

ESSEX BOYS AND GIRLS CLUBS

Working with voluntary youth clubs to support young people to realise their potential

ANNUAL REVIEW 2015/16



**WHEN WAS THE LAST TIME
YOU DID SOMETHING
FOR THE
FIRST TIME?**



CHAIRMAN'S REPORT

Our aim is to attract young people from all walks of life and with every different ability you can imagine to join with us to do something new to them which challenges their ability and dares them to do things that they have never done before.

Everyone is different and everyone is therefore tested by different things. Some challenge themselves by sleeping overnight in a mountain snowhole, others regard their ultimate achievement to be scoring four runs off the fastest bowler they have ever faced, and still more find challenge in baking their first cake.

We at EBGC seek to offer as many varied challenges for young people as we possibly can. These include the more obvious sporting events through to the outward bound (rain, mountains, tents, soggy food) to more sedentary skills (you too can land a 15lb pike) and cerebral challenges such as delivering a speech to a large gathering of people.

We believe that encouraging young people to explore new experiences, discover new activities that they enjoy and leave their comfort zones has a beneficial effect on their character development, making them proud of themselves, giving them greater confidence and inspiring them to achieve their desired goals in life.

We try to focus all our work towards young people improving their life, their work, their ability to cope with their lives and thereby their happiness. We can always do better:- help more young people, provide more varied experiences and create greater challenges for those who have found their activity about which they are passionate. We promise to do better each and every year.

I believe that the network boasts a first class team of voluntary Club Leaders, youthworkers and support staff who give so much of their time and energy to the young people of Essex. I thank them all for their past efforts and exhort them to advance our aims in the future.

Our sincere thanks go to those who so loyally and generously support our work, with funding and time. It is a source of inspiration to know that we enter another year with so much goodwill.

Jonathan Douglas-Hughes, OBE DL

U19 Pool Champion Tom Prince (left) and Runner Up Dan Templeman (right), both members of Chelmsford Boys Club.



DIRECTOR'S REPORT

In my view, challenge is essential to the growth and development of everything and everyone. That's why, for the last ten years, I have led a team to Scotland to develop practical mountaineering skills. A typical Scottish winter mountain day is cold, windy, snowy, long and tiring and yes, a real challenge!

Throughout this review you will see and hear about young people, club leaders and our own staff taking part in challenging activities. Testing their own capabilities, they discover what they are able to achieve when the unachievable looks impossible; making them stronger, more resilient individuals.

In the last 12 months EBGC has expanded as an organisation, increasing the resilience of our network. We have more clubs affiliated than ever before, due partly to the sheer breadth of our programme of activities for young people to gain new experiences and skills.

There never seem to be enough superlatives to express the contribution of the volunteers who work in our clubs. Many of our own volunteer trustees have been with us for over twenty years, but that's just the blink of an eye compared

to the commitment of some of our volunteers in clubs, many of whom have given forty, fifty, sixty and in exceptional cases seventy years of service.

Our staff work hard to support our member clubs, with thanks to funding from BIG Lottery, Sport England, The Jack Petchey Foundation, Essex Youth Trust, Essex Community Foundation to name a few.

Alongside our club work is our additional programme, including the National Citizen Service (NCS) and Respect Project, both of which have more than doubled in the last year thanks to strong partnerships and consistent delivery. The latter is generously matchfunded by the Four Acre Trust.

In 2015 we added the High Row freehold to compliment that of Maes Y Lade and Stubbers Adventure Centre, the mainstay of our activities since we took it on over 20 years ago. This trio ensures that adventure activity plays a significant role in our work with young people in perpetuity.

I want to say thank you to everyone who has, over the last 12 months, contributed to making EBGC the

organisation it is today. However large or small your contribution is, and in whatever form it takes we are all most appreciative because we are nothing without it. Hopefully this will come across as you turn the pages of this review.

Finally we are always open to ideas and change so please contact us if you think we are missing something, which I have no doubt we are. Whether this is in relation to your club, our programme, or you just think young people will benefit from us doing it!

Many thanks for the last year and we are all looking forward to 2016/17.

Martin Solder | Director

Martin tackles a 300 metre drop in horizontal snow during our annual Winter Skills Training Course in Scotland.

The 2017 Winter Skills course will run from 25th February to 3rd March and is open to club members and volunteers aged 16+.



IF IT DOESN'T CHALLENGE YOU
IT DOESN'T CHANGE YOU



THE EBGC CLUB NETWORK IN 2015 CONSISTED OF 143 AFFILIATED CLUBS ACROSS ESSEX, LONDON & BEYOND

Clubs affiliate to access support, activities, events and to be part of a supportive network of likeminded people.

Every club is autonomous and no two clubs run to the same pattern. The driving force in each case comes from the leaders, managers and young people themselves.

EBGC exists to help the clubs to run sustainably, long into the future, by working in partnership with them. Club visits are key to building the strong relationships with club volunteers and young people that ensure we are running activities and events that the network wants and needs.

In 2015 we were lucky to be able to support clubs by offering youthwork directly in club venues. This was largely thanks to funding from the BIG Lottery, Sport England, the Jack Petchey Foundation and the Link-ed Mike Williamson Memorial Fund via Essex Community Foundation.

A to Z of affiliated clubs

2nd Upminster Scouts
4 Youth Brightlingsea
452 Hornchurch RAF Cadets
Abberton and Langenhoe Community YC
Ab Phab
Alma Amateur Boxing Club
Alresford Youth Projects
Arena Judo Club
The Ashdon Hang Out
Ashingdon Youth Football Club
Attleborough Youth Boxing Club
Aveley Village Community Forum
Bancroft Lions Cricket Club
Basildon Boys Club
Belhus Cricket Club
Bergholt Youth Group
Berry Amateur Boxing Club
Bexley Amateur Boxing Club
Billericay and Wickford Boxing Club
Billericay Cricket Club
Black Dragon Judo Club
Blackmore Youth Club
Blackwater Judo Club (Maldon)
Bockings Elm Youth Club
Bodyshots Boxing Club
Braintree Youth Project Charity
Brentwood AFC
Brentwood Eels Rugby League Club
Brentwood Youth Boxing Club
Canvey Boys Club
Canvey Island YFC
Centurions Amateur Boxing Club
Chadwell St Mary Amateur Boxing Club
Chalvedon ABC
Chelmer Village Youth Club
Chelmsford Amateur Boxing Club
Chelmsford Volunteer Police Cadets
Chelmsford Boys' Club
Chelmsford Ice Hockey Academy
Colchester Amateur Boxing Club
Colin McMillan Boxing Training Academy



College of St Mark's Audley End
Colne Engaine Youth Club
Colne Valley ATC 1163 Sqn
Crown and Manor Club
Dagenham (Police & Community) BC
Da Latchingdon Club
Eastern Rhinos Rugby League Club
Essex Marching Corps
Essex University Amateur Boxing Club
Fairbairn Amateur Boxing Club
Fenland Sparta ABC
Finchley and District ABC
Five Star Youth
Flitch Green Youth Club
Frenford Clubs
Gateway Amateur Boxing Club
Gator Amateur Boxing Club
Goldie Youth Group
Great Bromley & District Cricket Club
Gt Bardfield Youth Club



Gt Bentley Youth Club
 Gt Chesterford Youth Club
 Gt Tey Youth Activity Club
 Gt. Yeldham YC
 Haddenham and Ely ABC
 H.E.L.P.
 Halstead Colts CC
 Halstead Senior Members Club
 Harlow Amateur Boxing Club
 Harrow and District ABC
 Harwich Amateur Boxing Club
 Heddingham Youth Club
 Helions Bumpstead Youth Club
 Hindu Samaj Basildon District
 Hoddesdon Boxing Academy
 Holland Park Amateur Boxing Club
 Holland Shore Amateur Boxing Club
 Hooks Boxing ABC
 Hornchurch and Elm Park ABC
 Ingatestone Boys' Own Club

Ippon Judo Club
 Island Boys & Girls Football Club
 Islington Boxing Club
 Lifstan Boys' Club
 Lion Club for Young People
 Linford Wanderers Football & Sports Club
 Loughton Cricket Club
 Loughton Youth Project (pictured above)
 Lynn AC Boxing Club
 Maldon Cricket Club
 Maldon & Tiptree Youth Football Club
 The Massive Project
 Mayland Amateur Boxing Club
 Mersea Island Judo Club
 Nemesis
 Newham Amateur Boxing Club
 Newham Dockers Rugby League Club
 Newport Youth Club
 North Avenue Youth Club
 Northolt ABC

Orsett Cricket Club
 OUT THERE
 Peterborough Police Boxing Club
 Pitstop (Canvey Island Youth Project)
 Poplar Boys' and Girls Club
 Prospects United Football Club
 PROSPEX
 Rayleigh Amateur Boxing Club
 Rayne Boxing Club
 Repton Boys Club
 Restore Youth
 Romford Boxing Club
 Roxwell Youth Group
 Royals Youth Centre
 Sampfords Youth Club
 SNAC Youth Club
 Southend Amateur Boxing Club
 Southend Spartans Rugby League Club
 St Annes Youth Club
 St Cedds Youth Club
 St Helens Youth Group
 St Josephs Youth Club
 St Pancras Boxing Club
 Stansted Hall & Elsenham Cricket Club
 Stansted YC
 Sudbury ABC
 Sycamore Trust
 Takeley Youth Club
 Thaxted Rangers Football Club
 Thaxted Youth Group
 The Academy Luton
 Theydon Youth
 Tilbury Dockers Amateur Boxing Club
 Tiptree Community Youth Group
 Trinity Family Centre
 Upminster Cricket Club
 Vange and Pitsea Amateur Boxing Club
 WAY2000
 Wickford Town Football Club
 Wix Youth Club
 Woodham Radars Football Club
 Woodham Swimming Club

A SENSE OF BELONGING

JOIN A CLUB & BECOME PART OF SOMETHING

"2015 was a truly positive year for the club. With EBGC's support the club were able to reopen a junior session and since then their membership has more than tripled.

The young people were given the opportunity to take part in challenging and exciting activities such as the Jailbreak and The Essex Adventure Weekend as well as in-house sessions such as the Changing Young Attitudes Programme.

NAYC is full of achievement, with young people collecting their Bronze Duke of Edinburgh Awards, Essex Youth Certificate, Essex Youth Award and Commitment Award. Certificates were presented to the young people by the High Sheriff of Essex in December 2015 during a well-attended celebration event at the club. There were 27 awards presented in total!"

Club Leader, North Avenue Youth Club

"NAYC means a lot to me they have always been there when I need them. I know if I ever want someone to talk to someone would listen. The atmosphere there is so relaxed and friendly".

Member, North Avenue Youth Club

"NAYC provides a friendly environment for the young people to flourish in, whether its organising events, taking part in activities or helping others at the club".

Volunteer, North Avenue Youth Club



North Avenue Youth Club member Roman Barker (aged 14) accepts an award for commitment to the club from The High Sheriff of Essex, Mr Vincent Thompson



TOGETHER WE ARE STRONGER

**WE CANNOT ALWAYS BUILD THE FUTURE FOR OUR YOUTH,
BUT WE CAN BUILD OUR YOUTH FOR THE FUTURE ~ FRANKLIN D. ROOSEVELT**



ACTIVITIES IN THE EBGC NETWORK IN 2015

FOR VOLUNTEERS

BEST PRACTICE ADVICE
CLUB DEVELOPMENT
COMMUNITY LINKING
COMMITTEE MANAGEMENT
DBS CHECKS
FIRST AID TRAINING
FUNDRAISING WORKSHOPS
GAMES DELIVERY
INTER-CLUB VISITS
LEADERSHIP TRAINING
MOUNTAIN SKILLS
NETWORKING EVENTS
PARTNERSHIP BUILDING
PR WORKSHOPS
RESIDENTIAL TRAINING
REPRESENTATION & ADVOCACY
SAFEGUARDING TRAINING
SESSION PLANNING
SETTING UP A CLUB
VENUE MANAGEMENT
VOLUNTEER RECRUITMENT
YOUNG LEADER TRAINING
YOUTHWORK TRAINING

FOR YOUNG PEOPLE

ANGER MANAGEMENT
ANGLING
ARCHERY
ARTS & CRAFTS
ASDAN AWARDS
BASKETBALL
BOCCIA
BOXING
BUDGETING
BUSHCRAFT
CANOEING
CAVING
CITIZENSHIP
CLAY PIGEON SHOOTING
CLIMBING
CODING & COMPUTING
COMMUNITY INTRODUCTIONS
COMPETITIONS
COOKERY
COUNSELLING
CRICKET
CROSS COUNTRY
CV-WRITING
CYCLING
DANCING
DAY TRIPS
DODGEBALL
DRUG & ALCOHOL AWARENESS
DUKE OF EDINBURGH AWARD
EVENT PLANNING
EXPEDITION PLANNING

FIRST AID
FITNESS
FOOTBALL
FUNDRAISING
GORGE-WALKING
HEALTHY LIVING
HIKING
ICE HOCKEY
IN-LINE HOCKEY
INTER-CLUB COMPETITIONS
INTERNET USE & SAFETY
INTRODUCTION TO CHARITIES
JOB INTERVIEW TRAINING
JOHN MUIR AWARD
JUDO
KAYAKING
LANGUAGES
LASER TAG
LEADERSHIP TRAINING
LEAVE NO TRACE PRINCIPLES
LITERACY SKILLS
MANAGING PEER PRESSURE
MAP-READING
MEDIA SKILLS
MENTAL HEALTH SUPPORT
MOUNTAIN BIKING
MOUNTAIN SKILLS
MUSICAL EDUCATION
NATIONAL COMPETITIONS
NETWORKING SKILLS
NUMERACY SKILLS

OUTDOOR ADVENTURE
OVERSEAS EXPEDITIONS
POOL
QUALIFICATIONS
RADIO & PODCASTING SKILLS
RESIDENTIAL TRIPS
RIFLE SHOOTING
ROAD SAFETY
ROLLERSKATING
ROUNDERS
RUGBY
SEXUAL HEALTH
SHELTER BUILDING
SOCIAL ACTION
SOCIAL EVENINGS
SOCIAL MEDIA
SPECIAL NEEDS ADVICE
SPORTS COACHING
SPORTS COMPETITIONS
SWIMMING
SURVIVAL SKILLS
TABLE TENNIS
TABLE & TRADITIONAL GAMES
TEAM GAMES
TEAMWORK SKILLS
TRIP PLANNING
BODY LANGUAGE
VOLUNTEERING
WINTER MOUNTAIN SKILLS
YOUTH COMMITTEES
ZUMBA

EVENT RESULTS 2015

Matchroom Trophy

Awarded to the Club that helped itself the most in 2015:
Wickford Town Football Club

Kaylance Trophy

Awarded to the Club with highest attendance at EBGC events in 2015: **Linford Wanderers Football Club**

Air Rifle Shooting Championships 2015

U14 Team Winner: Sampfords Youth Club and
4 Youth Brightlingsea
U16 Team Winner: Sampfords Youth Club
U16 Team R-Up: 4 Youth Brightlingsea
U14 Top Gun: Harry Wills (4 Youth Brightlingsea)
U16 Top Gun: Austin Domin (Sampfords Youth Club)

Christmas Card Competition 2015

Winners: Daniel Lees (Ab Phab YC)

County Pool Championships 2015

U12 Winner: Luke McGee (IBOC)
U16 Winner: Luke Robinson (Halstead CC)
U19 Winner: Tom Prince (Chelmsford BC)

Easter Cup 2015

Winner: Mayland Amateur Boxing Club

Football 5-a-side Championships 2015

U12 Winner: Linford Wanderers FC Team 1
U12 R-Up: Linford Wanderers FC Team 2
U14 Winner: Crown & Manor Boys Club
U14 R-Up: Wickford Town FC
U16 Winner: Crown & Manor Boys Club
U16 R-Up: St Cedds Youth Club

Night Exercise 2015

Winner: Gt Tey YAC
R-Up: Linford Wanderers FC

Laser Tag Competition 2015

Winner: Wickford Town FC Alpha Team
R-Up: St Joseph's Youth Club

Table Tennis Championships 2015:

U12 Winner: Josh Wright (Ingatstone BOC)
U12 R-Up: Luke McGee (Ingatstone BOC)
U14 Winner: Kevin Hadjic (Frenford Clubs)
U14 R-Up: Ross Aldrin (St Cedds YC)
U16 Winner: Ceyhan Rauf (St Cedds YC)
U16 R-Up: Ryan McGee (Ingatstone BOC)
U19 Winner: Matthew Watson (St Cedds YC)
U19 R-Up: David Oliveira (Frenford Clubs)

Cross Country Championships 2015/16

U11 Boys Team Linford Wanderers FC
U11 Boys 1st Jensen Hurrell (Linford Wanderers FC)
U11 Boys 2nd Stanley Humm (Rayne ABC)
U11 Boys 3rd Sam Sainsbury (Rayne ABC)
U11 Girls Team Centurions ABC
U11 Girls 1st Kinsey Lowe (Linford Wanderers FC)
U11 Girls 2nd Amy Biggs (Centurions ABC)
U11 Girls 3rd Ellie Worster (Centurions ABC)
U13 Boys Team Berry Boys ABC
U13 Boys 1st Finley Lowe (Linford Wanderers FC)
U13 Boys 2nd Tyler Wiltshire (Rayne ABC)
U13 Boys 3rd Shay Norman (Berry ABC)
U13 Girls Team *no entries*
U13 Girls 1st Amelia Ward (Rayne ABC)
U15 Boys Team Linford Wanderers FC
U15 Boys 1st Henry Willett (Linford Wanderers FC)
U15 Boys 2nd Jay Edwards (Crown & Manor BC)
U15 Boys 3rd Billy Forbes (Berry ABC)
U15 Girls Team Centurions ABC
U15 Girls 1st Hannah Mortimer (Rayne ABC)
U15 Girls 2nd Danielle Kemp (Linford Wanderers FC)
U17 Boys Team Crown & Manor Boys Club
U17 Boys 1st Brandon White (Crown & Manor BC)
U17 Boys 2nd Liam Worster (Centurions ABC)
U17 Boys 3rd Jayden Lawani (Crown & Manor BC)
U17 Girls *no entries*

Skippping Championship 2015

Winner: Johnny Delaney (Rayne ABC)

Great EBGC Bake Off 2015

Best Individual Showstopper:

Sophie Jackson (North Avenue Youth Club)

Best Team Showstopper: Linford Wanderers FC

EBGC Star Baker & Overall Showstopper: Way2000

Creative Cookery Games: Loughton Youth Project

100 Mile Canoe Test 2015 participants

Chelmsford Police Cadets: Katie Masters
Colne Engaine Youth Club: Lily Knightley
Out There: Luke Doell

Live & Louder 2015 performers

Aveley Youth Club: Anna-Marie Childs, Denise, Favour,
Kelsey Newman **Blackmore Youth Club:** Juliet Ware

Adventure Weekend - attending clubs

Aveley Youth Club, Bancroft Lions Cricket Club, Berry ABC, Braintree Youth Project Charity, Brandon Carrside Youth & Community Project, Chelmer Village Youth Club, Colne Engaine Youth Club, EBGC V Team, Flitch Green Youth Club, Great Bardfield Youth Club, Gt Tey Youth Activity Club, Ingatstone Boys Own Club, Llwynypia Boys & Girls Clubs, North Avenue Youth Club, Nottinghamshire Clubs for Young People, PROSPEX, Rayne Amateur Boxing Club, Roxwell Youth Group, Screamin' Wheels Manchester, SNAC, St Anne's Youth Club, Takeley Youth Club, Thaxted Youth Club, Theydon Bois Youth Club, Wendens Ambo Youth Club, Wickford Town Football Club

Essex Jailbreak 2015

Furthest distance by any means and

Greatest Sponsorship Raised: Colne Engaine War Memorial Committee (1,466 miles to Helles Memorial, Turkey). **Furthest distance unpowered:** The Chain Gang (28miles). **Furthest distance within the UK:** Hill & Abbott Legal Eagles (370miles to Balmamore, Northern Ireland).

Best effort by an affiliated youth club: Loughton Youth Project.

Best Fancy Dress, judged by the Deputy

Police Crime Commissioner for Essex: Kailily. **Most**

Bizarre Aim: Braintree Youth Project Charity staff & volunteers (hunt for Shaun the Sheep). **Highest Heights:** Chelmsford Cathedral Youth Group 53a (1,308 feet).

Lowest Lows: Team Scuba (18metres). **Most Forms of Transport & Best Photo of the Day:** Zeros to Heroes (18 forms of transport).

The RANK Outdoor Challenge 2015

Fastest Overall Triathlete: Rob Sabin

Fastest Swim: Martin Solder

Fastest Trek: Tony Wakeling

Fastest Cycle: Rob Sabin

**I REALLY REGRET THAT ADVENTURE...
SAID NO ONE, EVER**



DISCIPLINE + COURAGE =

The National Association of Boys and Girls Clubs Amateur Boxing Championships returned after a one-year absence from the boxing calendar. EBGC was an integral part of rekindling the flame to ensure they returned in 2015 with over 697 entrants across the UK. The championships bring lots of attention to the positives of boxing for young people and the good work that Boys and Girls Clubs can do in communities. For the first time ever the Championships included Female categories.

NABC London and Anglian Regional Champions 2015

Class A - Boys

U46Kg - **Bobby Gurr** - Holland Park ABC
U50kg - **Kane Bassi** - Gator ABC
U54Kg - **Brandon Caton** - Holland Park ABC
U63Kg - **Alex O' Halloran** - Five Star ABC
U75Kg - **Johnny Buckland** - Holland Park ABC

Class B - Boys

U50kg - **Shiloh Defreitas** - Repton Boys Club
U52Kg - **David Joyce** - Hornchurch & Elm Park ABC
U54Kg - **Ryan Ducker** - Chatteris ABC
U57Kg - **Sonny Ali** - Five Star ABC
U60Kg - **Mohammed Sheeraz** - Five Star ABC
U63Kg - **Regan Waller** - Five Star ABC
U66Kg - **Harry Cornwell** - Billericay & Wickford ABC
U70Kg - **Reegan Lazenby** - March ABC

Class C - Boys

U49kg - **Nathan Brown** - Hooks ABC
U56Kg - **Wasif Ahmad** - Southend ABC
U64kg - **Elliot Whale** - Nemesis ABC
U69kg - **Inder Bassi** - Gator ABC
U75kg - **Billy Underwood** - Lion ABC

NABC National Finalists 2015 (also Regional Champions)

Class A - Boys

U46kg - **Aaron Lawrence** - Fairbairn ABC
U50kg - **Klaydon Meade** - Chadwell St Mary ABC
U52kg - **Rio Emmins** - Billericay & Wickford ABC
U63kg - **Tony O'Driscoll** - West Ham Boys Club

Class A - Girls

U57kg - **Kariss Barwick** - Billericay & Wickford ABC
U63kg - **Alana Atkins** - Chadwell St Mary ABC

Class B - Boys

U60kg - **Michael Hennesey** - Bodyshots ABC
U63kg - **James Hawley** - Bodyshots ABC
U75kg - **Taylor Barnard** - Newham ABC

Class C - Boys

U52kg - **James McDonagh** - Northolt ABC
U91kg - **Joe Giles** - Billericay & Wickford ABC

Class C - Girls

U69kg - **Jessica Lelliot** - Billericay & Wickford ABC

NABC National Champions 2015

Class A - Boys

U48kg - **Jimmy Sains** - Newham ABC
U54kg - **Henry Turner** - Repton Boys Club
U57kg - **Francie McDonagh** - Hooks ABC

Class A - Girls

U63kg - **Harli Whithall** - St Ives ABC

Class B - Boys

U48kg - **Kieran Desmond** - Gateway ABC
U54kg - **Edward Barrett** - Hooks ABC
U57kg - **Johnny Hanrahan** - Repton Boys Club
Over 80kg - **Ryan Butler** - Berry Boys Club

Class B - Girls

U63kg - **Patsy Smith** - March ABC

Class C - Boys

U49kg - **Nathan Brown** - Hooks ABC
U56kg - **Michael Chalk** - Repton Boys Club
U75kg - **Lewis Richardson** - Centurions ABC



Throughout the year our boxing clubs train young people, teaching boxing and fitness alongside life skills.

In 2015 EBGC continued to encourage the sport, bringing boxing clubs together with youth clubs for taster sessions and training. We also worked with England Boxing to run Boxing Tutor courses in Essex and East London, teaching the next generation of coaches.



GOOD SPORTS IN TRAINING

The EBGC Representative Sports Squads go beyond their sport. We work with the diverse members of our grassroots cricket clubs and youth clubs who make up our Representative Football and Cricket squads to give them personal development opportunities.

Alongside first-class coaching and fixtures against top cricketing schools and premiership football academies, our squads experience a program of activities designed to help them develop into well-rounded young citizens.

Pictured here the U16 Football Squad celebrate during the four-county tournament that is incorporated into the annual tour of the North of England.

Opposite the U18 Cricket Squad works on their communication skills during a team-building weekend in Wales.

The U18 Squad are on a two year program in preparation for a cricketing tour of Barbados in 2016, kindly supported by Impex Management.





U16 Rep Football Squad 2015/16

Crown & Manor Boys Club: Chicaine Bromfield, **Linford Wanderers FC:** Maeson Harding, Adons Dilolu, Abid Ali, Arber Durmisni, **North Avenue Youth Club:** Craig McLaren, **Thaxted Rangers YFC:** Sam Graveling, Jack Major, John McCabe, Callum Chapman, **Wickford Town FC:** Josh Hudson, Robert Lodge, Ryan Dunn, George Neller, Charlie Matfield.

Graham Dady Trophy 2014

For performance, sportsmanship and commitment as a member of the Representative Football Squad:
Liam Smith (Prospects United Football Club).

U12 Rep Cricket Squad 2015/16

Bancroft Lions CC: Henry Edmonds, O'dane Giddings, Nathan Campbell-Miller. **Belhus CC:** Joe Smith, Thomas Anderson, Kaewan Casey, Alex Blake. **Frenford Clubs:** Abdullah Mir, Dhruv Talati, Faizel Gani, Sahil Rathi, Kian Patel, Abdul Gani, Umer Khalid, Ashwin Sharma. **Loughton CC:** Isaac Jacobs, Louie Blank, Aditya Singh, Teddy Gipson.

U14 Rep Cricket Squad 2015/16

Bancroft Lions CC: George Copeland, Stan Greenleaf, Ethan Bell. **Belhus CC:** Bradley Bunce, Liam Waters, Billy Manley, Lewis Young, Hayden Squelch. **Frenford Clubs:** Umer Imtiaz, Muhammad Ibrahim Shoaib, Oasim Nawaz. **Gestingthorpe CC:** Jack Prior, Charlie Gardiner, Lucas Roper, Charlie Bayly, Ben Bayly. **Hainult & Clayhall CC:** Ahmed Zulfigar. **Loughton CC:** Osman Choudhry, Uzair Ahmed, Bilaal Anwar, Zain Latif. **Oakfield Parkonians CC:** Ryan Karunakaran, **Upminster CC:** Kiran Singh Kullar.

U18 Development Cricket Squad 2014-16

Billericay CC: Jon Earl, Alfie Cobden. **Frenford Clubs:** Daniel Mahmood, Jamal Ahmed, Itisham Mir, Baj Purenal, Sagar Joshi. **Halstead CC:** Luke Robinson, **Loughton CC:** Waj Bukhari, Umer Choudhry, Neil Jani, **Maldon CC:** Max Bryant, Reece Bawden, **Upminster CC:** Frankie Hazel, Max Carter-Miller, Will Chuter.



THE RESPECT PROJECT FOR DISENGAGED STUDENTS

In 2015 we ran six Respect Projects in Essex, reaching 270 13-15yr olds and including a successful pilot for year 10 students.

Our sincere thanks go to the many partner schools, agencies & funders who continue to support this project.



RESPECT: LEON'S STORY

The following speech was read by Leon Greer, a Respect Project participant, in front of dignitaries, family, teachers and friends at a presentation evening in Braintree Town Council Chambers.



"I am going to talk about my experience with the Respect Project.

Now, you're probably thinking that all we did at Lake District was climb a few hills and slept in tents. But it was so much more. When we were in the Lake District, we became friends with people who we wouldn't normally become friends with, we socialized with each other and towards the end; it felt as if we were one big family.

When we did go out and climb the hills and sleep in a tent, we all became one big team, and even the most independent person joined in to help overcome tough challenges.

We didn't just use teamwork out on the hills though, we also used this skill to do simpler things like setting the table up for dinner, and cleaning up after.

Throughout the week, we gradually grew in confidence as well. This helped us to find ourselves and express this towards others throughout the trip, and back at home.

Some people may have had a big change in confidence, or a small change in confidence, but every one of us has grown in confidence.

Before the Lake District, I probably wouldn't have been able to stand here and give this speech.

But the Lake District wasn't the only thing that helped us boost in certain skills. The Tuesday evening sessions (pictured opposite) were also a big help.

On our last session, before the trip, we spoke about comfort zones, which was helpful for me as I realized that I wasn't the only one that had certain fears, so when we were on the hills, I wasn't worried about being the only one scared of heights.

We also did many other sessions, which prepared us for the future or even the present. They were about topics like drugs and alcohol, peer pressure, communication, and much more. These sessions helped different people in different ways."

Leon was just one of a group of 14-15 year olds who together undertook a tremendous personal journey on this project. Each individual developed self-confidence and despite having come from two schools became one group of friends.

LOG OFF & GO OUTSIDE

OUR OUTDOOR ADVENTURE CENTRES

"It was nice to have no signal on our phones, we didn't have to worry about social media and it meant we weren't distracted from what we were doing. I didn't think it would be nice, but it was good to chat and get to know people."



STUBBERS

UPMINSTER, HAVERING, LONDON

In the run up to its 20th anniversary year Stubbers hosted around 40,000 activity visits for young people from all over the country, under the long-standing management of Bob Edwards.

EBGC's close association with Stubbers, as part of the same group of charities, ensured a hugely successful set of Activity Days and the Essex Adventure Weekend for member clubs.

EBGC's residential phases of NCS were also held at Stubbers, continuing the two charity's close working partnership.



MAES Y LADE

BRECON BEACONS, WALES

Since taking on the centre in 2014 we have steadily regenerated the buildings, equipment and customer base.

In 2015, 979 young people enjoyed adventurous residential experiences at Maes y Lade, not to mention the club and school leaders who enjoyed the range of activities and praised the simplicity of organising trips with us.

2016 bookings anticipate double these numbers as the centre's growth and popularity continues under the careful management of David Hassard.



HIGH ROW

LAKE DISTRICT, CUMBRIA

After 12 years of use, in 2015 we were thrilled to be in a position to buy the freehold of this ex-youth hostel.

Since 2003 the High Row Centre has hosted thousands of young people and their clubs or projects, making the mountains, lakes and adventures of the region accessible to many who are more comfortable in urban environments.

The EBGC minibuses are a regular sight on local roads and many of the staff and volunteers know the local area like the backs of their hands.





The volunteers pictured here at the Essex Adventure Weekend include Senior Members from our network of youth clubs, alongside graduates from our Respect Project and from our National Citizen Service program. Together they are all members of the EBGC VTeam.

#ebgcvteam



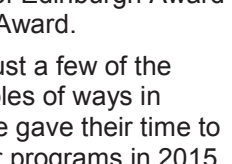
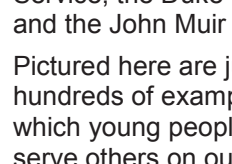
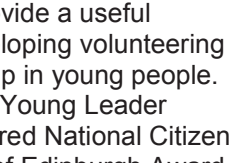
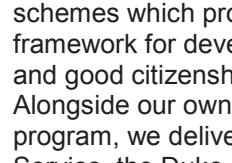
CITIZENSHIP & COMMUNITY



Volunteering and a sense of community is at the core of our work with youth clubs to develop young people into well-rounded citizens.

In 2015 we continued to deliver schemes which provide a useful framework for developing volunteering and good citizenship in young people. Alongside our own Young Leader program, we delivered National Citizen Service, the Duke of Edinburgh Award and the John Muir Award.

Pictured here are just a few of the hundreds of examples of ways in which young people gave their time to serve others on our programs in 2015.



OUR FRIENDS IN...

...NEPAL

Since 1979 we have been taking groups of young people to the remote mountain village of Barpak in Nepal. Over the years our groups' fundraising and volunteering efforts have supported the village to develop.

On Saturday 25th April 2015 a powerful earthquake hit Nepal. Thousands died, and thousands more were injured and made homeless. Those young people who had been on our trips will know Durbar Square in Kathmandu, a world heritage site, which was reduced to rubble.

The epicentre of the earthquake was just 5 miles from Barpak. 90% of the village was destroyed and many were dead. The football pitch that we had helped to build was used to set up temporary shelters for families and as a landing site for aid helicopters.

The people of Nepal have welcomed and inspired our young people throughout the years, so we set up a campaign to support them. We were already in the process of planning our Summer trip to Barpak and quickly refocused it around what we could do for the local people.

We collected 14 large sacks of tents, tarpaulins, tents, sleeping bags, clothes and baby blankets, and almost £3,500 which was all distributed to the villagers of Barpak by our young people during their visit.



"I think the experience for me is definitely going to make me think on how I look on life a lot more. I thought I had problems with everything going on in my personal life at the moment but the villagers in Barpak have gone to hell and back and they don't even show it!"



Nepal 2015 participants:

Bergholt Youth Group: Katie Pullen,
Ingatstone Boys' Own Club: Chris Berry,
Ryan McGee, **Sampfords Youth Club:** Alfie Cole,
Ollie Smith, **NCS Graduates:** Rachel VanderVaart,
Shannon Hobbs, Kayleigh Youé, Thalia Youé,
Lewis Graham, **EBGC Supporter:** Molly Wakeling.

A huge thank you to volunteers Mickey Gordon and Kate Lord and of course the people of Barpak.



...AMERICA

A nomination for the America Challenge should be regarded as one of the highest honours a Club Leader can award to a Senior Member.

It is granted only to Senior Members who, in the opinion of the Club Leaders, are considered to be outstanding club members with a high degree of leadership and a sense of service.

The Challenge enables Senior Members to gain experience of different approaches to youth work and attitudes to the outdoors, with the task to spread the message to other young people.

In 2015 we took a physically strong team of individuals who each proved that they deserved their place on the trip, representing their clubs well.

America 2015 participants:

Out There: Luke Doell, **Islands Boys & Girls FC:** Amber Amey, Ellie Clark, **Linford Wanderers Football & Social Club:** Lauren Springham, **Screamin' Wheels:** Simon Holt, **EBGC V Team:** Callum Alexander.



"This experience has made me realise how much my club means to me. I have been at Linford Wanderers since I was 7 years old and now I am a leader at 19 years old and it will continue."



A huge thank you to volunteer Graham Brandwood and to our partners including: National Association of Boys & Girls Clubs UK, Boys and Girls Clubs of Greater Manchester, The John Muir Trust, The Appalachian Trail Conservancy, Boys & Girls Clubs of America, Boys & Girls Clubs of the Tennessee Valley, Boys & Girls Club of the Smoky Mountains, Gt. Smoky Mountains National Park, National Park Service and our Trail Angel Neil Fischer.

TREASURER'S REPORT

2015 has seen another strong year of revenue growth.

The National Citizen Service has now become a significant part of our programme. We deliver it very cost effectively using our own staff, venues and long standing Partners and the contribution this and all our other projects made to our reserves in 2014 has enabled us to add the freehold of High Row this year to our investment in premises that will ensure our ability to deliver a wide range of residential based outdoor activities long into the future.

Our role in the recruiting of participants in the NCS programme has changed, in that our prime contractor, for the next 3 years, will manage the recruitment themselves rather than contract us and Essex County Council to drive this in Essex. We are gearing ourselves up to scale down our financial expectations as a consequence, at the same time as we lobby strongly to ensure this project engages as many young people as possible. We are working to ensure that we shall remain the principal deliverers of NCS in Essex for the foreseeable future and this will enable us to address, very positively, ways in which EBGC and Stubbers can continue to expand activities in pursuit of their charitable objectives.

But it is not all about NCS. All of our core work continues to grow; our Respect Projects received a huge boost in 2015 from funding provided by the Four Acre Trust. Our Big Lottery funded project to reach out to rural areas is storming ahead and our sports programme through support from Sport England and the Jack Petchey Foundation is going from strength to strength as are numerous other smaller initiatives to engage with young people throughout Essex and beyond.

Young Leader development programmes benefited from successful expeditions to both America and Nepal in addition to our regular activities. Our Apprentice Training programme is also thriving thanks to the generous support from the Essex Youth Trust. Our bursary fund for away residentials for member clubs remains intact and available. All this means that our affiliated clubs increase in number, supported by a varied and expanding range of activities.

The price for all this activity is a rising payroll and escalating delivery costs. Core Fund expenditure exceeded core fund income by almost £230,000, this outlay deficit being funded from surpluses on various projects within the organisation. In total we raised £2,222,020 in 2015 compared to £1,584,045 the previous year. We spent overall £1,382,622, an increase of £159,511 on 2014.

Expansion of staff numbers means we have to look for larger premises to house everyone. The scale of our operation demands this, as does the necessity of strengthening our administrative base. I am delighted to have been able to recruit Malcolm Cummings as a full time Finance Officer. Malcolm has already achieved massively important improvements in our management information and systems and is a great asset to our Group, which includes Stubbers Adventure Centre.

Stubbers did not fare quite so well financially this year. Some unbudgeted essential repairs and renewals pushed it into a small deficit, but it remains vibrant and viable notwithstanding this glitch, and improved staffing structures, budgeting and reporting will help avoid future deviations from plan.

2016 for the Group looks to be shaping up well towards another, if not record breaking, very sound year.

Graham Middleton FCA



**THERE'S A DIFFERENCE BETWEEN KNOWING
THE PATH AND WALKING THE PATH** ~ MORPHEUS, THE MATRIX

A large group of young people, likely students, are sitting in a circle on a green lawn. They are dressed in casual clothing like hoodies and t-shirts. In the background, there is a tall, weathered brick wall and several large trees. The scene is set outdoors during the day.

THE SMALLEST THINGS CAN MAKE THE BIGGEST DIFFERENCE

**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2015**

	Unrestricted General Fund £	Designated Fund £	Restricted Fund £	2015 Total £	2014 Total £
INCOMING RESOURCES					
Incoming resources from generated funds:					
Voluntary income:					
Donations and grants received	72,749	1,702,190	307,983	2,082,922	1,474,649
Activities for generating funds:					
Investment income - Bank Deposit interest	3,519	-	-	3,519	2,994
Fundraising events	12,773	-	-	12,773	17,208
Incoming resources from charitable activities:					
Activities in furtherance of objectives	84,576	38,025	205	122,806	89,194
Other incoming resources	-	-	-	-	-
Total incoming resources	173,617	1,740,215	308,188	2,222,020	1,584,045
RESOURCES EXPENDED					
Costs of generating voluntary income:					
Staff employment costs	62,985	-	-	62,985	51,616
Cost of staging fundraising events	2,634	-	-	2,634	3,854
Charitable activities:					
Grants in furtherance of objectives	-	-	2,007	2,007	9,310
Costs of activities in furtherance of objectives	235,332	780,879	196,203	1,212,414	1,086,754
Governance costs:					
Expenditure on management and administration	102,582	-	-	102,582	71,577
Total resources expended	403,533	780,879	198,210	1,382,622	1,223,111
NET INCOMING RESOURCES BEFORE OTHER RECOGNISED MOVEMENTS	(229,916)	959,336	109,978	839,398	360,934
Other recognised movements					
Project servicing costs and depreciation transferred between funds	290,595	(259,842)	(30,753)	-	-
Robert Laurie Memorial Fund	-	-	-	-	-
Net Movement of Funds	60,679	699,494	79,225	839,398	360,934
RECONCILIATION OF FUNDS					
Total funds brought forward	761,126	239,419	286,165	1,286,710	925,776
Total funds carried forward	821,805	938,913	365,390	2,126,108	1,286,710

HELPING US TO HELP OTHERS



FUNDRAISING

3% OF INCOME IN 2015 WAS SPENT ON FUNDRAISING

With a fantastic turnout at our annual Essex Jailbreak fundraiser you may be forgiven for thinking that we have a large team of fundraisers in the community. In truth, we encourage communities to support their local clubs and instead much of our funding comes from regional and national grant-giving trusts and foundations, as well as commissioned youthwork like NCS.

In 2015 competition for funding increased as statutory funding cuts forced more organisations to turn to the voluntary sector funders. We are deeply grateful to those donors and funders who continue to believe in our work.

PARTNERSHIPS

WE PRACTICE WHAT WE PREACH

As a membership organisation we work closely every day with our clubs. We are also lucky to have tremendous working relationships with many local, regional and national organisations.

In 2015 we strengthened bonds with National Association of Boys & Girls Clubs, Essex County Council, Jack Petchey Foundation, Essex Youth Trust, The Rank Foundation, Reed in Partnership, Ingeus, England Boxing, Active Essex, Four Acre Trust and Essex Council for Voluntary Youth Services, to name just a few.

VOLUNTEERING

OVER 1,000 PEOPLE HELPED IN 2015

Across our member clubs and in their communities, over a thousand people gave up their time for free in 2015 in support of our work.

From the Club Leader to the Treasurer, the Chairman to the Coach, people of all ages gave up their time endlessly and helped to deliver our aims.

These are the people who make up this network, who need our support to continue to inspire young people for years to come.

A huge THANK YOU to every individual volunteer for your time in 2015.

PASSIONATE PEOPLE WORK HERE

Registered Charity No: 301447

HEAD OFFICE: Harway House, Rectory Lane,
Chelmsford, Essex, CM1 1RQ
T: 01245 264783

www.essexboysandgirlsclubs.org

PATRONS

The Lord Lieutenant of Essex, The Lord Petre
The Lord Braybrooke

VICE-PRESIDENTS

Mrs June Owen, Mrs Apple Parish,
Sir Jack Petchey CBE, R.M. Williams FITE,
R. Smith, J. McAlonan, The Lord Dixon-Smith DL.

VOLUNTARY EXECUTIVE COMMITTEE

CHAIRMAN: The Vice Lord Lieutenant of Essex,
Jonathan Douglas-Hughes OBE DL
VICE-CHAIRMAN: Michael Dyer MBE, HON.
TREASURER: Graham Middleton FCA,
COMMITTEE MEMBERS: Michael O'Brien,
Peter Drummond, Darren Goodey, David Springett,
Chief Constable Stephen Kavanagh

BANKERS C.A.F. Bank Ltd.

AUDITORS Spencer Fellows & Co.

ACTIVITY CENTRES

Stubbers Adventure Centre

Ockendon Road, Upminster, Essex, RM14 2TY
T: 01708 224753 www.stubbers.co.uk

The High Row Centre

Hesket Newmarket, Wigton, Cumbria CA7 8JT

The Maes y Lade Centre

Tregoyd, Brecon, Powys, Wales LD3 0SS
T: 01497 847236 www.maesylade.org

STAFF IN 2015-2016

Director: Martin Solder

Assistant Directors:

Juliet Townsend, David Hassard
Kevin Bowers (from Oct 2015)

CLUB DEVELOPMENT TEAM

New Clubs Officers: Gerry Smith
Stewart Rutland (to April 2015)
Jay Solder (from Sept 2015)

Club Development Officers:

Jamie Drummond (to June 2015), Rebecca Stanley

Club Servicing Officers:

Brian Court, Richard Bonnington

PROJECTS TEAM

Projects Lead: Steve Hutson

Projects Workers: Keith Cranmer, Dan Troy

Jake Mabey (to Aug 2015)
Kayleigh Osborne (to April 2015)
Jack Knightley (to Nov 2015)
Clive Edwards (from Sept 2015)
Daniel Waite (Sept 2015 - Jan 2016)
Amiee-Mae Egerton (from Sept 2015)
Richard Hill (from Jan 2016)
Volunteer Coordinator: Scott Dixon (to Jan 2016)
Amiee-Mae Egerton (from Jan 2016)

NCS TEAM

NCS Contract Manager:

Gavin Evans (to March 2015)
Lewis Rosser (March 2015 to Feb 2016)

NCS Recruitment/Retention Officers:

Lewis Rosser (to March 2015)
Ellen Marshall, Stuart Braybrooke (to July 2015)
Emma Sharpe (to Oct 2015)
Amiee-Mae Egerton (Jan-Aug 2015)
Charlie Douglas-Hughes (from Sept 2015)

ACTIVITIES TEAM

Sports & Activities Manager:

Afsheen Panjalizadeh

Sports & Activities Officers:

Charlie Douglas-Hughes,
Peter LeMarquand (to June 2015)
Katie Churchill (from Sept 2015)
Tom Paget (from Sept 2015)
Lisa Holmes (Jan-May 2016)
Arts Development Officer:
Lucy Chipperfield (to July 2015)
Rebecca Byrne (Oct 2015 to Jan 2016)

ADMINISTRATION TEAM

Fundraising Officer: Sue Pell

Fundraising Assistant:

Sophie Butler (Feb-Aug 2015)
Natasha Woodruff (from Oct 2015)

Finance Officer:

Malcolm Cummings (from June 2015)
Volunteer Administrator: Val Hoynes

TRAINEES

Lucy Boatman (to Oct 2015)
Tom Paget (to Sept 2015)
George Goddard (from Sept 2015)
Luke Doell (from Sept 2015)
Paul Clarke (from Feb 2016)
Callum Alexander (from Sept 2015)
Katie Pullen (from Feb 2016)

In 2015 we also employed over forty temporary Summer staff. Many of these had been involved in our clubs or programs as members, participants or volunteers. Some are named on this page, having been offered permanent roles or traineeships after a successful Summer.



ESSEX BOYS AND GIRLS CLUBS

THE CHARITY'S OBJECT IS TO FURTHER THE DEVELOPMENT AND EDUCATION OF BOYS AND YOUNG MEN AND GIRLS AND YOUNG WOMEN, PRIMARILY BUT NOT EXCLUSIVELY IN A SINGLE GENDER SETTING SO AS TO HELP THEM ACHIEVE THEIR PHYSICAL, MENTAL AND SPIRITUAL POTENTIAL, ENABLING THEM TO GROW TO FULL MATURITY AS INDIVIDUALS AND MEMBERS OF SOCIETY.

TO MAKE A DONATION PLEASE CALL 01245 264783 OR VISIT OUR WEBSITE



www.essexboysandgirlsclubs.org