



Chairman's Report

The year has been full of challenges brought about by our decision to deliver the Government's National

Citizen Service (NCS) programme to over 600 young people aged 16-17yrs in the school holidays. This required the recruitment of both paid staff and volunteers. We successfully delivered the scheme without too many problems and we are now committed to the scheme for 2014 with even more participants.

We have all been insistent that our basic work of helping and advising affiliated clubs, including providing training, promoting new clubs and organising events and competitions of every imaginable kind, should not suffer as a result of our rapid expansion. Our focus remains with our core activities and will remain so, despite the pressures of NCS.

Essex County Council has been forced to make substantial economies in their expenditure and this has resulted in a drastic reduction in their provision of youth services. It is our intention to fill the gap by providing additional youth services where they are needed. We will make every effort to ensure that young people do not suffer as a result of those cuts. With that in mind, we have made a successful bid for the County's adventure centre in Wales which we intend to re-open for the benefit of Essex youngsters later in 2014.

Finally, I would like to thank all of our supporters, volunteers and staff. I hope they feel their efforts have been worthwhile and that our success will inspire them to further efforts this coming year.

Jonathan Douglas-Hughes OBE DL













2013 saw a strong performance by EBGC in providing activities and events for our clubs and voung people as well as in terms of our own finance.

As EBGC moves into its 75^{th} year of operation and I move into my 25^{th} Year as County Director, the organisation has made some huge leaps forward. As you will see throughout this review we are busier than we have ever been, working primarily with young people in our clubs and also running some school-based programmes to complement our normal club work. I hope that clubs and your young members are getting a better service as a result. If there is something that we don't do that you would like us to provide then let me know and we will do

our best to lav it on.

2013 was an interesting year for the youth service locally and nationally. Our relationship with Essex County Council is very strong and we host their recruitment staff for the National Citizen Service programme and work across the whole of Essex in tandem with their staff to support the growth and development of new and existing Clubs. It was a shock to everyone when a £3m cut was suggested late in 2013, reducing their £5m budget to just £2m. Thankfully ECC have had a rethink however, they are still moving to a more commissioning style role and the future is still uncertain. What I can be certain about is that we will still be here delivering programmes and activities and so will our clubs. Rather than sitting on our hands waiting for things to develop around us we will be proactive. developing programmes to meet the needs of our membership.

Similarly to ECC, nationally it has been an equally turbulent time. News at the back end of 2013 that our national organisation Ambition will be dropping the 100 Mile Canoe Test from their programme was a real blow to us as this is a cornerstone in our annual programme. With an ever diminishing national programme it was clear that the counties that valued this type of work would have to do something about it and so the National Association of Boys and Girls Clubs was born. At the time of writing the organisation is in the process of being registered with the Charity Commission, which is great timing as Ambition have now announced that they will not be running a National Boxing

Championship, a decision which, considering our history and the long association that we have with youth boxing, is most unfortunate. I am hopeful that the new NABGC will be able to fill this activity void and ensure that these programmes continue into the future. I am so convinced of this that I cycled from Manchester to London with a group of like-minded county staff and volunteers in 16 hours to launch the charity and raise money for the cause!

A further highlight of the last 12 months is that we had an offer accepted by Essex County Council for their outdoor centre, Maes y Lade, in South Wales and in the coming year we intend to open this to complement the programmes that we offer at High Row in the Lake District and at Stubbers Adventure Centre in Upminster. David Hassard is likely to take on the role of running this centre, which will be operational by the Summer of 2014.

"The future, despite the negative influences on our sector, is bright"

The future, despite the negative influences on our sector, is bright. The core of the staff team has remained constant with very few changes and we now have a really good mix of staff with a breadth of experience. I hope their knowledge and skills are filtering out to clubs and making your job easier, creating a better network and a broader approach.

Finally a big thank you to our Executive Committee, who are instrumental in providing the support, stability and direction that has enabled us to grow, and to all the volunteers in clubs doing the day to day work with young people. Without your support, EBGC, the members of clubs and society in general would be very much the poorer.

Martin Solder, B. Ed

Award Winning Boys & Girls Clubs...

By promoting best practice in youth work we can confidently claim to work with some of the best clubs for young people in the country, offering diversionary and developmental activities for young people across our whole region.

In 2013 we were able to provide a range of club improvement and new club generation programs, thanks to funding from a number of sources, including:









"4 Youth has been affiliated to Essex Boys & Girls Clubs for 12 years, in which time we have had their help, advice and support in so many issues that we have experienced in setting up a successful club.

"We have always known we can contact EBGC if we have a problem."

They have given us their professional advice on the many policies & procedures we needed to put in place to run a youth club. Also the necessary training required for volunteers in Child Protection, First Aid, Drug Awareness etc.

EBGC have also provided many activities for our members at very reduced prices giving them experiences in different sports and activities. i.e. Fishing, Dodge ball, Clay Pigeon Shooting, Archery, Go-Karting, Pool Competitions, days at Stubbers and many, many more. We have always known we can contact EBGC if we have a problem.

A big thank you to Essex Boys & Girls Clubs from all at 4 Youth Brightlingsea."



Margaret Tay, Club Leader 4 Youth Brightlingsea The High Sheriffs' Shield 2013 Winner (pictured above)



...and Hundreds of Dedicated Volunteers



2013 saw the recognition of many volunteers for their outstanding contributions to local life.

Sindy Overy (above) of Chadwell St Mary ABC was nominated for the Essex Police Cup, which credits the exceptional contribution of individuals to community safety in their locality.

Davies. volunteer at **Brentwood** ABC, won the **Active Brentwood**

Rebecca

Unsung Hero Award for her tireless contribution to community sport in the local area

From Club Leader to Committee Member, to specialist coach or mentor to occasional helper, there are a huge number of roles to play in vouth clubs. Across our region hundreds of people give up thousands of hours to work with young people and we do everything we can to help them do it safely and effectively.

In September 2013 we took on a Volunteer Coordinator, Scott Dixon, to help recruit and train volunteers of all ages. Honing his skills with our Young Leaders and NCS Graduates, 2014 will see the growth of our Club Volunteer Training opportunities.

2013 Keystone Awards

Each recipient had been nominated by their club to receive recognition for their many years of service.

• • • • • • • • • • • • • • • • • • • •					
President's Award for 50 years service	Shirley Abrey	Ingatestone Boys' Own Club			
Gold Award for 30 years service	Dave Patient	Linford Wanderers			
	John Pegram	Blackwater Judo Club			
	Sandra Walker				
Silver Award for 20 years service	Roger Howes	Linford Wanderers			
Bronze Award for 10 years service	Richard Hill	1163 Sqn ATC			
	Luke Vincent	Blackwater Judo Club			
	Robert Vincent				
	Jane Vincent				
	Geoffrey Skewes	Judo Glub			
	Keith Parrott				

134 Affiliated Clubs in 2013



Chelmsford Boys' Club Ingatestone Boys' Own Club Lifstan Boys' Club



Belhus CC Halstead CC Loughton CC Maldon CC Orsett CC Upminster CC



Blackwater Judo Club Ippon Judo Club Mersea Island Judo Club



8 Ash Green YG

Alresford Youth Projects The Ashdon Hang Out Beraholt YG Blackmore Friday Club Braintree Youth Project Charity Bromley & Downham YC Broomfield YC Bures YC Carver Barracks YC Chelmer Village YC Colne Engaine YC Crown & Manor Club Da Latchingdon Club Downside Fisher YC Dunmow YC Flitch Green YC Four Youth Brightlingsea Frenford Clubs Goldie Youth Group Gt Bardfield YC Gt Bentley YC Gt Chesterford YC Gt Tey Youth Activity Club HELP Hope & Encouragement for Lone Parents Hedingham YC Heybridge YC Highwood YC Hindu Samai Basildon District The Hub Wivenhoe The Hub Tiptree Langham YC Legacy XS Linford Wanderers The Lion Club for Young People Loughton Youth Project The Massive Project Newport YC North Avenue YC Rainham Royals YC Restore Youth Sampfords YC Seabrooke Rise YC St Cedds YC St Helens YG St Josephs YC Stansted Youth 2000 Thaxted YG Theydon Youth Tiptree Community YG Trinity Family Centre Tuesday Pathfinders WAY2000 Witham URC YC



Ashingdon YFC BARCA FC Basildon Boys' Club Brentwood AFC Chelmsford City FC Island Boys' Club Maldon & Tiptree YFC Wickford Town FC Wivenhoe YFC Woodham Radars FC

Where are our clubs?

Essex: Basildon, Braintree, Brentwood, Castle Point, Chelmsford, Colchester, Epping, Harlow, Maldon, Rochford, Southend, Tendring, Thurrock, Uttlesford.

London: Barking & Dagenham, Barnet, Bexley, Bromley, Camden, Ealing, Hackney, Haringey, Harrow, Havering, Islington, Kensington & Chelsea, Newham, Redbridge, Southwark, Tower Hamlets.

Suffolk: Babergh.



1163 Colne Valley Sqn ATC Essex Marching Corps 2nd Upminster Scouts 2nd Witham Boys Brigade



Alma ABC Berry ABC Billericay Boys' Club Brentwood Youth ABC Canvey Boys' Club Centurions ABC Chadwell St Mary ABC Chalvedon ABC Chelmsford ABC Colchester ABC Cuban Boxing Academy Dagenham P&C ABC Dale Youth ABC Essex University ABC Fairbairn ABC Finchley ABC Five Star Youth Gateway ABC Halstead ABC Haringey P&C ABC Harlow ABC Harwich ABC Holland Shore ABC Hooks Boxing ABC Hornchurch & Elm Park ABC Islinaton ABC Lynn AC Boxing Club Mayland Sports & Development ABC Nemesis ABC Newham ABC Northolt ABC Orpington ABC Rayleigh ABC Rayne ABC Repton Boys' Club Romford ABC Ruislip & District ABC Southend ABC St Pancras ABC Stowe ABC

Sudbury ABC

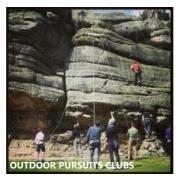
Tilbury Dockers ABC

Vange & Pitsea ABC

West Ham Boys & ABC



Brentwood Eels RLFC Eastern Rhinos RLC Southend Spartans RLFC



Out There Outdoor Pursuits Club St Marks College DofE Club



Chelmsford Ice Hockey Academy



Ab Phab YC PACT PARC (Essex) SNAC

Why do clubs affiliate?

"Originally we affiliated ourselves to EBGC to gain entry into the regional round of the NABC Boxing Championships, like many other London clubs have done in recent years.

But since then our club has taken advantage of the many activities that EBGC offer, including the annual National Cross Country and the Easter Cup.

This has proven to be very popular with our members, who have the opportunity to take part in recreational sporting events other than boxing.

Everyone at EBGC have always made me, my club and the boxers feel very welcome to their events or brief visits to HQ. All of the staff and volunteers are professional, work very hard and enjoy their job."

Reggie Hagland Islington Boxing Club



Easter Cup 2013 Winners Islington ABC L-R: Ben Turner, Tyrone Negasi, Tony Powley

A Huge Range of Challenging Activities...

Our Arts Program

has introduced new activities which engage young people who are less interested in sport or outdoor activities.

Filmmaking, radio podcasts, interior design, creative cookery workshops, drama workshops, creative writing, stop-motion animation, prop-making and photography have all featured in our clubs, broadening their appeal to young people.







54 young people went to the theatre for the first time.

25 young people began their Bronze Arts Award.

9 young writers and photographers' work featured in Essex Life Magazine.

6 club bands performed for 60 young people at our new live music event at the famous Hermit Club.

And finally, a short film made by Hedingham Film Club was shortlisted at an International Film Festival! Both in clubs and out, the annual programme has been as packed as usual, with some exciting new events and activities appearing for the first time, including dodgeball, bushcraft, laser tag and our broadening arts program.



Our Sports & Outdoor Program continued to expand, with session delivery increasing in clubs as we kept increasing our network of coaches.

In 2013...

- > We took more than **1,000** young people out on the water in kayaks or canoes and they collectively paddled over **2,500 miles**.
- > **296** young people got more active by taking part in one of our Sportivate projects, in rugby, boxing, cricket, dodgeball, archery, kayaking or dance.
- > With Eastern Rhinos RLC we ran the **first** Girls Rugby League competition in Essex.
- > Our new Laser guns got over **2,000** hours of use.
- > Our Mountain Leaders took **12 groups** out on the mountains during residential weekends and weeks at High Row and in Nepal.
- > Our Duke of Edinburgh and National Citizen Service groups walked over **8,500 miles** in total this year.





and Countless **Opportunities** to Achieve

Our activities are designed to develop skills for life. Whether it's a healthy competition, a team builder, an activity taster, a skills training course or a life-changing new experience, everything we do is about young people making progress towards a brighter future, in which they fulfil their potential.



Recognition of achievement plays an important part in development, providing something to strive towards, so our programmes feature awards and presentations. Often leaders, parents, teachers, celebrities and local dignitaries are invited to events to celebrate young peoples' hard work.



We were proud to see voung people from all walks of life striving to achieve in 2013.

Alongside Young Leader Training and club work, we continued to run National Citizen Service. The Duke of Edinburgh's Award and The Arts Award, providing opportunities for young people to learn essential life skills including:

- good citizenship <
- CV-enhancing skills < strong friendships <
 - new experiences <
 - - social skills <
 - independence <
 - teamwork <
 - communication < leadership <
 - confidence <
 - And memories that will last a lifetime.

We also took a group of Young Leaders to trek and volunteer in Nepal on our now biannual cultural exchanae, a trulv life-changing experience.

Event Results in 2013

Matchroom Trophy

Awarded to the Club that helped itself the most in 2012-13: **SNAC**

<u>Kaylance Trophy</u> Awarded to the Club with highest attendance at EBGC events in 2012-13: **4 Youth Brightlingsea**

Air Rifle Shooting Championships 2013

U14 Team Winner: Sampfords YC
U14 Team R-Up: St. Marks College
U16 Team Winner: Sampfords YC
U16 Team R-Up: Sampfords YC

U14 Top Gun: Austen Domin (Sampfords YC)
U16 Top Gun: Albert Wapley (Sampfords YC)

Angling Championships 2013

Team Winner 4 Youth Brightlingsea
Team R-Up 4 Youth Brightlingsea
Round 1

U13 Individual Winner: Ross Stenton (4 Youth)
U13 Individual R-Up: Luka Talbot (4 Youth)
U19 Individual Winner: Liam Gray (4 Youth)
U19 Individual R-Up: Andrew Higgins (4 Youth)

Round 2

U13 Individual Winner: Ross Stenton (4 Youth)
U13 Individual R-Up: Luka Talbot (4 Youth)
U19 Individual Winner: Rob Rowan (4 Youth)
U19 Individual R-Up: Jon Grimsby (4 Youth)
Round 3

U13 Individual Winner: Ross Skelton (4 Youth)
U13 Individual R-Up: Luka Talbot (4 Youth)
U19 Individual Winner: Liam Gray (4 Youth)
U19 Individual R-Up: Rob Rowan (4 Youth)

County Pool Championships 2013:

U19 Winner:Tom Prince (Chelmsford Boys Club)U19 R-Up:Barris Walsh (Massive Project)U16 Winner:Nathan Lee (4 Youth Brightlingsea)U16 R-Up:Craig Crouch (4 Youth Brightlingsea)

Football 5 Asides 2013/14

U14 Winners: Crown & Manor B

U14 R-Up: Ingatestone Boys' Own Club

U16 Winners: Crown & Manor A
U16 R-Up: Wivenhoe YFC

Night Exercise 2013

Winners: Hedingham YC: George Knock, Luke Davidson, Anna Pawsey, Devan Raymond



U16 Rep Football Squad 2013/14

Chelmsford City FC: Daniel Berry, Adam Rean, Island Boys FC: Liam Smith, Jack Frost, Harry Ison, Joe Pidgeon, Jamie Everard, Alex Stone, Archer Mileman, Maison Dove, Linford Wanderers: Shay Goodley, Harry Spence, Glen Nimants, Henry Crawford, Jonathan Edwards, Sampfords Youth Club: Austen Domin, Alfie Cole, Jake Lander, Wickford Town FC: Charlie Mann, Myles Egan, Sonny Meddle, Matthew Lawrence, Alfie Harvey, James O'Brien., Wivenhoe YFC: Rhys Trusler, Ben Reynolds, Harrison Cook.

U12 Rep Cricket Squad 2013/14

Belhus CC: Hayden Squelch, Billy Manley, Jamie Fairweather, Jude Ranson, Liam Waters, Frenford Clubs: Ahmed Zulfriqarm, Rajpal Teja, Halstead CC: Sam Paisley, Loughton CC: Ali Choudhry, Osman Choudhry, Bilaal Anwar, Zain Latif, Maldon CC: Archie Wright, Joseph Bird, Charlie Murray, Orsett CC: Joseph Pumfrett, Ritchie Selfe, Edward Suddell, Lewis Young, Jack Hart, Upminster CC: William Frost, Joseph Soulsby.

U14 Rep Cricket Squad 2013/14

Belhus CC: Zak Wilson, Halstead CC: Lewis Brennan, Loughton CC: Neal Jani, Umar Choudhry, Harry Vallance, Zachary Foster, Maldon CC: Joseph Lane, Ben Foster, Kritik Patel, Orsett CC: John Cunningham, Alfie Bottle, William Hudson, Jack Borrill, Harry Bull, Robert Watts, Upminster CC: Jamie Squance, Max Gordon, Alfie James. Thomas Daniels.

100 Mile Canoe Test 2013 participants

Ashdon Hangout: Angus Noakes, Callum Stock, **Chelmsford Boys' Club:** Jacob Davies, Omar Davies, **Ingatestone Boys' Own Club:** Connor Green,

Connor McPharland, Craig Urch,

Linford Wanderers: Jake Richards, John Stammers, **Upminster Scouts:** Seb Fisher, Matthew Johnson, Billy Rutland, Jack Wilkinson.

Easter Cup 2013

Winners: Islington ABC (see page 7)

Dodgeball Championship 2013

Under 13 Champions:

Great Tey & 4 Youth Brightlingsea

Under 16 Champions: Eastern Rhinos RLC



U11 Boys 1st

NATIONAL AMBITION BOXING CHAMPIONSHIPS

NABC Anglian Regional Champions 2013 CLASS A

Under 52kg Jake Spooner Brentwood Youth Under 57kg Lewis Hughes Romford ABC Under 63kg Ryan Ayton Centurions ABC Under 66kg Pat Allen Cripps Harwich ABC Under 75kg Joe O'Brien Rayleigh Mill ABC CLASS B

Under 50kg Lewis Ednar Brentwood Youth ABC Under 52kg Callum Smith Billericay Boys Club Under 57kg Stephen Green Centurions ABC Under 63kg Jack Lipton Chalvedon ABC Under 70kg Cameron Hadley Chelmsford ABC **CLASS C**

Under 63.5kg George Wright Southend ABC Under 67kg Sam Malone Rayleigh Mill ABC Under 71kg Callum Martin Essex University ABC Under 75kg Tey Lynn Jones Tilbury Dockers ABC

NABC National Finalists 2013 (also Regional Champions) CLASS A

Under 46kg Sean Gillam Billericay Boys Club Under 48kg Nathan Brown Hooks ABC Under 50kg Tyrone Negasi Islington ABC Under 52kg Frankie Barrett Hooks ABC Under 57kg Zac Chaima Finchley ABC Under 66kg Inder Bassi Gator ABC

CLASS B

Under 54kg Harry Connolly Hooks ABC Under 57kg Jack Brooker Northolt ABC Under 60kg Thomas Gailbraith West Ham Boys ABC Under 66kg Joe Kelleher Repton Boys Club CLASS C

Under 57kg Archie Sharp Lynn AC ABC Under 63.5 kg Kwaku Sarpong Repton Boys Club

NABC National Champions 2013 CLASS A

Under 70kg Lewis Richardson Centurions ABC Under 85kg Davis Dubois Dale Youth

CLASS B

Under 48kg **Sunny Edwards** Repton Boys Club **CLASS C**

Under 48kg Harvey Horn Repton Boys Club Under 60kg Gerry McDonagh Lynn AC ABC Under 67kg Jordan Reynolds West Ham Boys ABC Under 91kg James Branch Repton Boys Club

Cross Country Championships 2013/14

U11 Boys 2nd Jack Boylan (Islington ABC) U11 Boys 3rd Harry Bigland (Linford Wanderers) U11 Boys Team Linford Wanderers

Finlay Lowe (Linford Wanderers)

U11 Girls 1st Lucy Turner (Islington ABC) U11 Girls 2nd Bo Lillie Dobson (Linford Wanderers) U11 Girls 3rd Scotney Foster (Linford Wanderers) U11 Girls Team Linford Wanderers

U13 Boys 1st Karlo Iav Wicks (Islington ABC) U13 Boys 2nd Cameron Nicoll (Centurions ABC) U13 Boys 3rd Sonny Dobson (Linford Wanderers)

U13 Boys Team Islington ABC

U15 Boys 1st Brendan White (Crown & Manor) U15 Boys 2nd Korel Ali (Crown & Manor) U15 Boys 3rd Jake Fraser (Centurions ABC)

U15 Boys Team Crown & Manor

U17 Boys 1st Ben Turner (Islington ABC) U17 Boys 2nd Marlon Kizito (Islington ABC) U17 Boys 3rd Safi Abdullah (Islington ABC) U17 Boys Team Islington ABC

U17 Girls 1st Megan Thewlis (Centurions ABC)

U17 Girls 2nd Millie Sibley (Centurions ABC)

Young Writers Competition 2013

Winner: 'Reaching the Summit' by Amy Manning (Rainham Royals)

Photography Competition 2013

Winner: Bailey Hasler

(1163 Colne Valley Sqn ATC)



Fantastic Outdoor Centres...



We're very proud of our 4 centres for adventure, all with residential facilities. Each has very different attributes but all embrace the EBGC ethos.

Stubbers	130 acres of adventure just off the M25 in Upminster.	STUBBER
High Row	22 beds in the mountains of the Lake District, Cumbria.	
Maes y Lade	44 beds in the Brecon Beacons, Wales, bought in Spring 2014.	Tari
Cherry Tree	160 bed camp, hired for NCS and owned by the Army Cadet Force.	

Stubbers Manager's Report

"The Stubbers team have been working on balancing the safety of children with public access. A great step forward was made this year when we received funds to

fence off the accommodation and camp field and to improve the car park. An electric front gate enables us to invite free access to the centre during the working day for visitors who wish to see what we do, walk, cycle or run or use the on-site café.

For resident groups the Tent Villages have been expanded and improved to be dry and comfortable whatever the weather! Responding to demand we have developed programmes for younger children, providing a new holiday programme for 7-8 year olds.

EBGC took over the Walled Garden Camp for the whole of the Summer for the National Citizen Service so that participants could have a go at canoeing, archery and banana-boating.

The tradition of hosting national events organised by EBGC continued with the Cross Country Championships in January and the immensely successful Activity Weekend Camp in June where Oueue and Go adventure activities are provided all weekend.

As always we are pleased to advise clubs

on how they can make the most of this excellent facility using the bursary available to



Our permanent staff team grew in 2013

from 23 to 27, with 14 additional seasonal staff over the Summer, of whom 3 joined the full-time team in the Autumn. We also engaged many sessional coaches and youthworkers in both paid and voluntary roles.

Between them the team boasts a wide range of qualifications in teaching, youthwork, leadership, outdoor skills, sports and arts coaching and other professional skills. Over the year we invested in over £30,000 worth of further training for staff and volunteers, to maintain and develop our skills.

The breadth and wealth of experience of the team, both within and outside our sector, ensures we are agile and flexible, engaging a wide network in the region and beyond.

... and a Highly Skilled Team of Leaders



Targeted Projects for Those Most



With funding from the BIG Lottery Realising Ambition program we ran the Lions Quest Skills for Adolescence program for 11-14yr olds in St Cedds YC and two Dagenham schools.

What difference has the project made to you?

I generally feel more
confident. I feel like I look
at situations and problems
in a different way to how
I would before. I feel more
comfortable in my
decisions but also more
willing to listen to people
when they have different
opinions whereas before
I would just switch off
or be silly about it."

I be confident. I feel more
and the confident in my
and the confid



✓ 2013 was again packed with boxing action across the county in our clubs from complete beginners classes to elite level national boxers. We continued our program of community projects for young people Not in Employment, Education and Training (NEET) and pre-NEET working with both Essex County Council and Active Essex.

"This has been an excellent partnership between Essex County Council and EBGC and is a very real example of Olympic legacy. We are delighted to see so many young people gaining their qualifications and having their achievements acknowledged tonight with their families." Tim Coulson, ECC Director for Education & Learning

A partnership with Thurrock Council to reduce the number of NEET status young people in the district saw over 20 participants, who were all supported with career advice.

Towards the end of the year, projects focused on reducing and preventing anti-social behaviour began, funded by the Police and Crime Commissioner's New Initiatives Fund.

The projects took place in Maldon and Thaxted with further funding agreed for projects in Braintree and Thurrock.

In total, 52 young people gained the National Boxing Tutor Award qualification, enabling them to assist in session delivery on future projects and in boxing clubs.









Essex County Council's Family Innovation Fund commissioned five Respect Projects in 2013. Working with schools in Braintree, Brentwood, Colchester, Rochford, Castle Point and Uttlesford, we successfully delivered this early intervention program for 13-14yr olds for the fourteenth year. reaching 225 young people. **Essex County Council**

The funding allowed us to get new schools involved and introduce the young people to our clubs. This was also the year that we took on a Respect 2005 Graduate, Jake Mabey, as a full-time member of staff to feed back

into the project after his own experience of it.

"The Respect Project was a golden opportunity for the pupils to have some positive input, to learn about themselves and to learn to work with others. They all started the course anonymously and with a clean slate. How they got on and what they achieved depended on what they put in."

Teacher, **Swevne Park** School

> "I conquered some great challenges

RESPECT project

such as the night walk and all the mountain walks but personally the hardest one for me was to eat properly at the dinner table.

It has shown me that when I put my heart and soul towards something and follow it through to the end you can succeed."

Respect Project 2013 Participant

"Pupils who went on the week away returned to school confident, more organised, better behaved and with a huge improvement in communication skills."



Treasurer's Report

In the space of two very busy years we have recovered from our worst ever financial year to our best ever. 2013 returned our account into the black and saw our free reserves buoyed to £507,000.

It remains our policy to firstly maintain the sustainability of our Charity and then to apply our surplus funds to permanently expanding the range of deliverable opportunities to benefit young people.

The surplus of funds earned in 2013 has enabled us to commit in 2014 to purchasing, from our Youth Work delivery Partners, Essex County Council, the freehold of Maes y Lade, a substantial residential activity centre in Powys Wales for £385,000. This will become not only a valuable asset in our balance sheet but a fantastic resource to enable us to extend our work with young people, and in particular to those who by virtue of their misfortune are excluded from many life-changing opportunities and projects. We have a pledge of funding to enable residential outward bound style courses to be run from this new centre.

The key to our financial success in 2013 was the delivery of the Government's National Citizen Service. We shall be continuing this project in 2014.

In addition to NCS we have also successfully secured funding to roll out a broad range of projects. These include schemes to develop more and better provisions for young people, form new clubs, continue to provide life skills and character building opportunities.

Our funders for this considerable range of activities include Essex County Council, the Big Lottery, the Essex Youth Trust, Ambition, the Rank Foundation and a host of other loyal and appreciative Charitable Foundations to whom we remain very grateful.

"In the space of two very busy years we have recovered from our worst ever financial year to our best ever."

Our Staff resource has expanded from an average of around 15 over the past few years to 27 at the end of 2013, all engaged in delivering youth activities. Not all of the additional crew are exclusively bound to the NCS programme, we have been able to add to those teams delivering arts based activities, life skills education and activities and trainees for youth work qualifications as well as create new roles such as a Volunteer Coordinator.

Proof indeed that the NCS scheme not only benefited the 780 young people that participated in the courses, but also facilitated unprecedented opportunities for others.

2013 was a very satisfactory year.

A full set of accounts is available online or by application to the Director at Harway House.

Graham Middleton FCA



Statement of Financial Activities (including Income & Expenditure Account) for the Year ended 31 December 2013

Accounts 2013

	2013 Unrestricted General Fund	2013 Designated Fund	2013 Restricted Fund	2013 Total	2012 Total	
INCOMING RESOURCES	£	£	£	£	£	
Incoming resources from generated funds:						
Voluntary income:						
Donations and grants received	64,072	1,095,613	184,991	1,344,676	434,901	
Activities for generating funds: Investment income - Bank Deposit interest	3,095	_	245	3,340	3,054	
Fundraising events Incoming resources from charitable activities:	21,018	-	-	21,018	25,584	
Activities in furtherance of objectives	44,248	35,845	803	80,896	71,542	
Other incoming resources		-				
Total incoming resources	132,433	1,131,458	186,039	1,449,930	535,081	
RESOURCES EXPENDED						
Costs of generating voluntary income:						
Staff employment costs	45,453	-	-	45,453	46,576	
Cost of staging fundraising events	4,722	-	-	4,722	5,933	
Charitable activities:						
Grants in furtherance of objectives Costs of activities in furtherance of objectives	- 151,353	658,110	3,600 93,493	3,600 902,956	7,671 454,316	
Governance costs:	,,,,,,,	,	,	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,-	
Expenditure on management and administration	57,011	_		57,011	53,510	
Total resources expended	258,539	658,110	97,093	1,013,742	568,006	
NET INCOMING RESOURCES BEFORE OTHER RECOGNISED MOVEMENTS Other recognised movements	(126,106)	473,348	88,946	436,188	(32,925)	
G						
Project servicing costs and depreciation transferred between funds	510,948	(453,439)	(57,509)			
Net Movement of Funds	384,842	19,909	31,437	436,188	(32,925)	
RECONCILIATION OF FUNDS						
Total funds brought forward	217,004	182,622	89,962	489,588	522,513	
Total funds carried forward	601,846	202,531	121,399	925,776	489,588	

Fundraising Challenges in 2013















This year we raised both funds and awareness in our own special way, with mega-challenges organised by staff and volunteers.

So, not one but two 3 Peaks Challenges, our annual Jailbreak, a 40 mile cycling tour of clubs for the High Sheriff, a 24 hour cycle from Manchester to London, our annual Golf Classic at Gosfield Lake Golf Club (which also made us their

Charity of the Year). We rounded it all off with a carol-singing marathon at Waterloo tube station!

We attracted lots of press coverage and raised over £25,000, so THANK YOU to everyone who got involved!









Essex Jailbreak 2013

A great year for this event, we saw two teams racing across Europe while others explored the UK with all sorts of hare-brained schemes to raise money for EBGC and other charities too.

In total teams raised over £3,500, bringing our total to over a quarter of a million raised for hundreds of charities since the event began in 1980.

Furthest Distance by Any Means, Most Sponsorship Raised & Best Use of Media The Southend Prisoners £1,273 550 miles to the Brandenburg Gate, Berlin, Germany Furthest Distance Unpowered

Hoff's Heroes & The Two Amigos 24 miles to Nayland, Suffolk Most Original Form Of Transport & Best Fancy Dress Chelmsford Boys Club Mobility scooters & onesies

Best Effort By An EBGC Club & The Outdoor Adventure Award North Avenue Youth Club 1 mile by abseil & 34 miles by pedal car Most Unusual Destination, Best Photo & Best Blaggers

The NCS Souljackerz No 10, Downing Street

Until the End Award for Endurance

Mind the Gap Visited 107 tube stations until midnight

Furthest Distance within the UK

Colchester Wildcats Korfballers 328 miles to Edinburgh Station Pipped to the Post Award

Innocent Crims 252 miles to Aachen, Germany

The simplest way to support us is to spread the news about what we do.

Whether you're talking to a young person or an adult, a parent or a teacher, a local policeman or your local MP, the more people who know about us, the more young people and communities we'll be able to support.

We love to hear from you too, so do get in touch on Twitter @EssexBGC or via our Facebook page 'Essex Boys & Girls Clubs'.

Raise How You Awareness Can Help

Volunteer

Donate

Volunteering is rewarding in so many ways, many of which are unexpected.

Whatever your skills or experience, you can help, outdoors or in, at a desk, behind a wheel, in a club or as an ambassador.

To consider the possibilities. call Scott on 01245 264783

When you make a donation or leave a legacy, you are investing in young people's lives, helping to ensure them a brighter future.

If you would like to talk about your options, please contact Juliet or Sue on 01245 264783.

> Alternatively, donate by cheque: payable to Essex Boys & Girls Clubs

Online: www.uk.virginmoneygiving.com

Text: text EBGC01 £5 to 70070 to donate £5 (you will not be charged for the text)

If you pay tax in the UK, ask us for a Gift Aid Declaration Form and we can reclaim the basic rate tax on your gift, at no cost to you So, if you donate £100,

it's worth £125 to EBGC.



ESSEX BOYS & GIRLS CLUBS

working with voluntary youth clubs to support young people to realise their potential

PATRONS

The Lord Lieutenant of Essex The Lord Petre
The Lord Braybrooke

VICE-PRESIDENTS

Mrs June Owen, Mrs Apple Parish, J. Petchey CBE, R.M. Williams FITE, R. Smith, J. McAlonan, The Lord Dixon-Smith DL.

VOLUNTARY EXECUTIVE COMMITTEE

CHAIRMAN:

The Vice Lord Lieutenant of Essex Jonathan Douglas-Hughes OBE DL VICE-CHAIRMAN: Michael Dyer MBE HON. TREASURER: Graham Middleton FCA COMMITTEE MEMBERS:

Lt. Gen. Sir Anthony Denison-Smith (Ret.) KBE DL Michael O'Brien, Peter Drummond, Darren Goodey, David Springett, Inspector Jasmine Frost

BANKERS C.A.F. Bank Ltd. **AUDITORS** Spencer Fellows & Co.

Registered Charity No: 301447

HEAD OFFICE

Harway House, Rectory Lane, Chelmsford Essex, CM1 1R0

T: 01245 264783

ACTIVITY CENTRES Stubbers Adventure Centre

Ockendon Road, Upminster, Essex, RM14 2TY Manager: Bob Edwards www.stubbers.co.uk

The High Row Centre

Hesket Newmarket, Wigton, CA7 8JT





MANAGEMENT TEAM

Director: Martin Solder Asst. Director (Ops): David Hassard Asst. Director (Comms): Juliet Townsend

PROJECTS TEAM

NCS Contract Manager: Gavin Evans
Project Leader: Steve Hutson
NCS Recruitment Officers:
Ricky Kaplan, Ellen Marshall,
Katie McKenna, Stuart Braybrooke,
Lewis Rosser, Emma Sharpe
Project Workers: Keith Cranmer,
Kayleigh Osborne, Jake Mabey
Volunteer Coordinator: Scott Dixon
RANK GAP Placement: Toby Keel

ACTIVITIES TEAM

Sports & Activities Manager:
Afsheen Panjalizadeh
Sports & Activities Officers:
Peter LeMarquand
Charlie Douglas-Hughes
Arts Development Officer:
Lucy Chipperfield

CLUB DEVELOPMENT TEAM

New Clubs Officers:
Gerry Smith, Stewart Rutland
Club Development Officers:
Jamie Drummond, Rebecca Stanley
Club Servicing Officers:
Brian Court, Richard Bonnington

ADMINISTRATION TEAM

Fundraising Officer: Sue Pell
DofE & Fundraising Officer: David Shelton
Accounts: Anne Middleton
Volunteer Administrators:
Val Hoynes, Anubhay Sood







@EssexBGC