for 42 runs against Colchester Grammar School. The future of cricket in Essex is in safe hands!

Congratulations to all the young people who took part in our events programme last year. As we go into 2005 we are aiming to increase still further the number of clubs competing in our events by hosting more regional events. The programme is available to every club throughout the county. Please give your members the opportunity to take part in as many different activities as possible. Also if you have ideas for new events please contact us at the office.

Keith Cranmer Activities Officer



13' AND UNDER REPORT

With an extreme mixture of new events combined with the more traditional boys' club activities the Children's Fund's 13's and Under programme has now taken shape. With an expanding number of clubs taking part in our event days, the programme is able to grow and as a result the development opportunities for young people are continuously increasing.

From Model Car Racing to Go Karting, from Activity Days to Summer Camps the programme has been wide and varied. There are now activities and events for the young people to get involved in every weekend. This combined with 'in Club' evenings such as Archery, Rifle Shooting and Kwik Cricket means that there are plenty of possibilities for involvement at both young people's local clubs and at county wide meetings.

Kwik Cricket saw a good turn out, with teams from all over the county. Ingatestone Boys' Own Club won the event after a very close final with Lazer Youth FC.

April 2004 saw yet another first for the 13's and under age group. This time it came in the form of a Wet Day. Forty young people from throughout the county took part in

Canoeing, Jet Skiing, Power Boat Rides and Bell Boating. All the young people enjoyed themselves, and asked for a repeat day.

'I think the day has been brilliant and liked the Jet Skiing the best' (Adam Thornton, Lifstan Boys' Club)

The last new event of the 2004 under 13's season was the Car Racing Championships. Over 40 young people from all over Essex took part in Remote Control Car

Racing, Scalextic and Computer Racing. The event was sponsored by Nikko who kindly donated the cars and also Dominos who provided the prizes. Thanks also go to McDonalds who helped out by providing the track.

The first event on the 13's and Under Calendar was Unihoc and this saw an excellent turn out at the Warehouse Centre in Rayleigh. A team of young people from Boreham Youth Club won the event after playing some brilliant hockey.

The first new event was the Go Karting Championships. This was held at Indikart in Colchester. Originally 20 young people took part in the racing, completing the circuit, in groups of 4. But the event was so popular we ran another evening doubling the original entrants for this event.

A Tennis Coaching/Competition at New Hall School was the next on the list of events and activities. This saw two tennis coaches from the Brentwood Tennis Club help the young people sharpen their skills before they entered into the EABC Short Tennis Competition.

EABC ran its first ever 5-a-side Football League over 8 weeks. The competition was fierce with 7 teams battling it out before Linford Wanderers F.C. came through to take the title.



The 13's and under Summer Camp saw 6 young lads from Essex join with some young people from Manchester at High Row (The Association's centre in the Lake District). During the week the young people participated in, camping, canoeing, walking, gully bashing and a visit to the Sellafield Visitors Centre. The excursion lasted 6 days and all the young

people thoroughly enjoyed it. One of the highlights of the week was simply being able to play football on the beach.

Looking back over the past year and forward to the next I realise there is now a good, varied and exiting programme for all the different clubs in Essex to participate in. The foundation is here to aid growth and development in these young people, I urge us all to help and encourage them in whatever way we can.

David Hassard Under 13's Activity Officer

THE 'RESPECT' PROJECT

"All I want to say is thank you for doing what you have done for me, you made me believe I could do things when I didn't think I could. I have achieved things that I never thought I would. Being on the course has changed the way I act and speak towards other people and I am very grateful that you let me carry on – if you hadn't I know for a fact my attitude would not have changed.....Thank you for all your help and support throughout the course, it is appreciated. Love Abbie"

"I just have to say that this course has changed me so much that when I look back I don't recognise myself! Because of my new found confidence when I did my mock exams I got really confident and I got A & B for my maths! Yay! I want to thank everyone who made this possible...we were incredibly lucky Love Alison"

These are just two of the quotes from a total of 178 young people that we made contact with for the Respect Project in 2004! Some of these will have only been on one activity day at Stubbers, but up to fifty of these will complete the Course which involves a week of walking, climbing, abseiling and other adventurous activities, based at High Row in the Lake District. From some there will be no feedback - especially those we only have contact with once - but others continue to confirm what a difference being on a Respect Project has made to their lives. Replies to a recent questionnaire that was sent out asking the question 'Have any of the experiences you had on the Project helped with life at school, 'home or out in town' have included the following: "Keeping my cool when people start on me", "Speaking up for myself and feeling confident in everything I do", "Arguing with people, I stop and remember what we spoke about, and try to see it from their point of view".

Comments from Teachers and the Police have been equally as encouraging. One teacher wrote..."The scheme has given all four of my pupils the chance to meet new people and learn new skills. They have become more aware of teamwork and have demonstrated an increase in confidence and self-motivation. I have witnessed situations within school that the four have walked away from and dealt with differently than they would have prior to the course. I was invited to attend a formal presentation at Basildon's Towngate Theatre. The evening demonstrated pupils' enthusiasm for the scheme as well as how confident they

had become. I was encouraged that all were interested in returning to Stubbers for work experience and wanted to be included in forthcoming events organised by the Boys Clubs."

Following on from the success of the two Projects that completed in 2004, three further Projects began towards the end of the year - Colchester, where the Project

started and is written into the CDRP Strategy so has continuing support from Police and Schools; Uttlesford – a completely new area and being very rural has presented its own logistical difficulties, but instantly had Police and School Support; and Southend, where funding from the Children's Fund following the previous successful Project, has allowed us to work again with 11-13 year olds. In order to secure additional funding for

order to secure additional funding for Respect, four further areas have to be targeted - Harlow, Tendring, Basildon and Southend. Meanwhile Epping Forest Crime & Disorder Reduction Partnership had money available for 'Diversionary Activities for Young People, and felt a Respect Project would fit nicely into that category. So 2005 and just into 2006 has eight Respect Projects planned on the calendar! That means quite a substantial amount of young people aged 13 - 15 attending Activity Days at Stubbers, and then up to a third of that number going through a ten week life skills course to help them deal with some of the real life issues in a different way, and then up to twelve from each area spending a week at High Row achieving things they never imagined they would. In the words of one of our Outdoor Instructors - no-one can take away from you what you have achieved this week - it will always be your achievement! Maybe it is climbing Helvellyn or Skiddaw or Carrock Fell; completing the twenty-four hour expedition that some groups do, abseiling down a rock face, helping wash-up after the evening meal, cleaning the Centre before we leave, learning to work as part of a team, learning to walk away from a conflict situation or just gaining confidence! For some the results and lessons are fairly immediate, for some it may be months, even years before something clicks into place, and some maybe their lives are not changed at all - or perhaps we just don't hear about it. In giving young people an opportunity like this we

hope we have made a difference, which in turn will help

Sue Pell Respect Project Coordinator

them be better people as they grow up.

FUND-RAISING REPORT - ANNUAL REVIEW 2004/5

Fundraising for the past year has not got any easier as more and more demands are made nationally on charitable sources. Nevertheless EABC has been able to compete successfully with other charities to the extent that income from dedicated fund-raising has risen by 25% on the previous year to a level of £314,700.00. This has been made possible by the ever-increasing standing we hold in the community for the facilities we provide and our record of delivering a quality service on time and in a professional manner.

What has been most encouraging has been our ability to retain or improve on funding obtained in 2003, with the exception of £14,000.00 from the Home Office which was for a one off project, £3,300.00 from Malcolm Chick Charity due to other commitments, and £2,500.00 from Ford of Britain, who only support us every other year. In most cases we were able to generate funds from new sources and it will be a challenge to ensure we retain these during 2005.

Our specific thanks should go to The Essex Youth Trust, The Jack Petchey Foundation, The Four Acre Trust, The Fowler Trusts, The Charles French Charity, Essex County Council Youth Service, Essex Council for Voluntary Youth Services and The Augustine Courtauld Trust, who have continued their long standing support, with some providing very welcome increases. We have continued to work well with 'Connexions' who have renewed their support for

a further period, as have the Children's Fund Essex, and Southend. We were also exceptionally delighted to obtain a £150,000.00 funding programme with the Rank Foundation, which will finance atraining programme including an officer over five years. This has opened up real potential to enable us to develop a much closer working relationship with all our clubs and members.

grant programmes from the Community Fund (The lottery) over the past six years, we have not been able to obtain renewed funding for our servicing programme, which has financed five officers over the last three years. In the circumstances once this runs out in March we will look to urgently obtain funds from a variety of sources to replace this money.

Whilst the level of funding stands at an all time high it is essential that we continue to maintain and improve on the progress made if we are to continue meeting the demands of our membership as well as supporting the disadvantaged young people of the county. Currently the government is providing considerable funds to young people and we must look to tap into this resource. Funds obtained are used to provide an increasing level of activities; support and advice to clubs and their leaders, as well as widening our representation in areas of the county where membership is low. Fund-raising remains integral to the progress we are making.

Fund-raising Events

Our regular events, Celebrity Golf, The Three Peaks Challenge and the Jailbreak again provided the backbone to outside support, as they have done for many years. Again the weather was in our favour with all the events, and

we are indebted to those who

continually attend and help in our efforts to generate income and profile. About £23,000.00 was raised from these sources, which is a magnificent effort, although we could always do with new teams to improve results.

Graham Goodchild, Fund-Raising Officer



New funds were generated from the Hedley Foundation, BTCV Peoples Places, the High Flyers Ball, Essex Social Care Services, Dulverton Foundation, and the Hadley Foundation, all of which were most gratefully received and we appreciate the help they were able to give us. Unfortunately after successfully obtaining three consecutive

STUBBERS ADVENTURE CENTRE

Introduction

At the end of 2004 we are delighted to report that Stubbers Adventure Centre has demonstrated beyond a doubt that it is economically viable and self-supporting.

While being financially independent of the Essex Association of Boys' Clubs the links with EABC clubs remain strong. We have been particularly pleased to have three of the EABC Chelmsford staff working on placement with the centre in the summer 2004 to gain the qualifications and experience needed to run activities for clubs and the Respect Programme. is also a pleasure to host Fishing, Cross Country, It's a Knockout, Night Exercise



and Taster Days in addition to providing for the many clubs that book programmes at the centre independently. We are working hard to provide a choice of activities that cannot be matched by any other centre and value accommodation for residential visits.

Activity

The highlight of 2004/5 has been, to see the new High Ropes Course and Tower in action. The New Opportunities Fund via Essex County Council and the Essex Youth Trust kindly funded this superb piece of equipment. The tower itself stands 13 metres tall and features two abseil walls and three climbing faces designed for maximum thrills for introductory groups. There is an internal access staircase that takes you to one of two aerial walkways where a short rope and trolley attached to a strong girder keep you safe on a journey around balance beams, wobbly bridges and the like. To encourage teamwork there is the Crate Stack challenge (how tall a tower of milk crates dare your team build and stand on) and the 8 metre Pamper Pole with two man Trapeze Leap.

The Mobile Climbing Wall is now a well-established feature of our off site service. It has successfully appeared at club evenings and event days where it is guaranteed to attract attention. With four climbing faces and all equipment and

instruction provided the wall can be used as queue and go for large groups or for teaching more advanced climbing skills to smaller groups. The wall is erected by hydraulics and can be used anywhere that is accessible by a Land Rover towing a 24 foot trailer.

Stubbers is widely known as a venue for top class adventurous activities but some clubs may not be so aware of our reputation for running team challenge activities and team building days. To draw out the essential qualities of cooperation, communication coordination we have some tried and tested Challenges such as "Blocked" - best described as Giant Jenga with a team of 10 standing on top- and some new

challenges such as the Field Gun Run – our version of the famous Royal Tournament Field Gun Competition where a team runs with, strip down and rebuilds a piece of field artillery. Like the Mobile Climbing Wall these activities can be brought to your own venue.

With the services offered by Stubbers and those activities that can be booked through the EABC (Fencing, Air Rifles) you can have a great adventure day in the comfort of your own club!

In 2004 the Bursary fund provided £10,000 worth of support to EABC Clubs taking part in programmes at Stubbers. Through kind donations we are able to offer some more support for the 2005 season. In particular we are keen to help groups with team building and personal development programmes.

Let Us Know How We Can Help You

The choices can be baffling so we welcome telephone calls or emails from clubs so that we can advise on how we can meet you training and fun day requirements.

Bob Edwards Stubbers Centre Director

TREASURERS REVIEW FOR THE YEAR 2004

The abridged accounts set out in this review show a further year of solid growth in incoming resources, and an even greater outlay of these resources, delivering the projects, which the Association has worked hard to fund over the past few years.

We are particularly grateful to have received £144,280 in the year to finance the delivery of general core services to members. These include the provision of a comprehensive and excellent programme of activities and training courses for members and their leaders, which is at the heart of our objectives. To do this requires a substantial organisation operating from adequately sized premises with all the usual overheads and systems to support. We do ensure that our separately funded projects bear their fair quota of these "central" costs and the extent to which we have recovered these from the various specifically funded projects is shown in the accounts under the heading "Gross transfers between funds" and amounts to £93,244 over the year. We therefore enjoyed an aggregate income of £237,524 towards our core activity costs of £189,519 this year, giving us a surplus of £48,005 to add to reserves built in earlier years. These general unrestricted reserves now stand at a healthy £162,665, roughly the equivalent of ten months running costs as the organisation presently exists.

It has taken years of carefully balancing resources and objectives to arrive at this position, the purpose of which is to sustain all of the Association's beneficial activities into the foreseeable future. We have been very fortunate to have earned support for a number of projects which have enabled our Association to grow and develop in specific ways without depleting our general fund. A number of these designated and restricted income streams, for example, our member club servicing system, are coming to a conclusion. This system is currently financed from our Restricted Fund. We shall continue to seek on-going funding for this system but we can be sure of retaining its benefits in the interim, due to the value of our General Fund which we can use to bridge any funding gap. Another reason for building such strength is to give us the resilience to cope with the way in which so much of the funding we receive from our sponsoring organisations is moving from budgets spanning a number of years to annual budgets, many of which comprise public funds coming under increasing pressure to stretch further. The level of general reserves also gives us considerable opportunities to develop new applications without having to raise funds beforehand, for example we plan to purchase another minibus, and to roll out an IT based communications system to member clubs during 2005, and there are always opportunities to invest in the further development of Stubbers Adventure Centre and the High Row Centre. Our General reserve gives us the strength to effectively manage our future.

Our Restricted Fund benefited from £197,062 raised in the year, from which £168,216 was spent on the various projects set out in note 5 over the page. Having started the year with £55,440 in hand, we ended the year with £84,286, to complete in 2005 and beyond, those projects funded by benefactors who require us to account directly to them with the results of the projects they are funding.

Funds raised for specific projects where there is no condition to account in detail to benefactors, but where the Association earmarks such monies as "designated funds", amounted to £106,000 in the year. We brought forward designated funding of £88,549 from last year, and expended a total of £119,786, leaving £74,763 to carry into 2005. Some £26,012 of this is scheduled to be spent delivering "Respect" projects and a further £20,407 in education and training "apprentice" youth workers. These two projects values are included in the Education and Training column in note 4 overleaf.

Some of the projects, funded by both designated and restricted donations have involved us purchasing assets, which will be consumed over a number of years. Mostly however, cash donated is held in the respective fund to meet scheduled expenses to be incurred in the future to deliver the on-going projects. The effect of this can be seen in the balance sheet under cash and bank balances.

The Association remains, as ever, indebted to all its sponsors and volunteers for their support for the work it is undertaking. The accounts for 2004 bear witness to the Essex Association of Boys' Clubs considerable achievements in becoming a premier organisation, well founded and equipped to deliver its objectives with great credit to all associated with it.

The Summary of Financial Activities and Balance Sheet shown in this review are extracted from the Associations accounts. These accounts, including a full Trustees Report and the Accounts of Stubbers Adventure Centre are available on application to the County Director.

Graham Middleton Hon, Treasurer

ESSEX ASSOCIATION OF BOYS CLUBS

Statement of Financial Activities for the Year ended 31 December 2004

Income and Expenditure		Unrestricted General Fund	Designated Fund ເ	Restricted Fund	Total 2004	Total 2003
•	Note	£	£	£	£	£
Incoming Resources Donations and grants received Income from operating activities:		92,052	104,227	197,062	393,341	365,050
Activites in furtherance of objectives	3	16,123	1,773	2	17,896	12,015
Activities for generating funds Investment income- Bank Deposit interest	3	21,945 12,699		•	21,945 12,699	17,696 8,202
Other incoming resources		1,461	- 2		1,461	417
Total incoming resources		144,280	106,000	197,062	447,342	403,380
Resources Expended Costs of generating funds: Staff employment costs Cost of staging fundraising events	3	51,612 7,292			51,612 7,292	48,473 5,968
Charitable expenditure: Grants in furtherance of objectives				34,000	34,000	48,000
Costs of activities in furtherence of objectives Expenditure on managment and administration		77,658 52,957	71,118	89,340 300	238,116 53,257	190,419 41,931
Total resources expended		189,519	71,118	123,640	384,277	334,791
Net Incoming Resources before transfers		(45,239)	34,882	73,422	63,065	68,589
Gross transfers between funds		93,244	(48,668)	(44,576)	0	(2/.
Net Movement of Funds		48,005	(13,786)	28,846	63,065	68,589
Fund Balances brought forward at 1 January 2004		114,660	88,549	55,440	258,649	190,060
Fund Balances carried forward at 31 December 200	4	162,665	74,763	84,286	321,714	258,649
Balance Sheet					2004	2003
		General Fund	Designated Fund	Restricted Fund	Total	Total
Fixed Assets		£	£	£	3	£
Tangible fixed assets	2	18,071	4,971	9,458	32,500	29,169
Current Assets Cash and Bank balances		202,529	69,921	77,428	349,878	274,279
Loan to Stubbers Adventure Centre		0	00,021	.,,,,,,	0	0
Debtors Stocks		2,020 160			2,020 160	8,721 160
		204,709	69,921	77,428	352,058	283,160
Liabilities: amounts falling due within one year						
Creditors		60,115	129	2,600	62,844	53,680
Net Current Assets		144,594	69,792	74,828	289,214	229,480
Net Assets		£ 162,665	74,763	84,286	321,714	258,649
Represented by:-						
Funds						
Unrestricted General		162,665			162,665	114,660
Unrestricted Designated	4	,	74,763		74,763	88,549
Restricted	5			84,286	84,286	55,440
		£ 162,665	74,763	84,286	321,714	

Notes to the Accounts for the Year ended 31 December 2004

Accounting Policies Basis of Preparation

The accounts have been prepared on an accruals basis and under the historical cost convention, in accordance with the Charities Commission Statement of Recommended Practice and recommendations for Financial Reporting in Relation to Smaller Entities.

Designated and Restricted Funds

Certain grants and donations have been received pursuant to the general objectives of the Association which the Trustees have designated for application to specific activities. The income and expenditure in respect of these activities has been separated from general funds. The Trustees retain the power to reallocate such funds within unrestricted funds unless and until they are expended.

Funds earmarked as restricted have been treated as such at the request of the donor or by the terms of the appeal for particular projects, and accounted for separately.

Stubbers Adventure Centre

bbers Adventure Centre
Stubbers Adventure Centre is a charitable company limited by guarantee. Its principal activity is the provision of recreational facilities for children and young people. It also provides non charitable facilities to business and adult groups as part of its charitable fund raising activities.

The directors of the company are certain Officers of the Association who are nominated by the Association.

The Association has the power to appoint up to three of a maximum number of seven trustees, however at the present time, the Trustees appointed by the Association are in

the majority, placing control of Stubbers Adventure Centre with the Association.

The audited accounts of Stubbers Adventure Centre are available to members on application to the Association's County Director.

Fixed Assets		igh Row Centre	Motor Cars	Minibus	Furniture & Equipment	Computer Equipment	Total
		3	3	2	2	٤	2
Cost							
At 1 January 2004		9,264	12,950	24,616	2,559	11,232	60,621
Additions		12,218	0	0	0	0	12,218
Disposals		0	0	0	0	0	0
At 31 December 2004	£	21,482	12,950	24,616	2,559	11,232	72,839
Depreciation	8=						
At 1 January 2004		0	7,828	20,691	2,558	375	31,452
Released on Disposal		0	0	0	0	0	0
Charge for the Year		2,283	1,280	981	0	4,343	9,887
Al 31 December 2004	2	2,283	9,108	21,672	2,550	4,718	40,339
Net Book Value							
At 1 January 2004	£	9,264	5,122	3,925	1	10,857	29,169
At 31 December 2004	3	19,199	3,842	2,944		6,514	32,500
Rate of Depreciation used	10	0%xCost	25%xWDV	25%xWDV	20%xCost	40%xCost	

High Row Centre is a former Youth Hostel leased to the Association for ten years from 31st December 2003, the period over which the costs

of refurbishments will be amortised.

The Minibus represents an asset financed by a restricted fund in accordance with the terms of the co-sponsors, the Government's Business Sponsorship Incentive Scheme for Sport, "Sportsmatch" which is administered in England by the Institute of Sports Sponsorship (ISS)

The Computer Equipment is an asset financed by a restricted capital grant from the Home Office Active Community Unit to assist the

Association in the delivery of its mentoring based services. There have been no grants of assets received in the year.

2)

3)	Fund Ralsing Events						
				Income £	Expenditure £	Net Proceeds	2003
	Jailbreak Golf Day Three Peaks Challenge		2	4,266 16,180 1,499 21,945	5,983 470 7,292	3,427 10,197 1,029 14,652	3,197 8,079 452 11,728
4)	Designated Funds	High Ro Improvements £	w Centre Running Expenses	Equipment & Activities	Education & Training £	Total £	2003 £
	Brought forward from last year	0	0	8,258	80,291	88,549	73,903
	Donations received	7,254	12000	2,777	83,969	106,000	127,700
	Less: Funds directly expended Reallocations to General Fund	2,283	4,233	2,996 1,921	68,122 40,231	71,118 48,668	68,085 44,969

4,971 Reallocations to General Fund represent the costs of services provided by the Association's own staff, and the use of general resources.

7,767

6,118

55,907

88,549

74,763

Restricted Funds	Member & Club Projects	Achiever Awards Scheme	Club Servicing Scheme	Childrens Activities Schemes	Minibus Purchase	Activity Taster Sessions & Equip't	Computer Equipment	Total
	£	2	2	£	£	£	£	£
Brought forward from last year	1,109	0_	31,689	0	3,925	5,000	13,717	55,440
Donations received: Petchey Foundation The Community Fund ECC Childrens Fund The Rank Foundation Others	4,820	48,000	75,811	30,133 33,450		4,848		48,000 75,811 30,133 33,450 9,668
	4,820	48,000	75,811	63,583	0	4,848	0	197,062
Expenditure: Grants to members Achiever of the month award Salaries and expenses Equipment and materials	4,830 ds	34,000	59,679	25,131				4,830 34,000 84,810 0
Transfer to general fund: Project servicing costs Minibus amortisation Computer amortisation			23,744	15,508	981		4,343	39,252 981 4,343
Total applied	4,830	34,000	83,423	40,639	981	0	4,343	168,216
Carried forward to next year	1,099	14,000	24,077	22,944	2,944	9,848	9,374	84,286

Stubbers Adventure Centre:

Carried forward to next year

Reserves:	2004 £	2003
The latest Accounts of Stubbers Adventure Centre for the year to 31December 2004 show the following: Surplus on restricted funds Deficit on unrestricted funds	319,731 (7,761)	252,792 (55,293)
Total	311,970	197,499

The unrestricted reserves are supported by unconditional, interest free short and long term loans granted by the Essax Youth Trust and The Essax Association of Boys' Clubs to provide sufficient working capital to fund losses incurred in the early years of trading.

EVENTS RESULTS 2004/2005

EABC ANGLING

TEAM COMPETITION

Winnerss Linford Wanderers Boys Club

Runnerss up Boreham Youth Club

INDIVIDUAL CHAMPIONSHIPS

Winnerss Scott Williams - Linford Wanderers Boys Club

Runnerss up Lee Hills - Boreham Youth Club Best Specimen Troy Pitkin - Boreham Youth Club

EABC YOUTH CLUBS 5 A SIDE

U12 Winnerss St. Josephs
U12 Runnerss Up Lifstan Boys Club
U14 Winnerss St. Josephs

U14 Runnerss Up Ingatestone Boys Own Club

EABC VIDEO GAMES

U14 Winnerss Sam Cook - Ingatestone Boys own Club U14 Runnerss Up Joe Harris - Linford Wanderers Boys Club

U16 Winnerss Up Jordan Fairchild - Northlands Park Boys Club

U19 Winnerss U19 Runnerss U2 Robert Cooper - Ingatestone Boys Own Club

EABC CROSS COUNTRY

U11Team Winnerss Linford Wanderers Boys Club U15Team Winnerss Berry Boys Club

BOXING CHALLENGE

U11 Winnerss Daryl Worbey - Linford Wanderers Boys Club

U11 Runners Up Ben Swain - Lifstan Boys Club

U13 Winnerss Tim Picton - Lazer Boys Club
U13 Runners Up Charlie Sheppard - Lazer Boys Club

U15 Winnerss Davis Pagan - Berry Boys Club

U15 Runners Up Liam Oliver - Linford Wanderers Boys Club

EABC POOL CHAMPIONSHIPS

U19 Winnerss Ross Swash - Chelmsford Boys Club U19 Runneer Up Jamie Drummond - Chelmsford Boys Club

U16 Winnerss Marcus Bowers - Northlands Park Boys Club

U16 Runners Up Chris Haycock - Lifstan Boys Club

U14 Winnerss Bradley Warner - Northlands Park Boys Club

U14 Runners Up Jack Crabtree - Lazer Youth F.C.

U12 Winners Joe Gladman - Lazer Youth F.C.
U12 Runners Up Daniel Howes - Chelmsford Boys Club

EABC POOL LEAGUE

Winners Northlands Park Boys Club Runners Up Ingatestone Boys own Club

EABC IT'S A KNOCK OUT

Winners Lazer Youth FC Runners Up Berry Boys Club

EABC UNIHOC U13

Winners Boreham Youth Club
Runners Up Lazer Youth Club

EABC 13 AND UNDER NIGHT EXERCISE

Winners Boreham Youth Club Runners Up Boreham Youth Club

SENIOR NIGHT EXERCISE

Winners Northlands Park Boys Club

Runners Up Trekkers

EABC COUNTY ROUNDS 5 A SIDES

U12 Winners St. Josephs Youth Club U12 Runners Up Chelmsford Boys Club

U14 Winners U14 Runners Up Maldon Town F.C. Maldon Town F.C.

U16 Winners Silver End F.C.
U16 Runners Up Hannakins Farm

U19 Winners Maldon Town F.C.
U19 Runners Up St. Josephs Youth Club

EABC U13 LAZER QUEST

Winnerss Ingatestone Boys Own Club

Runnerss Up Lazer Youth F.C.

EABC SENIOR LAZER QUEST

Winners Northlands Park Boys Club RunnersUp Boreham Youth Club

GILLETTE CUP FOOTBALL SQUAD

Danny Johnson Basildon Boys FC,

Jamie Urch Ingatestone Boys' Own Club,

Matt Egglestone Maldon Town FC, John Sargent CCSE (captain) Julian Boaitey Basildon Boys FC, Hannakins Farm FC, Rory Taylor Danny Murphy Silver End FC Ryan Morgan Basildon Boys FC, Danny Barry Basildon Boys FC, Sam Brown Maldon Town FC Hannakins Farm FC Craig Doughty Hannakins Farm FC. Ben Angus Jake Bambridge Basildon Boys FC Kyle Simmons Basildon Boys FC Hannakins Farm FC

Ryle Simmons
Daniel O'Shaughnessy
Bradley Adams
Charlie Montrose
Lee Wylie
Will Marsh
Basildon Boys FC
Hannakins Farm F
Maldon Town FC
Maldon Town FC
Maldon Town FC
Basildon Boys FC

EVENTS RESULTS 2004/2005

TEN PIN BOWLING - SOUTH

Winners Northlands Park Boys Club
Runners Up Linford Wanderers Boys Club

Individual Winners Marcus Bowers - Northlands Park Boys Club

TEN PIN BOWLING - NORTH

Winners Ingatestone Boys Own Club

Runners Up Lazer Youth F.C.

Individual Winners Adam Miller - Ingatestone Boys Own Club

EABC U13 GO KARTING 2005

Winners Reece Partridge - Ingatestone Boys Own Club Runners Up Connor Farthing - Ingatestone Boys Own Club

EABC CHESS CHAMPIONSHIPS

Winners Jack Adams - Lazer Youth F.C.
Runners Up Robert Collins - Lazer Youth F.C.

U13 KWIK CRICKET

Winners Ingatestone Boys Own Club

Runners Up Lazer Youth F.C.

EABC RACING CHAMPIONSHIPS

Winners Andrew Baranowski - Boreham Youth Club

Runners Up Troy Pitkin - Boreham Youth Club

TABLE TENNIS

U14 Winners Jack Adams - Lazer Youth F.C.

U16 Winners Lee Cranmer - Ingatestone Boys Own Club

U19 Winners Adam Gregory - St. Josephs Youth Club

Doubles Winners Lee Cranmer - Ingatestone Boys Own Club

Jack Palmer - Sampfords Youth Club

U13 TABLE FOOTBALL

Winners Tom Hockley - Chelmsford Boys Club Winners Josh Holland - Chelmsford Boys Club Winners Chris Kaser - Chelmsford Boys Club Winners Billy Pursey - Chelmsford Boys Club

REPRESENTATIVE CRICKET SEASON 2005

UNDER 12's

Belhus Cricket Club Frankie Paisley Rohit Puthawala Frenford Clubs Jack Copsey Billericay Cricket Club Richard Hall Billericay Cricket Club Billy Winter Belhus Cricket Club Belhus Cricket Club Connor Day Jack Day Belhus Cricket Club Belhus Cricket Club Sunilraj Singh Sangha William Carter Belhus Cricket Club Andy Smith Billericay Cricket Club

UNDER 14's

Ajay Mahatma Frenford Clubs
Omar Ahmed Frenford Clubs
Sherjeet Thiara Frenford Clubs
Daniel Austrie Frenford Clubs
Fayyaz Naqvi Frenford Clubs

Billericay Cricket Club Daniel Hartford Billericay Cricket Club Robert Rayner Billericay Cricket Club Alex Hall Matthew Hall Billericay Cricket Club Billericay Cricket Club Ben Smith Richard Underwood Billericay Cricket Club Billericay Cricket Club Adam Gomez Billericay Cricket Club Daniel Tomlinson Bradley Sheridan Belhus Cricket Club Michael Fogg Belhus Cricket Club Gavin Jefferies Belhus Cricket Club Richard Vigors Belhus Cricket Club Lee Cranmer Ingatestone Boys Own Club Daniel Evans Ingatestone Boys Own Club James Steel Laver Youth F.C.

James Steel Layer Youth F.C.
Robert Collins Layer Youth F.C.

AIR RIFLE SHOOTING

U14-team 1st Lazer Youth

2nd Trekkers C3rd Chelmsford BC

U16-team 1st Northlands

2nd Boreham YC/Ingatestone BC

3rd Trekkers B

INDIVIDUAL WINNERS

U14 1st Paul Barry Trekkers

2nd John Butler Trekkers 3rd James Steel Lazer

U16 1st Rob Green Northlands

2nd Reece Hill Northlands 3rd Zac JohnsonProctor Northlands

U13 ORIENTEERING

Winners Lazer Youth F.C. Runners Up Northlands/Lifstan

ARCHERY

U14

Winners Richard Spong - Lazer Youth F.C.
Runners Up James Steel - Lazer Youth F.C.
3rd Adam Thornton - Lifstan Boys Club

U16

Winners Damon Whiting - Lifstan Boys Club
Runners Up Max Drury - Lifstan Boys Club
3rd Dan Racy - Lifstan Boys Club

U13 FOOTBALL LEAGUE

Winners Linford Wanderers F.C. Runners Up Lazer Youth F.C.

NACYP NATIONAL CROSS COUNTRY FINALS

U11 Runners Up Daryl Worbey - Linford Wanderers Boys Club

NACYP BOXING CHAMPIONSHIPS

CLASS C

National Finalist Mick Murnane - Chalvedon ABC

THE COUNTY ORGANISATION OF NACYP

(INCORPORATED BY ROYAL CHARTER)

PATRON:

The Lord Braybrooke J.P.

(Her Majesty's Lord Lieutenant of Essex)

PRESIDENT:

Col. Robert P. Laurie O.B.E., J.P., D.L.,

VICE-PRESIDENTS:

The Lady Butler, J.A.S. Neave C.B.E., J.P., D.L.,

Mrs. June Owen, Mrs. 'Apple' Parish, C.W.O. Parker D.L., J. Petchey,

Col.Sir John Ruggles-Brise C.B., O.B.E., T.D., J.P.

R. Smith, R.M. Williams F.I.T.E.,

The Lord Dixon-Smith, P.J. Simpson, OBE., FIMgt.

J. McAlonan

EXECUTIVE COMMITTEE:

CHAIRMAN:

Jonathan Douglas-Hughes DL

VICE CHAIRMAN:

Michael Dyer

HON. TREASURER:

Graham Middleton FCA

MEMBERS:

R. Bonnington, Sgt. A. Bray, A.D. Cook (Regional Director NACYP), Deputy Chief Constable C. Clark,

Lt.Gen. Sir A. Denison-Smith KBE., DL, P. Drummond, S. Thomas, L. Woodward

HON. SOLICITORS:

Wortley, Redmayne & Kershaw

BANKERS:

T.S.B. Bank Plc., 88/89 High Street,

Chelmsford, Essex.

AUDITORS:

MacIntyre Hudson

COUNTY DIRECTOR:

Martin Solder B.Ed

DEPUTY COUNTY

DIRECTOR:

Ron Buckley

TRAINEE EVENTS

INSTRUCTORS:

Ricky Gawthorn, Sam Bridge, Natasha Partridge

FUND RAISING OFFICER: Graham Goodchild

ACTIVITIES OFFICER:

Paul Lawrence (Nov) Keith Cranmer

UNDER 13'S ACTIVITY

OFFICER:

David Hassard

TRAINING OFFICER:

Lee McDermid

RESPECT PROJECT

CO-ORDINATOR:

Sue Pell

SERVICING OFFICERS:

Brian Court, Gerry Smith, Chris Andrew

OFFICE SECRETARIAT:

Judy Grimwood

RESIDENTIAL CENTRES:

Stubbers Adventure Centre, Ockendon Road,

Upminster, Essex RM14 2TY

Tel/Fax 01708 224753

The High Row Centre, Hesket, Newmarket, Wigton CA7 8JT

Tel: 01245 264783 Fax: 01245 264626

ESSEX ASSOCIATION OF BOYS' CLUBS

Alma A.B.C. Ashingdon Boys' F.C. Ashingdon Boys' F.C. Basildon Boys' Club Belhus Cricket Club Belhus Park A.B.C. Berry Boys' Club Billericay Boys' Club Billericay Cricket Club Blackgate Sports Club Blackgate Sports Club Boreham Y.C. Bradwell on Sea Y.C. Brentwood Boys' F.C. Brentwood Boys' F.C. Burnham Y.C. Canvey Boys' Club Centre Place Y.C.

Chadwell & Corringham ABC Chalvedon Boys' A.B.C. Chelmer Village Y. C. Chelmsford A.B.C Chelmsford Boys' Club Chesterford Youth Club

Chrishall Y.C. Clacton C.S.E. Club 2K

Colchester A.B.C. Colchester ATC 308 Squadron Colne Valley ATC 1163 Squadron

Concord Rangers F.C. County Park F.C. Cornish Hall End Y.C. Croft Youth Centre Dunmow Rhodes F.C. Emerald Express Showband Finchingfield Youth Group Five Star Youth Club Footprints Community Group

4 Youth Halstead Boxing & Martial Arts Club Hannakins Farm F.C.

Harlow A.B.C. Harwich A.B.C.

Havering Marching Militaire

Havering Wenture Motorvations
Heybridge Y.C.
High Easter Y.C.
Hornchurch Elm Park & District A.B.C.

Ingatestone Boys' Own Club Island Boys' Club Last Resort Youth Group

Lazer F.C.
Legacy Trust (Benfleet)
Legacy XS
Lifstan Boys' Club
Linford Wanderers F.C.

Maldon Town Youth F.C. Maldon Activity Centre Maplestead Y.C. Maplestead Y.C. Millhouse Boys' F.C. North Avenue Y.C Northlands Park Y.C Ongar Boys' Club 'Out There' P.A.C.T. Parish Fields Y.C. Pebmarsh Y.C. Pilots U.R.C.

Radwinter Y.C. Rayleigh Mill A.B.C. ROYALS Roydon Y.C. Saffron Walden A.C.F. Sampfords Y.C Sewards End Y.C. Silver End Youth F.C. S-Kape Youth Centre Southend A.B.C Stanstead Youth 2000 Stambridge Y.C. St. Clere's D.O.E. St. Joseph's Y.C. Thaxted Youth Centre

Tilbury Dockers A.B.C. Tiptree Youth Centre Toppesfield Youth Club Trekkers Wickham St. Pauls Y.C. Wickford Town Youth F.C.

Wivenhoe Youth Centre

STUBBERS MANAGER: Bob Edwards



Essex Association of Boys' Clubs

The County Organisation of National Association of Clubs for Young People (Incorporated by Royal Charter)

Harway House, Rectory Lane, Chelmsford, Essex CM1 1RQ

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