**Kit list for the Essex Adventure Weekend**

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| **DAY TICKET HOLDERS** | **WEEKEND TICKET HOLDERS** |
| 1 x change of clothes  Old pair of trainers for water activities (footwear must be worn at all times whilst on site)  Towel  Plastic Bin Liner (to take wet clothing home)  Baseball Cap or Hat  Sun Tan Lotion (being outside all day, even a cloudy day can cause sunburn)  Waterproof cagoule / jacket  Money (there is a café on site)  Personal Medication - you must ensure your leader is aware of your medical needs. | 2 x changes of clothes  Old pair of trainers for water activities (footwear must be worn at all times whilst on site)  Plastic Bin Liner (to take wet clothing home)  Night Clothes  2 x towels  Wash Kit (toothpaste + brush, shower gel, shampoo etc)  Torch and spare batteries  Baseball Cap or Hat  Sun Tan Lotion (being outside all day, even a cloudy day can cause sunburn)  Waterproof cagoule / jacket  After Sun Cream/Lotion  Money (there is a café on site)  Personal Medication - you must ensure your leader is aware of your medical needs. |
|  | **IF YOU’RE STAYING IN THE  STUBBERS TENT VILLAGE**  Sleeping Bag, pillow + pillowcase |
|  | **IF YOU’RE BRINGING YOUR OWN TENT**  Tent and pegs, Roll mat / blow up bed |
|  | **IF YOU’RE SELF CATERING**  Food & Cooking equipment Bin bags & Washing up equipment |